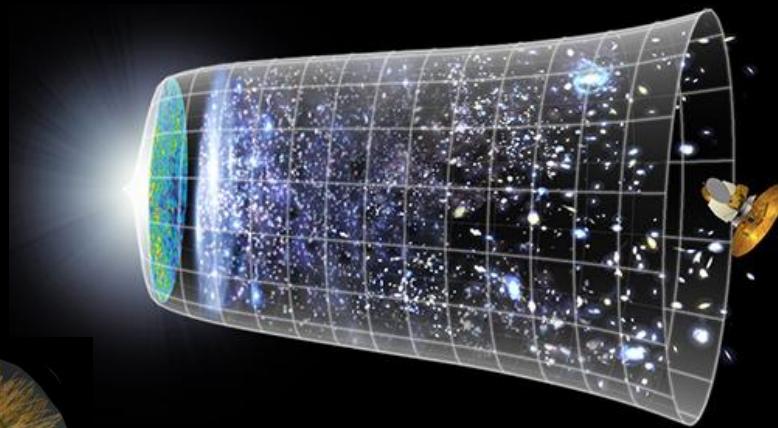
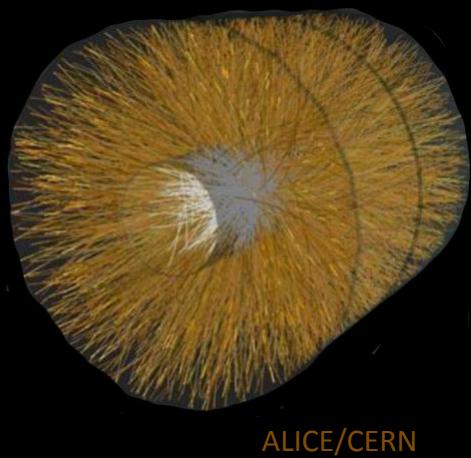


# Turbulence and Bose Condensation: From the Early Universe to Cold Atoms

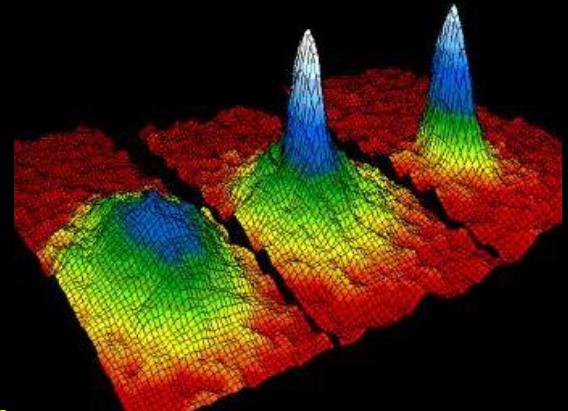


WMAP Science Team

J. Berges

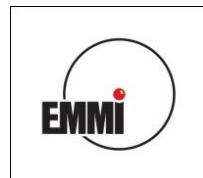
Universität Heidelberg

RETUNE 2012, Heidelberg



# Content

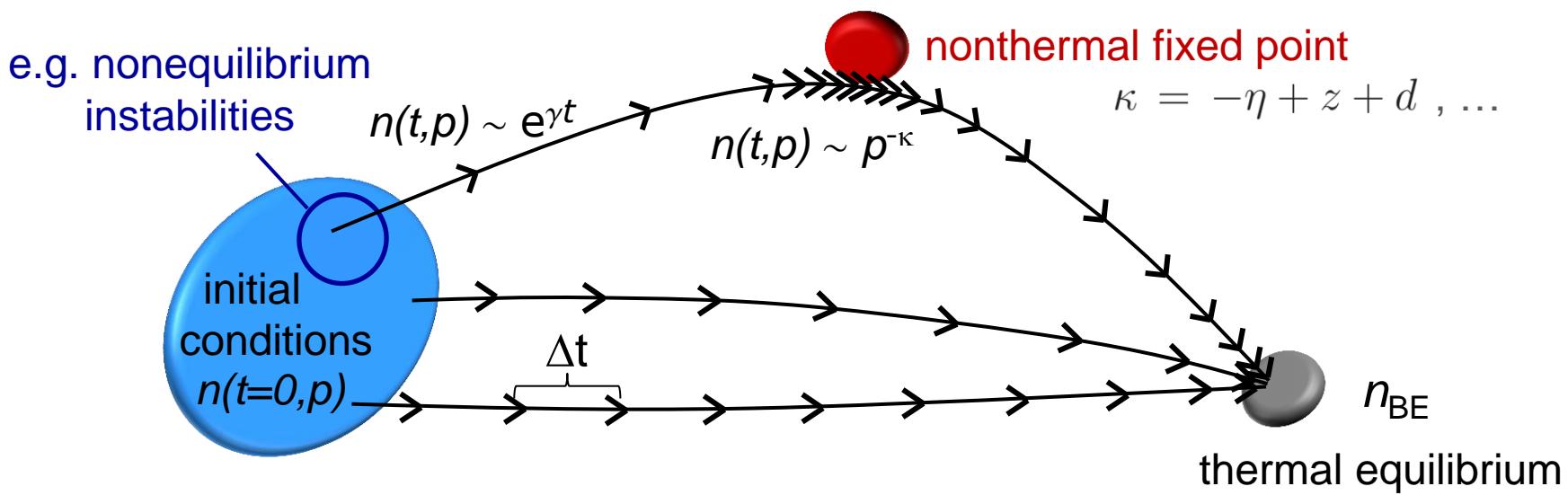
- I. Nonthermal fixed points
- II. Turbulence, Bose condensation
- III. From early universe reheating to ultracold atoms



# Nonequilibrium initial value problems

Thermalization process in quantum many-body systems?

Schematically:



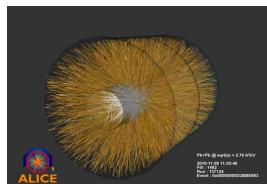
- Characteristic nonequilibrium time scales? Relaxation? Instabilities?
- Diverging time scales far from equilibrium? Nonthermal fixed points?

# Universality far from equilibrium

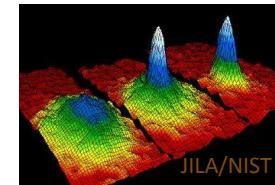
Early-universe preheating  
( $\sim 10^{16}$  GeV)



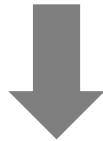
Heavy-ion collisions  
( $\sim 100$  MeV)



Cold quantum gas dynamics  
( $\sim 10^{-13}$  eV)



**Instabilities, 'overpopulation', ...**



**Nonthermal fixed points**

Very different microscopic dynamics can lead to  
same *macroscopic scaling phenomena*

# Digression: weak wave turbulence

Boltzmann equation for *relativistic*  $2 \leftrightarrow 2$  scattering,  $n_1 \equiv n(t, p_1)$ :

$$\begin{aligned} \frac{dn_1}{dt} = & \int \frac{d^3 p_2}{(2\pi)^3 2E_2} \int \frac{d^3 p_3}{(2\pi)^3 2E_3} \int \frac{d^3 p_4}{(2\pi)^3 2E_4} \\ & \times \delta^3(p_1 + p_2 - p_3 - p_4) \delta(E_1 + E_2 - E_3 - E_4) (2\pi)^4 |M|^2 \\ & \quad \text{momentum conservation} \qquad \text{energy conservation} \qquad \text{scattering} \\ & \times (n_3 n_4 (1 + n_1)(1 + n_2) - n_1 n_2 (1 + n_3)(1 + n_4)) \\ & \quad \text{“gain“ term} \qquad \qquad \qquad \text{“loss“ term} \end{aligned}$$



Different stationary solutions,  $dn_1/dt=0$ , in the (classical) regime  $n(p) \gg 1$ :

1.  $n(p) = 1/(e^{\beta\omega(p)} - 1)$  thermal equilibrium

2.  $n(p) \sim 1/p^{4/3}$  turbulent particle cascade ] Kolmogorov

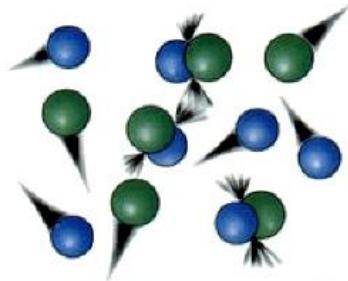
3.  $n(p) \sim 1/p^{5/3}$  energy cascade ] -Zakharov spectrum

...associated to stationary transport of conserved quantities

# Range of validity of Kolmogorov-Zakharov

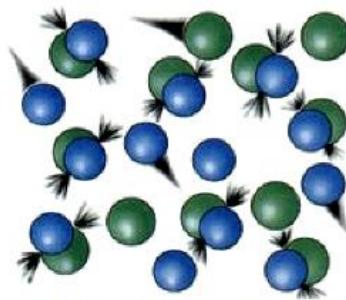
E.g. self-interacting scalars with quartic coupling:  $|M|^2 \sim \lambda^2 \ll 1$

$$n(p) \lesssim 1$$



Low concentration = Few collisions

$$1 \ll n(p) \ll 1/\lambda$$



High concentration = More collisions

$$n(p) \sim 1/\lambda$$

*'overpopulation'*  
(non-perturbative)

analytically well described  
by 2PI effective action  
techniques!

Very high concentration = ?

