

8 Symmetry breaking in QFT

Symmetry breaking can occur in a QFT in three distinct ways:

- (1) Explicit symmetry breaking on the classical level
- (2) Spontaneous symmetry breaking: the classical theory has a discrete or continuous symmetry that is broken via the ground state of the theory
- (3) Anomalous symmetry breaking: classical symmetries are broken due to topological obstructions on quantum level. These anomalies can be computed - in most cases - perturbatively. However, they are genuinely non-perturbative.

8.1 Spontaneous symmetry breaking

Consider a ϕ^4 -theory with N scalar fields and the action

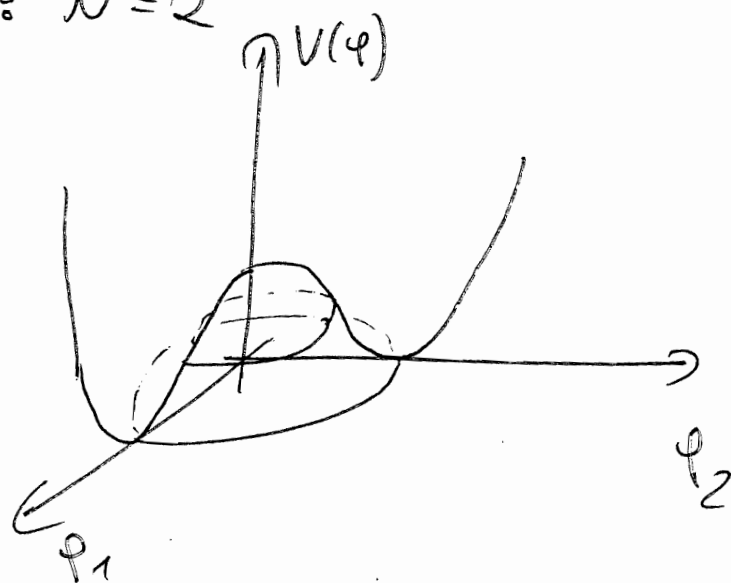
$$S[\varphi] = \int d^d x \left\{ \frac{1}{2} \varphi_i(x) (-\Delta + m^2) \varphi_i(x) + \frac{1}{4} \underbrace{(\varphi_i \varphi_i)^2}_{V(\varphi)} \right\}, \quad (8.1)$$

the $O(N)$ -model, see also chapter 1.4, p. 33-35

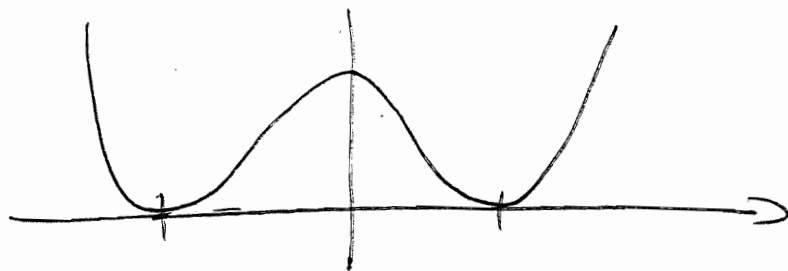
This model has an $O(N)$ -symmetry under

$$\varphi_i(x) \rightarrow R_{ij} \varphi_j(x) \quad \text{with } R \in O(N) \quad (8.2)$$

Example: $N=2$



Special case $N=1$ (Discrete Z_2 symmetry)



Now we expand our action about the minimum

$$\varphi_0 = (\overbrace{0, \dots, 0}^{N-1}, v) \quad (8.3)$$

with $v^2 = -m^2/\lambda$ for $m^2 < 0$

Note that also $\varphi_0^R = R \cdot \varphi_0$ is a minimum

with
$$\left. \frac{\delta S}{\delta \varphi} \right|_{\varphi_0^R} = 0 \quad (8.4)$$

