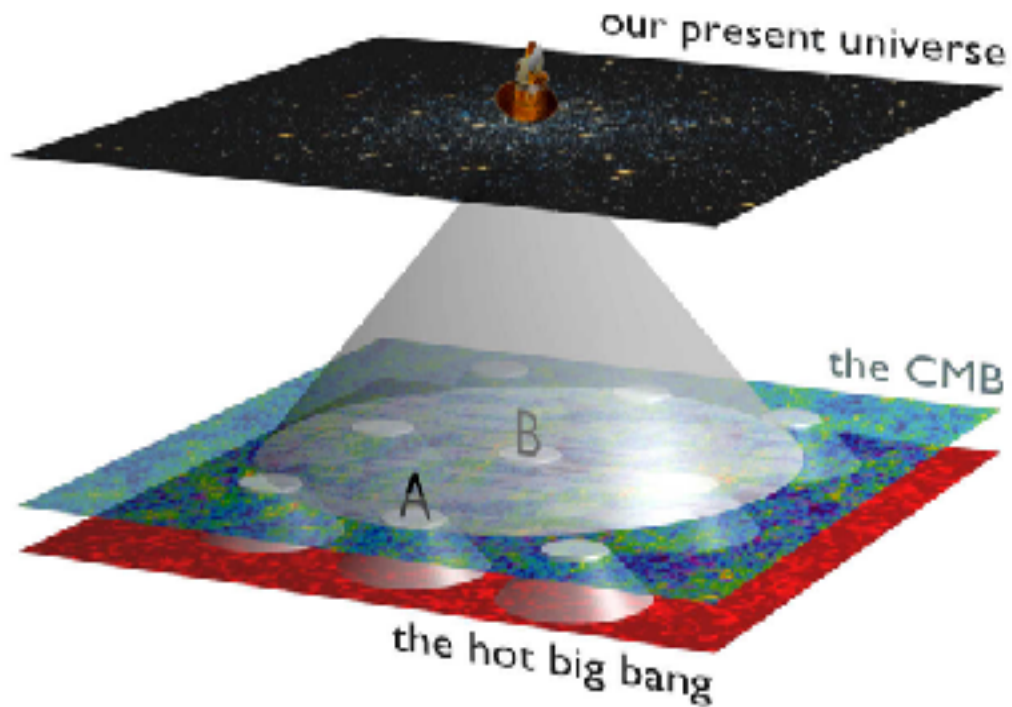
The background of the slide is a visualization of a gravitational wave. It features a complex, swirling pattern of blue and orange colors, with a central red-orange spot. Overlaid on this pattern is a grid of small, black, diagonal line segments that represent the strain of the gravitational wave as it passes through space.

Gravitational waves and new physics

Anastasiia Filimonova, Sascha Leonhardt, Thomas Rink

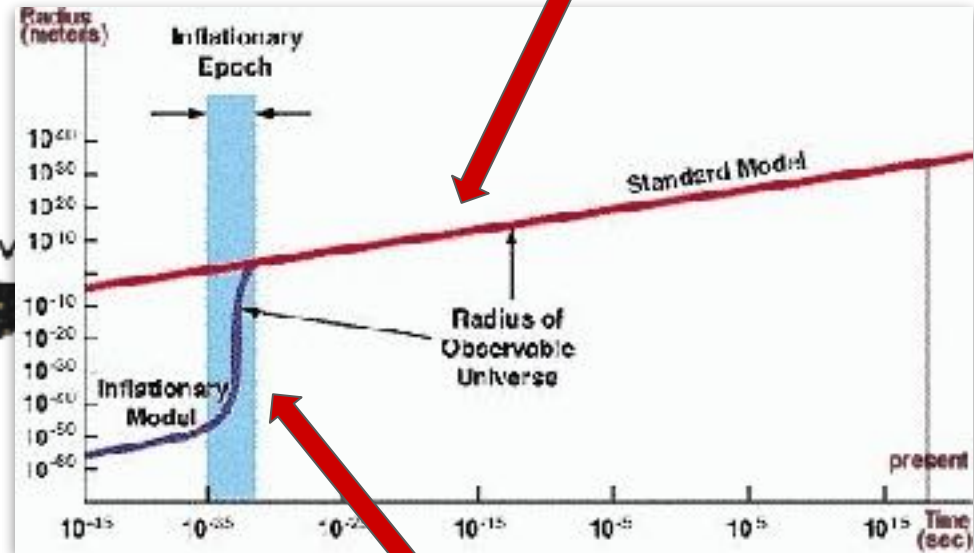
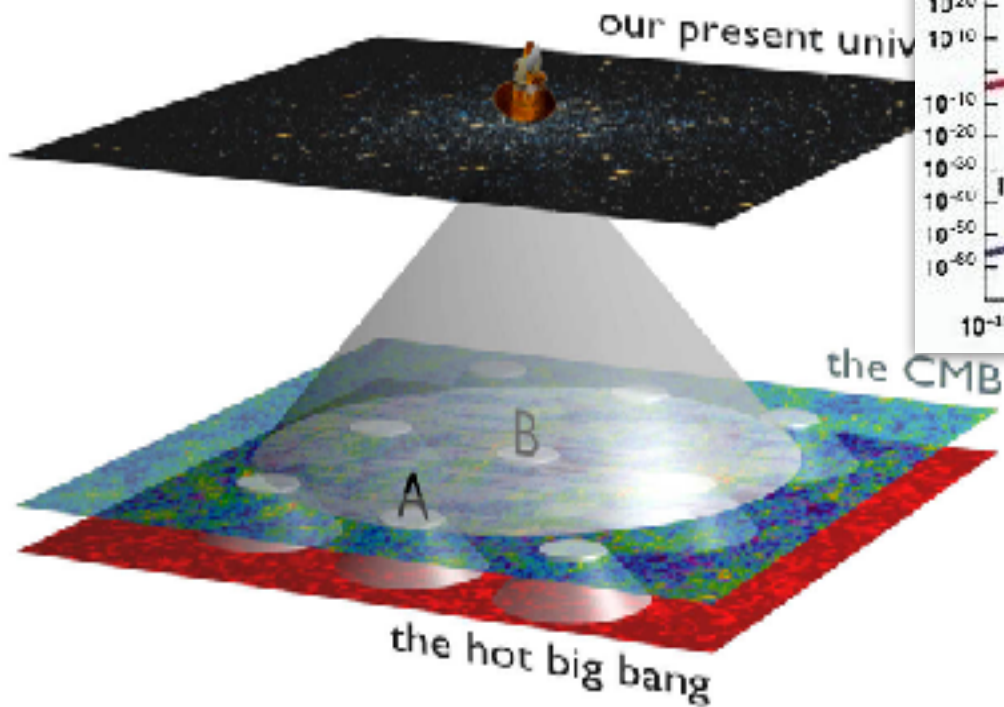
Horizon problem

$$ds^2 = a(\tau)^2(-d\tau^2 + d\mathbf{x}^2)$$



Horizon problem

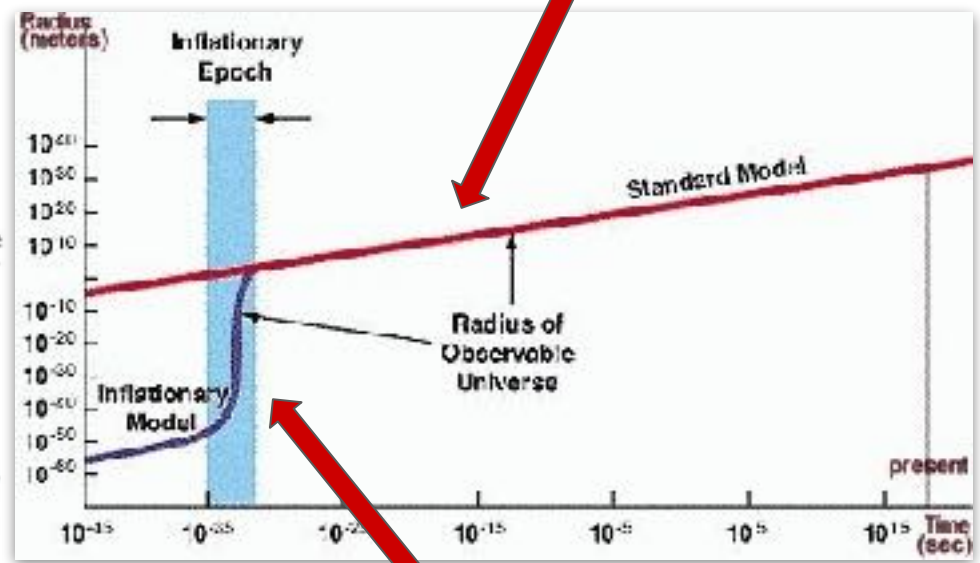
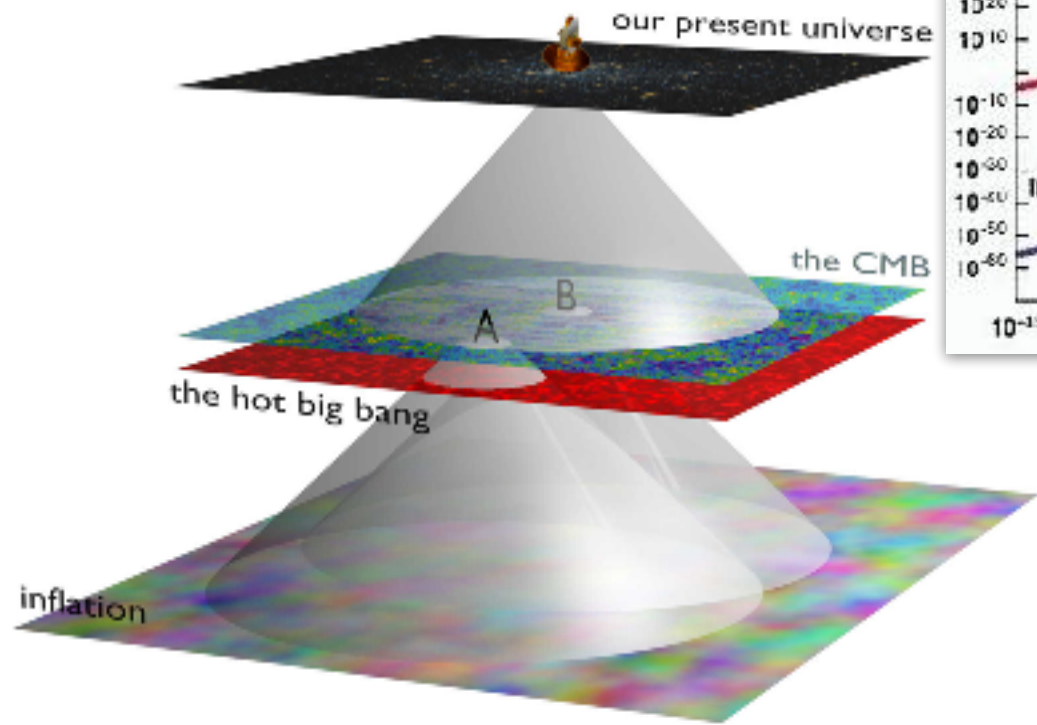
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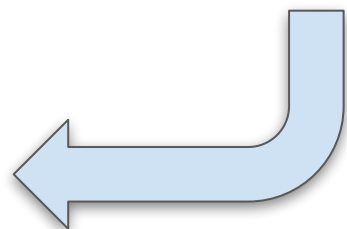
$$a \propto e^{Ht}$$

