

Workshop „Balancing Professional Aspirations with Personal Life“
 2015 September 25 – 26, Kurhaus Trifels
 Organisation und Kursbegleitung Dr. Friedrich Ahuis

Friday 25	
trainer	Diplom. Psych. Klaus Sanger, career coach, Koln
10:00-12:30	1. How to find job opportunities outside of academia 1.1 Answering Ads <ul style="list-style-type: none"> - in newspapers, magazines - on company websites - on internet job boards 1.2 Social Media <ul style="list-style-type: none"> - Xing - LinkedIn 1.3 Recruitment agencies/headhunters 1.4 Unsolicited applications 1.5 Networking
12:30-13:30	<i>lunchtime</i>
13:30-15:00	2. Your Personal Commercial
15:30-16:00	<i>coffee break</i>
16:00-18:00	3. Your resume and cover letter 4. The interview
18:00	<i>dinner</i>
Saturday 26	
trainers	Alice Reinecke, Team Almut Probst Organisational consulting, training, coaching Daniella Schweitzer, Kanzlerin Hochschule Karlsruhe
9:00-12:30	Challenge compatibility: Profession, privacy, personality <ul style="list-style-type: none"> • Career Development - career anchor from E. Schein • Test – Self-Diagnosis
12:30-13:30	<i>lunchtime</i>
13:30-15:00	<ul style="list-style-type: none"> • Exercise • Time management • Life balance
15:00-15:30	<i>coffee break</i>
15:30-16:45	<ul style="list-style-type: none"> • Woman at Work and the Will to Lead

17:00

Feedback and end of the workshop