

The background of the slide is a deep-field astronomical image, likely from the Hubble Space Telescope. It shows a vast field of galaxies and distant stars against a black background. The galaxies are of various shapes and sizes, including spiral, elliptical, and irregular forms. Some are bright and clear, while others are faint and distant. The stars appear as small, bright points of light, some with prominent diffraction spikes. The overall scene conveys the immense scale and complexity of the universe.

Expanding Universe or
shrinking atoms ?

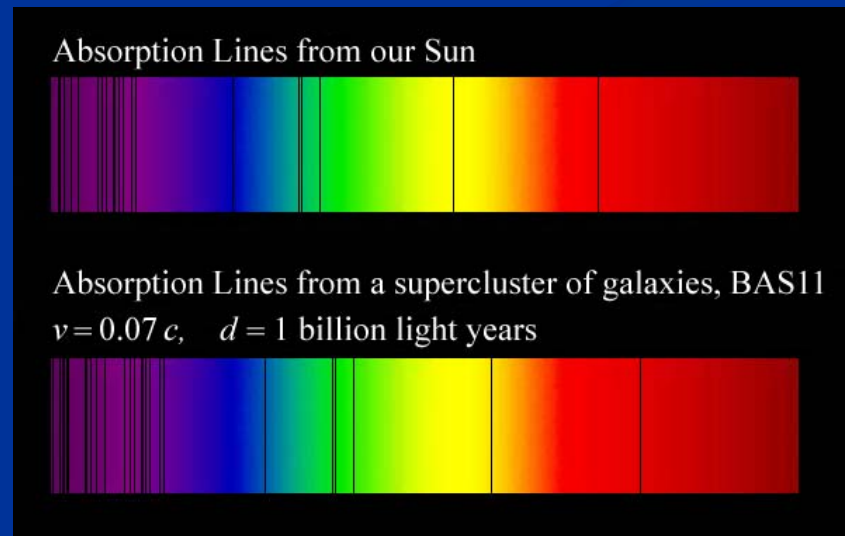
The background of the slide is a deep-field astronomical image, likely from the Hubble Space Telescope. It shows a dense field of galaxies at various distances, appearing as small, colorful specks of light. Some galaxies are clearly visible as spiral or elliptical shapes, while others are just points of light. The colors range from bright yellow and orange to deep blues and purples, representing different wavelengths of light. The overall effect is a sense of vastness and the immense scale of the universe.

Big bang or freeze ?

Do we know that the Universe expands ?

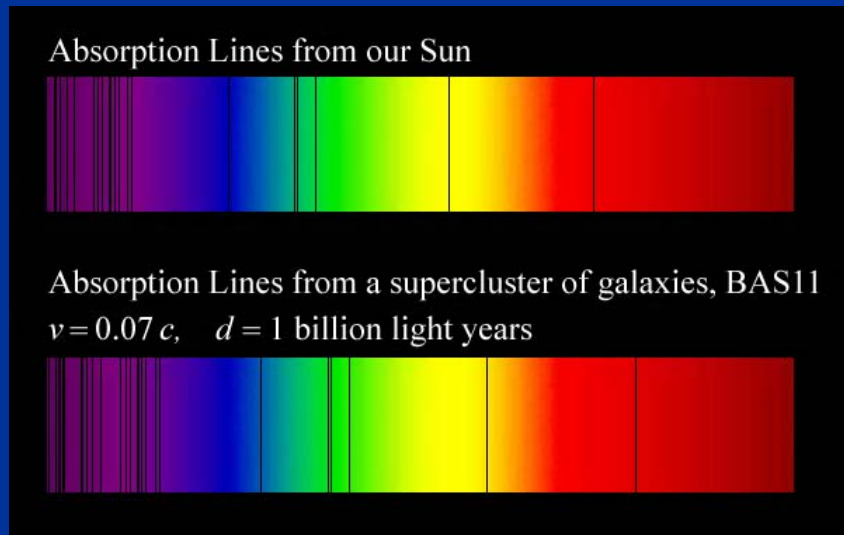
instead of redshift due to expansion :

smaller frequencies have been emitted in the past,
because electron mass was smaller !



Why do we see redshift of photons emitted in the distant past ?

photons are more red because they have been **emitted** with longer wavelength



frequency \sim mass

wavelength \sim
atoms size

What is increasing ?

Ratio of distance between galaxies
over size of atoms !

atom size constant : expanding geometry

alternative : shrinking size of atoms

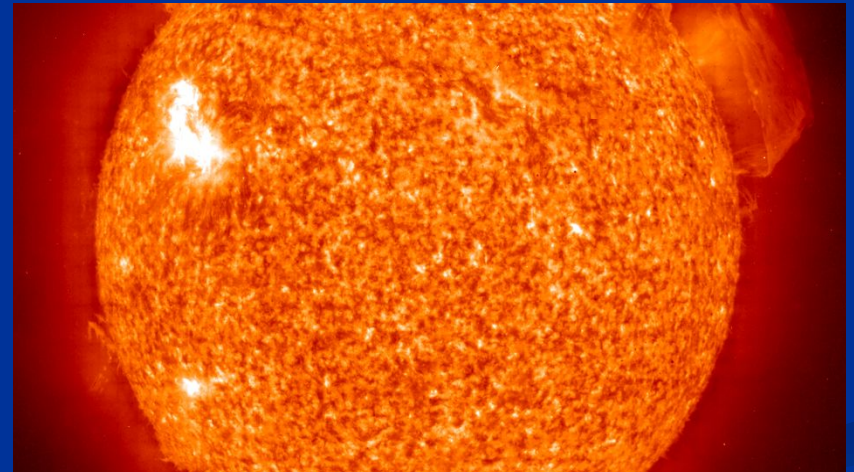
How can particle masses change with time ?

- Particle masses are proportional to scalar field χ .
Similar to Higgs field.
- Scalar field varies with time.
- Ratios of particle masses are independent of χ and therefore remain constant.
- Compatibility with observational bounds on time dependence of particle mass ratios.
- Dimensionless couplings are independent of χ .

Do we know that the temperature was higher in the early Universe than now ?

Cosmic microwave radiation , nucleosynthesis

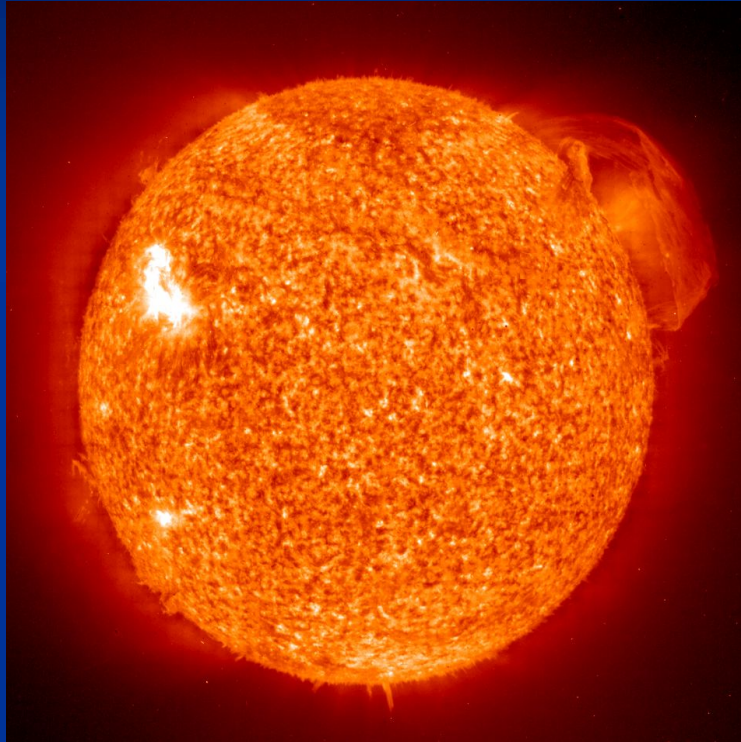
instead of
higher temperature :
smaller particle masses



Hot plasma ?