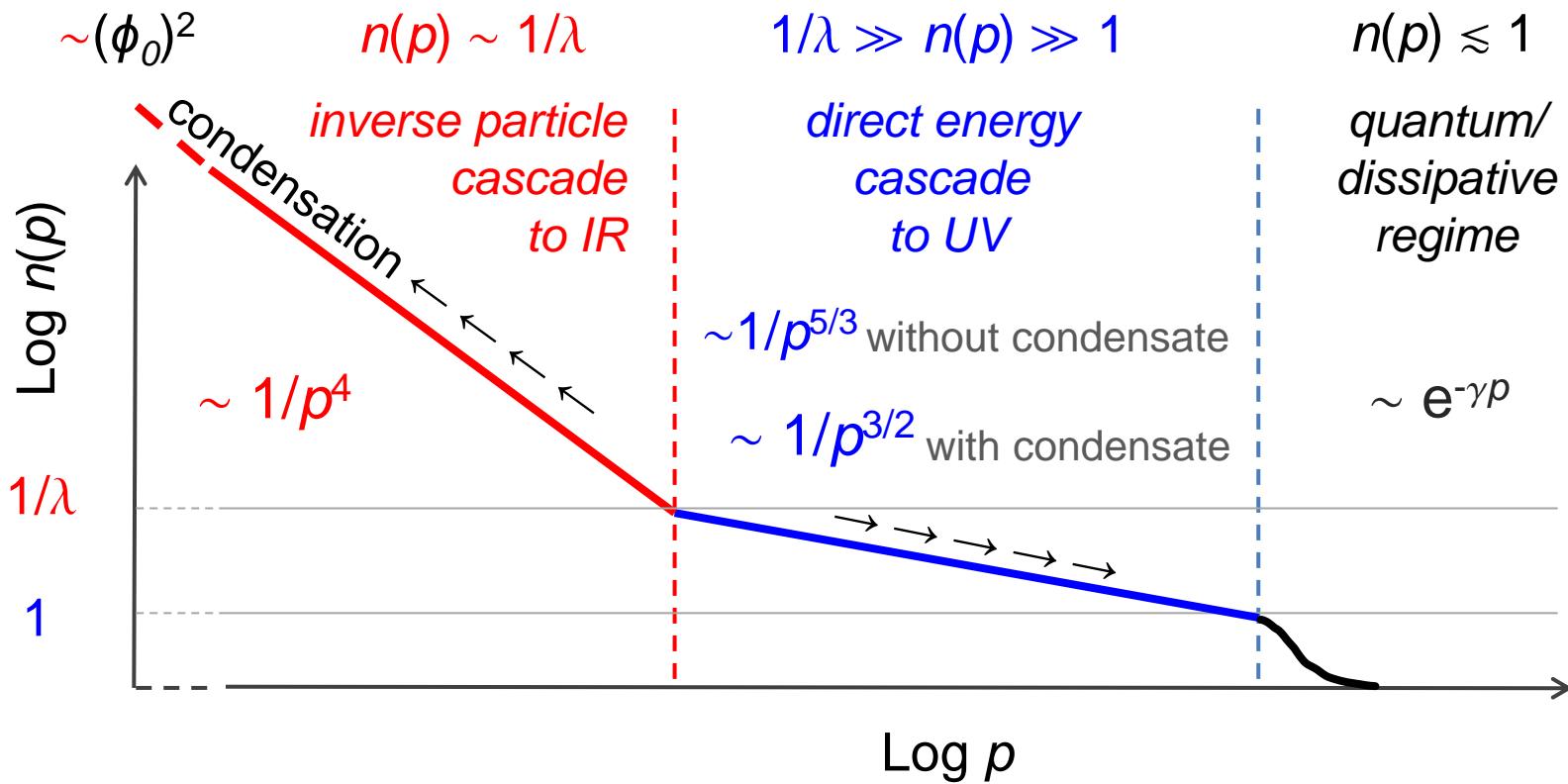
<http://upload.wikimedia.org/wikipedia/commons/4/41/Molecular-collisions.jpg>

Weak wave turbulence solutions are limited to the “window”

$$1 \ll n(p) \ll 1/\lambda , \text{ since for}$$

$n(p) \sim 1/\lambda$  the  $n \leftrightarrow m$  scatterings for  $n, m = 1, \dots, \infty$  are as important as  $2 \leftrightarrow 2$  !

# Beyond weak wave turbulence: here relativistic, $d=3$



**Non-thermal fixed point:**  $n(p) \sim 1/p^{d+z-\eta}$

Berges, Rothkopf, Schmidt  
PRL 101 (2008) 041603

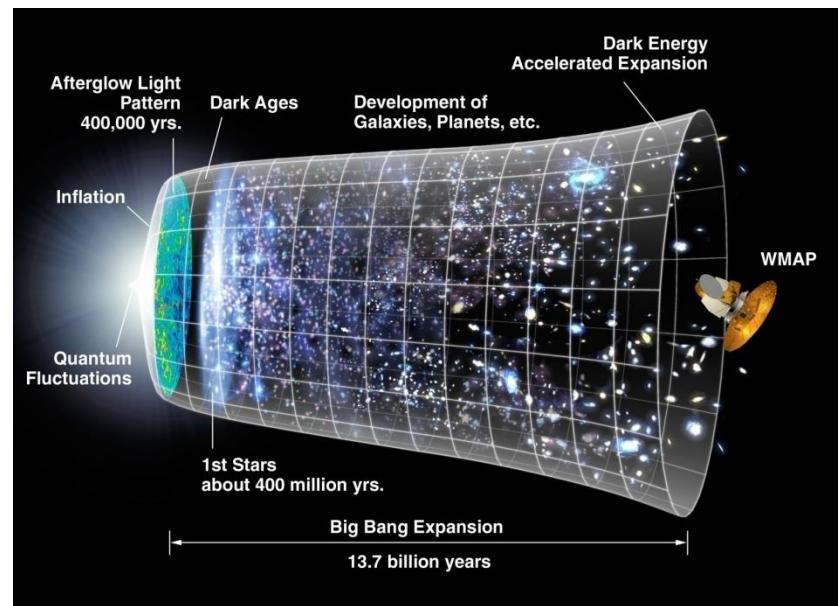
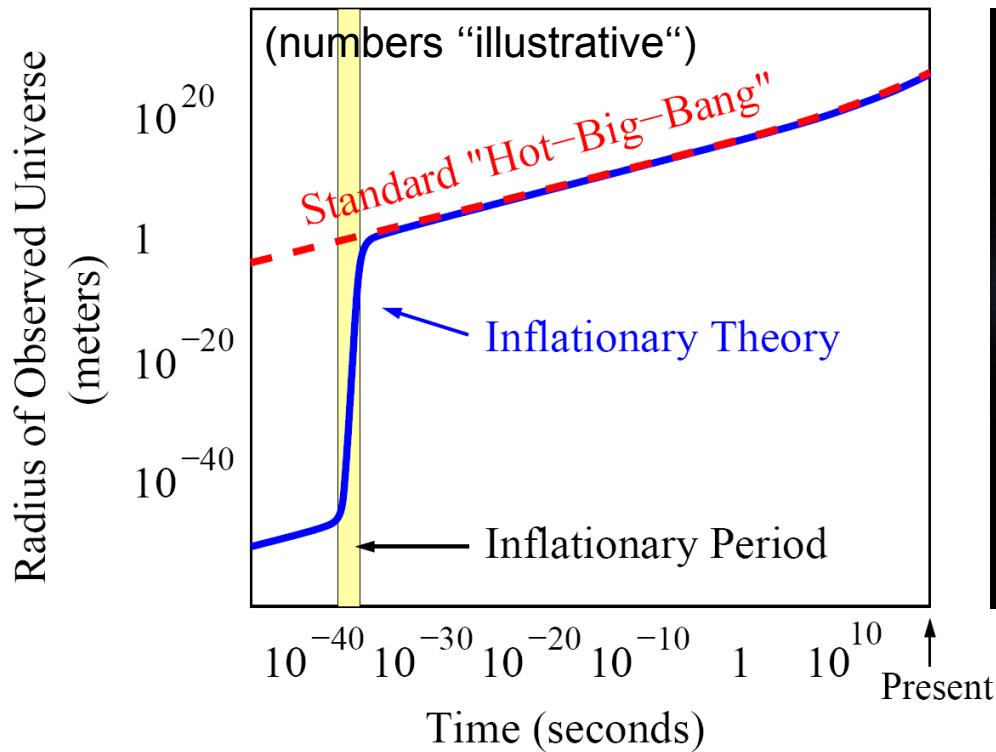
**Bose-Einstein condensation from inverse particle cascade:**

$$\sim (2\pi)^d \delta^{(d)}(\vec{p}) \phi_0^2(t)$$

Berges, Sexty, PRL 108 (2012) 161601

# Heating the Universe after inflation: a quantum example

Schematic evolution:



- Energy density of matter ( $\sim a^{-3}$ ) and radiation ( $\sim a^{-4}$ ) decreases
- Enormous heating after inflation to get 'hot-big-bang' cosmology!