Horizon problem

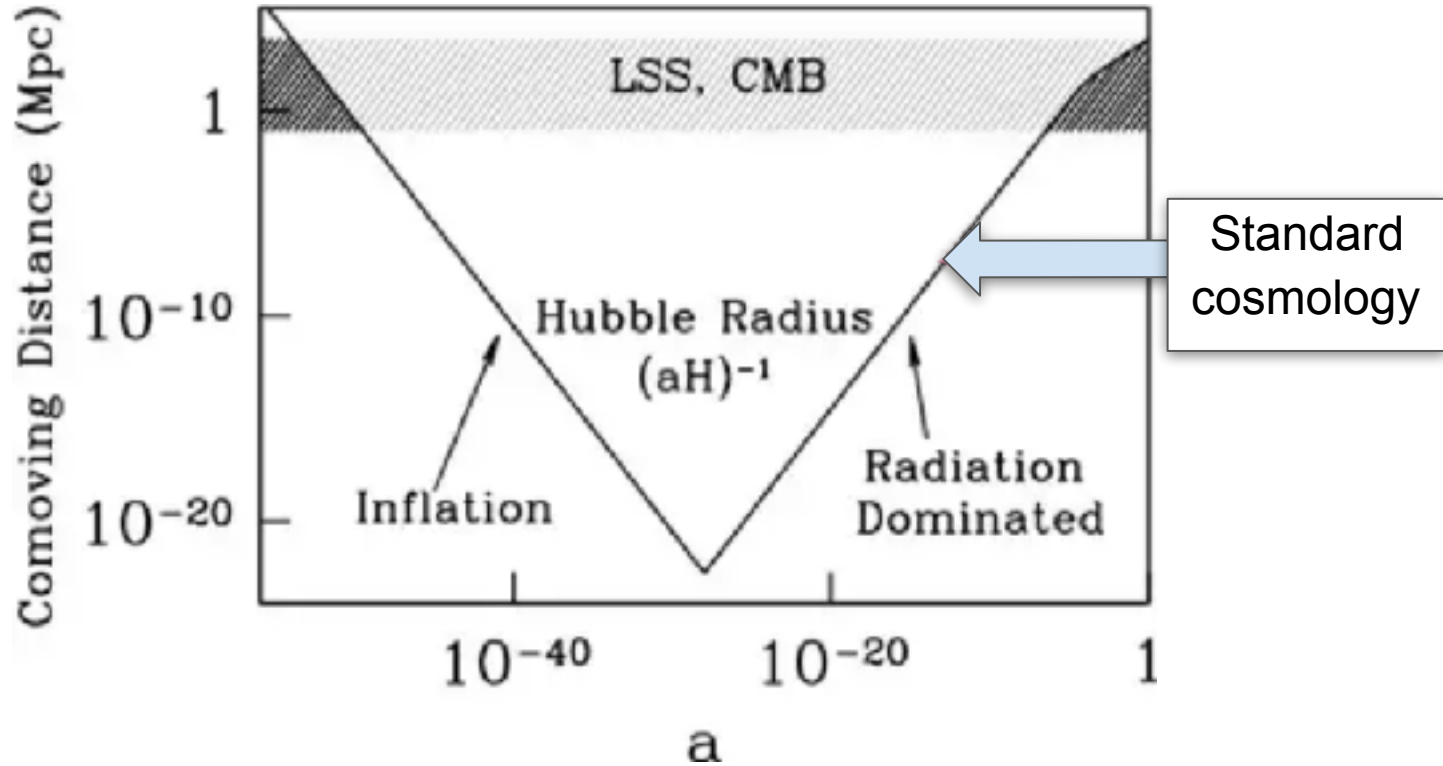
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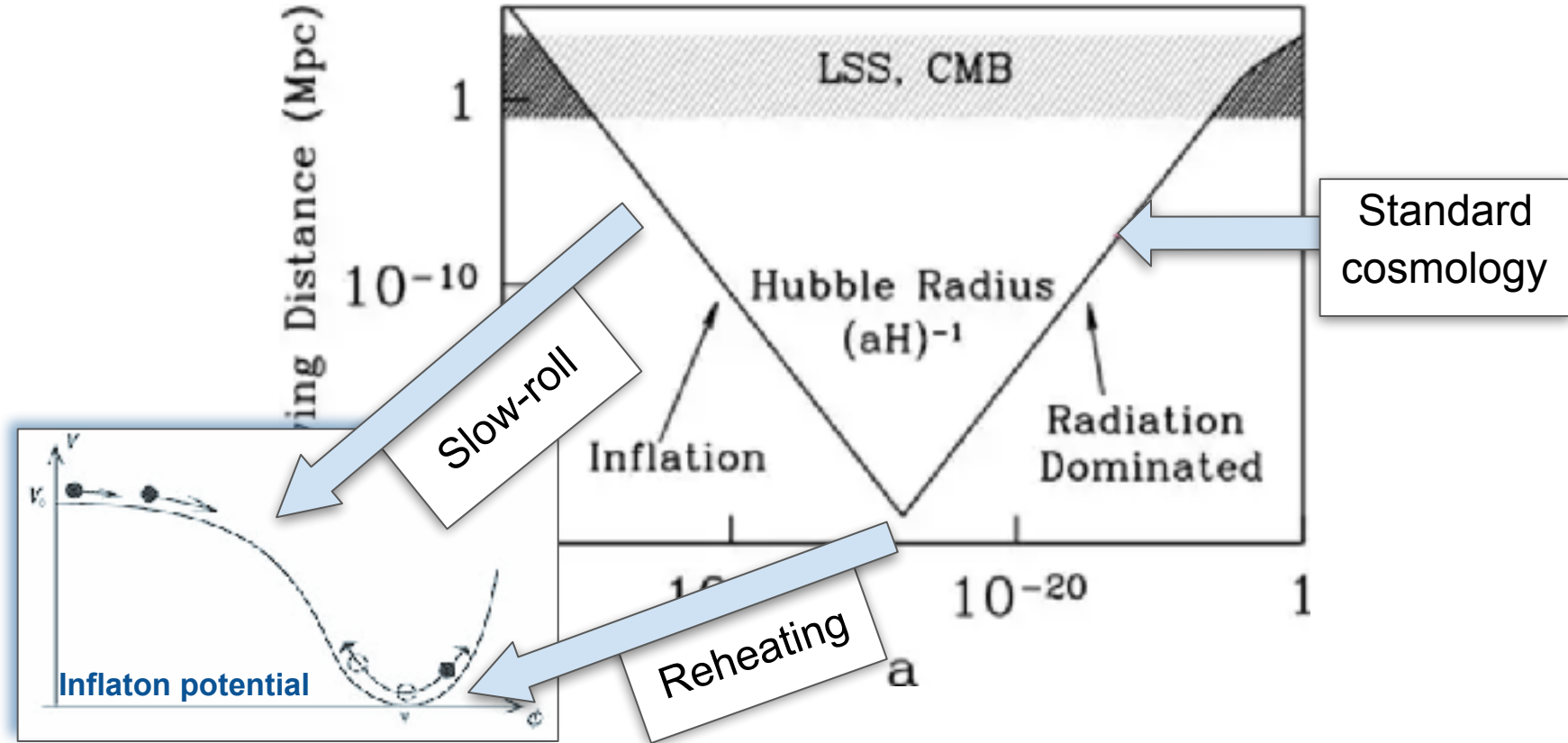
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Evolution of the horizon

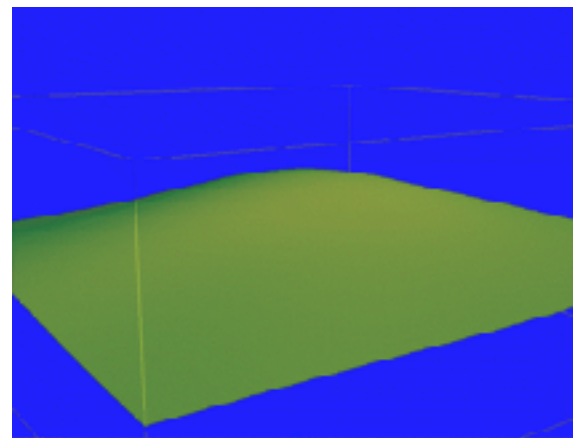


Evolution of the horizon



Quantum fluctuations

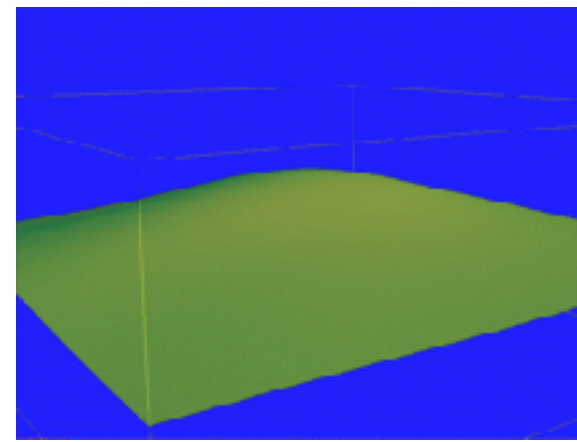
Quantum fluctuations



Quantum fluctuations

- **Scalar perturbations:** curvature perturbations induced by spatial fluctuation in scalar field.

$$\text{Power spectrum: } \Delta_r^2(k) = \frac{k^3}{2\pi^2} \langle |R_k|^2 \rangle$$



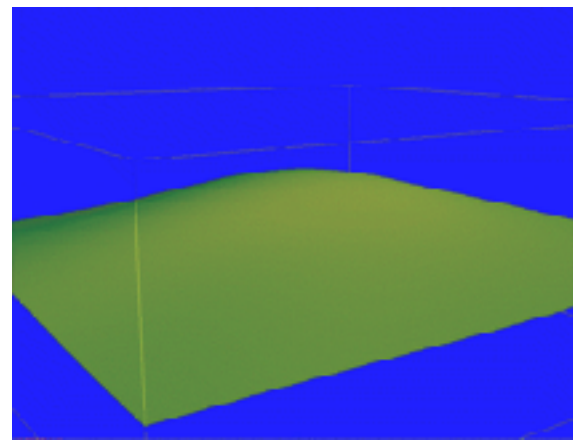
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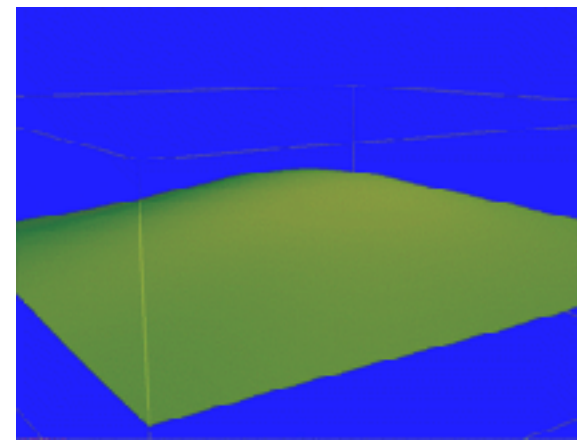
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Tensor-to-scalar ratio
(normalized amplitude)

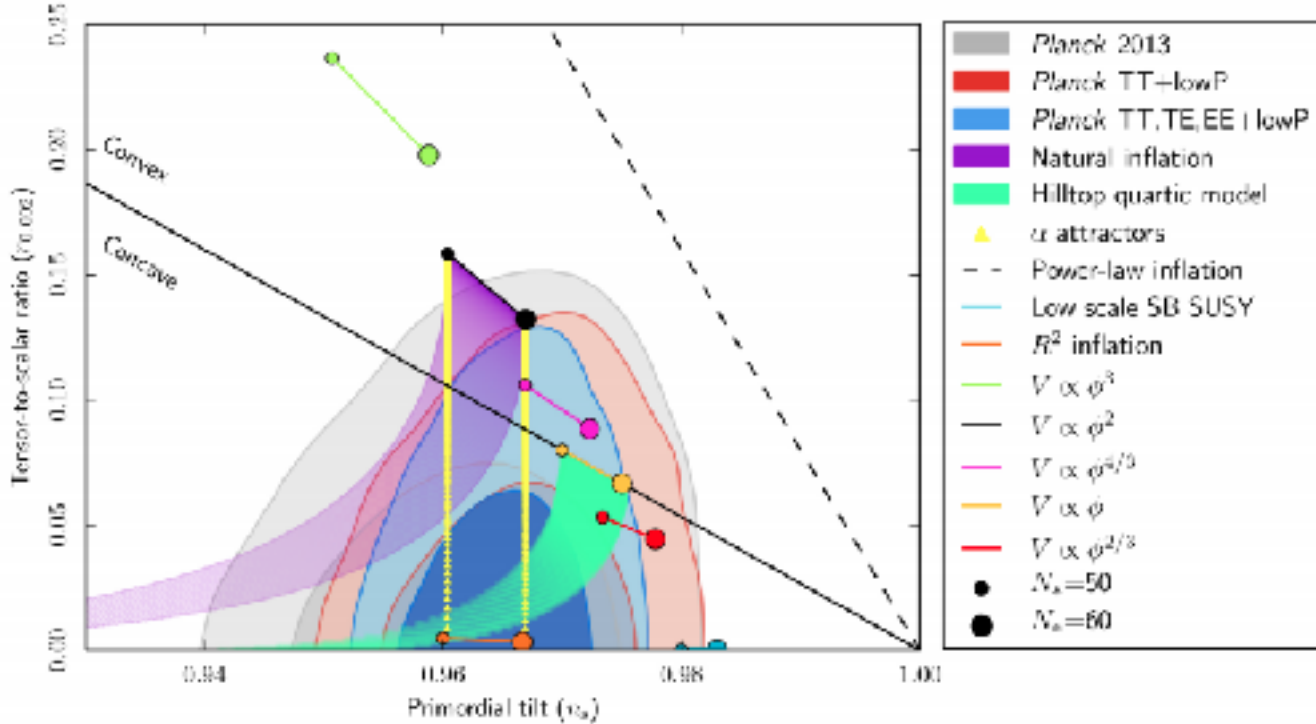
$$r \equiv \frac{\Delta_h^2(k)}{\Delta_R^2(k)} \simeq \left(\frac{V}{[2 \times 10^{16} \text{ GeV}]^4} \right)$$

($\Delta_R^2(k)$ is known from $\langle T^2(k) \rangle$, $H^2 \propto V$)

Quant

- **Scalar**
by spa

Test your favourite model!



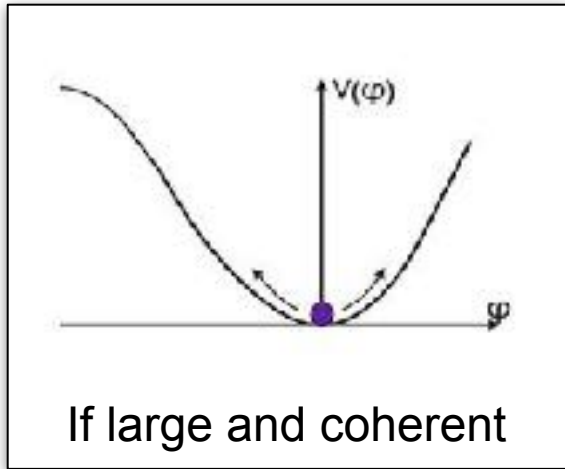
ratio
(tude)

$$\left(\frac{V}{[6 \text{ GeV}]^4} \right)$$

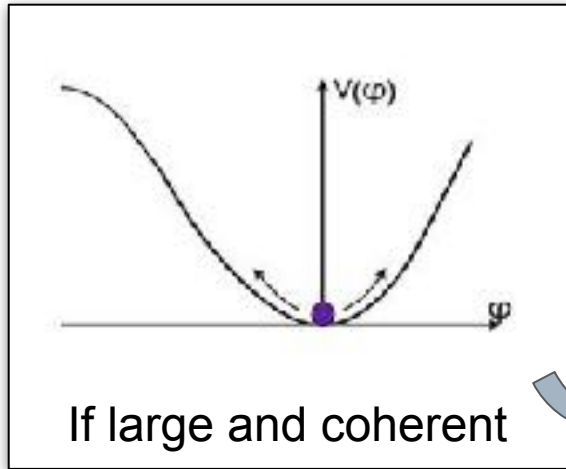
$$\langle k \rangle, H^2 \propto V)$$

Also classical production possible!

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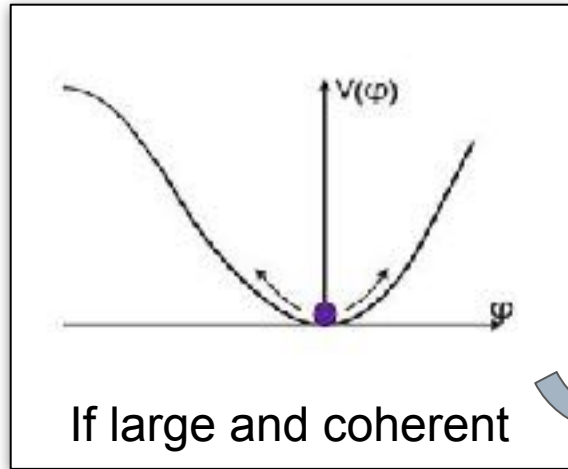


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Non-perturbative
processes

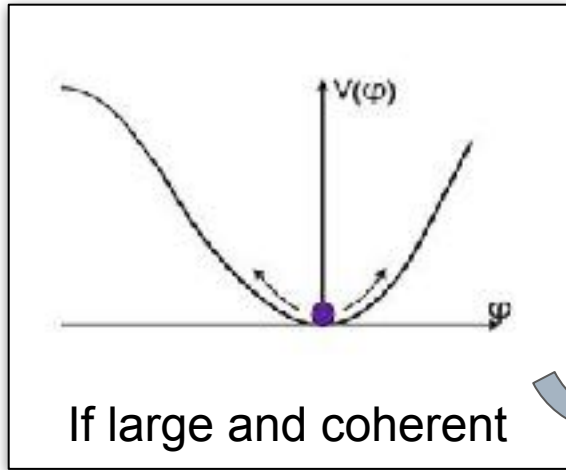
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Non-perturbative processes

Time-dependent inhomogeneities in the energy-density.