- Temperature in radiation dominated Universe :
 $T \sim \chi^{1/2}$ **smaller** than today
- Ratio temperature / particle mass :
 $T / m_p \sim \chi^{-1/2}$ **larger** than today
- T/m_p counts ! This ratio decreases with time.
- Nucleosynthesis , CMB emission as in standard cosmology !

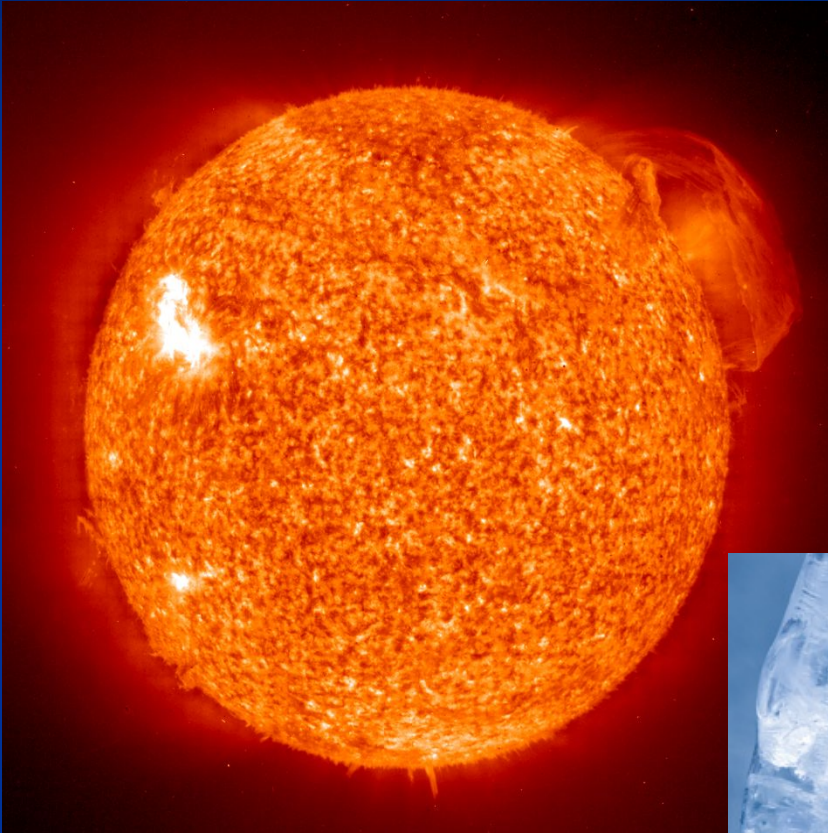
Big bang or freeze ?



freeze picture :
only rods for measurements
are set differently !



Big bang or freeze ?



Big bang is not wrong,

but alternative pictures exist !

Field relativity :

different pictures of cosmology

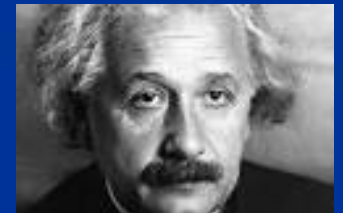
- same physical content can be described by different pictures
- related by field – redefinitions ,
e.g. Weyl scaling , conformal scaling of metric
- which picture is usefull ?

Relativity of geometry

- Euclid ... Newton : space and time are absolute



- Special relativity : space and time depend on observer
- General relativity : spacetime is influenced by matter (including radiation)
geometry is independent of coordinates
geometry is observable
- Field relativity : geometry is relative



*Spacetime is a description
of correlations between “matter”.*

Different pictures exist.

Why should you care about the freeze picture of the Universe ?

Some aspects are understood easier :

- Beginning of Universe
- Role of scale symmetry
- Range of impact of quantum gravity

preview

- Big bang singularity is artefact of inappropriate choice of field variables – no physical singularity
- Quantum gravity may be observable in dynamics of present Universe

variable gravity

“Newton’s constant is not constant”

Variable Gravity

$$\Gamma = \int_x \sqrt{g} \left\{ -\frac{1}{2} \chi^2 R + \mu^2 \chi^2 + \frac{1}{2} (B(\chi/\mu) - 6) \partial^\mu \chi \partial_\mu \chi \right\}$$

quantum effective action,
variation yields field equations

Einstein gravity : $\Gamma = \int_x \sqrt{g} \left\{ -\frac{1}{2} M^2 R \right\}$

Variable Gravity

- Scalar field coupled to gravity
- Effective Planck mass depends on scalar field
- Simple quadratic scalar potential involves intrinsic mass μ
- Nucleon and electron mass proportional to dynamical Planck mass
- Neutrino mass has different dependence on scalar field

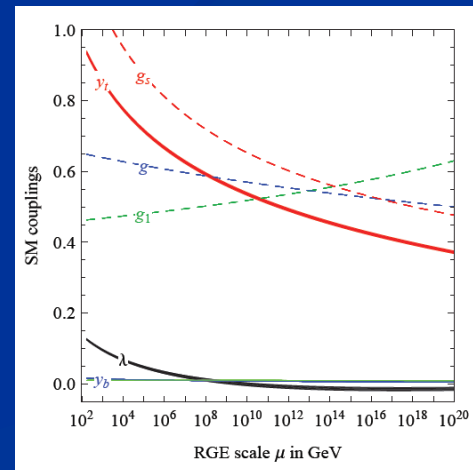
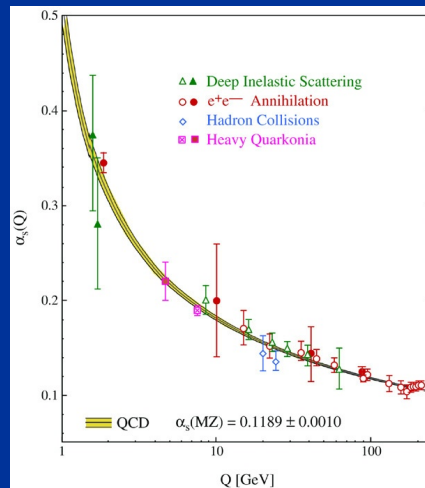
$$\Gamma = \int_x \sqrt{g} \left\{ -\frac{1}{2} \chi^2 R + \mu^2 \chi^2 + \frac{1}{2} (B(\chi/\mu) - 6) \partial^\mu \chi \partial_\mu \chi \right\}$$

Running coupling

- α varies if intrinsic scale μ changes

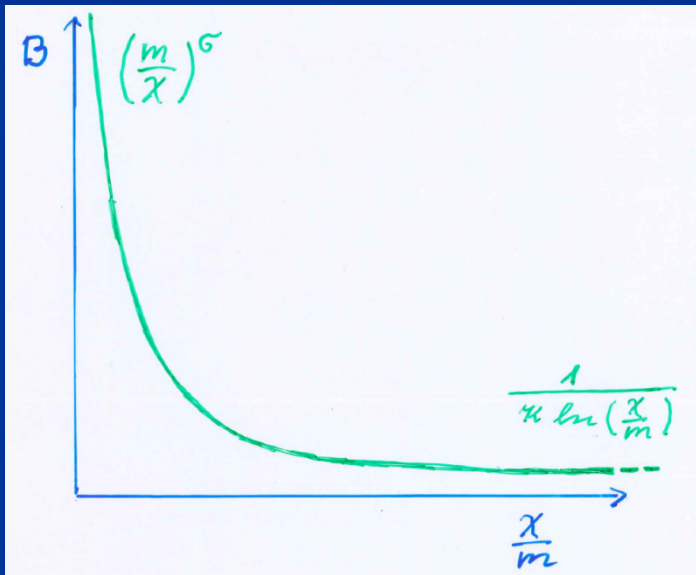
$$\Gamma = \int_x \sqrt{g} \left\{ -\frac{1}{2} \chi^2 R + \mu^2 \chi^2 + \frac{1}{2} (B(\chi/\mu) - 6) \partial^\mu \chi \partial_\mu \chi \right\}$$

- similar to QCD or standard model



Kinetic B :

