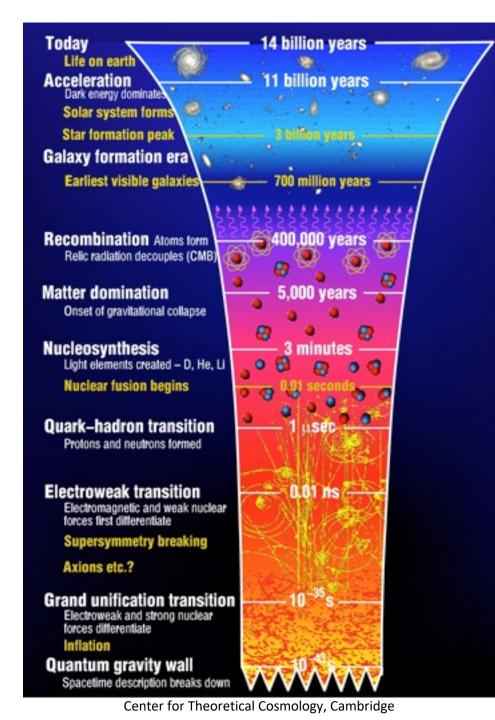
Thermal processes: Big bang nucleosynthesis

L. Amendola Cosmology WS22/23



10⁻⁴ eV

1 eV

1 MeV

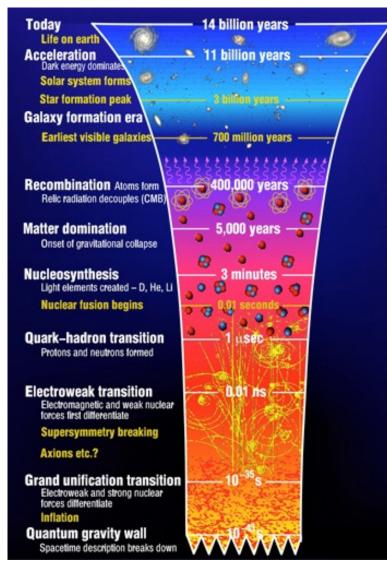
1 GeV

lemperature

1015 GeV

100 GeV

 10^{19} GeV



1 Abundance of cosmic neutrinos

2 Big bang nucleosynthesis

3 Matter-radiation decoupling

Center for Theoretical Cosmology, Cambridge

Cosmological time vs temperature

$$T(z) = \frac{T_0}{a} = \frac{2.7K}{a} = 2.7K(1+z)$$

(2.7K = 2.3 • 10⁻⁴ eV)
$$t(z) = \frac{1}{H_0} \int_z^{\infty} \frac{dz}{(1+z)E(z)} \to t(T)$$

so e.g. T=1 MeV (nucleosynthesis) occurs at

$$z(T=1MeV) \approx 10^{10}$$

 $t(T=1MeV) \approx 10$ seconds

Distribution functions

number density of particles with momentum k in d³k

$$f(\mathbf{k},t)d^{3}k = \frac{g_{A}}{(2\pi)^{3}} \left[e^{\frac{E-\mu_{A}}{T(t)}} \pm 1\right]^{-1} d^{3}k +1 \text{ fermions}$$

-1 bosons
$$E^{2} = k^{2} + m^{2}$$

$$\begin{split} n &= \int f(k)d^{3}k = \frac{g}{2\pi^{2}} \int \frac{(E^{2} - m^{2})^{1/2}EdE}{e^{\frac{E-\mu_{A}}{T}} \pm 1} & \text{number density} \\ \rho &= \int Ef(k)d^{3}k = \frac{g}{2\pi^{2}} \int \frac{(E^{2} - m^{2})^{1/2}E^{2}dE}{e^{\frac{E-\mu_{A}}{T}} \pm 1} & \text{energy density} \\ p &= \int \frac{k^{2}}{3E}f(k)d^{3}k = \frac{g}{6\pi^{2}} \int \frac{(E^{2} - m^{2})^{3/2}dE}{e^{\frac{E-\mu_{A}}{T}} \pm 1} & \text{pressure} \end{split}$$