Also classical production possible!



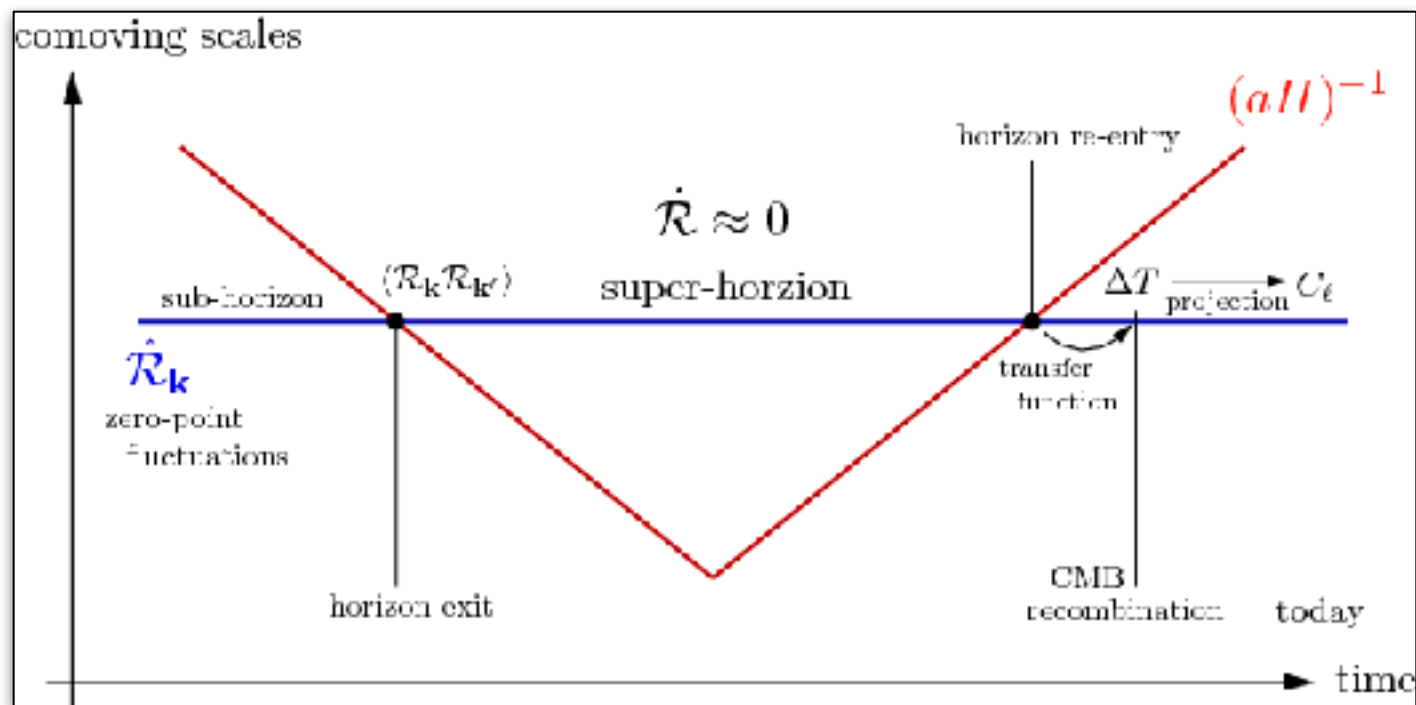
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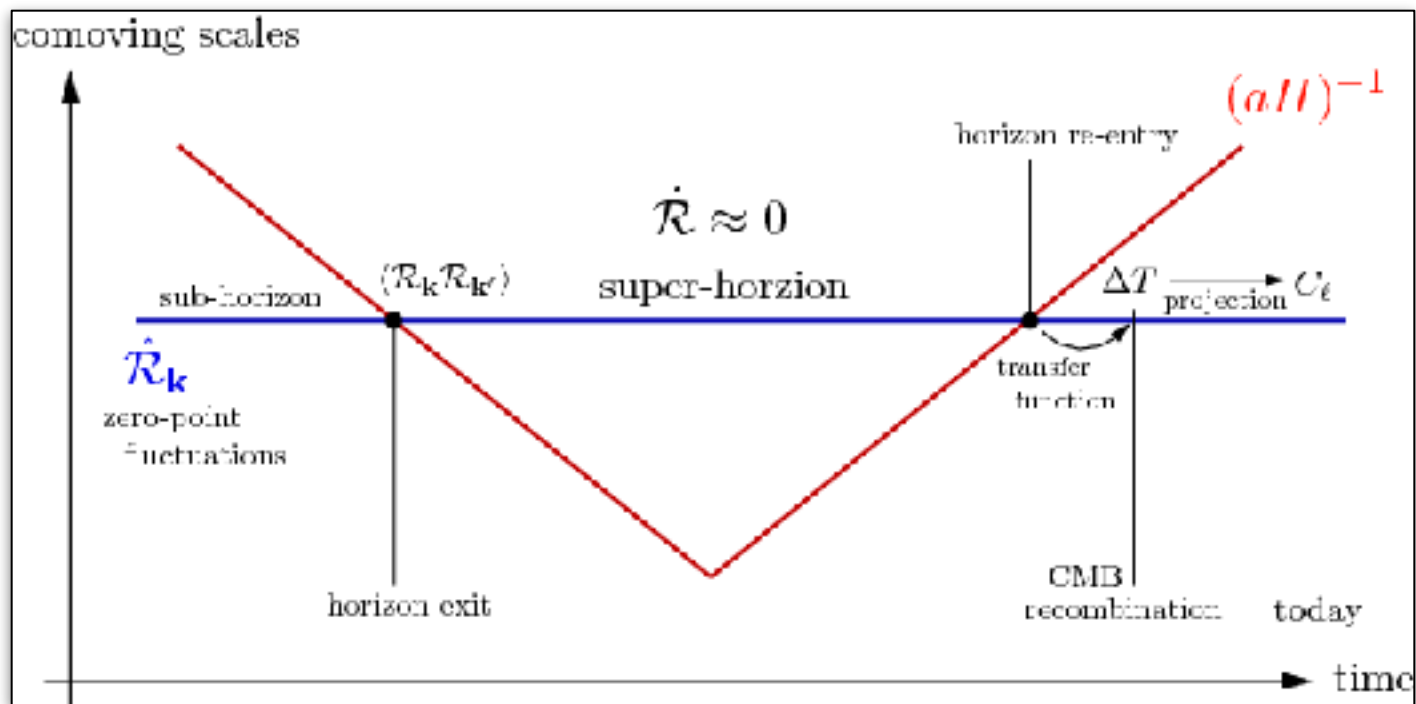
Non-trivial quadrupole moments.

Why interesting?

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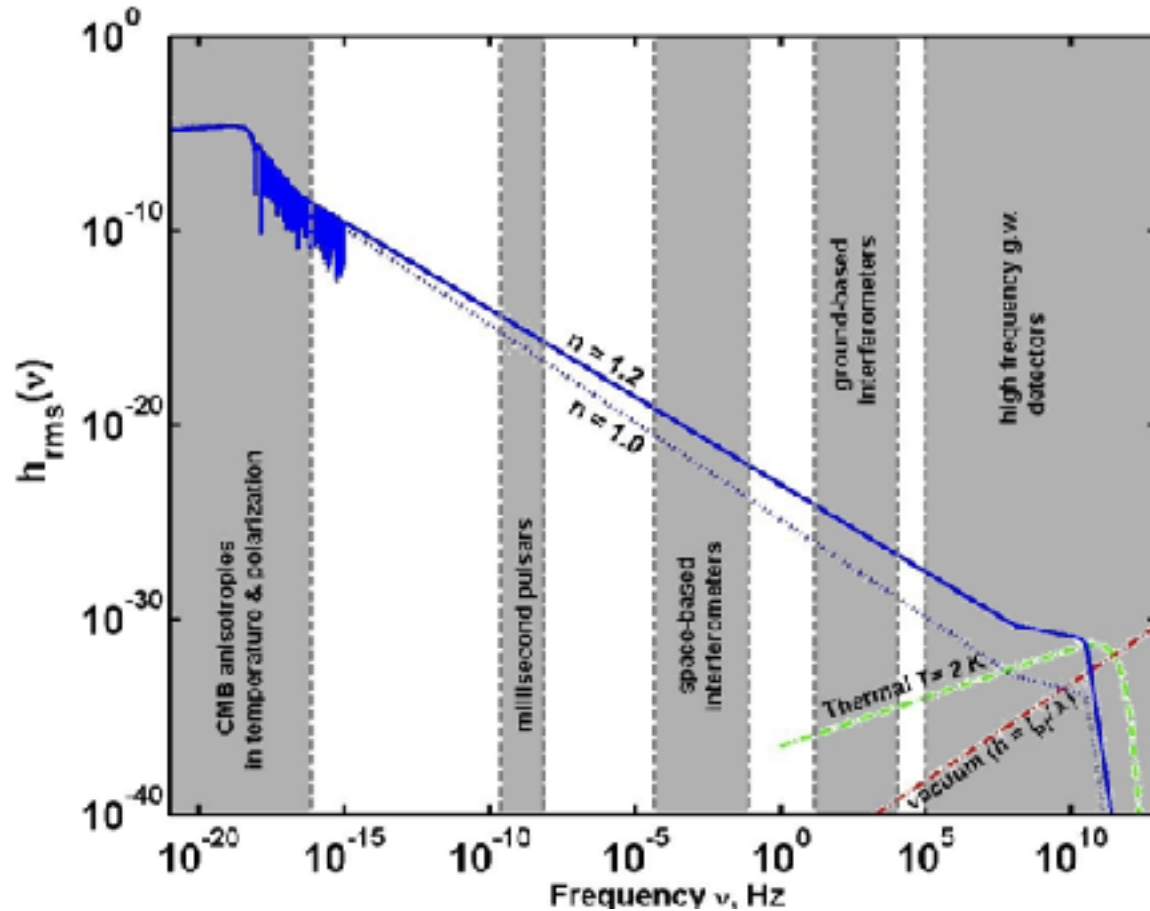


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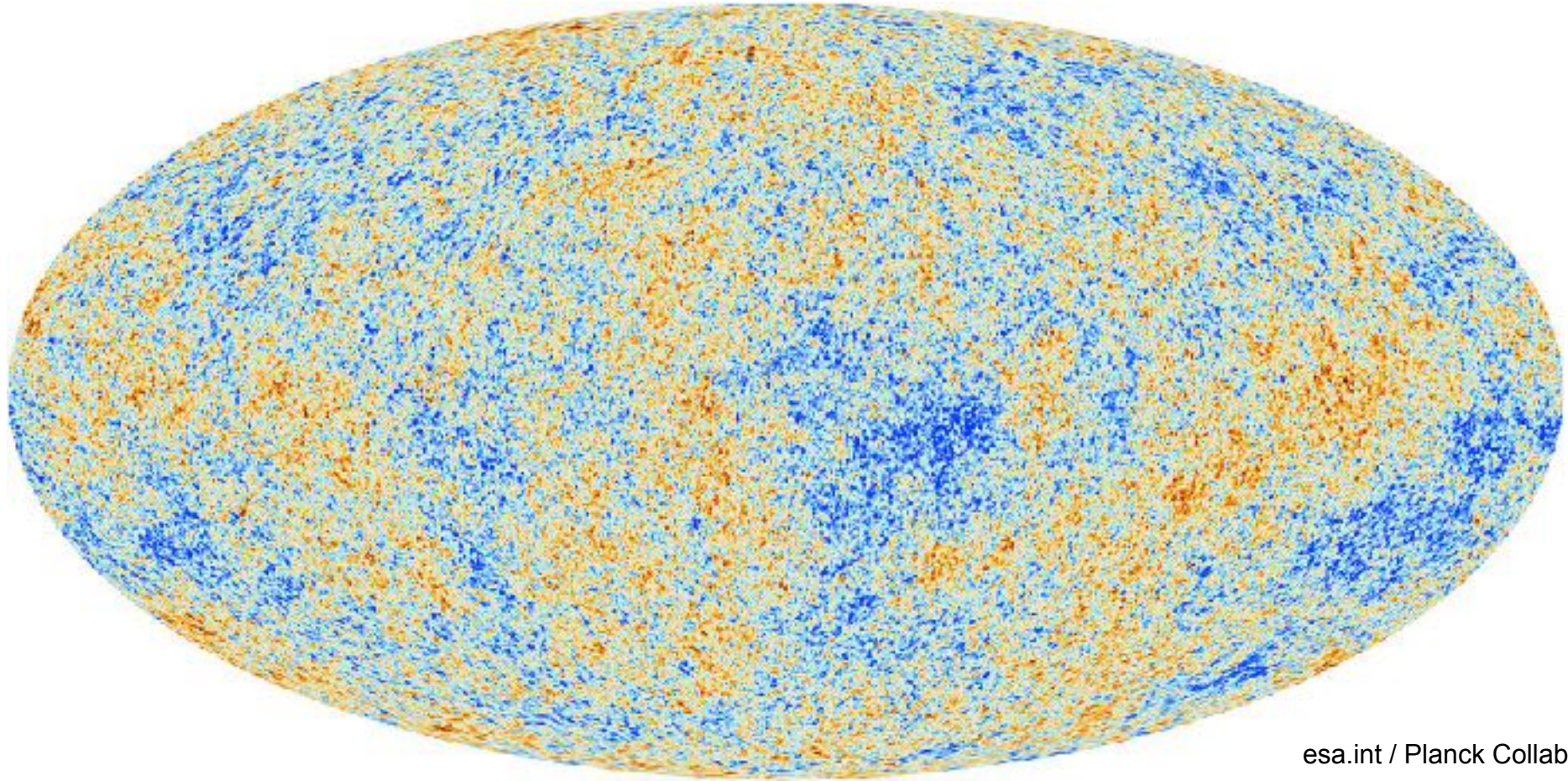


Model-independent evidence of inflation!

A small motivation for indirect detection



The CMB - A Screenshot of Primordial Gravitational Waves



GWs CMB

- primordial GWs **too faint to detect directly**
- GWs generate anisotropies in the matter distribution
- at the time of decoupling this results in anisotropies of CMB
- indistinguishable from (more dominant) scalar quantum fluctuations
- however: **B-mode** polarization of CMB is **unique to GWs!**
- power of B-polarized CMB waves (in inflationary low frequency band) gives tensor-to-scalar ratio r

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Detection of B-modes proves existence of primordial GWs!