Crossover between two fixed points



assumption:
running
coupling obeys
flow equation

$$\mu \frac{\partial B}{\partial \mu} = \frac{\kappa \sigma B^2}{\sigma + \kappa B}$$

$$B^{-1} - \frac{\kappa}{\sigma} \ln B = \kappa \left[\ln \left(\frac{\chi}{\mu} \right) - c_t \right] = \kappa \ln \left(\frac{\chi}{m} \right)$$

m : scale of crossover

can be exponentially larger than intrinsic scale μ

Four-parameter model

- model has four dimensionless parameters
- three in kinetic :
 - $\sigma \sim 2.5$
 - $\kappa \sim 0.5$
 - $c_t \sim 14$ (or m/μ)
- one parameter for growth rate of neutrino mass over electron mass : $\gamma \sim 8$
- + standard model particles and dark matter : sufficient for realistic cosmology from inflation to dark energy
- no more free parameters than Λ CDM

Cosmological solution

- scalar field χ vanishes in the infinite past
- scalar field χ diverges in the infinite future

No tiny dimensionless parameters (except gauge hierarchy)

- one mass scale $\mu = 2 \cdot 10^{-33} \text{ eV}$
- one time scale $\mu^{-1} = 10^{10} \text{ yr}$
- Planck mass does not appear as parameter
- Planck mass grows large dynamically

Slow Universe

Asymptotic solution in
freeze frame :

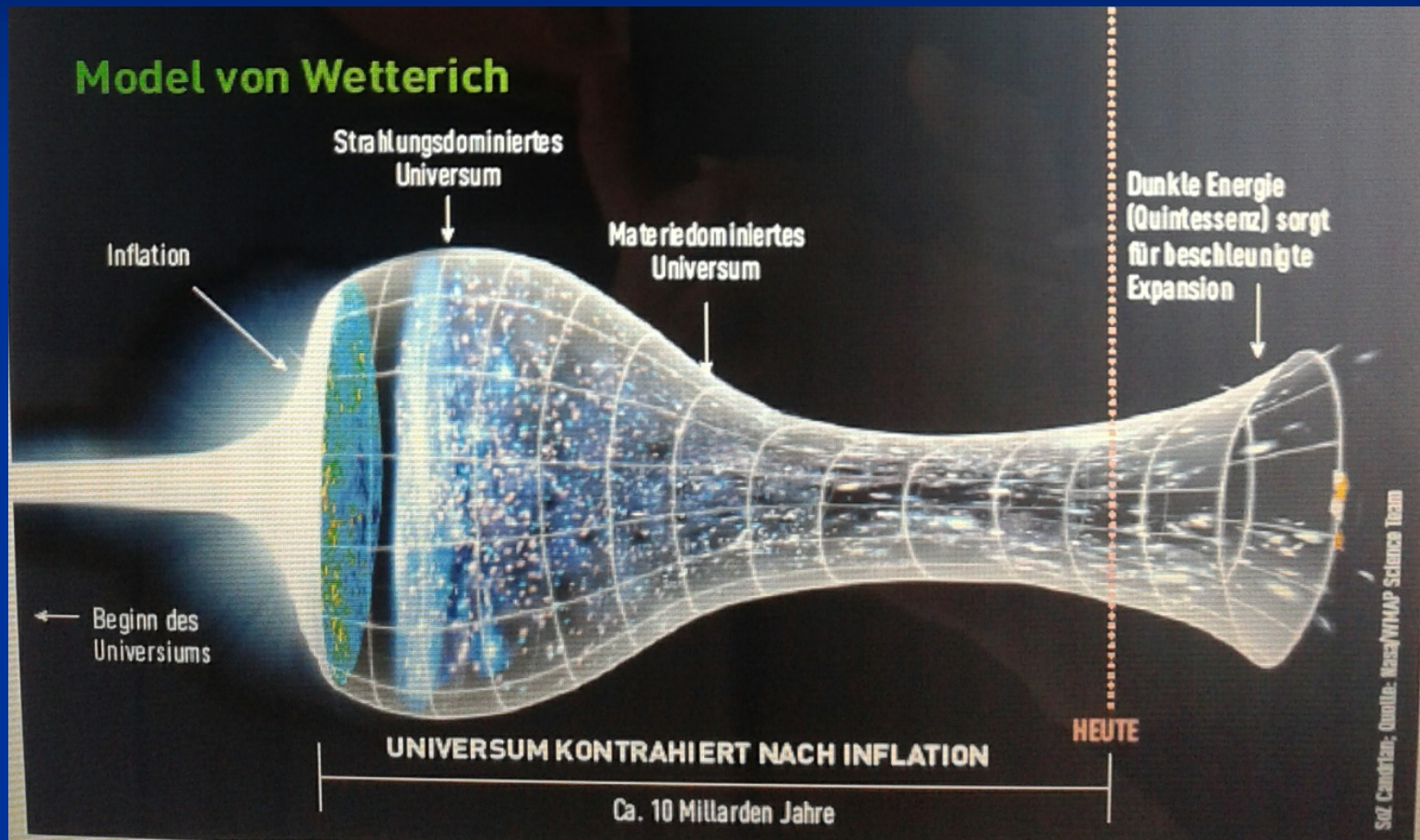
$$H = \frac{\mu}{\sqrt{3}} , \quad \chi = \frac{3^{\frac{1}{4}} m}{2\sqrt{\mu}} (t_c - t)^{-\frac{1}{2}}$$

$$\mu = 2 \cdot 10^{-33} \text{ eV}$$

Expansion or shrinking always slow ,
characteristic time scale of the order of the age of the
Universe : $t_{\text{ch}} \sim \mu^{-1} \sim 10 \text{ billion years} !$

Hubble parameter of the order of **present** Hubble
parameter for all times , including inflation and big bang !
Slow increase of particle masses !

Strange evolution of Universe



Sonntagszeitung Zürich , Laukenmann

Model is compatible with present observations

Together with variation of neutrino mass over
electron mass in present cosmological epoch :
model is compatible with all present
observations, including inflation and dark energy

$$\Gamma = \int_x \sqrt{g} \left\{ -\frac{1}{2} \chi^2 R + \mu^2 \chi^2 + \frac{1}{2} (B(\chi/\mu) - 6) \partial^\mu \chi \partial_\mu \chi \right\}$$

$$B^{-1} - \frac{\kappa}{\sigma} \ln B = \kappa \left[\ln \left(\frac{\chi}{\mu} \right) - c_t \right] = \kappa \ln \left(\frac{\chi}{m} \right)$$

Einstein frame

- “Weyl scaling” maps variable gravity model to Universe with fixed masses and standard expansion history.
- Exact equivalence of different frames !
- Standard gravity coupled to scalar field.
- Only neutrino masses are growing.

Einstein frame

Weyl scaling :

$$g'_{\mu\nu} = \frac{\chi^2}{M^2} g_{\mu\nu} , \quad \varphi = \frac{2M}{\alpha} \ln \left(\frac{\chi}{\mu} \right)$$

effective action in Einstein frame :

$$\Gamma = \int_x \sqrt{g'} \left\{ -\frac{1}{2} M^2 R' + V'(\varphi) + \frac{1}{2} k^2(\varphi) \partial^\mu \varphi \partial_\mu \varphi \right\}$$

$$V'(\varphi) = M^4 \exp \left(-\frac{\alpha \varphi}{M} \right)$$

$$k^2 = \frac{\alpha^2 B}{4}$$

Field relativity

Weyl scaling :

$$g'_{\mu\nu} = \frac{\chi^2}{M^2} g_{\mu\nu}$$

changes geometry,
not a coordinate transformation

infinite past

Infinite past : slow inflation

$\sigma = 2$: field equations

$$\ddot{\chi} + \left(3H + \frac{1}{2} \frac{\dot{\chi}}{\chi} \right) \dot{\chi} = \frac{2\mu^2 \chi^2}{m}$$

$$H = \sqrt{\frac{\mu^2}{3} + \frac{m\dot{\chi}^2}{6\chi^3}} - \frac{\dot{\chi}}{\chi}$$

approximative
solution

$$H = \frac{\mu}{\sqrt{3}}, \quad \chi = \frac{3^{\frac{1}{4}} m}{2\sqrt{\mu}} (t_c - t)^{-\frac{1}{2}}$$

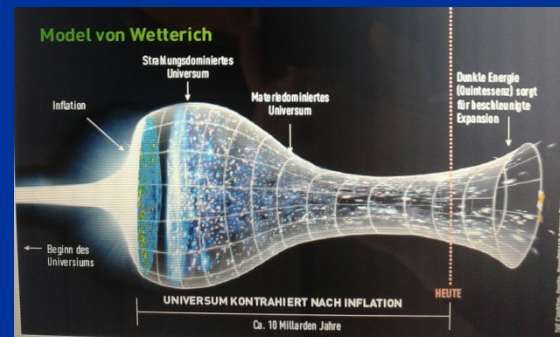
particles become massless in infinite past !