# Preheating by parametric resonance

- Chaotic inflation

Kofman, Linde, Starobinsky, PRL 73 (1994) 3195

$$V(\phi, \chi) = \frac{1}{2}m^2\phi^2 + \frac{1}{2}\mu^2\chi^2 + \frac{\lambda}{4}\phi^4 + \frac{g}{2}\phi^2\chi^2$$

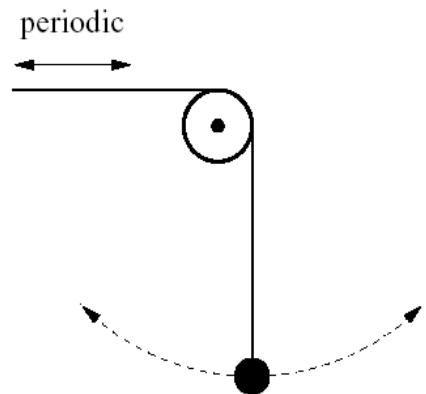
$$\phi \gg m/\sqrt{\lambda} \quad , \quad \phi_0 \sim M_P \quad , \quad \lambda \lesssim 10^{-12} \quad , \quad g^2 \lesssim \lambda$$

massless preheating:  $m = \mu = 0$ , conformally equiv. to Minkowski space

$$\frac{d^2\chi_k}{dt^2} + (k^2 + g\phi^2(t))\chi_k = 0$$

Classical oscillator analogue:

$$\left. \begin{array}{l} \omega(t) \leftrightarrow \phi(t), \\ x(t) \leftrightarrow \chi_{k=0}(t) \end{array} \right\} \quad \ddot{x} + \omega^2(t)x = 0$$

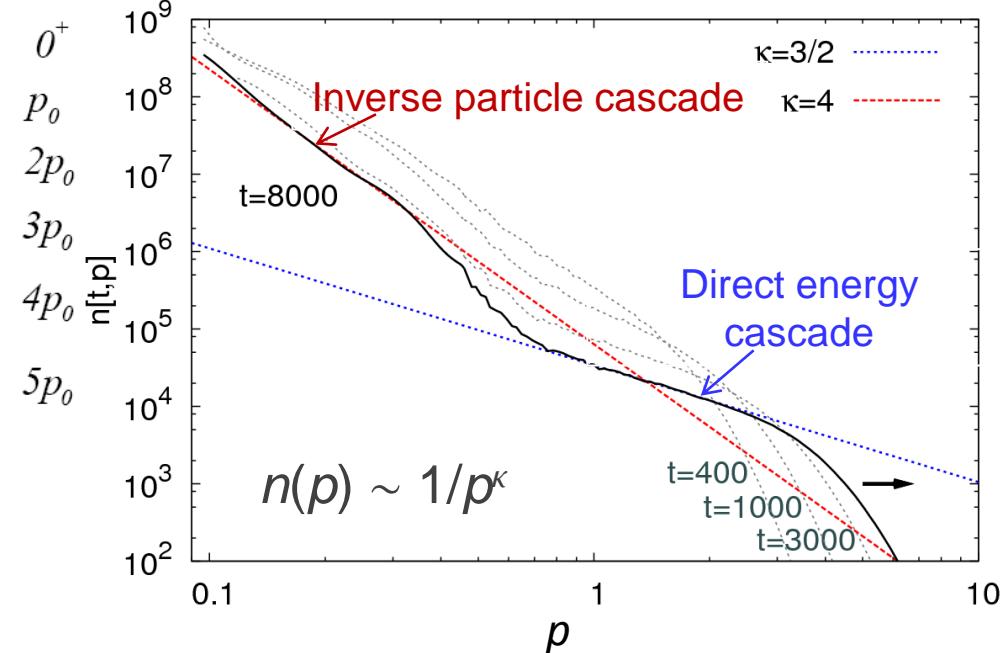
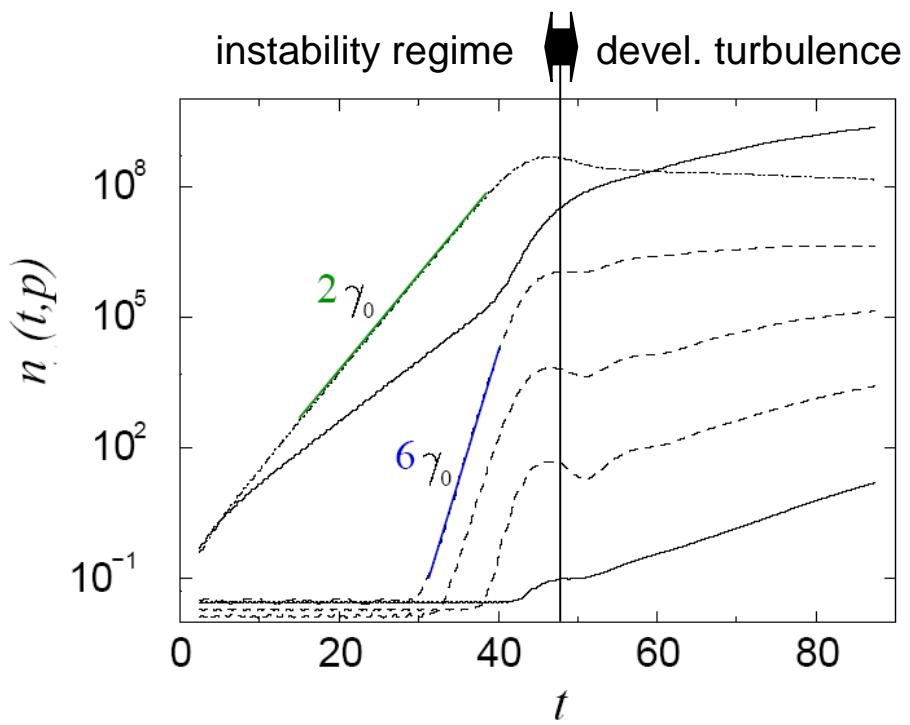
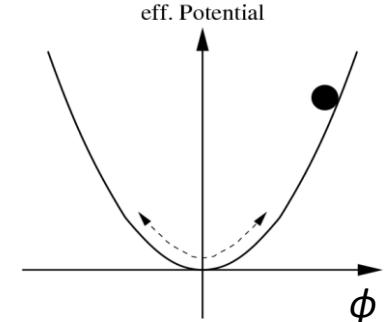


# Dual cascade from chaotic inflation

Berges, Rothkopf, Schmidt, PRL 101 (2008) 041603

Generalize to  $N$  fields (2PI 1/ $N$  to NLO):

$$\Phi(t,k) = (\phi(t,k), \chi_1(t,k), \chi_2(t,k), \dots, \chi_{N-1}(t,k))$$



$O(N)$  symmetric with  $N=4$ ,  $\lambda \sim 10^{-4}$ ,  $\phi(t) = \sigma(t)\sqrt{6N/\lambda}$  in units of  $\sigma(t=0)$

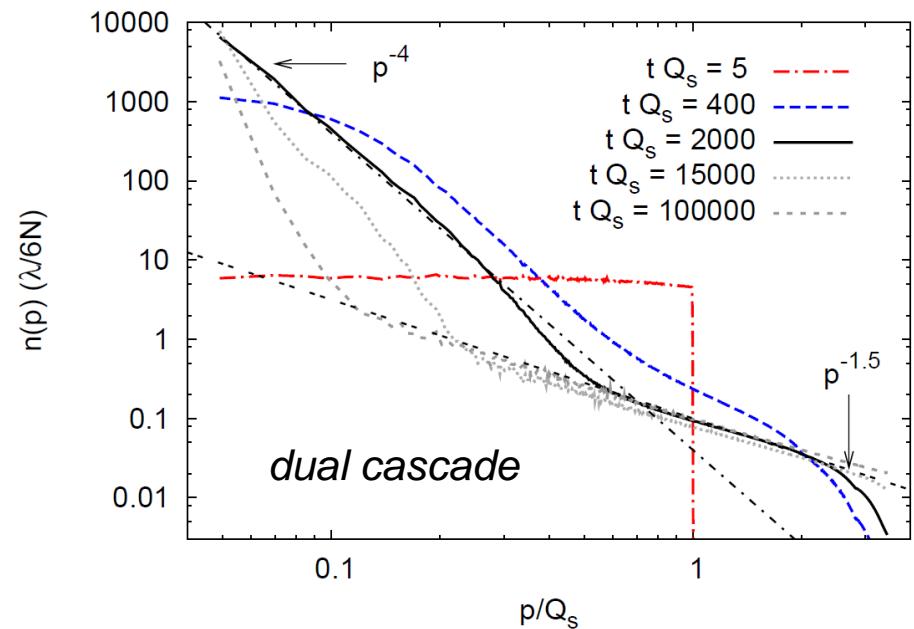
Direct energy cascade: Micha, Tkachev, PRL 90 (2003) 121301 → Talk by I. Tkachev!