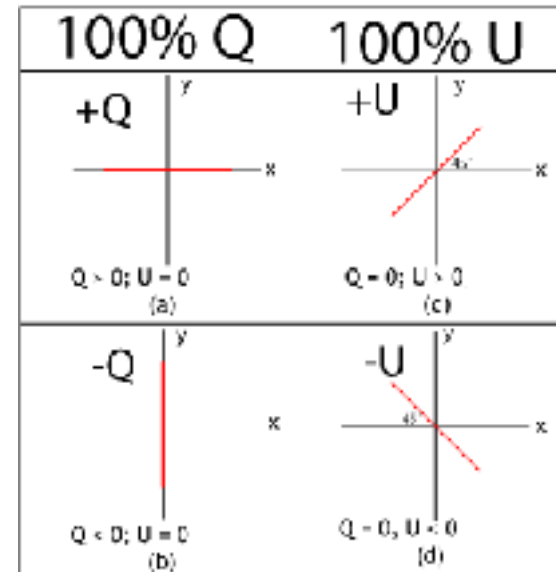
What are E- and B-Modes?

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- Information in CMB: temperature $T(\hat{n})$ and polarization as function of position $\hat{n} = (\theta, \phi)$
- Polarization measured by symmetric, traceless tensor:

$$\mathcal{P}_{ab}(\hat{n}) = \begin{pmatrix} Q(\hat{n}) & U(\hat{n}) \\ U(\hat{n}) & -Q(\hat{n}) \end{pmatrix}$$

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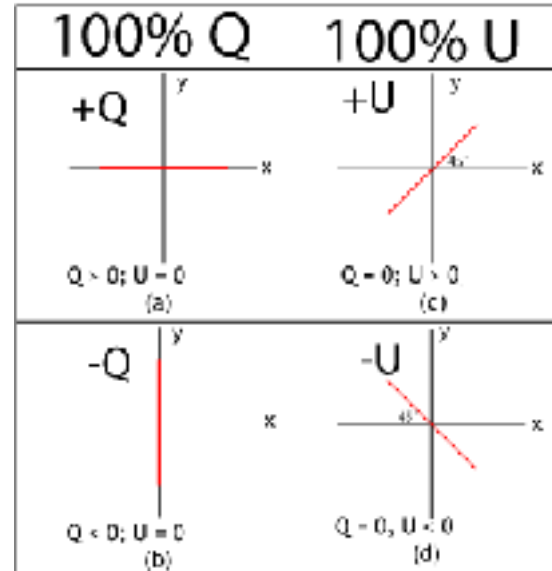
- Just like $V_a = \nabla_a E + \epsilon_{ab} \nabla_b B$ we decompose

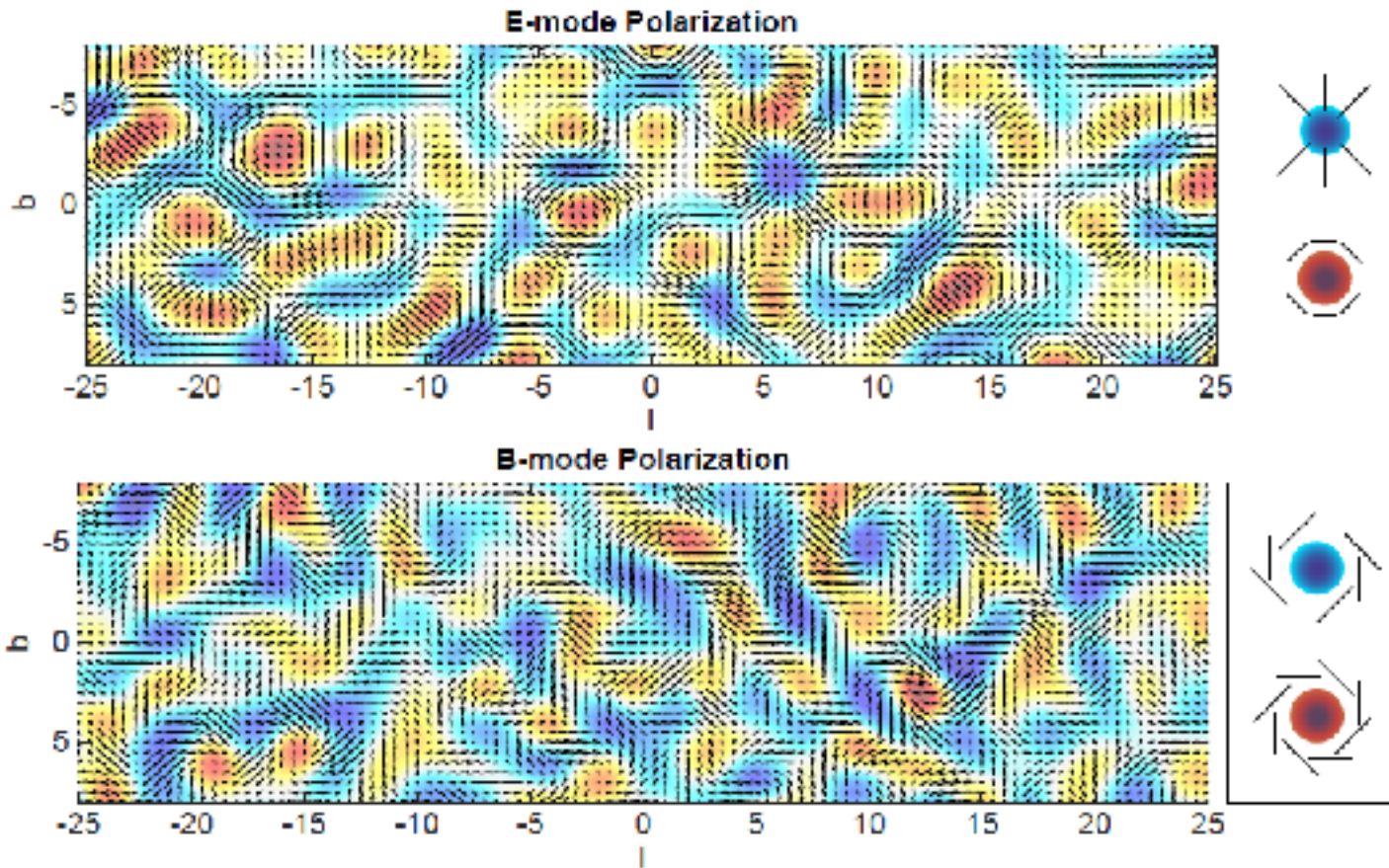
$$\mathcal{P}_{ab} = \nabla_a \nabla_b E + \epsilon_{ac} \nabla_b \nabla_c B$$

(+ symmetrization - trace),

where $E(\hat{n})$ is “the **gradient**” and $B(\hat{n})$ is “the **curl**”

$Q(\hat{n})$ and $U(\hat{n})$





Anisotropies in CMB induce two types of polarization:
gradient E- and curl B-modes

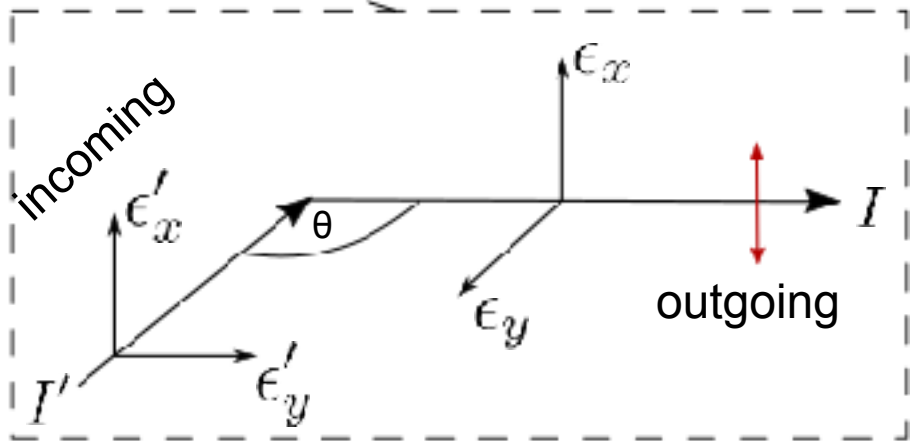
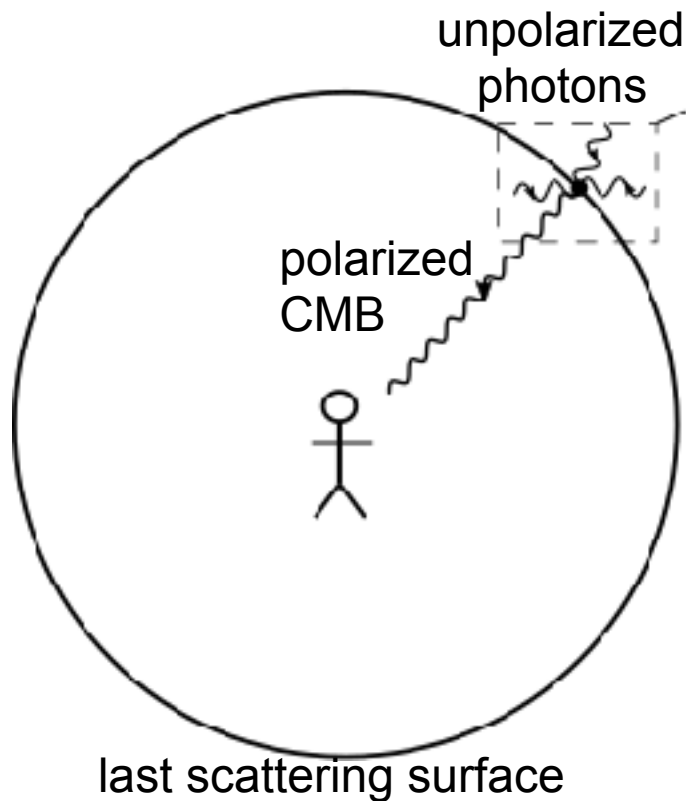
Reminder: Thomson Scattering

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$$\frac{I}{I' \Delta\Omega} = \frac{d\sigma}{d\Omega} = \frac{3\sigma_T}{8\pi} |\hat{\epsilon}' \cdot \hat{\epsilon}|^2$$

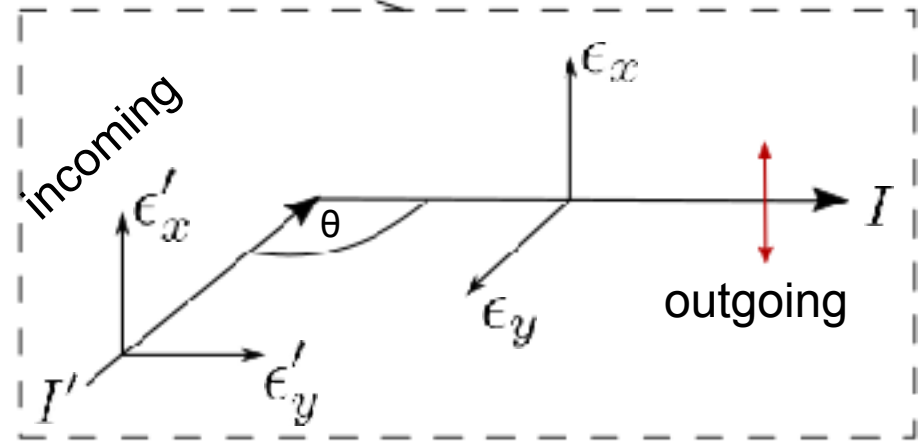
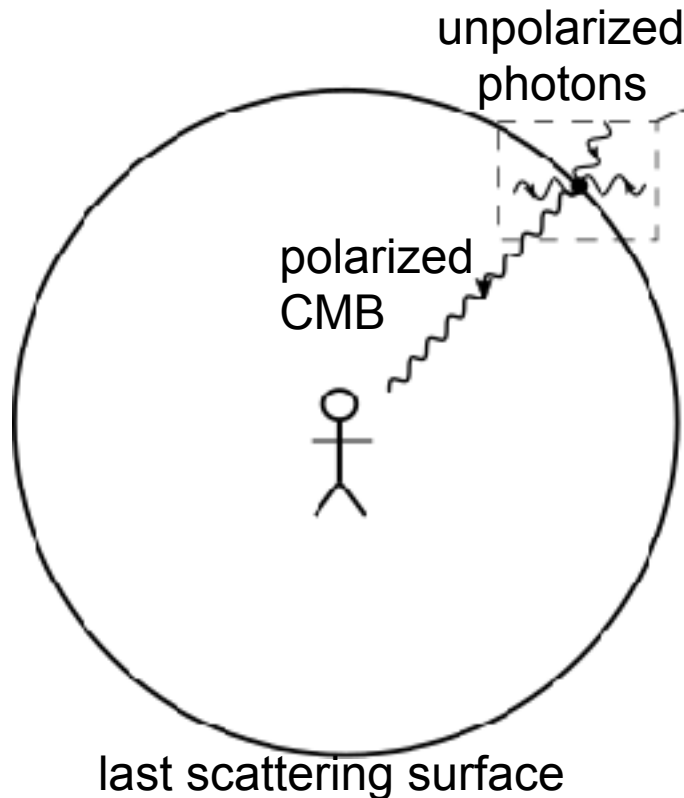
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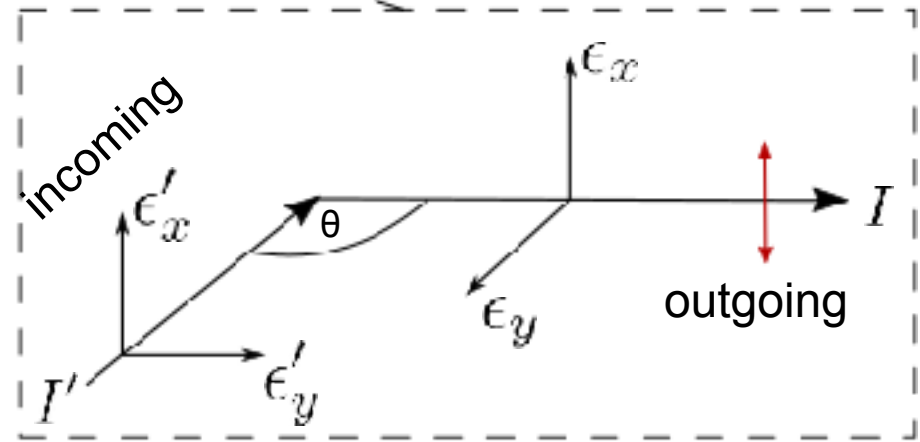
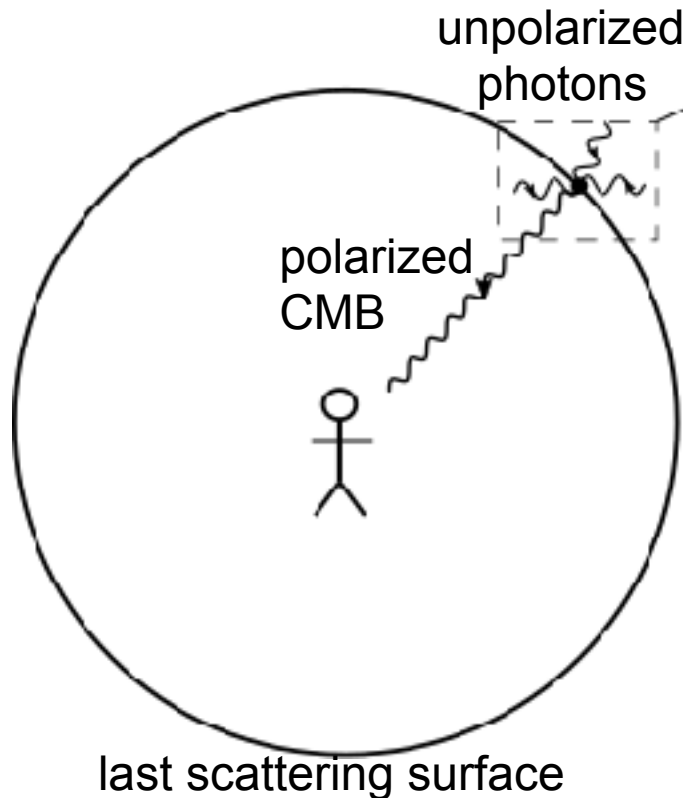
$$I_x^2 + I_y^2 = I = \frac{3\sigma_T}{16\pi} I' (1 + \cos^2(\theta)) d\Omega$$