Eternal Universe

Asymptotic solution in freeze frame :

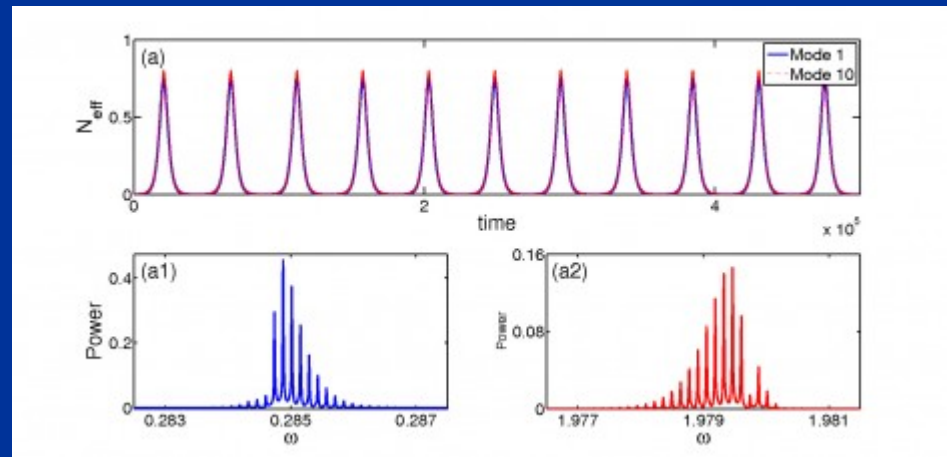
$$H = \frac{\mu}{\sqrt{3}}, \quad \chi = \frac{3^{\frac{1}{4}} m}{2\sqrt{\mu}} (t_c - t)^{-\frac{1}{2}}$$

- solution valid back to the infinite past in physical time
- no singularity
- physical time to infinite past is infinite



Physical time

count oscillations



Physical time

field equation for scalar field mode

$$(\partial_\eta^2 + 2Ha\partial_\eta + k^2 + a^2m^2)\varphi_k = 0$$

$$\varphi_k = \frac{\tilde{\varphi}_k}{a} \quad \left\{ \partial_\eta^2 + k^2 + a^2 \left(m^2 - \frac{R}{6} \right) \right\} \tilde{\varphi}_k = 0$$

determine **physical time** by counting number of oscillations

$$\tilde{t}_p = n_k$$

$$n_k = \frac{k\eta}{\pi}$$

(m=0)

Physical time

- counting : discrete
- invariant under field transformations
- same in all frames

*Big bang singularity
in Einstein frame is
field singularity !*

$$g'_{\mu\nu} = \frac{\chi^2}{M^2} g_{\mu\nu} , \quad \varphi = \frac{2M}{\alpha} \ln \left(\frac{\chi}{\mu} \right)$$

choice of frame with constant particle masses is not well suited if physical masses go to zero !

no small parameter for
dark energy

Four-parameter model

- model has four dimensionless parameters
- three in kinetic :
 - $\sigma \sim 2.5$
 - $\kappa \sim 0.5$
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- + standard model particles and dark matter : sufficient for realistic cosmology from inflation to dark energy
- no more free parameters than Λ CDM

asymptotically vanishing cosmological „constant“

- What matters : Ratio of potential divided by fourth power of Planck mass

$$\frac{V}{\chi^4} = \frac{\mu^2 \chi^2}{\chi^4} = \frac{\mu^2}{\chi^2}$$

$$V = \mu^2 \chi^2$$

- vanishes for $\chi \rightarrow \infty$!

small dimensionless number ?

- needs two intrinsic mass scales
- standard approach : V and M (cosmological constant and Planck mass)
- variable gravity : Planck mass moving to infinity , with fixed V → ratio vanishes asymptotically !

Einstein frame

Weyl scaling :

$$g'_{\mu\nu} = \frac{\chi^2}{M^2} g_{\mu\nu} , \quad \varphi = \frac{2M}{\alpha} \ln \left(\frac{\chi}{\mu} \right)$$

effective action in Einstein frame :

$$\Gamma = \int_x \sqrt{g'} \left\{ -\frac{1}{2} M^2 R' + V'(\varphi) + \frac{1}{2} k^2(\varphi) \partial^\mu \varphi \partial_\mu \varphi \right\}$$

$$V'(\varphi) = M^4 \exp \left(-\frac{\alpha \varphi}{M} \right)$$

$$k^2 = \frac{\alpha^2 B}{4}$$

Quintessence

Dynamical dark energy ,
generated by scalar field (cosmon)

C.Wetterich,Nucl.Phys.B302(1988)668, 24.9.87
P.J.E.Peebles,B.Ratra,ApJ.Lett.325(1988)L17, 20.10.87

Prediction :

**homogeneous dark energy
influences recent cosmology**

- of same order as dark matter -

Original models do not fit the present observations
.... modifications
(different growth of neutrino mass)

*In quantum gravity,
the graviton fluctuations can
play an important role on
distances as large as the
size of the Universe*

- for long range scalar fields and dynamical dark energy
- not for all quantities

Instability of graviton propagator

effective action

$$\Gamma = \int_x \sqrt{g} \left(-\frac{M^2}{2} R + V \right)$$

flat space:

$$G^{-1} = \frac{M^2 q^2}{4} - \frac{V}{2}$$

Instability for $V > 0$: "tachyonic mass term"

$$-\frac{2V}{M^2}$$

curved space:

$$G^{-1} = \sqrt{g} \left\{ \frac{M^2}{4} \left(-D^2 + \frac{2R}{3} \right) - \frac{V}{2} \right\}$$

Graviton barrier

Quantum gravity computation :

For $\chi \rightarrow \infty$

V cannot increase stronger than M^2 !

Instability of graviton propagator is avoided

Graviton barrier and solution of the cosmological constant problem

V cannot increase stronger than M^2 !

If M increases with χ , and for cosmological solutions where χ asymptotically diverges for time going to infinity:

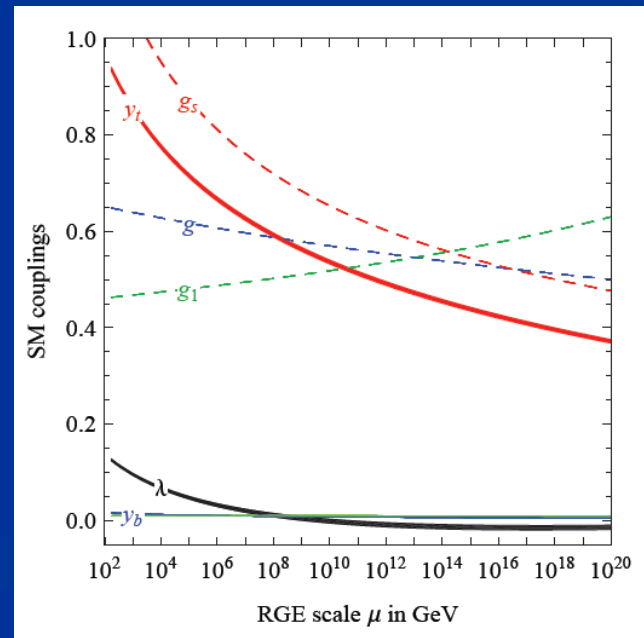
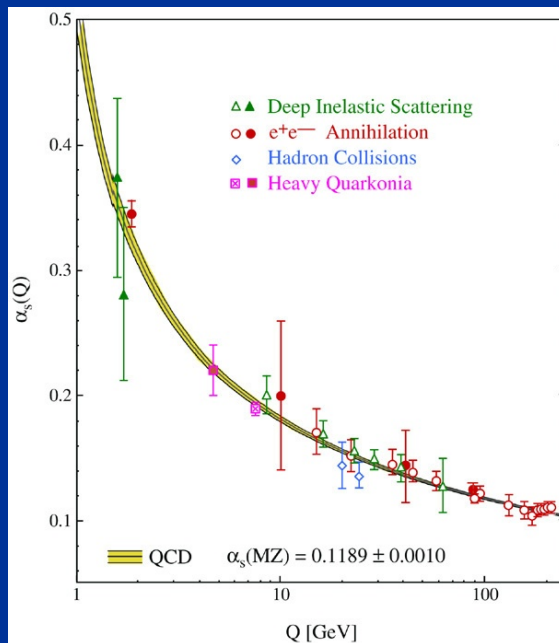
Effective cosmological constant vanishes in infinite future

