# A brief overview on the cosmology of bigravity 

## Giulia Cusin

Université de Genève

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Institut Für Theoretische Physik - Heidelberg

## UNIVERSITÉ <br> DE GENĖVE

## Outline

- Why should (can) we modify GR?
- Building a consisted theory of massive gravity: some historical steps
- dRGT massive gravity
- beyond dRGT: bimetric gravity
- cosmology of bigravity

Lovelock theorem (1971)
"The only second order, local, gravitational field equations derivable from an action containing solely the 4D metric tensor (plus related tensors) are the Enstein field equations with a cosmological constant"

$$
R_{\mu \nu}-\frac{1}{2} g_{\mu \nu} R+\Lambda g_{\mu \nu}=0
$$

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> Why should we modify GR?

## Modify GR: why? (1) "Solving" the cosmological constant problem

Supernovae data: universe has recently started accelerating in its expansion
Simplest interpretation:

- cosmological constant term in Einstein equation: $\rho_{V} \sim M_{p}^{2} \Lambda$
- observed value of $\rho_{V}$ for $\Lambda / M_{p}^{2} \sim 10^{-65}$ vs QFT prediction $\Lambda / M_{p}^{2} \sim 1$

Why this discrepancy?

- perhaps GR $+\Lambda$ is not the correct answer...
- late acceleration is not given by (some form of) vacuum energy
- IR modification of gravity is responsible for late-time acceleration

One can "cook-up" many IR modifications which reproduce self-acceleration ex. $E H \leftrightarrow F(R) \ldots$

## Technically natural IR modifications

In which sense IR modifications of GR can solve the cc problem?
Common critic vs modified gravity:

- small value of $\mathcal{H}_{0}$ with respect to $M_{p}$ has to come from somewhere
- best that one can do is to shift the fine-tuning into other parameters

> It is true!
... hope: this small value can be obtained in a "technically natural way"

Why technically naturalness is a good property

- no logical inconsistency in having small parameters (tech. natural or not)
- small \& technically natural: hope $\exists$ classical mechanism driving value $\rightarrow 0$
- small \& technicallynatural: this mechanism is harder to find (quantum?)


## Modify GR: why? (2) Understanding better GR

One of the best ways to understand about a structure: attempt to modify it

- slight modifications of a rigid structure (e.g. a car, a toy, GR)


I understand why the structure has given properties

- deformations of a known structure $\rightarrow$ new structures
ex. massive gravity: Vainhstein mechanism restores GR at solar system scales $\rightsquigarrow$ largely used by model builders (e.g. to shield moduli from extra dimensions)


## Massive gravity: beyond GR, testing GR

Massive gravity: IR mod. of gravity where these points are nicely illustrated
(1) Technically natural acceleration

- force mediated by a massive graviton has Yukawa profile $\sim \frac{1}{r} e^{-m r}$
- choosing $m \simeq \mathcal{H}_{0}$, late time acceleration can be explained
- at low redshift, cosmological constant contribution $\simeq m / M_{p}$
- technically natural choice: $m \rightarrow 0$ diffeomorphism invariance is recovered
(2) Interesting lessons regarding continuity of physical predictions
- modifying IR often messes up UV
- new mechanisms come into play
(e.g. extra dofs must decouple themselves in the limit $m \rightarrow 0$ )


## Struggling to give the graviton a mass

Building a consistent theory of massive gravity is a non-trivial problem: some historical steps in this process...

## Good achievements

- linear Fierz-Pauli MG (1939)
- Vainshtein screening (1970)
- dRGT potential (deRham et al. 2011)


## Problems

- vDVZ discontinuity (van Dam et al. 1970)
- Boulware-Deser ghost (1972)
- cosmologically viable?


## dRGT massive gravity in pills (I)

$$
\begin{aligned}
& S=-\frac{M_{g}^{2}}{2} \int d^{4} x \sqrt{-g}\left[R(g)-2 m^{2} V(g, f)\right]+\int d^{4} x \sqrt{-g} \mathcal{L}_{m}(g, \Phi), \\
& V(g, f)=\sum_{n=0}^{4} \beta_{n} e_{n}(X), \quad X=\sqrt{g^{-1} f},
\end{aligned}
$$

where

$$
\begin{gathered}
e_{0}=\mathbb{I}, \quad e_{1}=[X], \quad e_{2}=\frac{1}{2}\left([X]^{2}-\left[X^{2}\right]\right), \quad e_{3}=\frac{1}{6}\left([X]^{3}-3[X]\left[X^{2}\right]+2\left[X^{3}\right],\right. \\
e_{4}=\frac{1}{24}\left([X]^{4}-6[X]^{2}\left[X^{2}\right]+8[X]\left[X^{3}\right]+3\left[X^{2}\right]^{2}-6\left[X^{4}\right]\right)=\operatorname{det} X .
\end{gathered}
$$