Using $(N=4: \text{pions, sigma})$

$$\varphi(x) = \left(\begin{array}{c} \vec{\pi}(x) \\ \vdots \\ \pi_1, \dots, \pi_{N-1} \end{array}, v + \sigma(x) \right) \quad (8.5)$$

we arrive at

$$\begin{aligned} S[\vec{\pi}, \sigma] = \int d^d x \left\{ \frac{1}{2} \overset{>0}{\sigma} (-\Delta - 2m^2) \sigma \right. \\ + \frac{1}{2} \vec{\pi} (-\Delta) \vec{\pi} + \frac{1}{4} [(\vec{\pi}^2)^2 + \sigma^4] \\ \left. + v \sigma \vec{\pi}^2 + v \sigma^3 + \frac{1}{2} \vec{\pi}^2 \sigma^2 \right\} \quad (8.6) \end{aligned}$$

mass-less

The original $O(N)$ -symmetry is hidden, but still eq.(8.6) shows an $O(N-1)$ symmetry

$$\pi_i \rightarrow R_{ij} \pi_j, \quad R \in O(N-1) \quad (8.7)$$

for the massless fields π_i with $i=1, \dots, N-1$.

This leads us to Goldstone's Theorem:

'For every spontaneously broken continuous symmetry the theory must contain a massless particle, the Goldstone boson'

Given an action

$$S[\varphi] = S_0[\partial\varphi] + V(\varphi) \cdot \text{Vol}_{\mathbb{R}^d} \quad (8.8)$$

with continuous symmetry: $\varphi \rightarrow \varphi + \epsilon \Omega(\varphi)$ (8.9)

and minima $\varphi_0^{\mathbb{R}}$ with

$$\left. \frac{\partial V}{\partial \varphi} \right|_{\varphi_0} = 0$$

$$O(N) = \Omega_2(\varphi) = \omega_{ij} \varphi_i \varphi_j$$

$$R = e^{\epsilon \omega}$$

$$(8.10)$$

Then we have with

$$\boxed{\Omega_j(\varphi) \frac{\partial V}{\partial \varphi_j} = 0} \quad (8.11)$$

as well as $\frac{\partial}{\partial \varphi} (\Omega \cdot \frac{\partial V}{\partial \varphi}) \Big|_{\varphi=\varphi_0} = 0$,

$$\frac{\partial \Omega_j}{\partial \varphi_i} \Big|_{\varphi_0} \cdot \underbrace{\frac{\partial V}{\partial \varphi_j} \Big|_{\varphi_0}}_0 + \Omega_j \Big|_{\varphi_0} \frac{\partial^2 V}{\partial \varphi_i \partial \varphi_j} \Big|_{\varphi_0} = 0 \quad (8.12)$$

or

$$\boxed{\Omega_j \Big|_{\varphi_0} \frac{\partial^2 V}{\partial \varphi_i \partial \varphi_j} \Big|_{\varphi_0} = 0} \quad (8.13)$$

(1) If $\Omega_j(\varphi_0) = 0$, no information can be gained by eq. (8.13) and the ground state φ_0 respects the symmetry

(2) If $\Omega_j(\varphi_0) \neq 0$, the matrix $\frac{\partial^2 V}{\partial \varphi_i \partial \varphi_j} \Big|_{\varphi_0}$ has

as many vanishing eigenvalues as the dimension of $\text{span } \Omega(\varphi_0)$:

number of Goldstones = number of broken sym.

The quantum case:

On the classical level we have discussed the classical action, its EoM and its symmetries. The quantum EoM's are given by the effective action (see chapter 3), the Legendre transform of $\ln Z[\mathcal{J}]$, the free energy,

$$\Gamma[\phi] = \int d^d x \mathcal{J} \cdot \phi - \ln Z[\mathcal{J}]$$

with $\phi = \frac{\delta \ln Z}{\delta \mathcal{J}} = \langle \varphi \rangle$ (8.14)