$$I_x^2 - I_y^2 = Q = \frac{3\sigma_T}{16\pi} I' \sin^2(\theta) d\Omega \neq 0$$

$$U = \dots$$

Reminder: Thomson Scattering

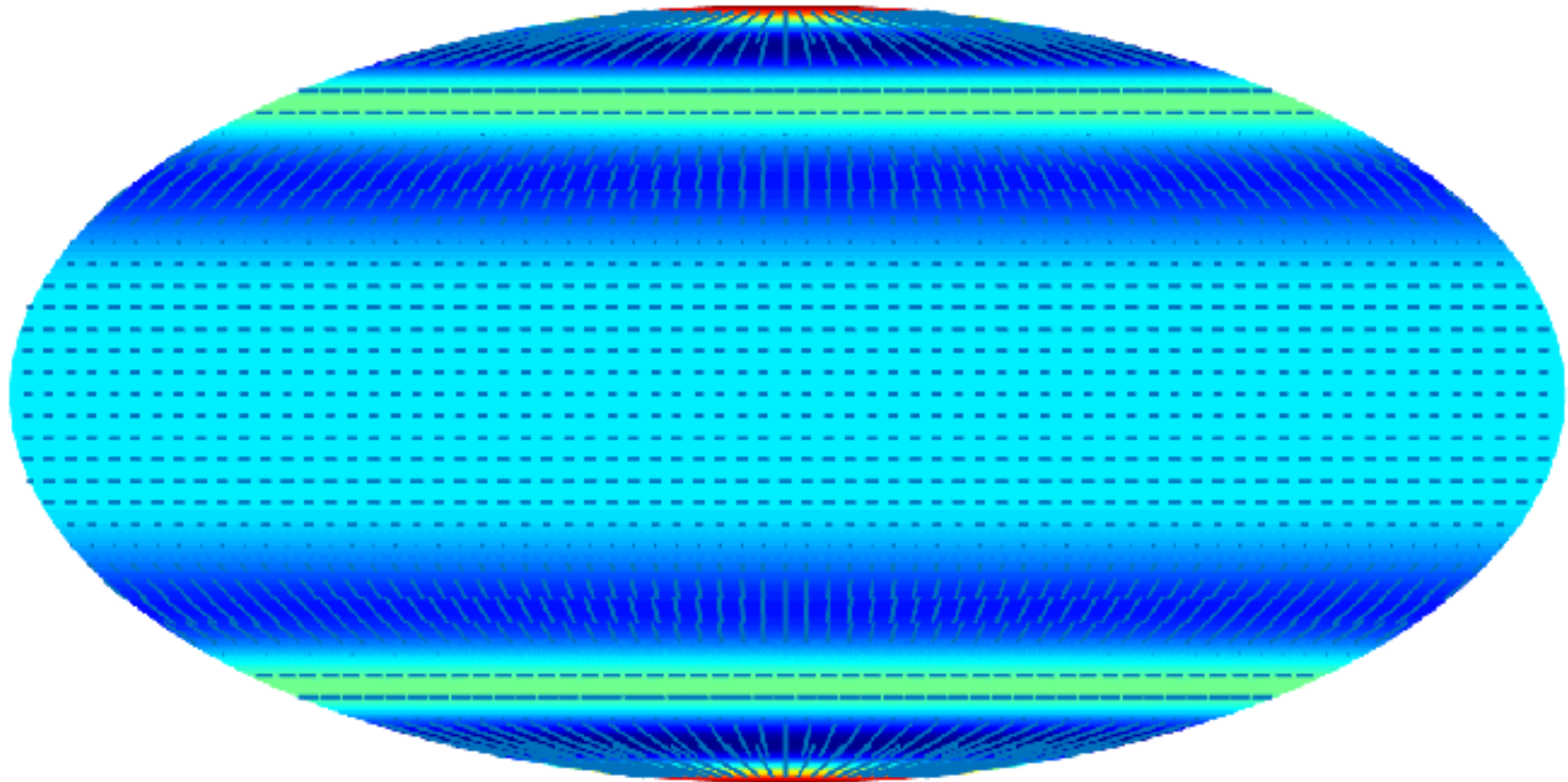
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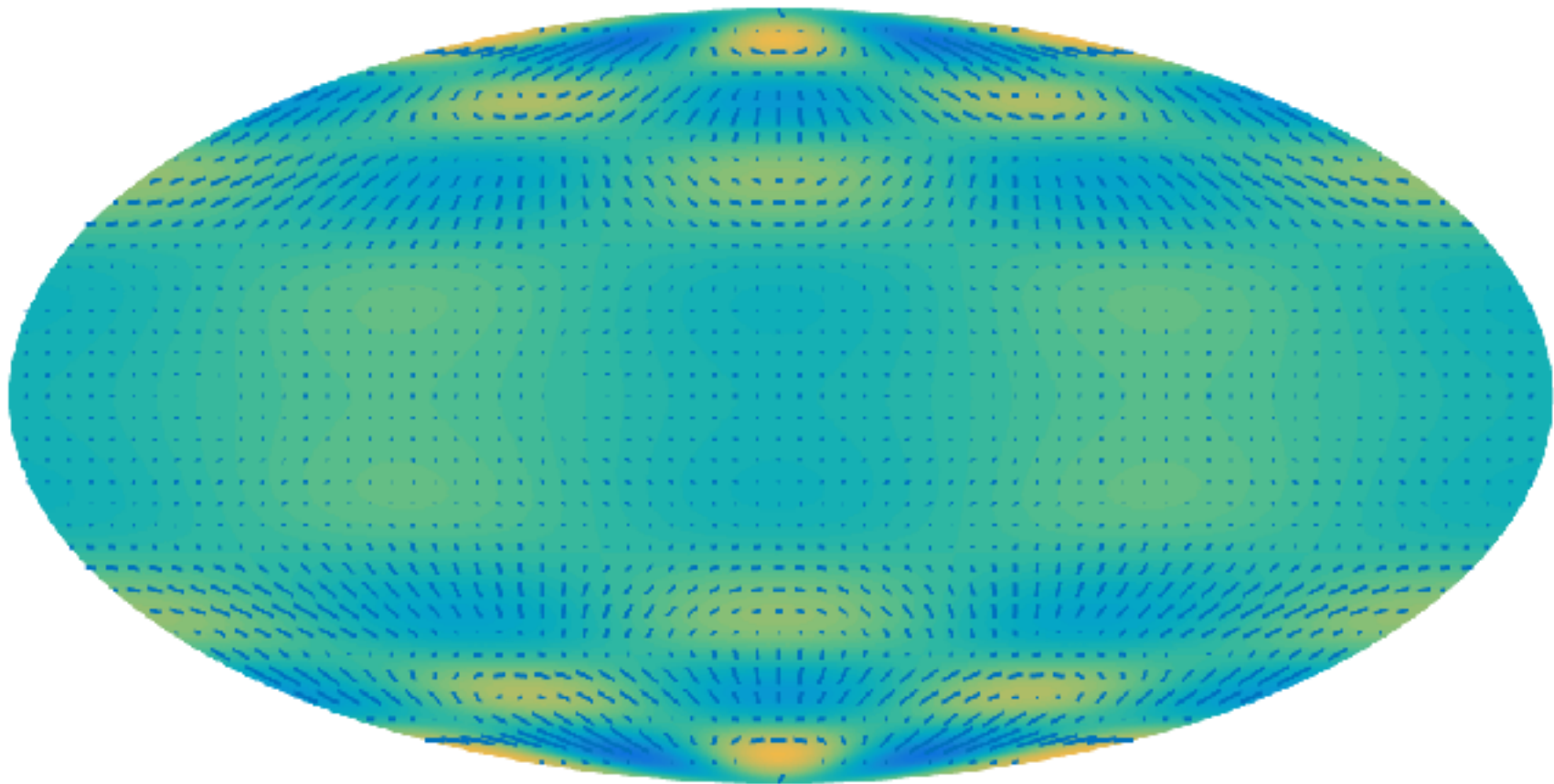
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CMB with a monochromatic scalar perturbation



CMB with a monochromatic GW

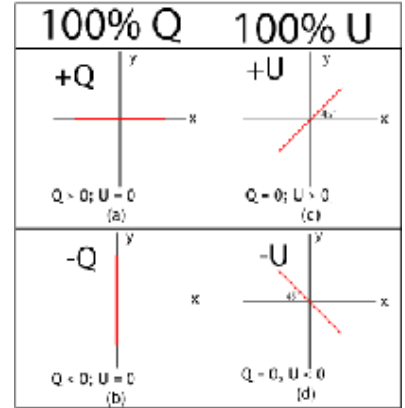
Why are B-Modes only generated by GWs?

(qualitatively)

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- from the picture we read off that $Q(\hat{n})$ is an even and $U(\hat{n})$ is an odd function under $\mathbb{P} = \{x \rightarrow -x\}$
- with this one checks that $E(\hat{n})$ is even and $B(\hat{n})$ is odd
- since scalar perturbations give rise to (even) scalar functions like $T(\hat{n})$ they cannot source $B(\hat{n})$

(qualitatively)



E-mode
(grad)



B-mode
(curl)



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- consider x-polarized GW:

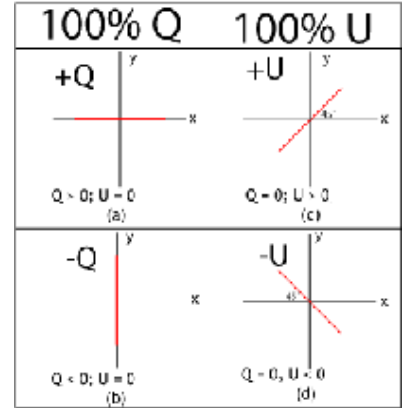
$$ds^2 = -dt^2 + dx^2 + dy^2 + dz^2 + 2h_x dx dy$$

$$\xrightarrow{\mathbb{P}} -dt^2 + dx^2 + dy^2 + dz^2 - 2h_x dx dy$$

read off: amplitude h_x is odd under parity!

- **GWs are odd** and can therefore source B-modes!

(qualitatively)



E-mode
(grad)



B-mode
(curl)



Why are B-Modes only generated by GWs? (quantitatively)

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- any anisotropy in spatial photon power density creates \mathcal{P}' polarization:

$$Q(\hat{n}) - iU(\hat{n}) \propto \int d\theta' d\phi' \sin^2 \theta' e^{2i\phi'} I'_{(1)}(\hat{n}, \theta', \phi')$$

- can be decomposed into E- and B-modes after plugging into and into **spherical harmonics**

$$Y_{lm}(\theta, \phi)$$

$$\mathcal{P}_{ab}$$

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find: **B-modes only sourced by GWs** $\propto Y_{22}$
- difficulty:** B-mode creation after decoupling via gravitational **lensing**

What we learn about GWs

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- spectrum of GWs extracted from B-modes **test theories of primordial GWs**, this not only includes GWs from fluctuations during inflation, but also phase transitions* (eternal inflation, EW phase transition)
- correlations larger than horizon at the time of decoupling are a test of inflation

*see Thomas' talk

What we learn about GWs

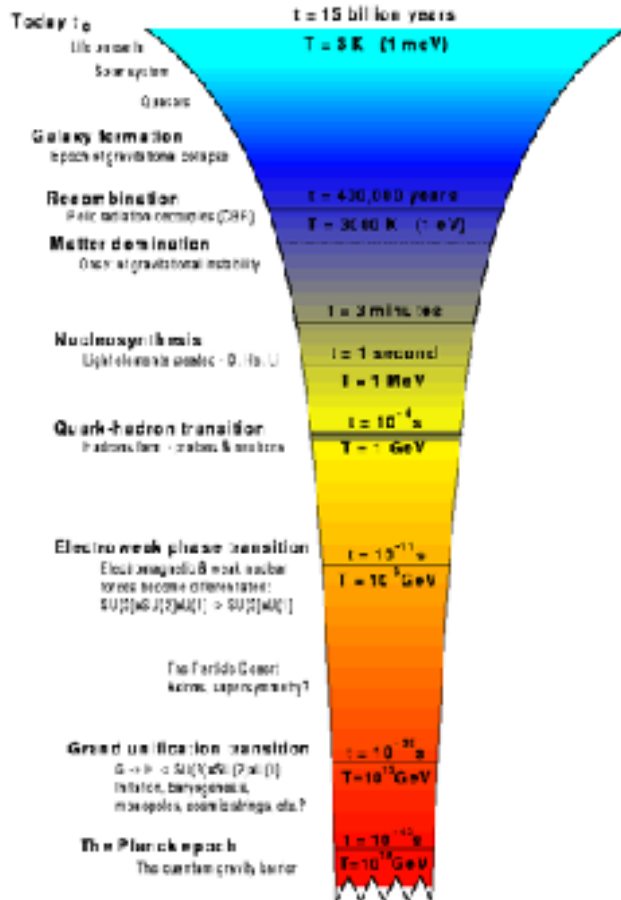
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What we learn about our Universe today