$$M = \chi \quad : \quad V = \mu^2 \chi^2$$

quantum gravity with
scalar field –
the role of scale symmetry

fluctuations induce running couplings

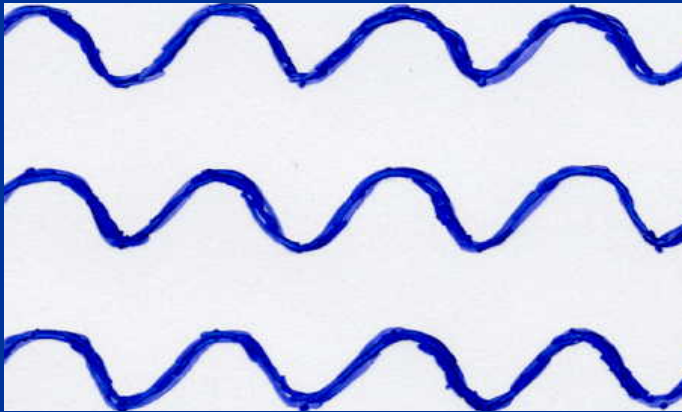
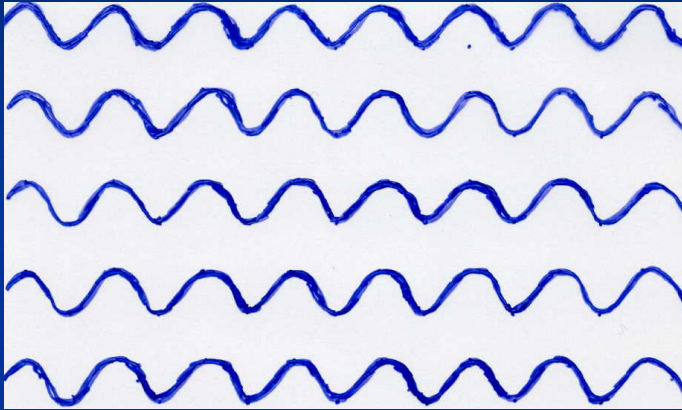
- violation of scale symmetry
- well known in QCD or standard model



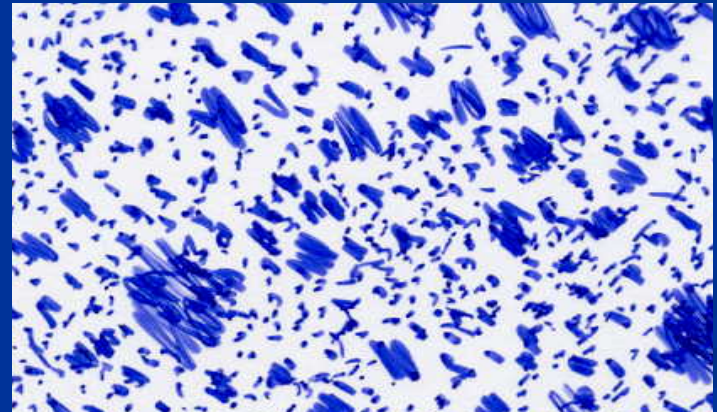
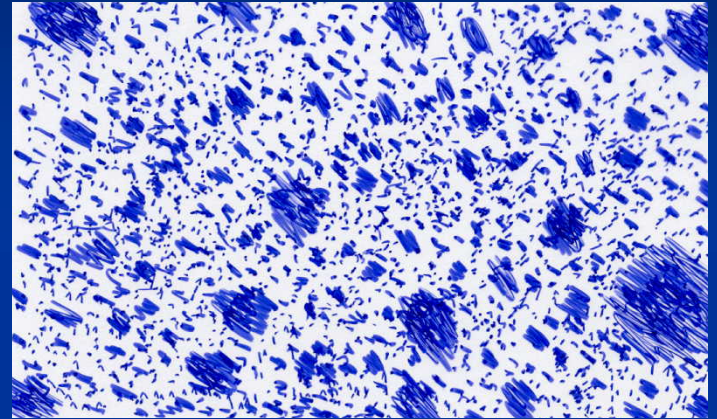
Quantum scale symmetry

- quantum fluctuations violate scale symmetry
- running dimensionless couplings
- at fixed points , scale symmetry is exact !