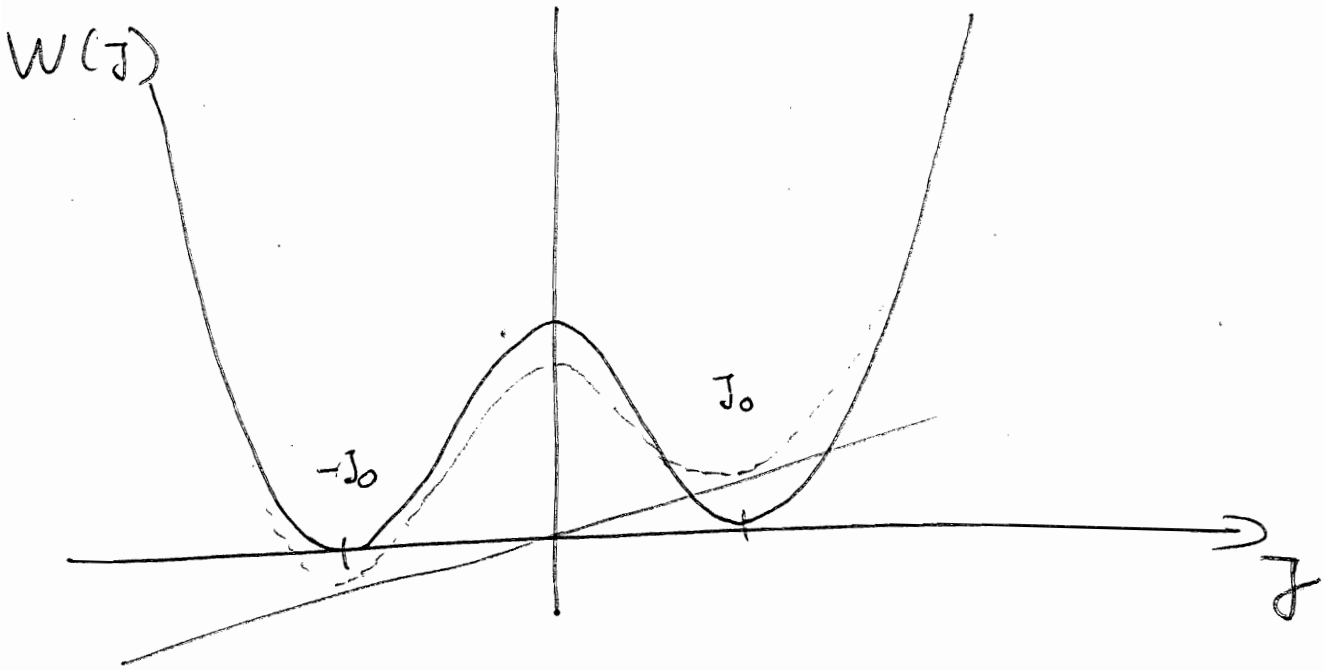
and $\mathcal{J} = \frac{\delta \Gamma}{\delta \phi}$, see eqs. (3.2), (3.3), (3.4).