- 5 dofs around every backgrounds $\rightsquigarrow$ good candidate for ghost-free MG!
- Unsatiphactory aspects: $f$ is an external element, cosmology not viable...
$f_{\mu \nu}=\eta_{\mu \nu} \quad$ no flat, nor close FRW solutions. Open solutions unstable
$f_{\mu \nu}=F R W /$ dS ok FRW flat solutions. Instabilities (Higuchi ghosts)
De Felice et al. [1206.2080]

How to overcome the problem?
We modify the theory adding additional degrees of freedom:

- scalar dofs (quasi dilation, mass varying ...) D'Amico et al. [1304.0723]
- tensor dofs (bigravity)


## Hassan-Rosen bigravity

$$
\begin{aligned}
& S=-\int d^{4} x \sqrt{-g}\left[\frac{M_{g}^{2}}{2}\left(R(g)-2 m^{2} V(g, f)\right)+\mathcal{L}_{m}(g, \Phi)\right]-\int d^{4} x \sqrt{-f} \frac{M_{f}^{2}}{2} R(f), \\
& V(g, f)=\sum_{n=0}^{4} \beta_{n} e_{n}(X), \quad X=\sqrt{g^{-1} f}, \quad \text { dRGT potential }
\end{aligned}
$$

The action is invariant under the following rescaling

$$
f_{\mu \nu} \rightarrow \Omega^{2} f_{\mu \nu}, \quad \beta_{n} \rightarrow \Omega^{-n} \beta_{n}, \quad M_{f} \rightarrow \Omega M_{f}
$$

$\rightsquigarrow$ one parameter is redundant. We can choose $M_{*}=M_{f} / M_{g}=1$

It overcomes all the unsatisfactory features of massive gravity:

- the metric $f_{\mu \nu}$ is now a dynamical object
- improved cosmology


## Background solutions

- Homogeneous and isotropic background solutions

$$
\begin{gathered}
d s_{g}^{2}=a^{2}(\tau)\left(-d \tau^{2}+d x_{i} d x^{i}\right), \quad d s_{f}^{2}=b^{2}(\tau)\left(-c^{2}(\tau) d \tau^{2}+d x_{i} d x^{i}\right) \\
H=\frac{\mathcal{H}}{a}=\frac{a^{\prime}}{a^{2}}, \quad H_{f}=\frac{\mathcal{H}_{f}}{b}=\frac{b^{\prime}}{b^{2} c}, \quad r=\frac{b}{a}
\end{gathered}
$$

- Energy-momentum tensor of a perfect fluid coupled with $g_{\mu \nu}$
- Late-time effective $\Lambda$ coming from the coupling between $g$ and $f$

$$
H^{2}=\frac{8 \pi G}{3}\left(\rho+\rho_{g}\right), \quad \rho_{g}=\frac{m^{2}}{8 \pi G}\left(\beta_{3} r^{3}+3 \beta_{2} r^{2}+3 \beta_{1} r+\beta_{0}\right)
$$

- Bianchi constraint can be realized in two ways: two branches

$$
m^{2}\left(\beta_{3} r^{2}+2 \beta_{2} r+\beta_{1}\right)\left(\mathcal{H}-\mathcal{H}_{f}\right)=0
$$

## Algebraic branch

Algebraic branch: Bianchi constraint implemented as

$$
\left(\beta_{3} r^{2}+2 \beta_{2} r+\beta_{1}\right)=0
$$

Background cosmology

- $r=\bar{r}=\mathrm{cnst}$
- GR with effective cosmological constant, $\Lambda_{\text {eff }}=m^{2}\left(\beta_{0}-2 \beta_{3} \bar{r}^{3}-3 \beta_{2} \bar{r}^{2}\right)$

Cosmology of perturbations

- vector and scalar dofs have vanishing kinetic term and non-vanishing mass term
- non-dynamical or strongly coupled? $\rightsquigarrow$ it depends on the non-linear behavior ... $\leadsto$ non perturbative methods needed!