# Bose condensation from infrared particle cascade

$$F(t, t'; \vec{x} - \vec{y}) = \left\langle \left\{ \hat{\phi}(t, \vec{x}), \hat{\phi}(t', \vec{y}) \right\} \right\rangle$$

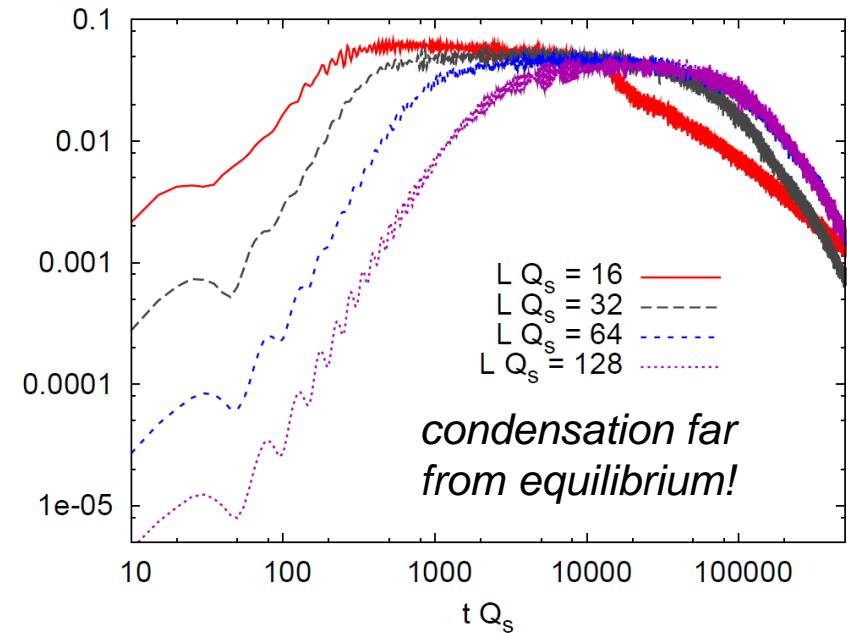
$$F(t, t; p) = \frac{1}{\omega_p(t)} \left( n_p(t) + \frac{1}{2} \right) + (2\pi)^d \delta^{(d)}(\vec{p}) \phi_0^2(t)$$

starting from initial ‘overpopulation’:



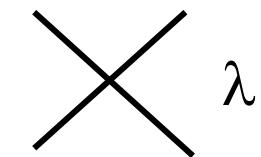
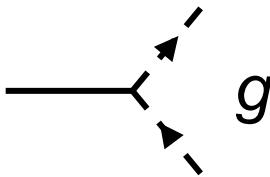
time-dependent condensate

finite volume:  $(2\pi)^d \delta^{(d)}(0) \rightarrow V$

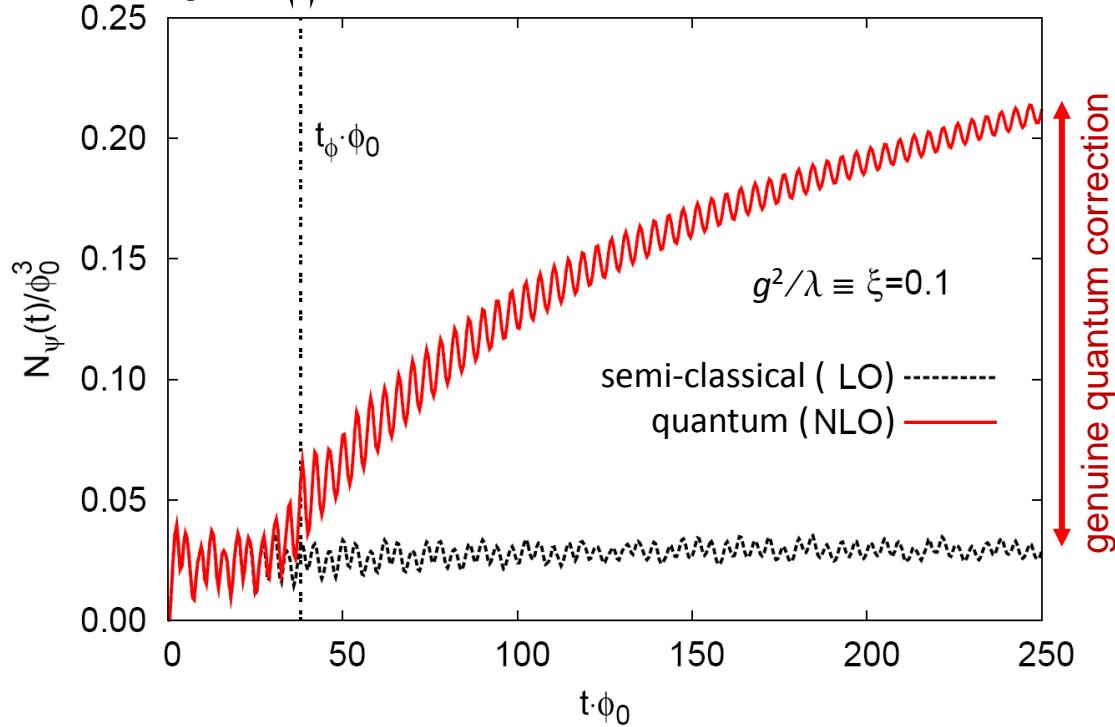


# Overpopulation as a quantum amplifier

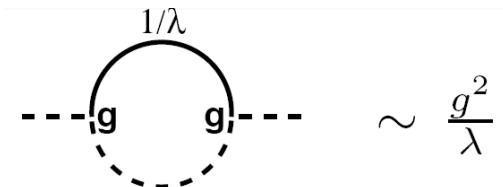
Inflaton decay into fermions:



scalar parametric resonance regime overpopulation, turbulent regime



2PI-NLO:



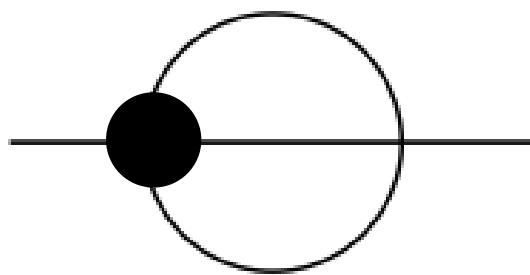
Berges, Gelfand, Pruschke  
PRL 107 (2011) 061301

strongly enhanced fermion production rate (NLO):  $\sim (g^2/\lambda) \phi_0$  !

# From complexity to simplicity

Complexity: many-body  $n \leftrightarrow m$  processes for  $n, m = 1, \dots, \infty$   
as important as  $2 \leftrightarrow 2$  scattering ('overpopulation')!

Simplicity: Resummation of the infinitely many processes leads to  
*effective kinetic theory* (2PI 1/N to NLO) dominated in the IR by