Scale symmetry

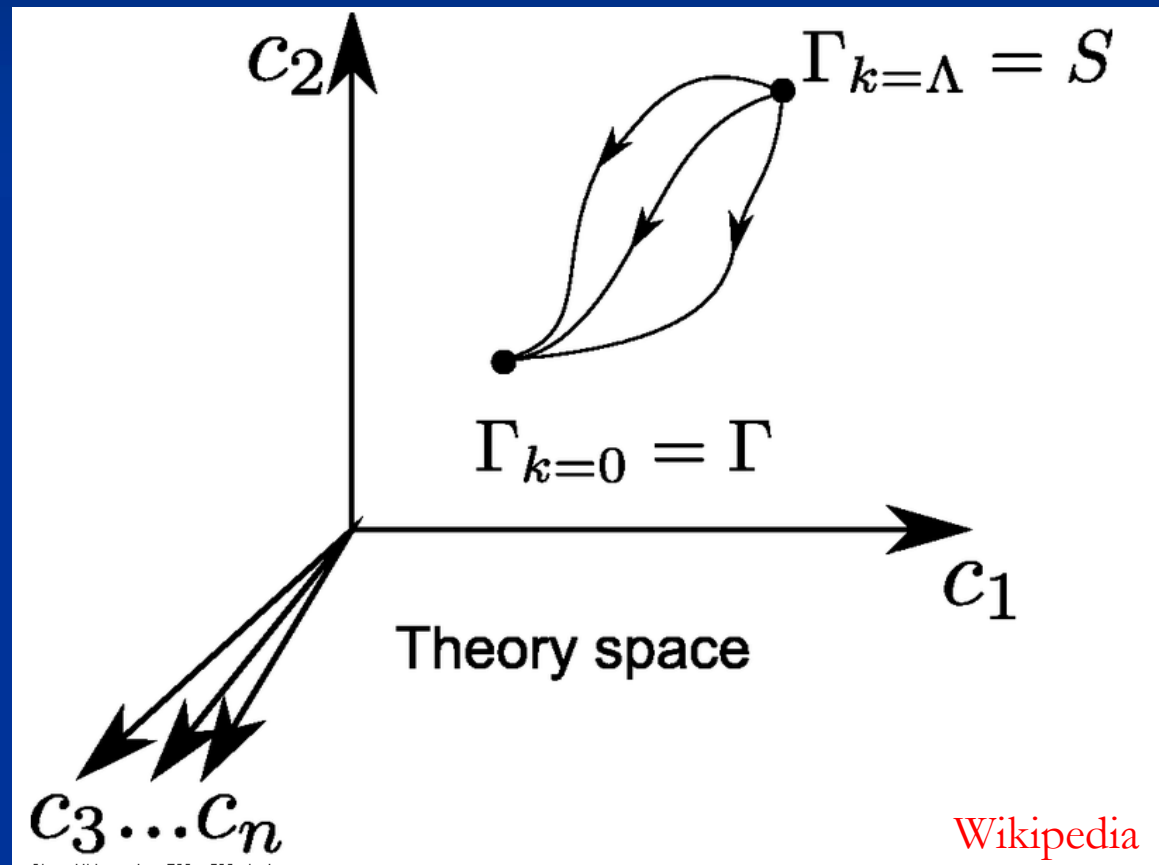


no scale symmetry

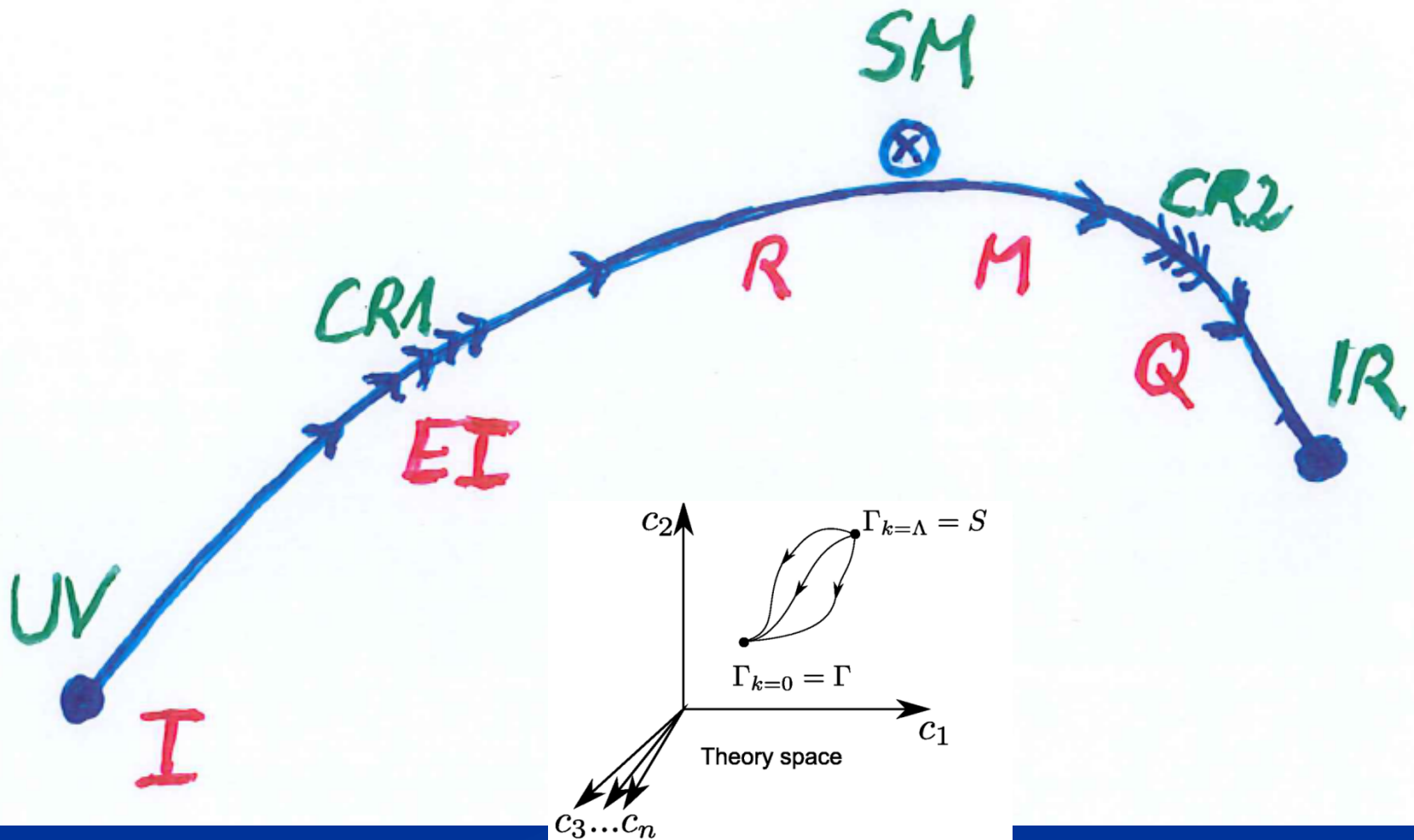


scale symmetry

functional renormalization : flowing action



Crossover in quantum gravity



Spontaneous breaking of scale symmetry

- expectation value of scalar field breaks scale symmetry spontaneously
- massive particles are compatible with scale symmetry
- in presence of massive particles : sign of exact scale symmetry is exactly **massless Goldstone boson** — the dilaton

Approximate scale symmetry near fixed points

- UV : approximate scale invariance of primordial fluctuation spectrum from inflation
- IR : cosmon is pseudo Goldstone boson of spontaneously broken scale symmetry, tiny mass, responsible for dynamical Dark Energy

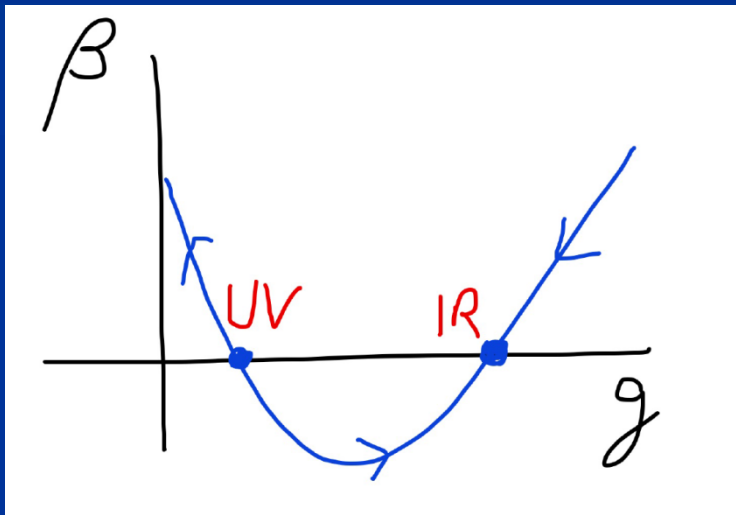
Asymptotic safety

if UV fixed point exists :

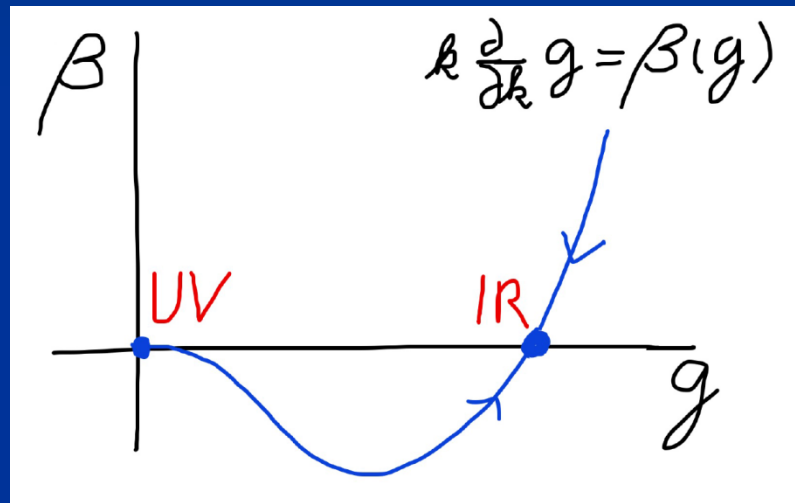
*quantum gravity is
non-perturbatively renormalizable !*

S. Weinberg , M. Reuter

Asymptotic safety



Asymptotic freedom



Relevant parameters yield undetermined couplings.
Quartic scalar coupling is not relevant and can
therefore be predicted.

a prediction...