## Dynamical branch

Dynamical branch: Bianchi constraint implemented as

$$
\left(\mathcal{H}-\mathcal{H}_{f}\right)=0
$$

Background cosmology

$$
\begin{aligned}
H^{2} & =\frac{8 \pi G}{3}\left(\rho+\rho_{g}\right), \quad \rho_{g}=\frac{m^{2}}{8 \pi G}\left(\beta_{3} r^{3}+3 \beta_{2} r^{2}+3 \beta_{1} r+\beta_{0}\right) \\
H_{f}^{2} & =\frac{m^{2}}{3}\left(\frac{\beta_{1}}{r^{3}}+\frac{3 \beta_{2}}{r^{2}}+\frac{3 \beta_{3}}{r}+\beta_{4}\right)
\end{aligned}
$$

Cosmology of perturbations

- are cosmological perturbation stable? for which choice of parameters?
- "natural" choice is to consider $\beta_{n} \simeq 1$ and $M_{*}=1$ (through rescaling)


## Dynamical branch: stability analysis

Following set of independent equations for the background

$$
\left.\begin{array}{c}
c=\frac{\mathcal{H} r+r^{\prime}}{\mathcal{H} r}, \\
\rho_{m}=M_{p}^{2} m^{2}\left(\frac{\beta_{1}}{r}-3 \beta_{1} r+\beta_{4} r^{2}\right)-\rho_{r}, \\
\frac{r^{\prime}}{r}=\frac{-9 \beta_{1} r^{2}+3 \beta_{1}+3 \beta_{4} r^{3}+r M_{p}^{-2} m^{-2} \rho_{r}}{3 \beta_{1} r^{2}+\beta_{1}-2 \beta_{4} r^{3}} \mathcal{H} \\
\mathcal{H}^{2}=a^{2} m^{2} \frac{\beta_{1}+\beta_{4} r^{3}}{3 r}
\end{array}>\text { we can extract value } r\left(\tau_{0}\right)\right)
$$

$M_{*}=1$

finite branch: gradient exponential instabilities in the scalar sector $\forall \beta_{i}$
infinite branch: no exponential instabilities in the scalar sector for $\beta_{1} \beta_{4}$ model

Koennig et al. [1407.4331]

## The most promising model: $\beta_{1} \beta_{4}$ model

Infinite branch

- $\beta_{1} \beta_{4}$ free of exponential instabilities
- from a first analysis, this model seems promising

Further investigations give G.C. et al. [1412.5979], Lagos et al. [1410.0207], G.C. et al. [1505.0109]

- violation of the Higuchi bound in the tensor sector (but not problematic)
- violation of the Higuchi bound in the scalar sector: big problem!


## Primordial scalar ghost!

in the absence of a mechanism to modify the scalar sector in the UV the sub model is ruled out...

## How to avoid gradient instabilities in the finite branch?

In the finite branch:

- Higuchi bound can be satisfied for proper choices of parameters
- gradient exponential instabilies

Is there a way to avoid gradient exponential instabilities?

## Ways out

- $m^{2} \gg m_{e f f}^{2}=m^{2} \lambda\left(\beta_{n}\right) \simeq \mathcal{H}_{0}^{2}$
- $M_{*}=M_{f} / M_{g} \rightarrow 0$


## Features

- fine-tuned (bare) parameters
- technically natural acceleration
- Bigravity=GR+ $\mathcal{O}(\ldots)$
de Felice et al. [1404.0008]

$$
\begin{gathered}
m_{e f f}^{2}=m^{2} \lambda\left(r, \beta_{n}\right) \\
\mathcal{H}_{0}^{2} \quad \text { big } \quad \text { fine-tuned }
\end{gathered}
$$

## Main features

- $m^{2}$ coupling term parametrically large
- $m_{\text {eff }}^{2}=m^{2} \lambda\left(\beta_{n}, r\right) \simeq \mathcal{H}_{0}^{2}$
- constrained parameters in order to avoid singularities/Higuchi instabilities


## Resulting cosmology

- effective cosmological constant (technically natural)
- in the finite branch, gradient instabilities pushed to unobservable scales
- model indistinguishable from $\Lambda C D M$ (graviton oscillations?)