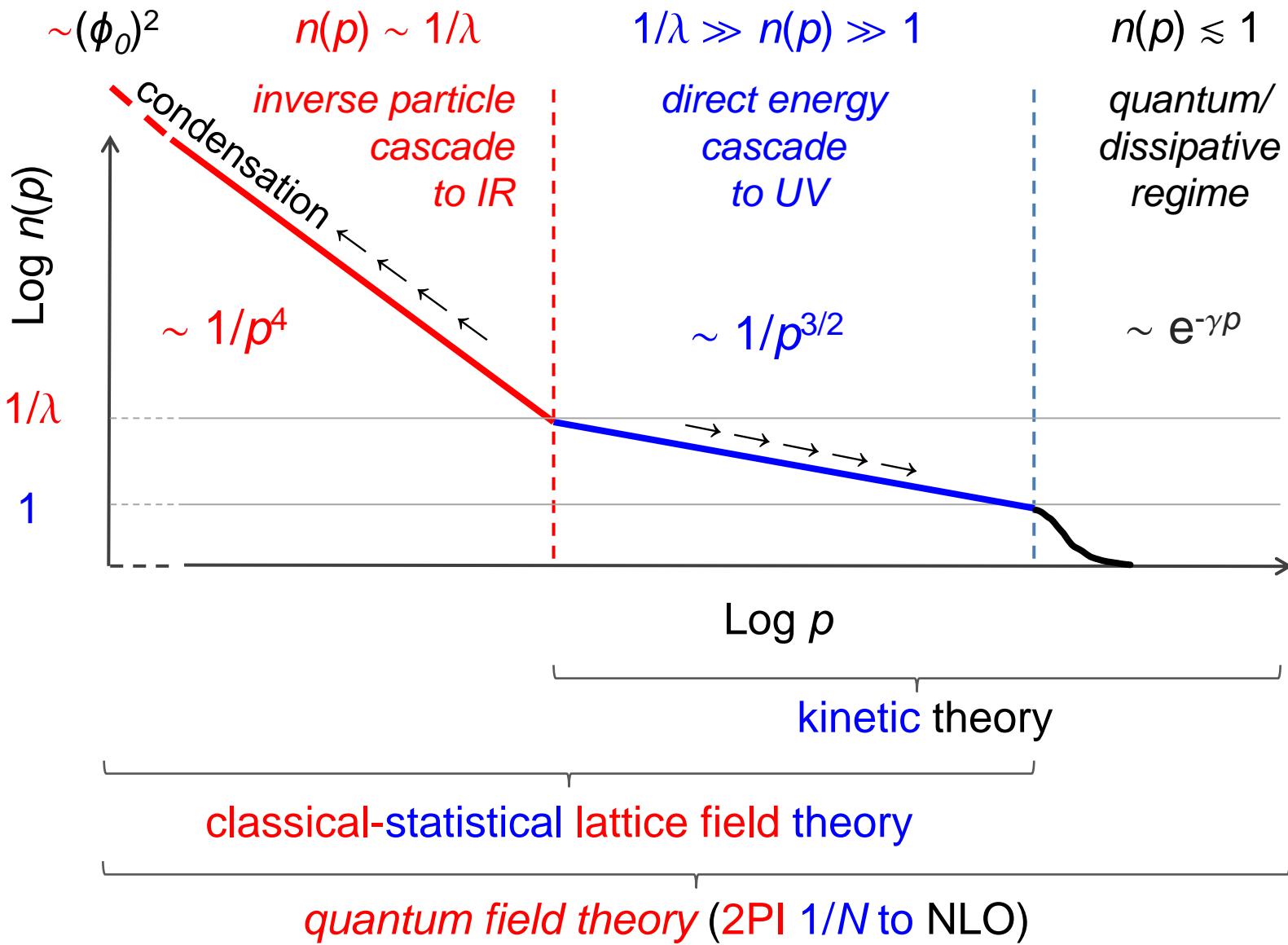


approximately  
number conserving!  
→ particle cascade

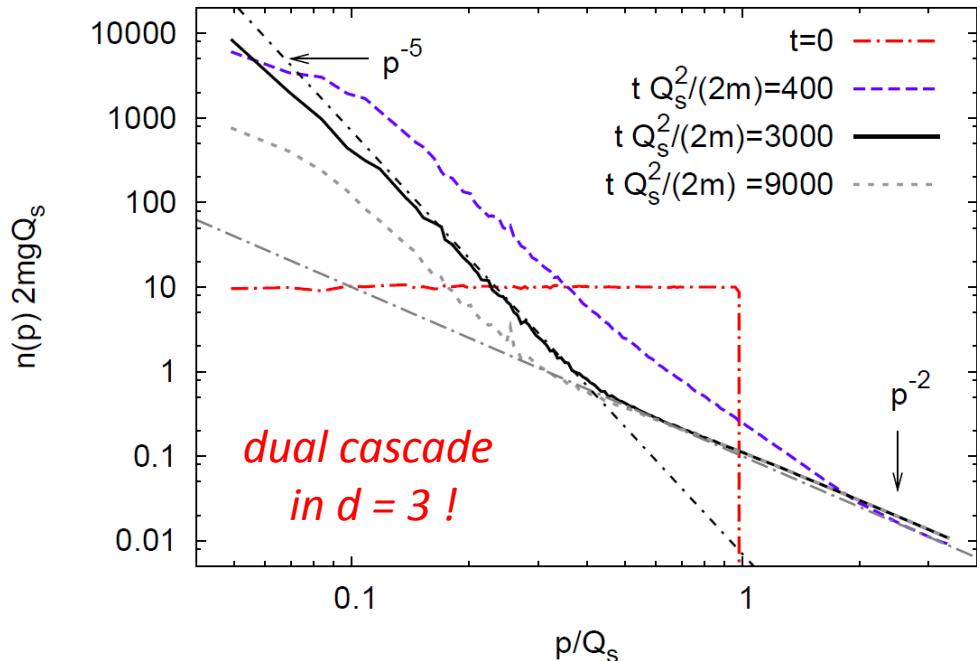
describing  $2 \leftrightarrow 2$  scattering with an *effective coupling*:

$$\text{---} = \text{---} - p \text{---} \sim p^{8-4\eta}$$

# Methods



# Comparison to cold Bose gas (Gross-Pitaevskii)



Berges, Sexty, PRL 108 (2012) 161601

*Infrared particle cascade leads  
to Bose condensation without  
subsequent decay*

(no number changing processes)

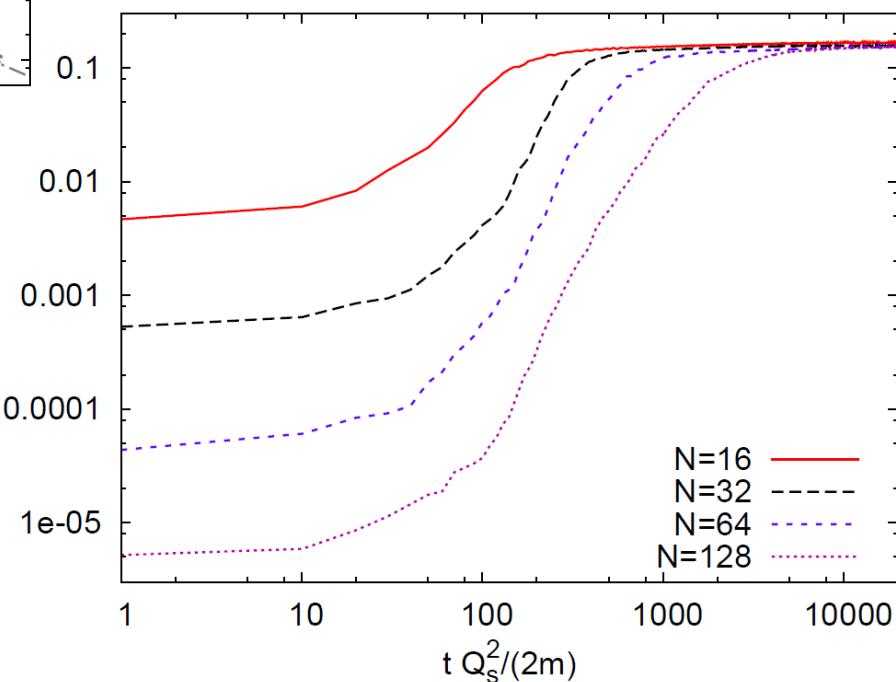
See also talk by B. Nowak!

Expected infrared cascade:

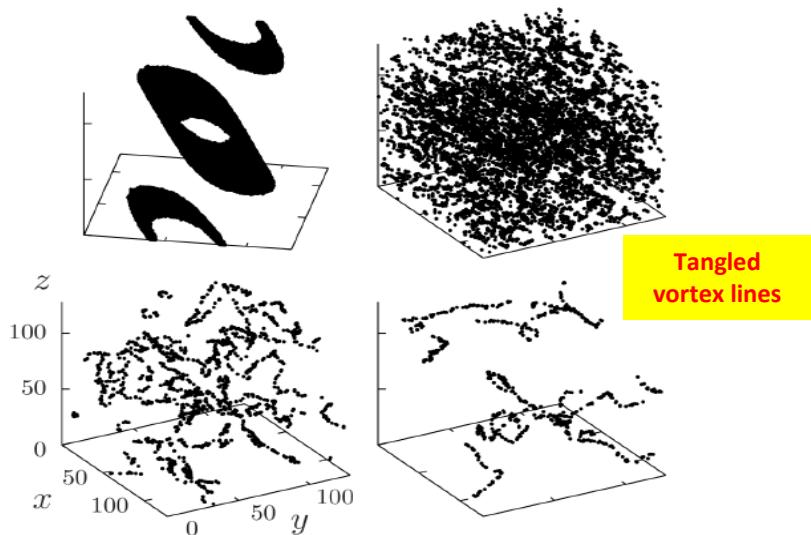
$$n(p) \sim 1/p^{d+2-\eta}$$

for non-relativistic dynamics

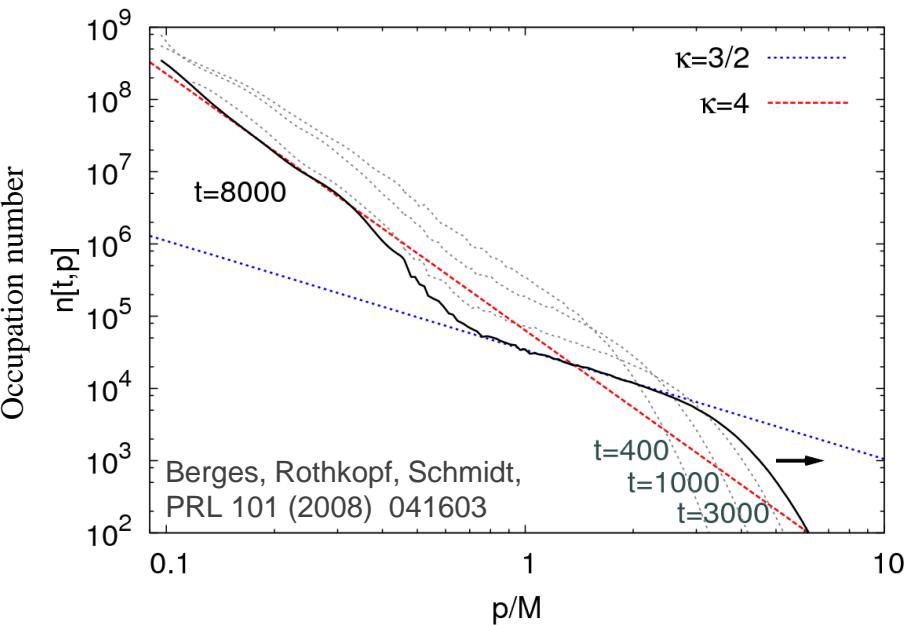
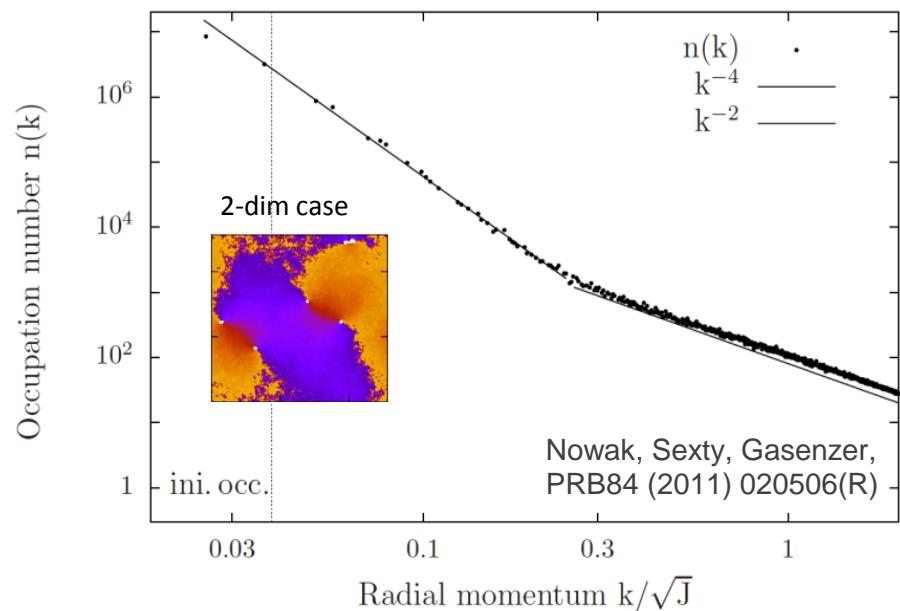
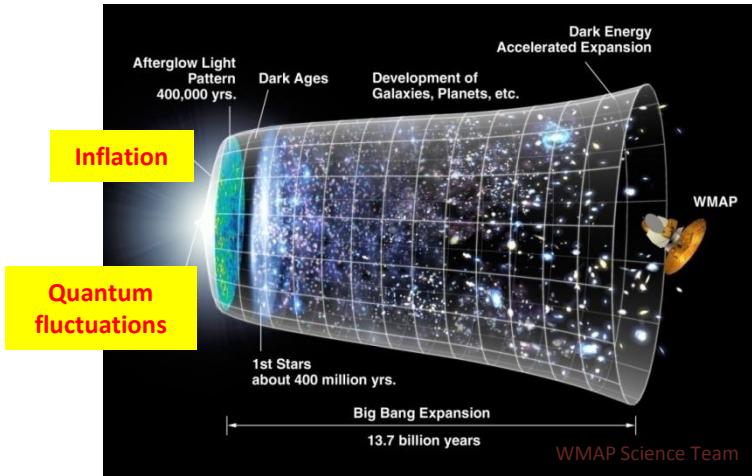
Scheppach, Berges, Gasenzer, PRA 81 (2010) 033611; Nowak, Sexty, Gasenzer, PRB 84 (2011) 020506(R); Nowak, Gasenzer arXiv:1206.3181