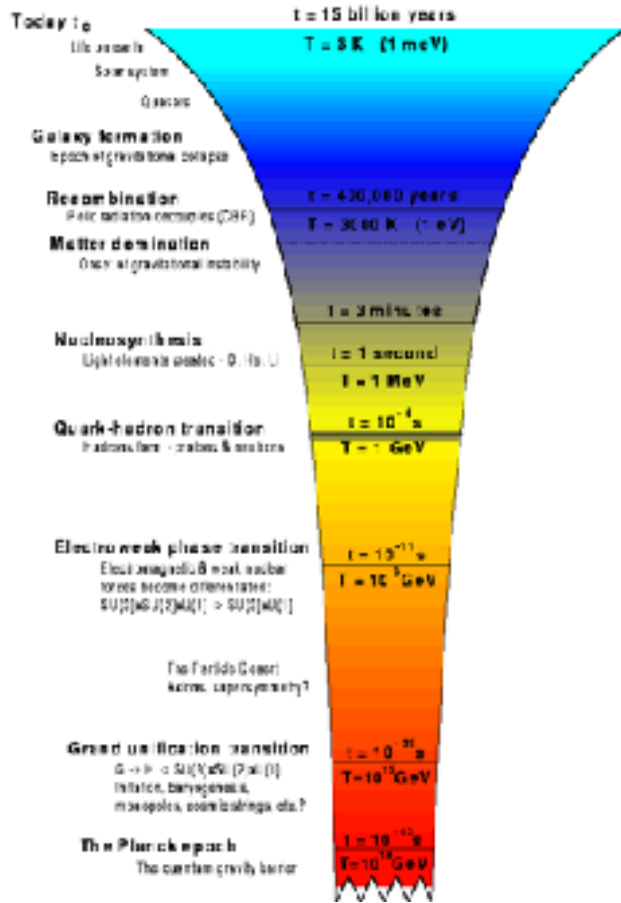
- we also learn about where and how much **dust** is in the universe, see BICEP2

*see Thomas' talk

Phase transitions in the early Universe



Phase transitions in the early Universe

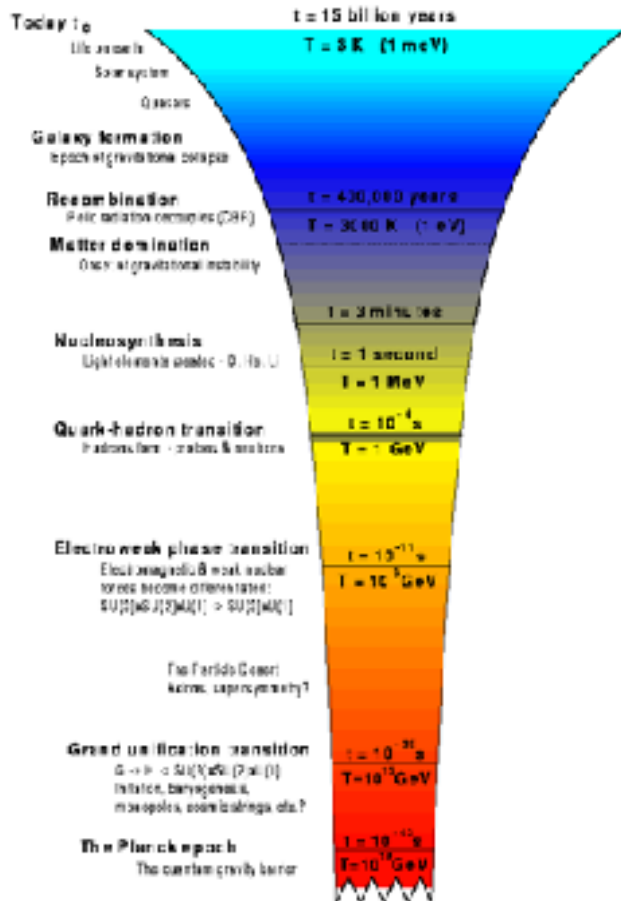


QCD phase transition: $T \sim O(100) \text{ MeV}$

- deconfinement: $SU(3)_C \times U(1)_Q \rightarrow U(1)_Q$
- chiral SB: $SU(3)_L \times SU(3)_R \rightarrow SU(3)_{L+R}$

→ Second order phase transition!

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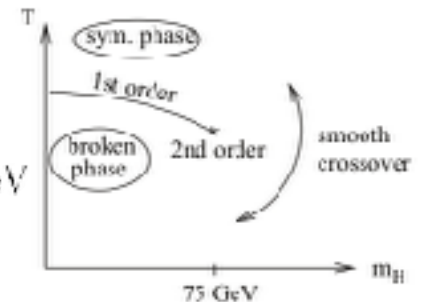
Electroweak phase transition: $T \sim O(100)$ GeV

- Higgs mechanism:

- $SU(3)_C \times SU(2)_L \times U(1)_Y \rightarrow SU(3)_C \times U(1)_Q$
eff. scalar potential $V_{\text{eff}}(\nu)$

LHC:

$$m_H = 125.09 \pm 0.24 \text{ GeV}$$



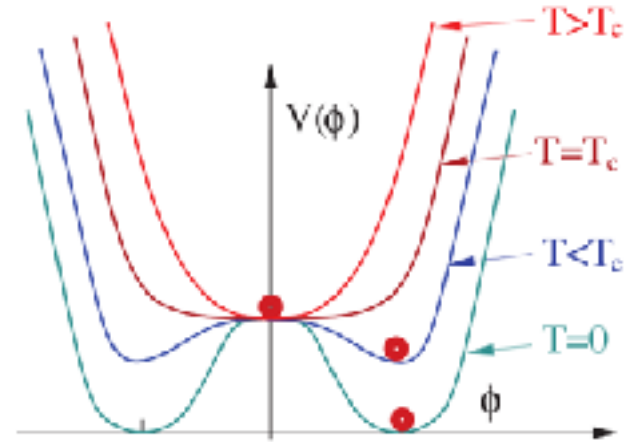
Recap: Phase transitions (PT) in toy models

Second order PT:

- real scalar field in Mexican hat

$$\mathcal{L} = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - \frac{\lambda}{4} (\phi^2 - v^2)^2$$

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- @ high T: symmetry restoration



[T.Prokopec, Lecture notes for cosmology, 2008]

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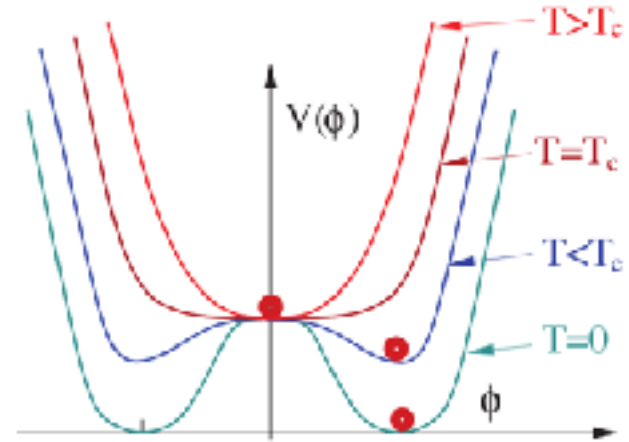
- field decomposition: $\phi(x) \rightarrow \phi_0 + \delta\phi(x)$

$$\lambda(\phi_0^2 + 3\langle\delta\phi^2\rangle - v^2)\phi_0 = 0$$

- thermal contribution: $\langle\delta\phi^2\rangle \simeq \frac{T^2}{12} + \mathcal{O}(T)$

- effective scalar potential:

$$V_{\text{eff}}(\phi_0) = \lambda \left(\frac{\phi_0^4}{4} + \frac{\phi_0^2}{2} \left(\frac{T^2}{4} - v^2 \right) \right)$$



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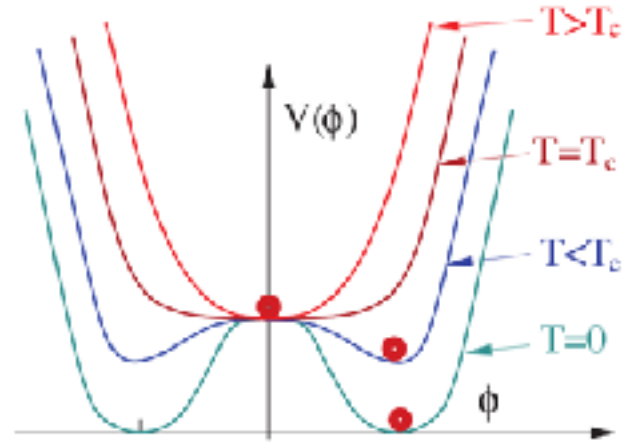
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[T.Prokopec, Lecture notes for cosmology, 2008]

- continuous in the order parameter
- thermal equilibrium
- no bubbles for $T < T_c$

Recap: Phase transitions (PT) in toy models

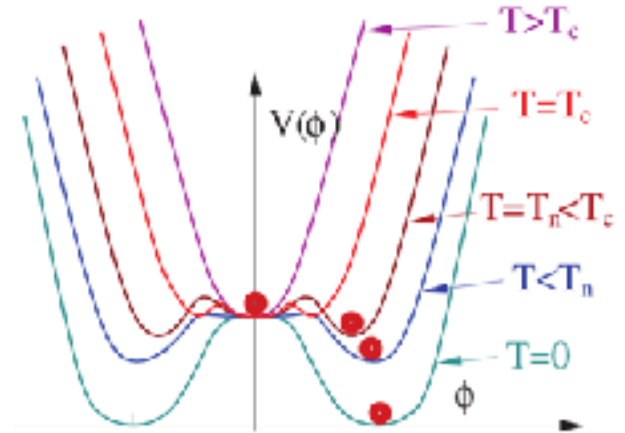
First order PT:

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- field decomposition(wlog):

$$\begin{aligned} \phi_1 &= \phi_0 + \delta\phi_1 \\ \phi_2 &= \delta\phi_2 \end{aligned}$$



[T.Prokopec, Lecture notes for cosmology, 2008]

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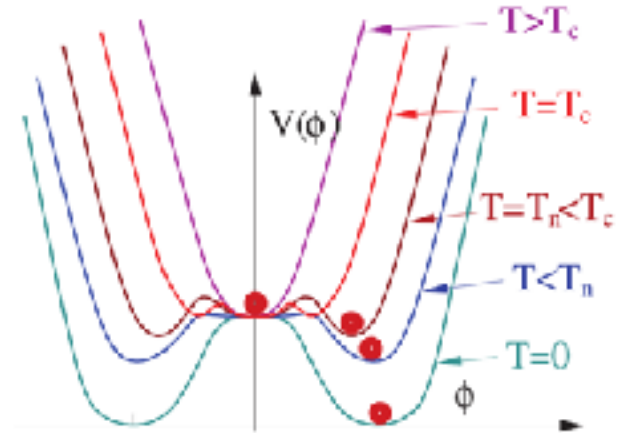
- ground state (averaged fluctuations):

$$\lambda(\phi_0^2 - 3\langle\delta\phi_1^2\rangle + \langle\delta\phi_2^2\rangle + g^2\langle A_\mu A^\mu\rangle - v^2)\phi_0 = 0$$

- thermal contribution: $\langle A_\mu A^\mu\rangle \simeq \frac{T^2}{4} + \mathcal{O}(T)$

- effective potential:

$$V_{\text{eff}}(\phi_0) = \frac{1}{2} \left[\left(\frac{\lambda}{3} + \frac{g^2}{4} T^2 - \lambda v^2 \right) \phi_0^2 - \frac{g^3 T}{4\pi} \phi_0^3 + \frac{\lambda}{4} \phi_0^4 \right]$$



[T.Prokopec, Lecture notes for cosmology, 2008]

Recap: Phase transitions (PT) in toy models

First order PT:

- scalar QED:

$$\mathcal{L} = D_\mu \phi^* D^\mu \phi - \frac{\lambda}{4} (\phi^* \phi - v^2)^2 - \frac{1}{4} F_{\mu\nu} F^{\mu\nu}$$

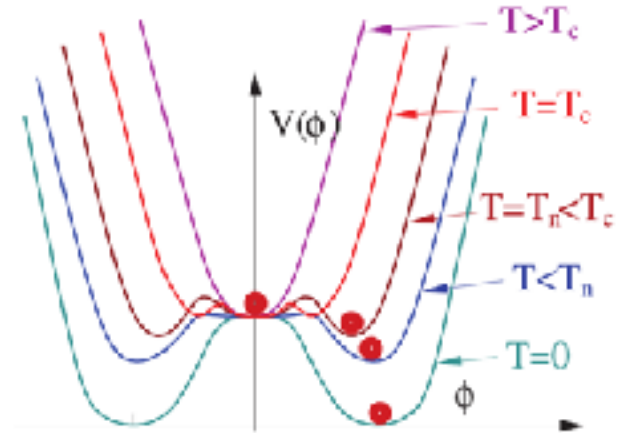
- field decomposition(wlog): $\phi_1 = \phi_0 + \delta\phi_1$
 $\phi_2 = \delta\phi_2$

- ground state (averaged fluctuations):

$$\lambda(\phi_0^2 - 3\langle\delta\phi_1^2\rangle + \langle\delta\phi_2^2\rangle + g^2\langle A_\mu A^\mu\rangle - v^2)\phi_0 = 0$$

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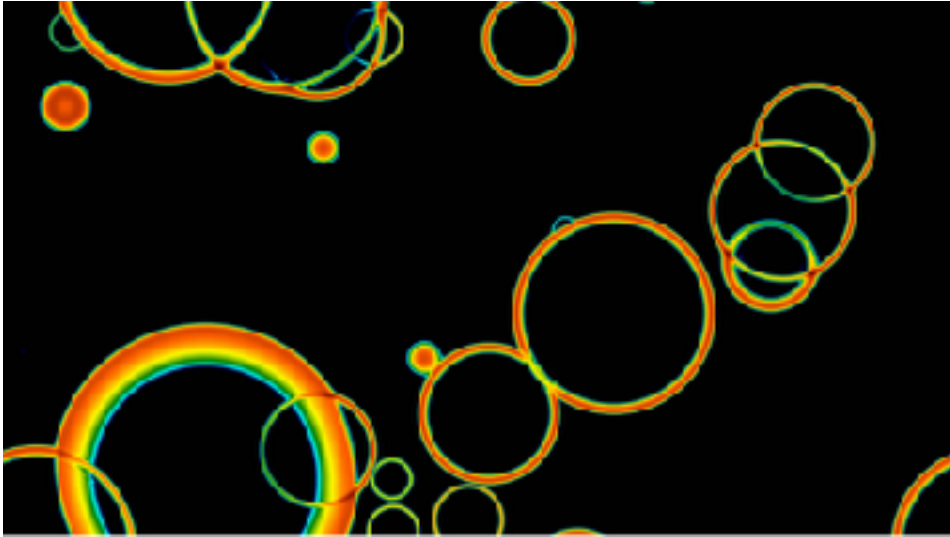
- $T < T_c$: maxima develop —barriers
- $T < T_n$: barriers become smaller, tunnelling probability increases
- bubble formation in background of false vacuum