Distribution functions

$$n = \int f(k)d^{3}k = \frac{g}{2\pi^{2}} \int \frac{(E^{2} - m^{2})^{1/2}EdE}{e^{\frac{E-\mu_{A}}{T}} \pm 1}$$
number density

$$\rho = \int Ef(k)d^{3}k = \frac{g}{2\pi^{2}} \int \frac{(E^{2} - m^{2})^{1/2}E^{2}dE}{e^{\frac{E-\mu_{A}}{T}} \pm 1}$$
energy density

$$p = \int \frac{k^{2}}{3E}f(k)d^{3}k = \frac{g}{6\pi^{2}} \int \frac{(E^{2} - m^{2})^{3/2}dE}{e^{\frac{E-\mu_{A}}{T}} \pm 1}$$
pressure

$$E^{2} = k^{2} + m^{2} \longrightarrow \text{Non-relativistic limit} \qquad m \gg T$$
$$E^{2} = k^{2} + m^{2} \longrightarrow \text{Non-relativistic limit} \qquad m \gg T$$

$$n = g(\frac{mT}{2\pi})^{3/2}e^{-\frac{m-\mu}{T}}$$
$$\rho = nm$$
$$p = nT \ll \rho$$

Neutron-proton freeze out

$$m_{protons} = 938.3 MeV$$

$$m_{neutrons} = 939.5 MeV$$

Freeze-out temperature for neutrons and protons: $T_D \approx 0.7 \text{ MeV}$

$$n + \nu_e \leftrightarrow p + e^-$$

freezing-out ratio

$$\frac{n_n}{n_p} = e^{-\frac{\Delta m}{T_D}} \approx \frac{1}{6}$$

$$t_D = \frac{1}{H_0\sqrt{\Omega_\gamma}} \int_{z_D}^\infty \frac{dz}{(1+z)^3} = \frac{1}{2H_0\sqrt{\Omega_\gamma}(1+z_D)^2} \approx 10s$$

neutrons life-time 900 sec so

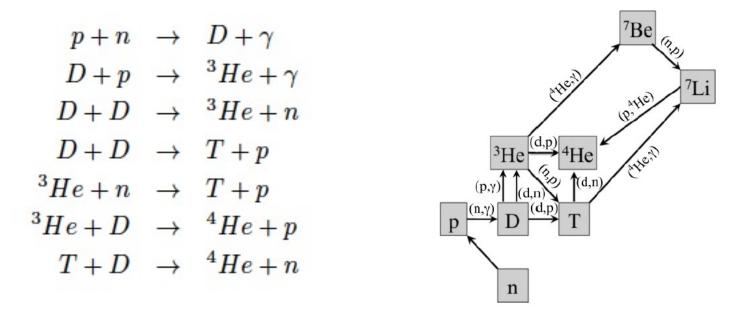
$$\frac{n}{p} \approx \frac{1}{7}$$

Abundance of Helium-4

so there are seven protons for each neutrons. Suppose all neutrons end up in He-4 (the most stable Helium isotope). Then out of 14p and 2n, one produces one He-4 nuclei and 12 H nuclei (the left-over protons). Then we end up with 4 nucleons in He-4 out of the initial 16, i.e. a quarter of the mass in He4. We define the mass ratio Y=He4/(He4+H)

$$Y = \frac{4(n_n/2)}{n_n + n_p} \approx 0.25$$

Network of interactions

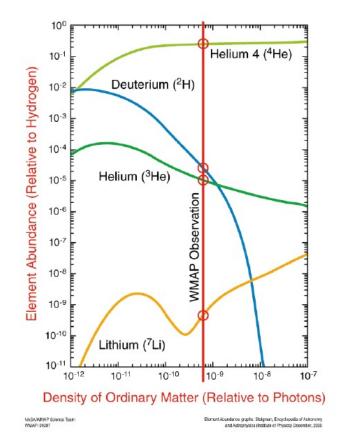


re 4.3.1: Big bang nucleosynthesis main reactions (from WikiCommons, author Pamputt).

(D=deuterium; T=tritium)

primordial nuclei: hydrogen, deuterium, tritium, helium3, helium4, lithium, beryllium

Primordial abundances of light elements



key parameter:

baryon/photon ratio

 $\eta \approx 10^{-8} \Omega_b h^2$

independent of time!