- Quantum turbulence in a cold Bose gas



- Preheating dynamics after chaotic inflation



# Turbulence/Bose condensation for gluons?

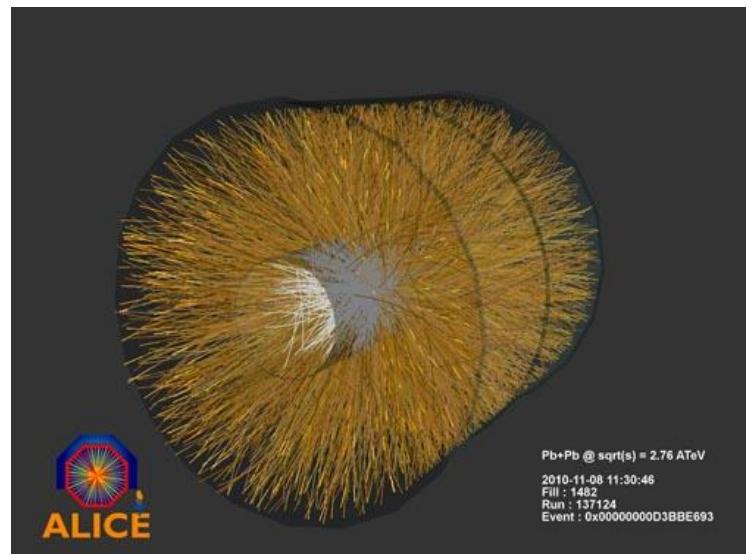
Field strength tensor, here for  $SU(2)$ :

$$F_{\mu\nu}^a[A] = \partial_\mu A_\nu^a - \partial_\nu A_\mu^a + g\epsilon^{abc} A_\mu^b A_\nu^c$$

Equation of motion:

$$(D_\mu[A]F^{\mu\nu}[A])^a = 0$$

$$D_\mu^{ab}[A] = \partial_\mu \delta^{ab} + g\epsilon^{acb} A_\mu^c$$



Classical-statistical simulations accurate for sufficiently large fields/high gluon occupation numbers:

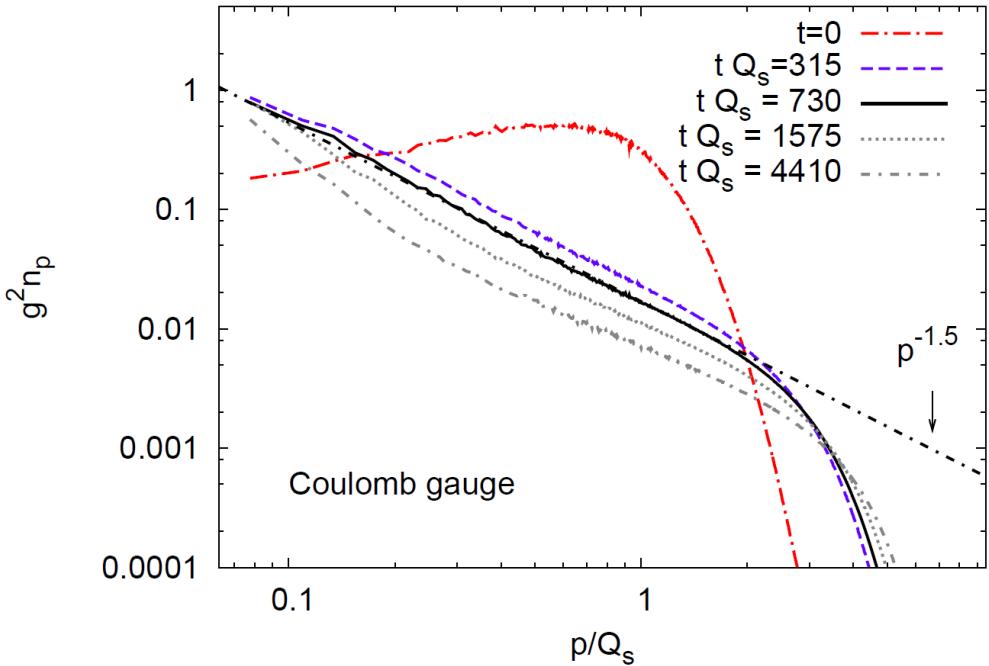
anti-commutators       $\langle \{A, A\} \rangle \gg \langle [A, A] \rangle$       commutators

i.e. " $n(p)$ "  $\gg 1$

See also talk by K. Fukushima!

# Classical-statistical lattice gauge theory

Occupancy:  $\sim \sqrt{\langle |A^2(p)| \rangle \langle |E^2(p)| \rangle}$



- Wave turbulence exponent  $3/2$   
(as for scalars with condensate)!?

- No stable occupation numbers exceeding  $g^2 n_p \sim 1$  observed yet

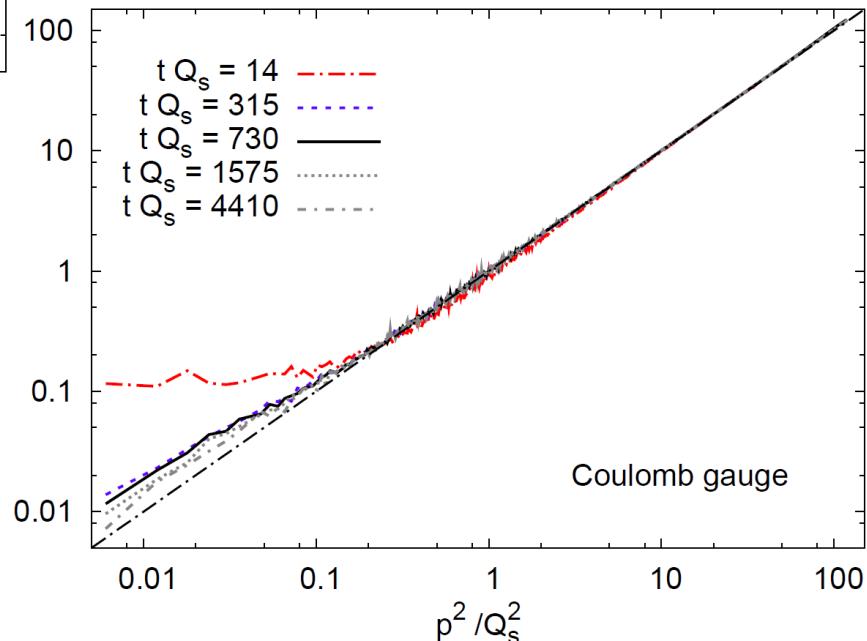
Berges, Schlichting, Sexty, arXiv:1203.4646

*Initial overpopulation:*

$$\epsilon \sim \frac{Q_s^4}{g^2} \quad \text{i.e.} \quad n(p \simeq Q_s) \sim \frac{1}{g^2}$$

See also talk by J.-P. Blaizot!

Dispersion:  $\sim \sqrt{\langle |E^2(p)| \rangle / \langle |A^2(p)| \rangle}$



# Scaling analysis

Leading (2PI) resummed perturbative contribution ( $O(g^2)$ ):

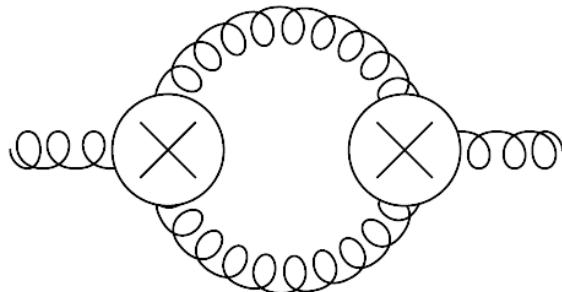


Figure 4: Gluon part of the one-loop contribution to the self-energy with (2PI) resummed propagator lines. The crossed circles indicate an effective three-vertex in the presence of a background gauge field potential.