## $M_{*}=M_{f} / M_{g} \rightarrow 0$

Akrami et al. [1503.07521]

$$
M_{*}=M_{f} / M_{g} \rightarrow 0
$$

Main features

- $M_{f} \ll M_{g}$
- this condition after the rescaling writes $M_{*}=1, \beta_{n} \gg 1$ and $\beta_{n+1} \gg \beta_{n}$


## Resulting cosmology

- effective cosmological constant (technically natural)
- in the finite branch, gradient instabilities pushed to unobservable scales
- a small $M_{*}$ increases the cut-off $\Lambda_{3} \rightarrow\left(m^{2} M_{p} M_{*}^{-1} \mathcal{O}\left(\beta_{n}\right)\right)^{1 / 3}$
- model indistinguishable from $\Lambda C D M \rightsquigarrow$ Bigravity $=\mathrm{GR}+\mathcal{O}\left(M_{*}^{2}\right)$


## Dynamical branch $\left(\mathcal{H}_{f}-\mathcal{H}\right)=0$

Infinite branch

- $\beta_{1} \beta_{4}$ free from gradient instabilities
- ... but it is affected by scalar Higuchi ghost (primordial)
- can we modify the scalar sector in the UV to get rid of the ghost?

Finite branch is affected by gradient instabilities

- pushing instabilities at unobservable scales: $m^{2} \gg m_{\text {eff }}^{2} \simeq \mathcal{H}_{0}^{2}$
- pushing instabilities at unobservable scales: $M_{f} \ll M_{g}\left(\beta_{n} \gg 1, M_{*}=1\right)$
- in both cases: Bigravity $=\mathrm{GR}+\mathcal{O}(\ldots)$

Algebraic branch $\left(\beta_{3} r^{2}+2 \beta_{2} r+\beta_{1}\right)=0$

- background $\Lambda$ CDM-like
- perturbation problematic (strongly coupled dofs? non-dynamical dofs?)


## Alternative approaches

Doubly coupled bigravity Akrami et al. [1306.0004], Gumrukcuoglu et al. [1501.02790]

- dynamical branch: scalar ghost instabilities and vector gradient instabilities
- algebraic branch: no ghost instabilities, gradient instabilities?

Non-FRW background Nersisyan et al. [1502.03988]

Other modifications

- varying mass
- Lorentz violation
- ...


## Elegance is a matter of writing things properly (sometimes)

Sometimes a theory seems complicated only because we do not understand which is the proper way to write it

Classical example: Maxwell equations

$$
\begin{aligned}
& \oiint_{\partial \Omega} E \cdot d S=\frac{1}{\epsilon_{0}} \iiint \rho d V \\
& \oiint_{\partial \Omega} B \cdot d S=0 \\
& \oint_{\partial \Sigma} E \cdot d l=-\frac{d}{d t} \iiint^{2} B \cdot d S \\
& \int_{\partial \Sigma} B \cdot d l=\mu_{0} \iint_{\Sigma} j \cdot d S+\mu_{0} \epsilon_{0} \frac{d}{d t} \iint_{\Sigma} E \cdot d S
\end{aligned}
$$

$$
\partial_{\mu} F^{\mu \nu}=j^{\nu}, F_{[\alpha, \beta \gamma]}=0
$$

Modified gravity

$$
\leftrightarrow \quad ?
$$

## Thank you!

## Elegance is a matter of writing things properly (sometimes)

Sometimes a theory seems complicated only because we do not understand which is the proper way to write it

Classical example

$$
\begin{aligned}
& \nabla \cdot E=\frac{\rho}{\epsilon_{0}} \\
& \nabla \cdot B=0 \\
& \nabla \times E=-\frac{\partial B}{\partial t} \\
& \nabla \times B=\mu_{0}\left(j+\epsilon_{0} \frac{\partial E}{\partial t}\right)
\end{aligned}
$$

$$
\partial_{\mu} F^{\mu \nu}=0, F_{[\alpha, \beta \gamma]}=0
$$

Modified gravity ?

$$
M_{*}=M_{f} / M_{g} \rightarrow 0
$$

Let us go back to the rescaling

$$
f_{\mu \nu} \rightarrow \Omega^{2} f_{\mu \nu}, \quad \beta_{n} \rightarrow \Omega^{-n} \beta_{n}, \quad M_{f} \rightarrow \Omega M_{f}
$$

The choice $\Omega=M_{f} / M_{g}$ is completely meaningful, but it picks up a particular region of parameter space which may not capture all physically meaningful situations.

In particular $M_{f} / M_{g} \rightarrow 0$ will look extremely odd after the rescaling.
the region $M_{*} \rightarrow 1$ was not considered in the first scan of the parameter space. Is this viable cosmologically?