(baryons: proton+neutrons)

Figure 4.3.2: Big bang nucleosynthesis yields (NASA/WMAP Science team)

Primordial abundances of light elements

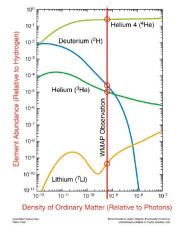


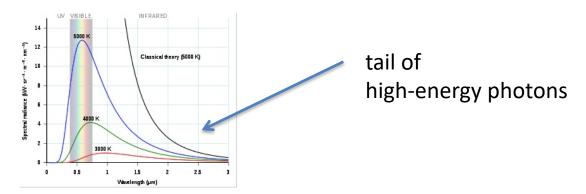
Figure 4.3.2: Big bang nucleosynthesis yields (NASA/WMAP Science team)

key parameter:

baryon/photon ratio

 $\eta\approx 10^{-8}\Omega_b h^2$

since there are so many photons per particle, one has to reach temperatures much lower than the binding energy to prevent the high-energy tail of the photon distribution to ionize the nuclei



More in detail

$$\begin{split} n_B &= \frac{\rho_B}{m_B c^2} = \Omega_b \frac{\rho_c}{m_B c^2} = (\Omega_b h^2) 10^{-47} GeV^3 & \text{baryons today} \\ \eta &= \frac{n_B}{n_\gamma} = 2.68 \cdot 10^{-8} (\Omega_b h^2) & \text{constant baryon/photon ratio} \\ n &= g(\frac{mT}{2\pi})^{3/2} e^{-\frac{m-\mu}{T}} \\ \rho &= nm & \text{non-relativistic densities/pressure} \\ p &= nT \ll \rho \end{split}$$

so for neutrons and protons:

$$n_n = 2\left(\frac{m_B T}{2\pi}\right)^{3/2} e^{-\frac{m_n - \mu_n}{T}}$$
$$n_p = 2\left(\frac{m_B T}{2\pi}\right)^{3/2} e^{-\frac{m_p - \mu_p}{T}}$$

More in detail

consider this reaction to form a nucleus N with A nucleons and Z protons:

 $Z \operatorname{protons} + (A - Z) \operatorname{neutrons} \rightarrow {}^{A}N_{Z} \operatorname{nucleus}$

$$n_n = 2\left(\frac{m_B T}{2\pi}\right)^{3/2} e^{-\frac{m_n - \mu_n}{T}}$$
$$n_p = 2\left(\frac{m_B T}{2\pi}\right)^{3/2} e^{-\frac{m_p - \mu_p}{T}}$$

$$n_A = g_A (\frac{m_A T}{2\pi})^{3/2} e^{-\frac{m_A - \mu_A}{T}}$$

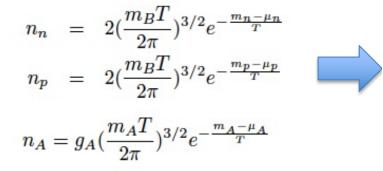
densities for neutrons, protons, generic nuclei N

Conservation of energy

In every reaction, the total chemical potential is conserved

 $Z \operatorname{protons} + (A - Z) \operatorname{neutrons} \rightarrow {}^{A}N_{Z} \operatorname{nuclei}$

 $\mu_A = Z\mu_p + (A - Z)\mu_n$



$$n_{A} = g_{A} 2^{-A} A^{3/2} \left(\frac{m_{B}T}{2\pi}\right)^{3(1-A)/2} n_{p}^{Z} n_{n}^{A-Z} e^{\frac{B_{A}}{T}}$$

$$B_{A} \equiv Zm_{p} + (A - Z)m_{n} - m_{A}$$

 $(B_A > 0 binding energy)$

Abundances of nuclei

$$n_{A} = g_{A} 2^{-A} A^{3/2} \left(\frac{m_{B}T}{2\pi}\right)^{3(1-A)/2} n_{p}^{Z} n_{n}^{A-Z} e^{\frac{B_{A}}{T}}$$
$$B_{A} \equiv Zm_{p} + (A-Z)m_{n} - m_{A}$$

$$X_A = \frac{An_A}{n_B}$$
 defines the mass fraction in nucleus N
(n_B = total density of baryons)

then finally we obtain a relation between abundance of N and temperature

$$X_A = F(A) \left(\frac{T}{m_B}\right)^{3(A-1)/2} \eta^{A-1} X_p^Z X_n^{A-Z} e^{B_A/T}$$
$$\eta = \frac{n_B}{n_\gamma} = 2.68 \cdot 10^{-8} (\Omega_b h^2)$$