Generic picture: GW from cosmological first order PT

1. bubble nucleation into low-T phase
tunnelling or thermal fluctuations

1. bubble ~~expansion &~~ bubble collision:
latent heat rises T_{Plasma} & E_{Kin} of bubble wall and bulk

Generic picture: GW from cosmological first order PT



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tunnelling or thermal fluctuations

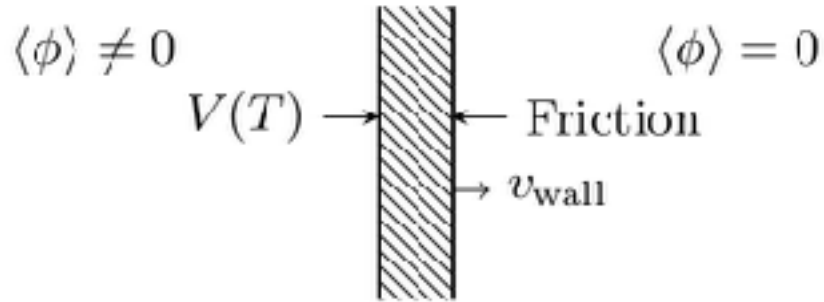
1. bubble expansion & bubble collision:

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Generic picture: GW from cosmological first order PT

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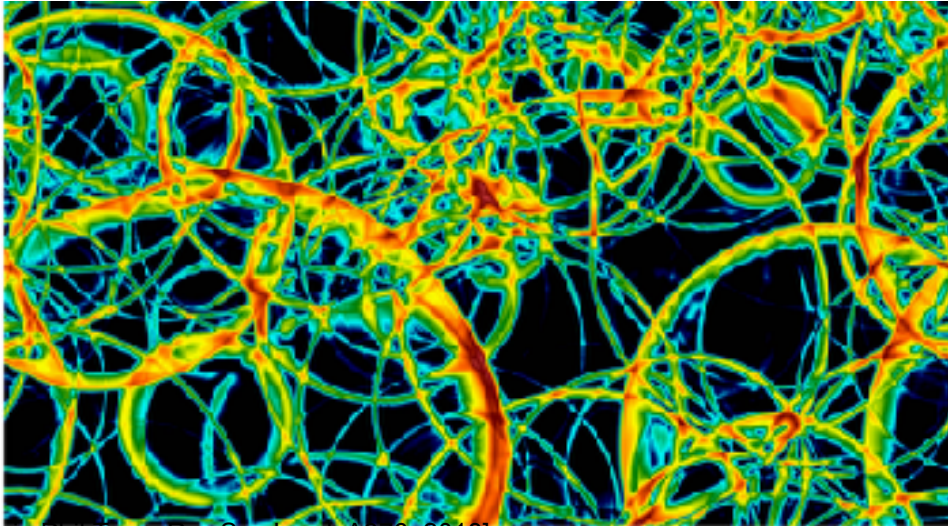


Generic picture: GW from cosmological first order PT

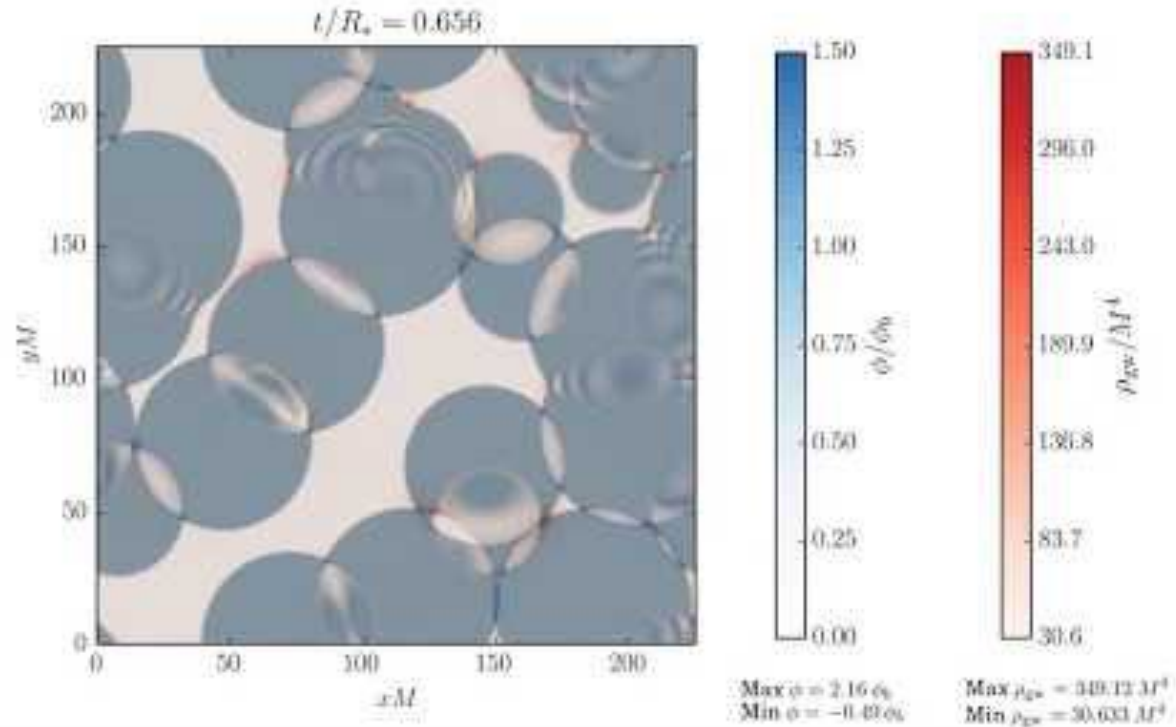
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Bubble formation & collision

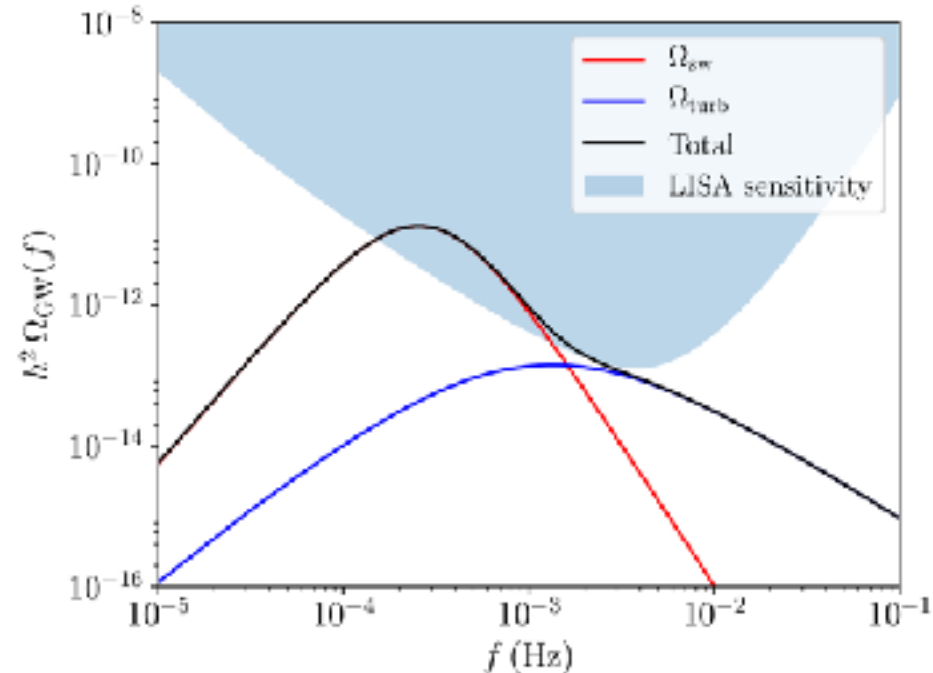


Bubble collision and origin of gravitational waves

GW production through 1OPT can be divided into three stages:

1. initial collision of scalar field shells (generally subdominant)
1. wave of kinetic energy within plasma
1. shocks & turbulence (typical time- and length-scales?)

$$\Omega_{\text{GW}} = \Omega_{\text{env}} + \Omega_{\text{sw}} + \Omega_{\text{turb}}$$



Bubble collision and origin of gravitational waves

GW production through 1OPT can be divided into three stages:

$$\Omega_{\text{GW}} = \Omega_{\text{env}} + \Omega_{\text{sw}} + \Omega_{\text{turb}}$$

1. initial collision of scalar field shells (generally subdominant)

$$h^2 \Omega_{\text{env}}(f) \simeq 1.65 \cdot 10^{-5} \Delta(v_w) \left(\frac{H_*}{\beta}\right) \left(\frac{n_s \alpha_{T_*}}{1 + \alpha_{T_*}}\right)^2 S_{\text{env}} \left(\frac{f}{f_{\text{env}}}\right)$$

$$f_{\text{env}} \simeq 16.5 \mu\text{Hz} \left(\frac{f_*}{\beta}(v_w)\right) \left(\frac{\beta}{H_*}\right)$$

1. wave of kinetic energy within plasma

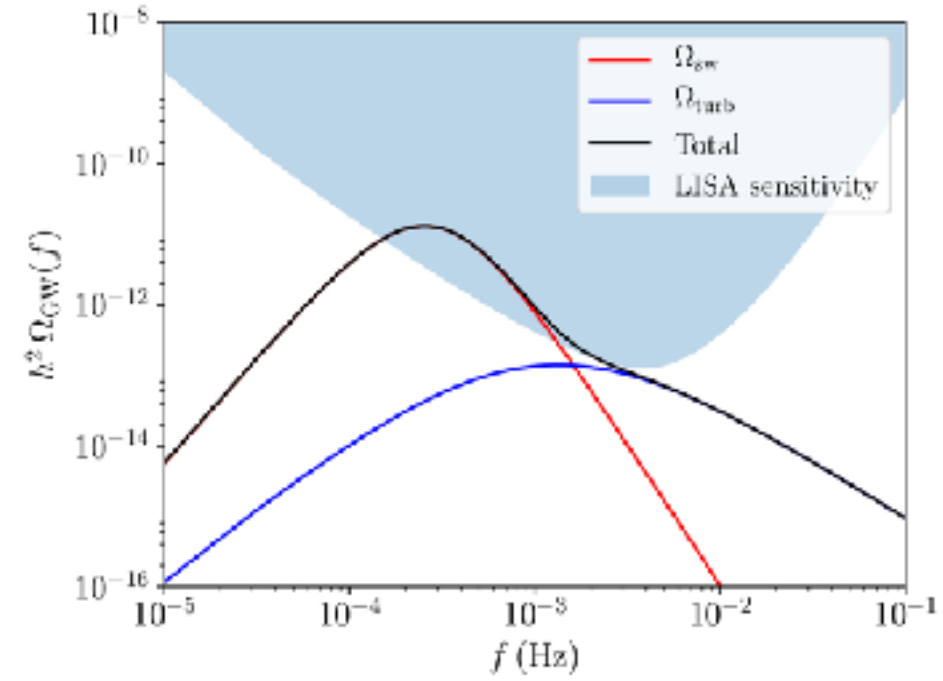
$$h^2 \Omega_{\text{sw}}(f) \simeq 8.5 \cdot 10^{-6} \overline{U}_f(n_f, \alpha_{T_*})^4 \left(\frac{H_*}{\beta}\right) v_w S_{\text{sw}} \left(\frac{f}{f_{\text{sw}}}\right)$$

$$f_{\text{sw}} \simeq 8.9 \mu\text{Hz} \left(\frac{1}{v_w}\right) \left(\frac{\beta}{H_*}\right)$$

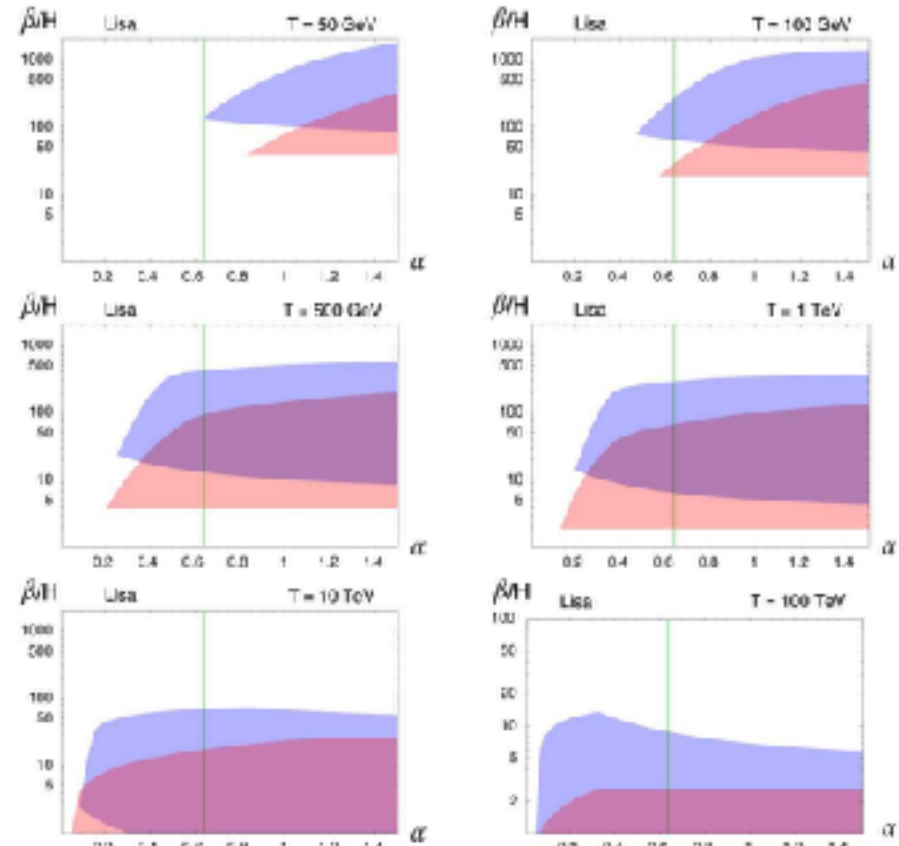
1. shocks & turbulence (typical time- and length-scales?)

$$h^2 \Omega_{\text{turb}}(f) \sim 3.35 \cdot 10^{-1} \left(\frac{H_*}{\beta}\right) \left(\frac{n_{\text{turb}} \alpha_{T_*}}{1 + \alpha_{T_*}}\right)^{\frac{3}{2}} v_w S_{\text{turb}} \left(\frac{f}{f_{\text{turb}}}\right)$$

$$f_{\text{turb}} \simeq 27 \mu\text{Hz} \left(\frac{1}{v_w}\right) \left(\frac{\beta}{H_*}\right)$$