The QEoM is given by

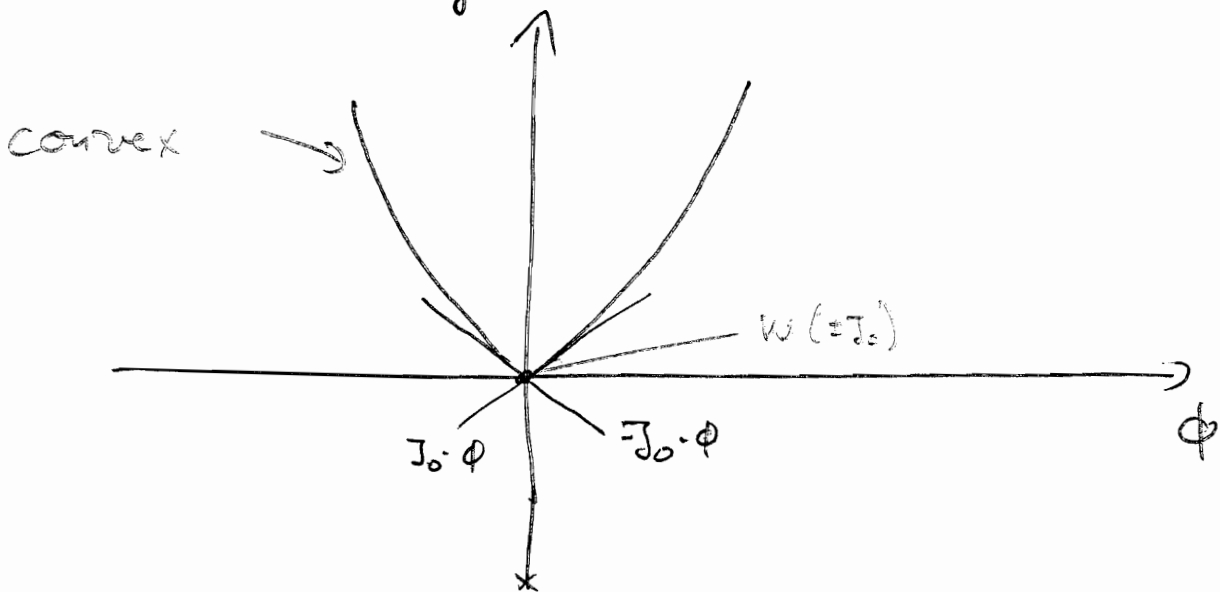
$$\boxed{\frac{\delta \Gamma}{\delta \phi} \Big|_{\phi_0} = 0} \quad (8.15)$$

We expand Γ as in eq. (8.8) and straight away arrive at the Goldstone

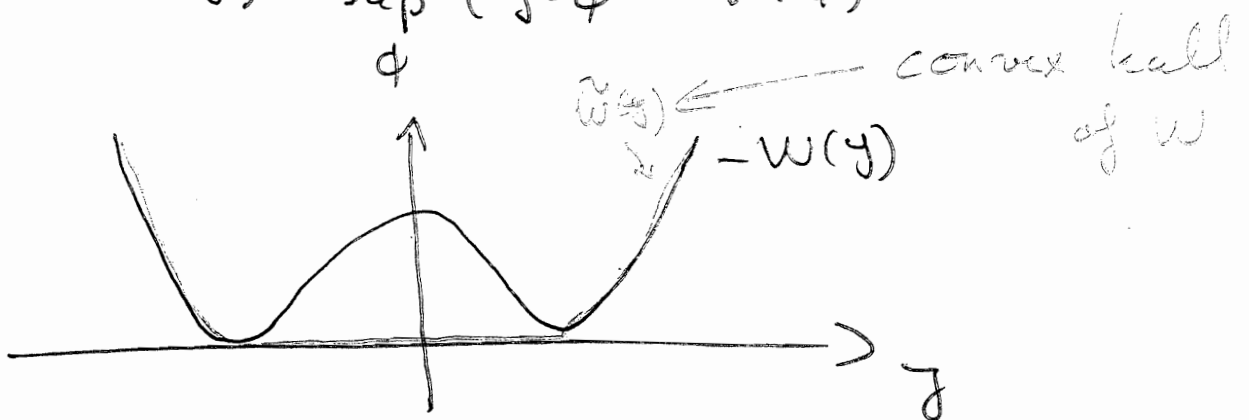
theorem, $\Gamma[\phi] = \Gamma_0[\phi] + V_{eff}[\phi]$ (8.16)



$$V(\phi) = \sup_{\gamma} (\phi \cdot \gamma - W(\gamma))$$



$$\tilde{W}(\gamma) = \sup_{\phi} (\gamma \cdot \phi - V(\phi))$$



One-loop computation of V_{eff} :

We proceed as in the simple $O(1)$ example in chapter 1.4:

$$\Gamma_{1\text{-loop}}[\phi] = S[\phi] + \frac{1}{2} \text{Tr} \ln \frac{\delta^2 S}{\delta \phi^2} + \text{counter-terms} \quad (8.17)$$

As in chapter 1.4 we can renormalise by taking μ -derivatives. Indeed, now we know that this gives rise to a Callan-Symanzik RG-flow of the effective action Γ .