Asymptotic safety of gravity and the Higgs boson mass

Mikhail Shaposhnikov

Institut de Théorie des Phénomènes Physiques, École Polytechnique Fédérale de Lausanne, CH-1015 Lausanne, Switzerland

Christof Wetterich

Institut für Theoretische Physik, Universität Heidelberg, Philosophenweg 16, D-69120 Heidelberg, Germany

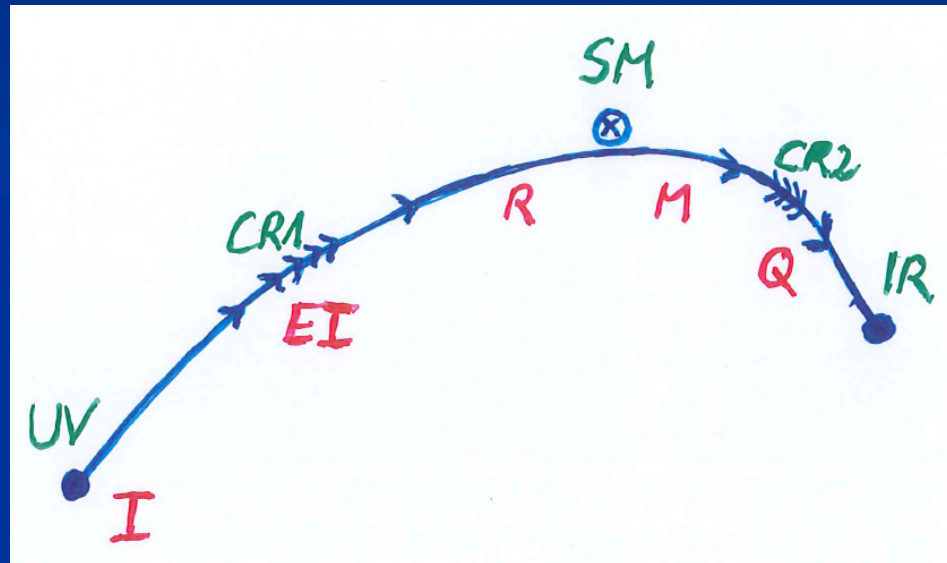
12 January 2010

Abstract

There are indications that gravity is asymptotically safe. The Standard Model (SM) plus gravity could be valid up to arbitrarily high energies. Supposing that this is indeed the case and assuming that there are no intermediate energy scales between the Fermi and Planck scales we address the question of whether the mass of the Higgs boson m_H can be predicted. For a positive gravity induced anomalous dimension $A_\lambda > 0$ the running of the quartic scalar self interaction λ at scales beyond the Planck mass is determined by a fixed point at zero. This results in $m_H = m_{\min} = 126$ GeV, with only a few GeV uncertainty. This prediction is independent of the details of the short distance running and holds for a wide class of extensions of the SM as well.

s in $m_H = m_{\min} = 126$ GeV, with o

Possible consequences of crossover in quantum gravity

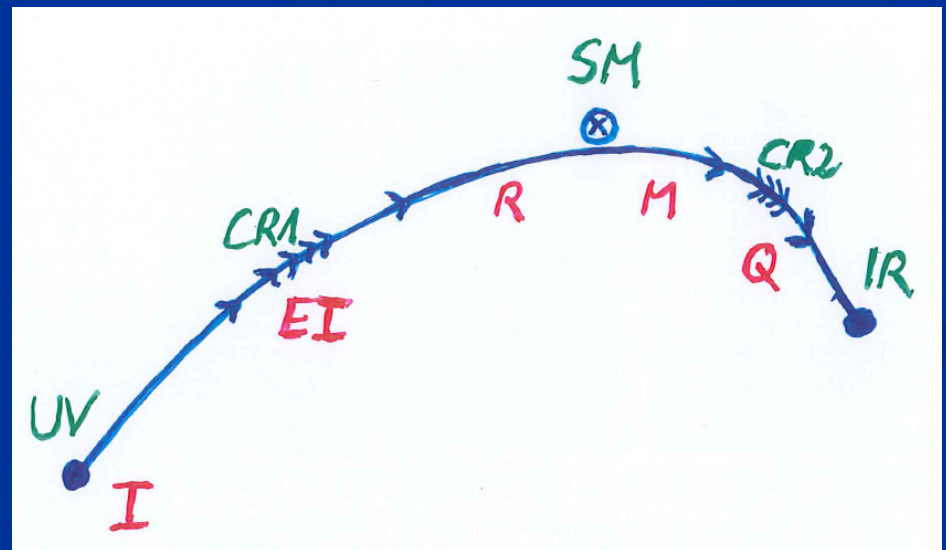


Realistic model for inflation and dark energy
with single scalar field

Cosmological solution : crossover from UV to IR fixed point

- Dimensionless functions as B
depend only on ratio μ/χ .
- IR: $\mu \rightarrow 0$, $\chi \rightarrow \infty$
- UV: $\mu \rightarrow \infty$, $\chi \rightarrow 0$

**Cosmology makes
crossover between
fixed points by
variation of χ .**



renormalization flow and cosmological evolution

- renormalization flow as function of μ

is mapped by dimensionless functions to

- field dependence of effective action on scalar field χ

translates by solution of field equation to

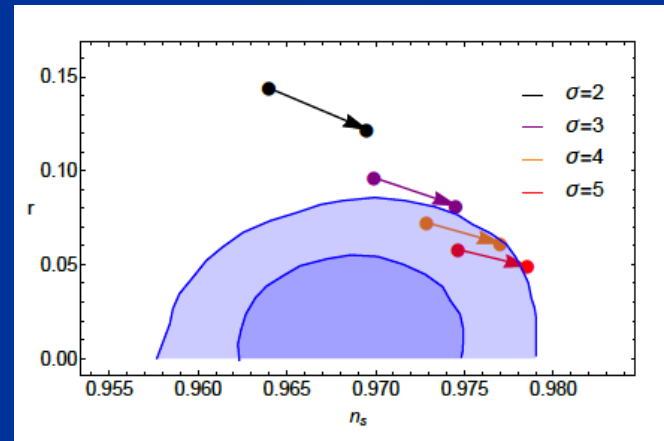
- dependence of cosmology on time t or η

Simplicity

simple description of **all** cosmological epochs

natural incorporation of Dark Energy :

- inflation
- Early Dark Energy
- present Dark Energy dominated epoch



J.Rubio...

conclusions (1)

Quantum gravity may be observable in
dynamics of present Universe

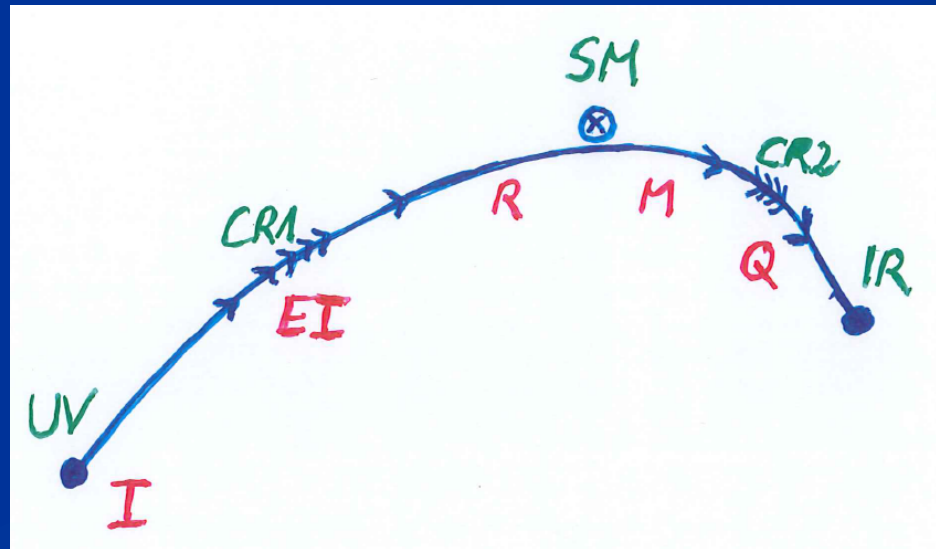
Fixed points and scale symmetry crucial

Big bang singularity is artefact
of inappropriate choice of field variables –
no physical singularity

Growing neutrino masses and quintessence

Second stage of crossover

- from SM to IR
- in sector Beyond Standard Model
- affects neutrino masses first (seesaw or cascade mechanism)



Varying particle masses at onset of second crossover

- All particle masses **except for neutrinos** are proportional to χ .
- Ratios of particle masses remain constant.
- Compatibility with observational bounds on time dependence of particle mass ratios.
- Neutrino masses show stronger increase with χ , such that **ratio neutrino mass over electron mass grows**.