 $F(A) = g_A A^{5/2} \zeta(3)^{A-1} \pi^{(1-A)/2} 2^{(3A-5)/2}$

numerical order unity factor

when T decreases, X_A increases: nuclei form

Conservation of energy

then finally we obtain a relation between abundance of N and temperature

$$X_A = F(A)(\frac{T}{m_B})^{3(A-1)/2} \eta^{A-1} X_p^Z X_n^{A-Z} e^{B_A/T}$$

 $X_A = 1$ means production of that nucleus stops

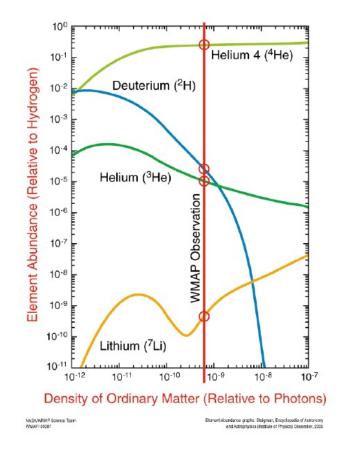
Since η is very small, X reaches unity at temperatures quite lower than the binding energy, so much less than 1MeV

useful numerical approximation:

$$T_A \approx \frac{B_A/(A-1)}{\log \eta^{-1} + 1.5 \log(m_B/T)}$$

 $T_A \approx 0.07, 0.11, 0.28 \text{MeV} \text{ for } {}^2H, {}^3He, {}^4He,$

Primordial abundances of light elements



key parameter:

baryon/photon ratio

 $\eta \approx 10^{-8} \Omega_b h^2$

(baryons: proton+neutrons)

Figure 4.3.2: Big bang nucleosynthesis yields (NASA/WMAP Science team)

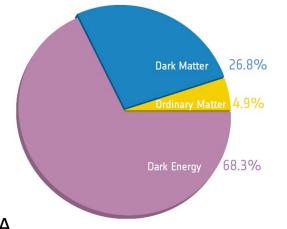
Abundance of baryons

the baryon/photon ratio is fixed by comparing the predicted abundances of light nuclei with observations

$$\eta = \frac{n_B}{n_{\gamma}} = 2.68 \cdot 10^{-8} (\Omega_b h^2)$$

since we know the abundance of photons from CMB, we get

 $\Omega_b h^2 = 0.022 \pm 0.002$

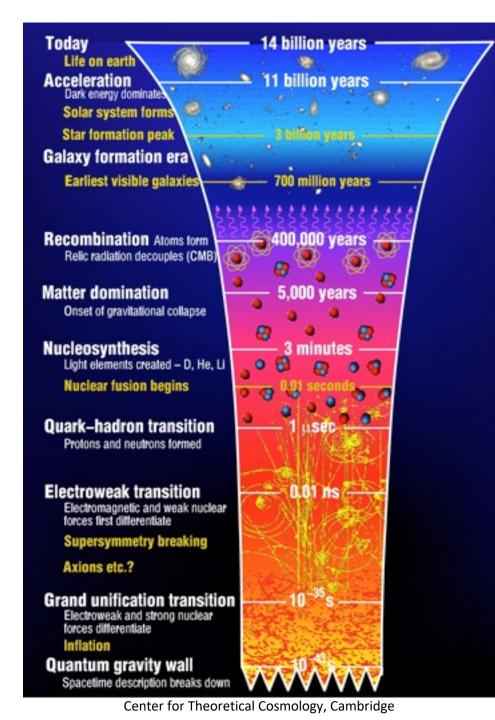


$$\Omega_b \approx 0.05$$

so we need non-baryonic dark matter to reach a matter density fraction 0.3!