Recall eq. (1.108) which extends to the present $O(N)$ -case as (beware of factors $\frac{1}{4!} \rightarrow \frac{1}{4}$)

$$V_{\text{eff}} = \frac{1}{2} \mu^2 \phi^2 + \frac{1}{4} \phi^4 \quad \text{Exercise} \\ + \frac{1}{64 \pi^2} \left[(N-1) (\lambda \phi^2 + m^2)^2 \left(\ln \left(\frac{\lambda \phi^2 + m^2}{\mu^2} \right) - \frac{3}{2} \right) \right. \\ \left. + (3 \lambda \phi^2 + m^2)^2 \left(\ln \left(\frac{3 \lambda \phi^2 + m^2}{\mu^2} \right) - \frac{3}{2} \right) \right] \quad \text{Goldstones} \\ (8.18)$$

For $m^2 \rightarrow 0$ this simplifies to

$$V_{\text{eff}}(\phi) = \frac{\lambda}{4} \phi^4 + \frac{\lambda^2}{64\pi^2} (N+8) \phi^4 \left(\int \ln \lambda \phi^2 / \mu^2 - \frac{3}{2} \right) + 9 \ln 3 \quad (8.19)$$

The CS-equation now tells us that

$$\left(\nu \frac{\partial}{\partial \nu} + \beta(\lambda) \frac{\partial}{\partial \lambda} - \gamma \phi \frac{\partial}{\partial \phi} \right) V_{\text{eff}}(\phi) = 0 \quad (8.20)$$

In 4d we have

$$V_{\text{eff}}(\phi) = \phi^4 \cdot u(\phi/\mu, \lambda) \quad (8.21)$$

dimensionless

\uparrow \downarrow \downarrow
 $[\phi^4] = 4$ $[\phi/\mu]$ $[\lambda]$

and hence $(\nu \partial_\nu - \gamma \phi \frac{\partial}{\partial \phi}) \phi/\mu = -(1+\gamma) \phi/\mu$,

$$\left(\phi \frac{\partial}{\partial \phi} - \frac{\beta}{1+\gamma} \partial_\lambda + \frac{4\gamma}{1+\gamma} \right) u = 0 \quad (8.22)$$

with the solution

$$u(\phi/\mu, \lambda) = u_0(\bar{\lambda}) e^{-\int \frac{\phi}{\mu} \frac{4\gamma}{1+\gamma} \bar{\lambda}(\phi)} \quad (8.23)$$

$$\left(\frac{\phi}{\mu} \right) \frac{\partial \bar{\lambda}}{\partial \phi/\mu} = \frac{\beta(\bar{\lambda})}{1+\gamma(\bar{\lambda})}$$

and in summary leading order in $\lambda: \gamma \approx 0$
 \downarrow
 +2-loop

$$V_{\text{eff}}(\phi) = u_0(\bar{\lambda}(\phi)) \cdot \phi^4 \quad (8.24)$$

with

$$\bar{\lambda}(\phi) = \frac{\lambda}{1 - \lambda / (8\pi^2) (N+8) \ln \phi/\mu} \quad (8.25)$$

By comparing eq. (8.24) with (8.19) up to the 3rd order in λ we arrive at

$$V_{\text{eff}}(\phi) = \frac{1}{4} \phi^4 \left(\bar{\lambda} + \frac{\bar{\lambda}^2}{(4\pi)^2} (N+8) (\ln \bar{\lambda} - \frac{3}{2}) + 9 \ln 3 \right) \quad (8.26)$$

This looks similar to eq. (8.19) but the pot. large logs for $\phi \rightarrow 0$ have disappeared, as then $\bar{\lambda} \rightarrow 0$. This procedure is called an RG-improvement.