Standard scaling analysis gives **for slowly varying background field:**

$$n(p) \sim 1/p^\kappa$$

$$\kappa = \frac{3}{2}, \quad \text{or} \quad \kappa = 1$$

energy cascade      particle cascade

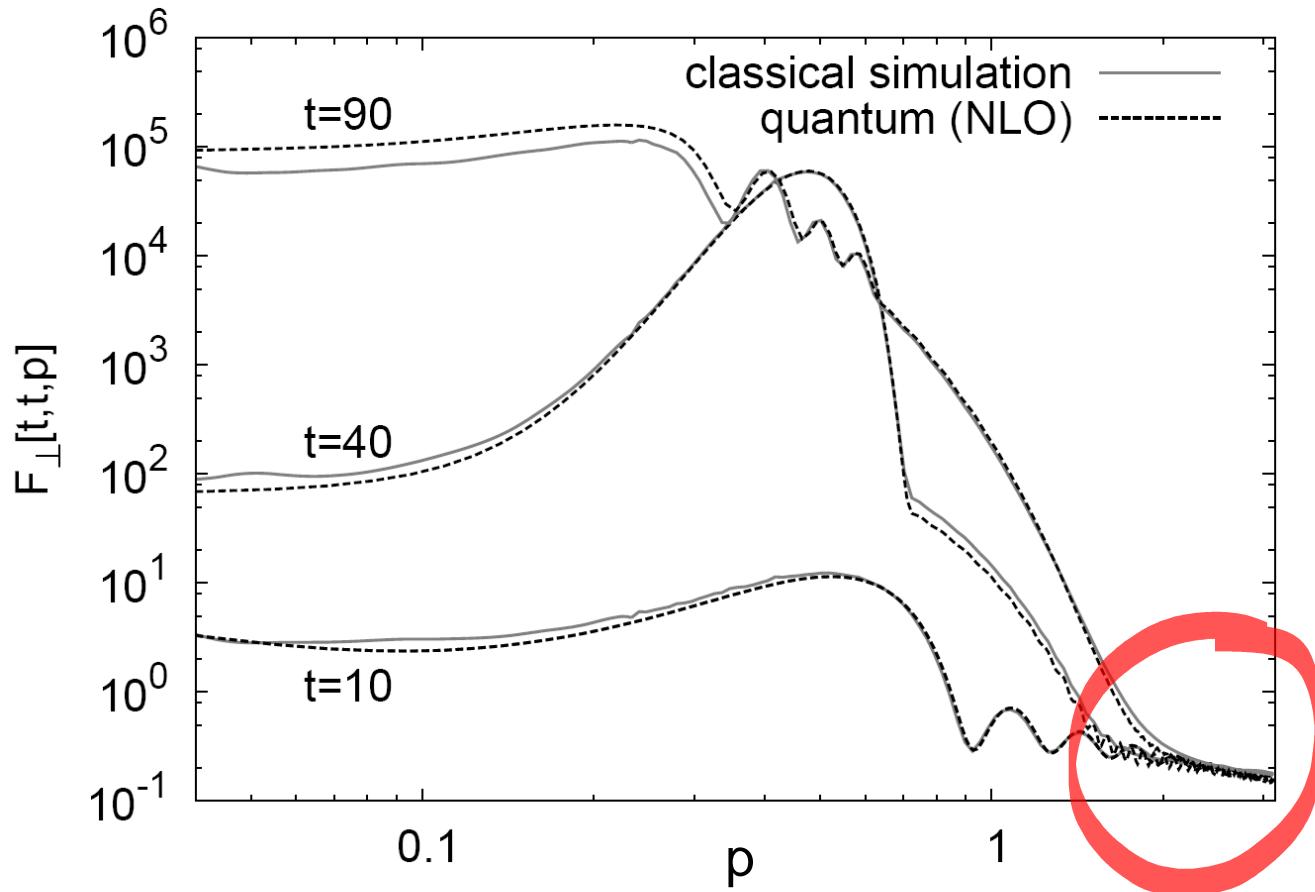
# Conclusions

## Nonthermal fixed points:

- crucial for thermalization process from instabilities/overpopulation!
- strongly nonlinear regime of stationary transport (*dual cascade*)!
- Bose condensation for scalars from inverse particle cascade!
- large amplification of quantum corrections for fermions!
- gauge theory results indicate the same weak wave turbulence exponents as for scalars!



# Comparing classical to quantum



Practically no *bosonic* quantum corrections at the end of preheating

Accurate nonperturbative description by quantum (2PI) 1/ $N$  to NLO

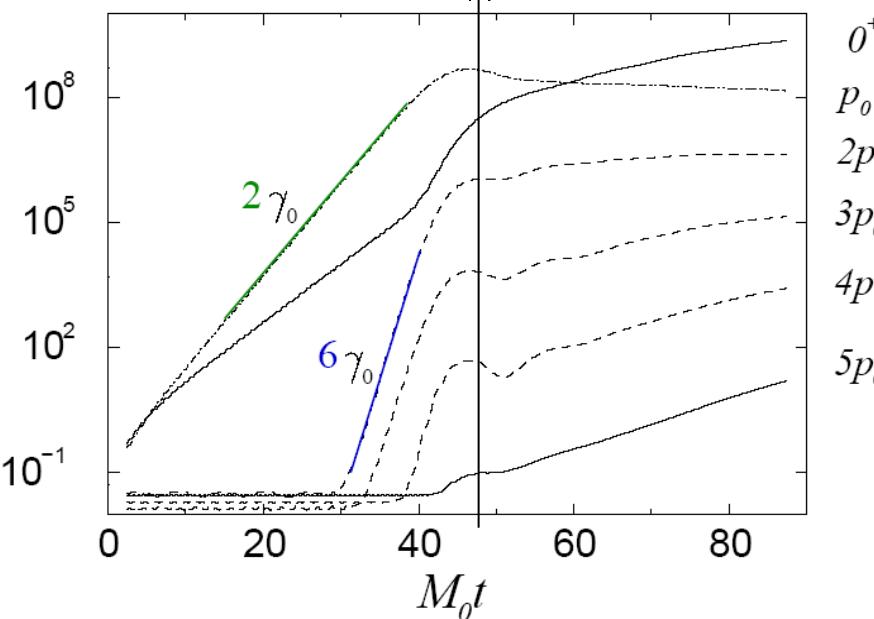
# Dependence on spatial dimension $d$

parametric resonance



approach to turbulence:

occupation number:  $n(t,p)$



$$n(t,p) \sim p^{-\kappa} \text{ with } \kappa = -\eta + z + d$$

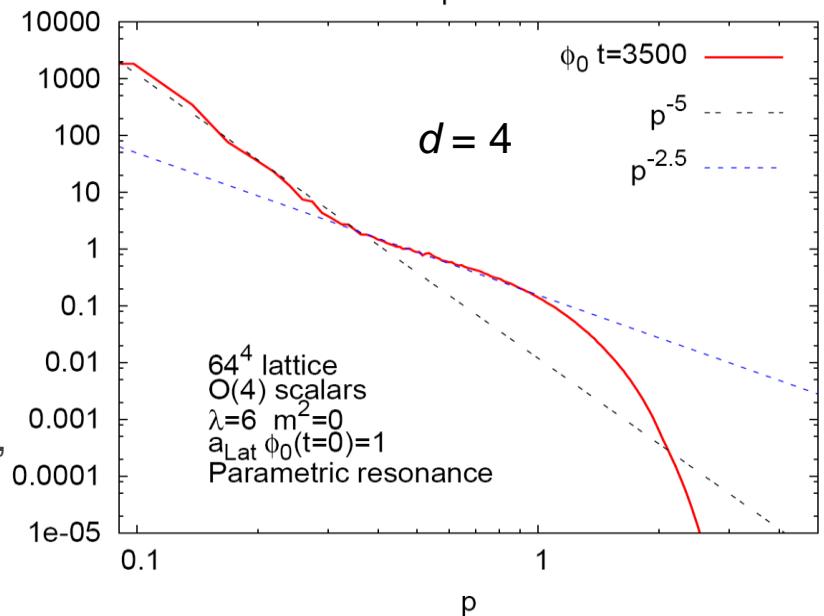
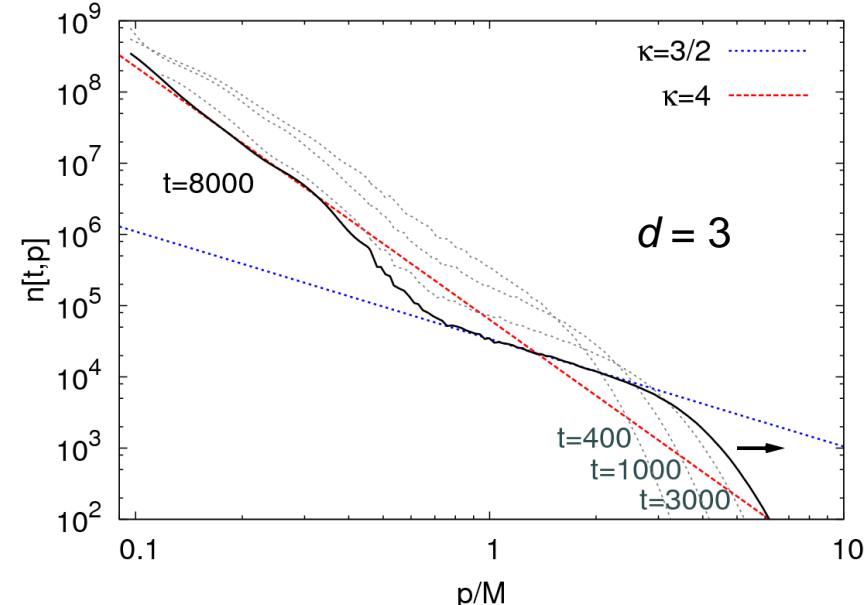
$\rightarrow \kappa = 4$  for  $d = 3$ ,  
 $\kappa = 5$  for  $d = 4$