Thermal processes: matter-radiation decoupling

Cosmology WS22/23



10⁻⁴ eV

1 eV

1 MeV

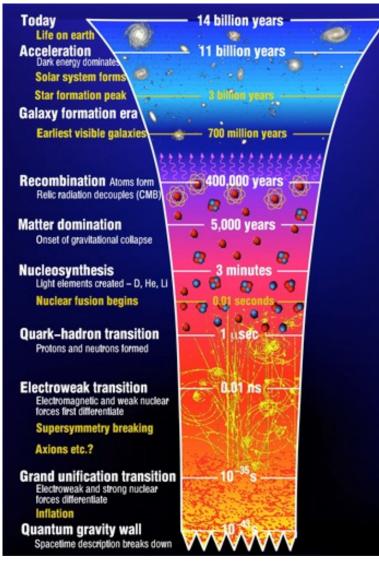
1 GeV

lemperature

1015 GeV

100 GeV

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ionization energy of hydrogen atom: 13.6 eV

 $p + e \rightarrow n_H + \gamma$ reaction

non-relativistic regime: m>>T

$$n_i = 2(\frac{m_iT}{2\pi})^{3/2}e^{-\frac{m_i-\mu_i}{T}}$$

density of non-relativistic particles

 $\mu_p + \mu_e = \mu_H$ conservation of energy

same calculation as for BBN

$$n_H = \frac{g_H}{g_p g_e} n_p n_e \left(\frac{m_e T}{2\pi}\right)^{-3/2} e^{B/T}$$

density of hydrogen atoms

$$g_{p,e} = 2$$
 and $g_H = 4$,

$$B = m_p + m_e - m_H = 13.6 \text{ eV}.$$
 ionization energy

$$n_H = \frac{g_H}{g_p g_e} n_p n_e \left(\frac{m_e T}{2\pi}\right)^{-3/2} e^{B/T}$$

$$B = m_p + m_e - m_H = 13.6 \text{ eV}.$$

define ionization fraction $x_i = n_i/n_B$.

Since $n_p = n_e$, and $n_p + n_H = n_B$

we have $x_p = x_e$ and $x_H = (n_H/n_B) = 1 - x_e$.

when x_e goes to zero, recombination is complete

In practice, we say recombination is complete when $x_e = 0.1 \ll 1$

Then from here

$$n_H = \frac{g_H}{g_p g_e} n_p n_e \left(\frac{m_e T}{2\pi}\right)^{-3/2} e^{B/T}$$

We obtain this

$$\frac{1-x_e}{x_e^2} = \frac{4\sqrt{2}\zeta(3)}{\sqrt{\pi}}\eta \left(\frac{T}{m_e}\right)^{3/2} e^{B/T} \approx 3.84\eta \left(\frac{T}{m_e}\right)^{3/2} e^{B/T}$$

Saha equation: ionization as function of temperature when T decreases, x_e decreases

Saha equation

very small number!

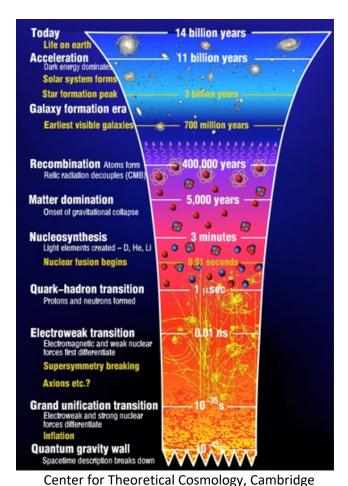
$$\frac{1-x_e}{x_e^2} = \frac{4\sqrt{2}\zeta(3)}{\sqrt{\pi}} \eta \left(\frac{T}{m_e}\right)^{3/2} e^{B/T} \approx 3.84 \eta \left(\frac{T}{m_e}\right)^{3/2} e^{B/T}$$

useful analytical approximation:

 $\tau \equiv T/1eV$ $\tau^{-1} = 3.084 - 0.00735 \log(\Omega_b h^2)$ $T \approx 0.3eV$ temperature of recombination $z = (T/T_{2.7K}) = \tau (1eV/T_{2.7K}) \approx 4200\tau$ redshift of recombination $z \approx 1367(1 - 0.024 \log \Omega_b h^2)^{-1}$

Decoupling

Decoupling occurs when photons can travel through the Universe without being absorbed by matter, or when:



mean free path > 1/H = Hubble radius

This occurs just after recombination, because atoms are neutral:

 $z_{dec} \approx 1100$

The Universe becomes transparent!