Key parameter of GW spectrum



Key parameter of GW spectrum

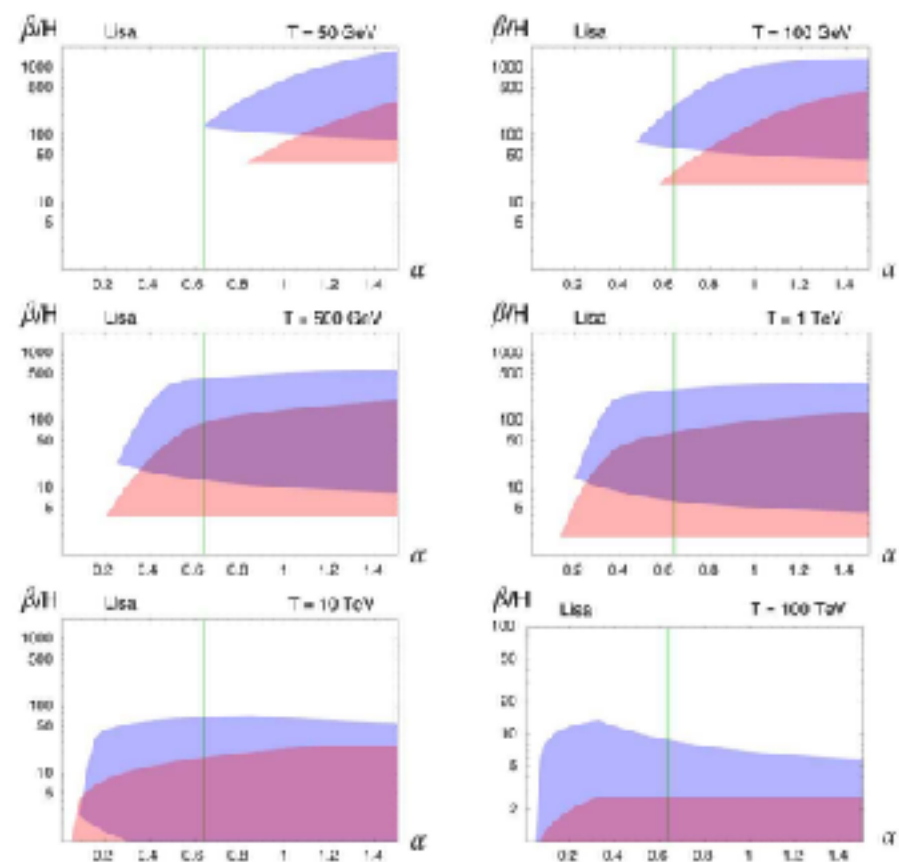
1) Change of bubble nucleation rate: $\frac{\beta}{H_*} = T_* \frac{d}{dT} \left(\frac{S_b}{T} \right) \Big|_{T_*}$

- free energy of critical bubble:

$$S_b = 4\pi \int r^2 dr \left(\frac{1}{2} \left(\frac{d\phi_b}{dr} \right)^2 + V(\phi_b, T) \right)$$

- bounce solution:

$$\frac{d^2 \phi_b}{dr^2} + \frac{2}{r} \frac{d\phi_b}{dr} - \frac{\partial V}{\partial \phi_b} = 0 \quad \text{with} \quad \frac{d\phi_b}{dr} \Big|_{r=0} = 0, \quad \phi_b \Big|_{r=\infty} = 0$$



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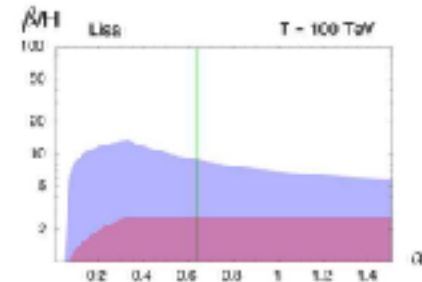
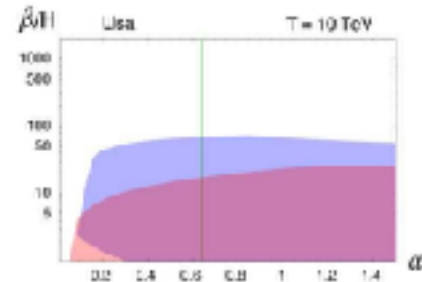
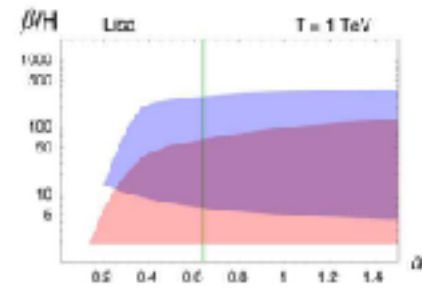
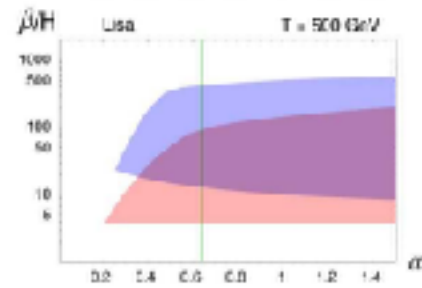
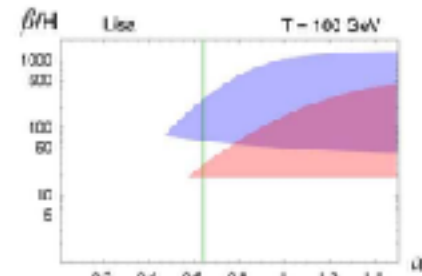
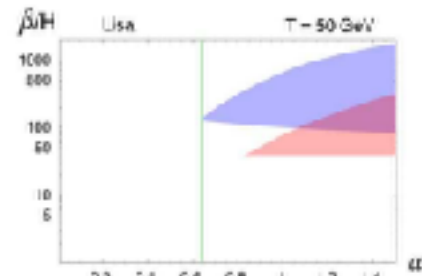
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2) Latent heat to energy density ratio $\epsilon = \frac{\epsilon}{\rho_{\text{rad}}}$

- two contributions to latent heat:

$$\epsilon = -\Delta V - T\Delta s = \left(-\Delta V + T \frac{\partial V}{\partial T} \right)_{T_*}$$



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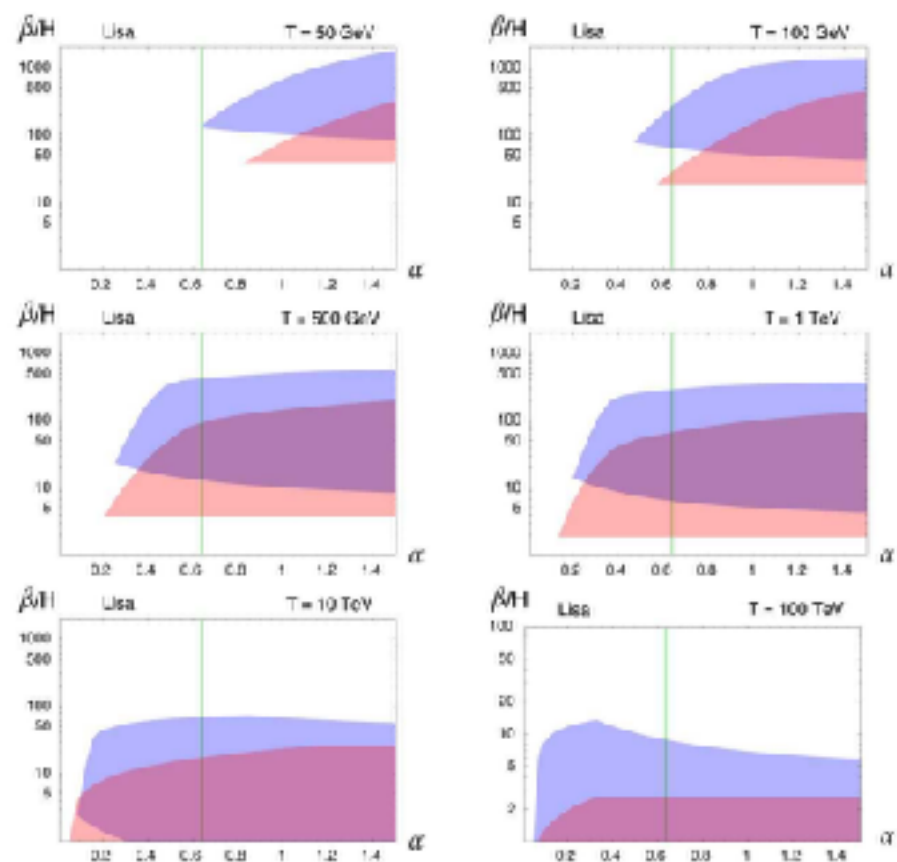
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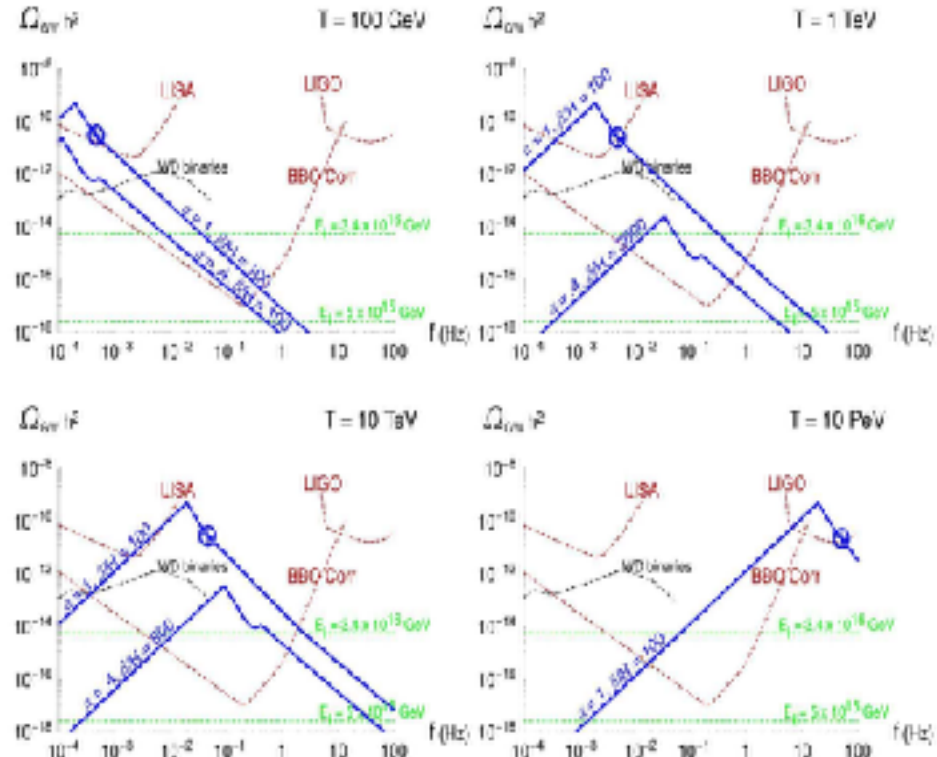
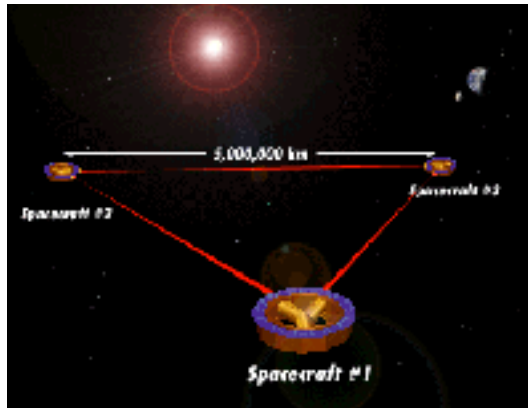
GW are **insensitive** to:

- internal bubble structure
- small scale field configuration in the collision region



Detection possibilities of future experiments

- LISA sensitive to 10 TeV
- LIGOIII, LISA & BBO will probe $T \sim 100\text{-}10^7$ GeV
- GW from PTs around 10-100 TeV could entirely screen signals from inflation!



Phase transitions & BSM physics

[W.Buchmüller, Acta Phys.Polon. B43, 2012]

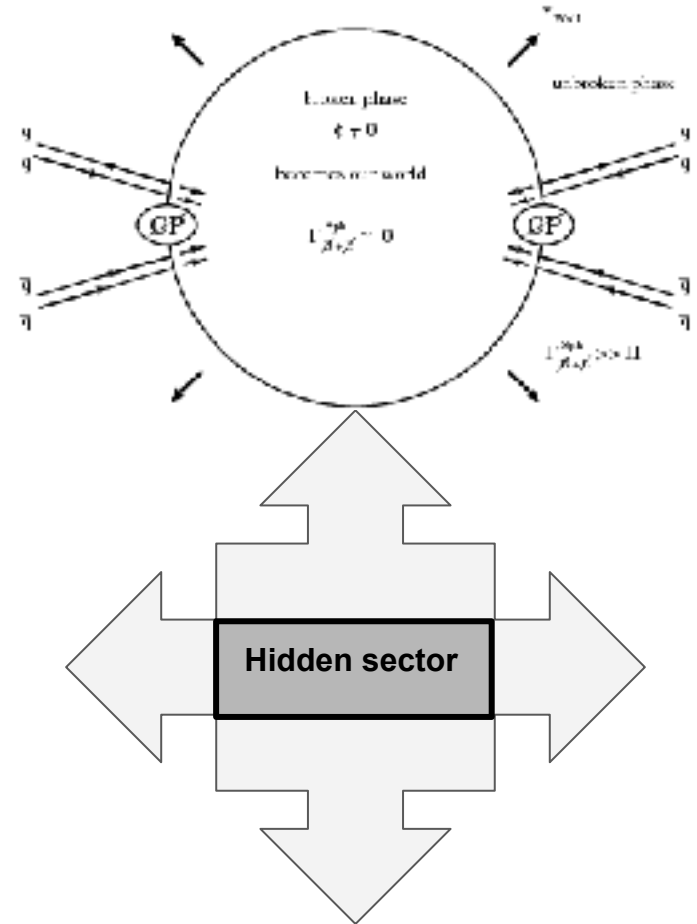
Search: GW from first order PT

1. Modification of electroweak PT

- electroweak baryogenesis
- Higgs portals

1. First order PT in new (yet hidden) sectors

- new scalars
- new forces & symmetry breaking



Conclusion:

- If inflation took place, GWs produced during that time, would actually survive until CMB and can be even observed.
- Primordial GWs would be a model-independent evidence of the concept of inflation.
- GWs leave a unique imprint on the CMB in the form of polarization
- The extracted spectrum can give hints to their origins (e.g. low frequencies for inflationary GWs)
- GW from particle physics PT directly related to associated scalar potential
- “new”/old tool for future particle phenomenology!

Thank you!



**WE CAN
HEAR
BLACK
HOLES!**