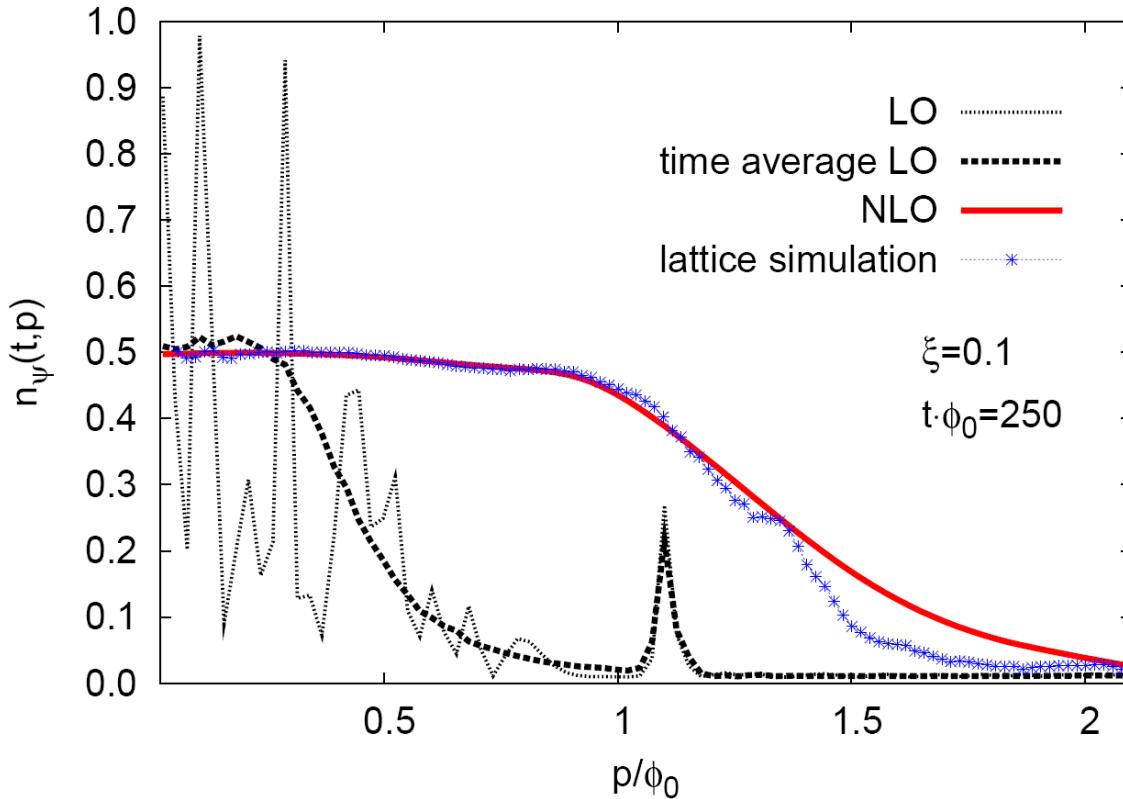
IR

for  $z = 1$  (relativistic),  $\eta = 0$

- Berges, Rothkopf, Schmidt, PRL 101 (2008) 041603,
- Berges, Hoffmeister, NPB 813 (2009) 383,
- Berges, Sexty, PRD 83 (2011) 085004



# Real-time dynamical fermions in 3+1 dimensions!



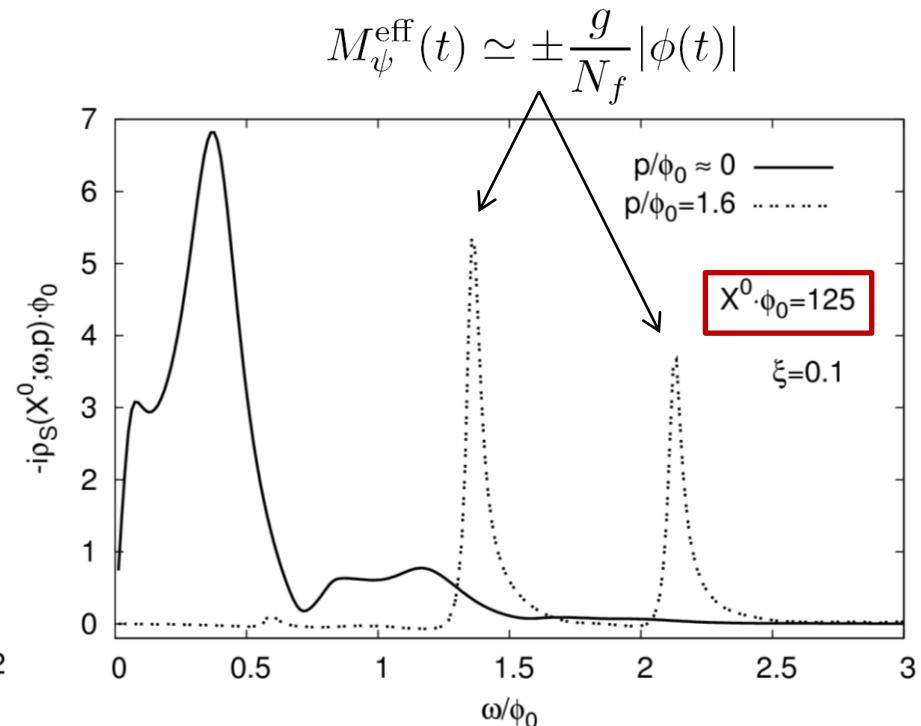
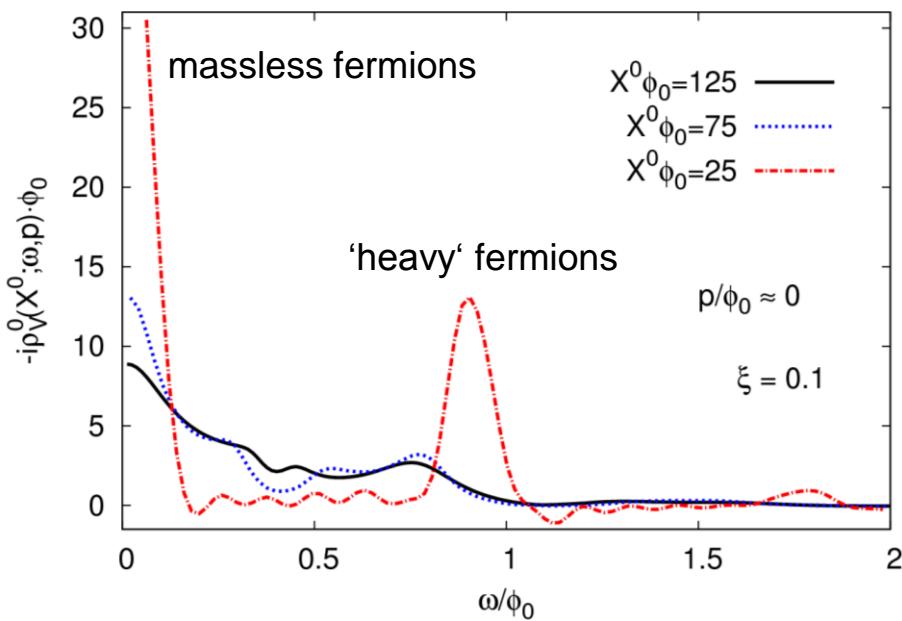
- Wilson fermions on a  $64^3$  lattice      Berges, Gelfand, Pruschke, PRL 107 (2011) 061301
- Very good agreement with NLO quantum result (2PI) for  $\xi \ll 1$   
(differences at larger  $p$  depend on Wilson term  $\rightarrow$  larger lattices)
- Lattice simulation can be applied to  $\xi \sim 1$  relevant for QCD

# Nonequilibrium fermion spectral function

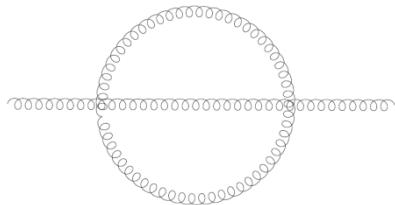
$$\rho(x, y) = i \langle \{\psi(x), \bar{\psi}(y)\} \rangle \quad \begin{array}{c} \nearrow \\ \searrow \end{array} \quad \begin{aligned} \rho_V^\mu &= \frac{1}{4} \text{tr} (\gamma^\mu \rho) && \text{vector components} \\ \rho_S &= \frac{1}{4} \text{tr} (\rho) && \text{scalar component} \end{aligned}$$

quantum field anti-commutation relation:  $-i\rho_V^0(t, t; \mathbf{p}) = 1$

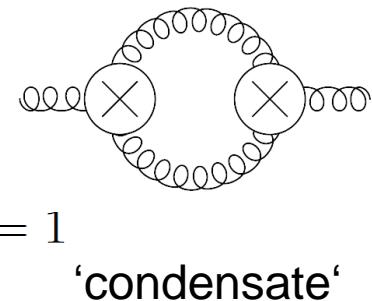
**Wigner transform:** ( $X^0 = (t + t')/2$ )



# Discussion



$$\kappa = \frac{5}{3}, \quad \text{or} \quad \kappa = \frac{4}{3}$$



$$\kappa = \frac{3}{2}, \quad \text{or} \quad \kappa = 1$$

'condensate'