Cosmic trigger

- Stop of evolution of scalar field when neutrinos become non-relativistic
- Transition from scaling solution to (almost) cosmological constant

connection between dark energy and neutrino properties

$$[\rho_h(t_0)]^{\frac{1}{4}} = 1.27 \left(\frac{\gamma m_\nu(t_0)}{eV} \right)^{\frac{1}{4}} 10^{-3} eV$$

L.Amendola,
M.Baldi, ...

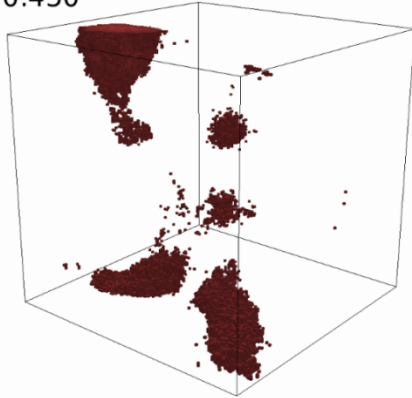
present dark energy density given by neutrino mass

present equation
of state given by
neutrino mass !

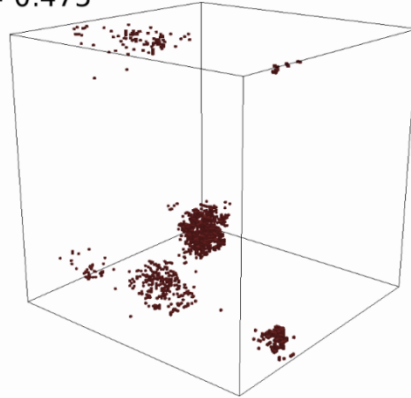
$$w_0 \approx -1 + \frac{m_\nu(t_0)}{12eV}$$

Oscillating neutrino lumps

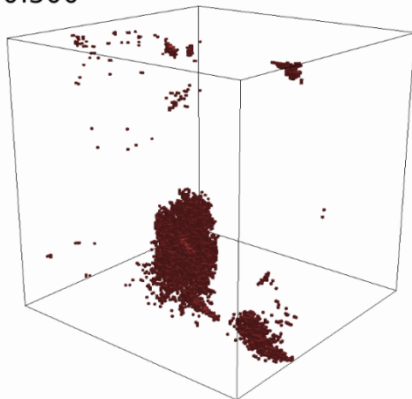
$a = 0.450$



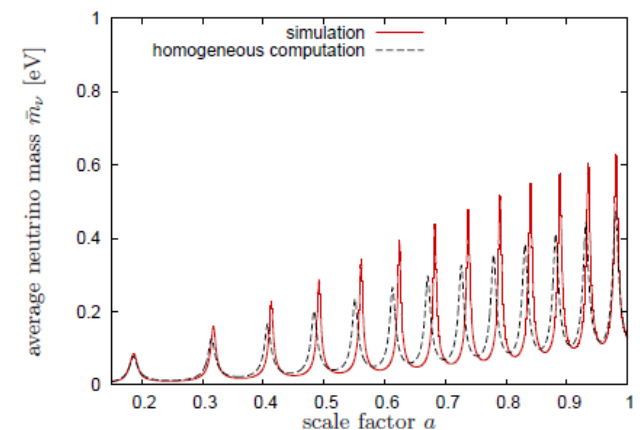
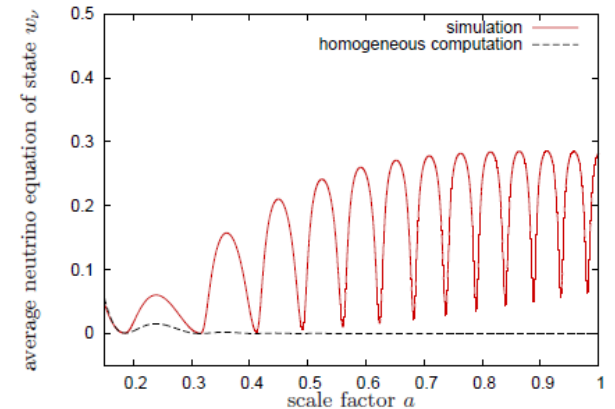
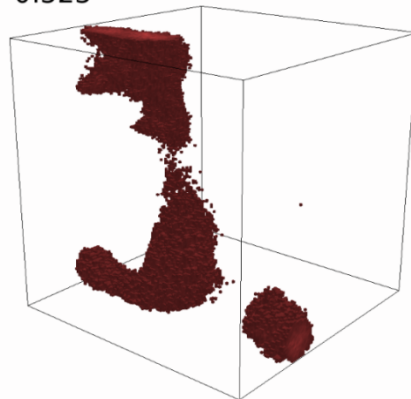
$a = 0.475$



$a = 0.500$



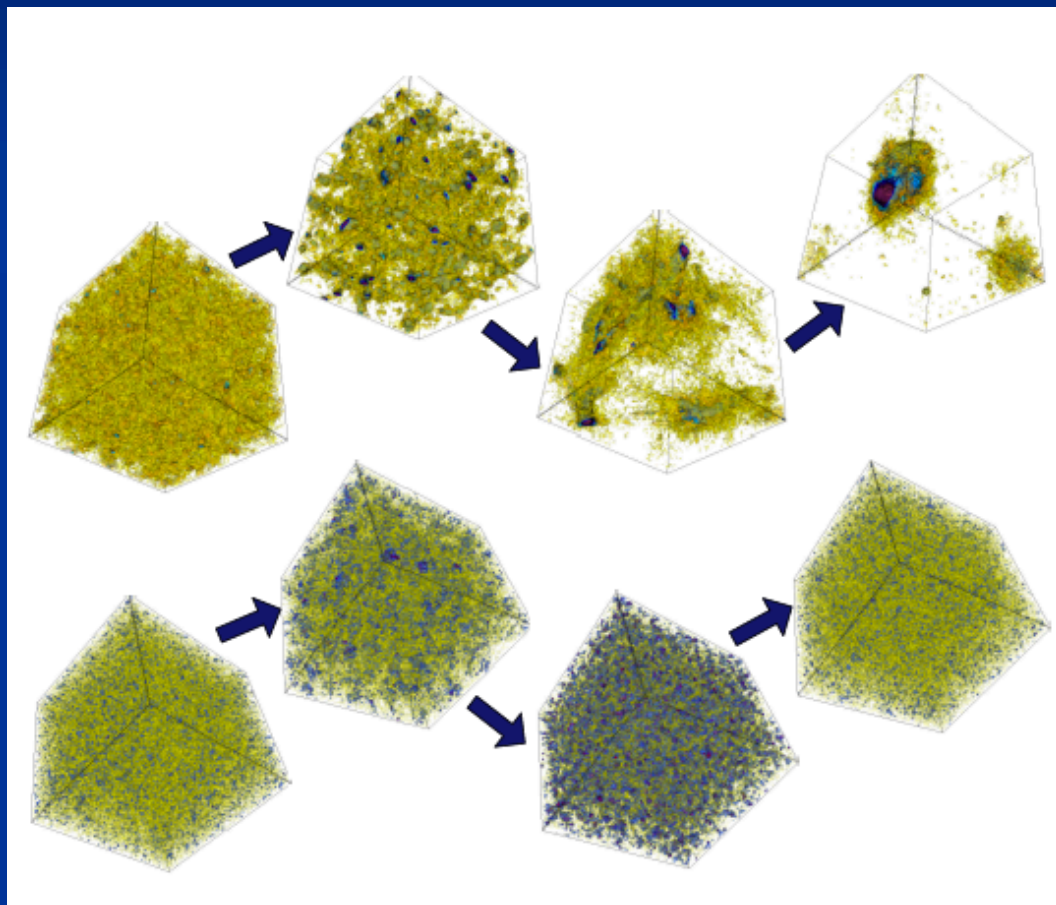
$a = 0.525$



Y. Ayaita, M. Weber, ...

Ayaita, Baldi, Fuehrer,
Puchwein, ...

Neutrino lumps

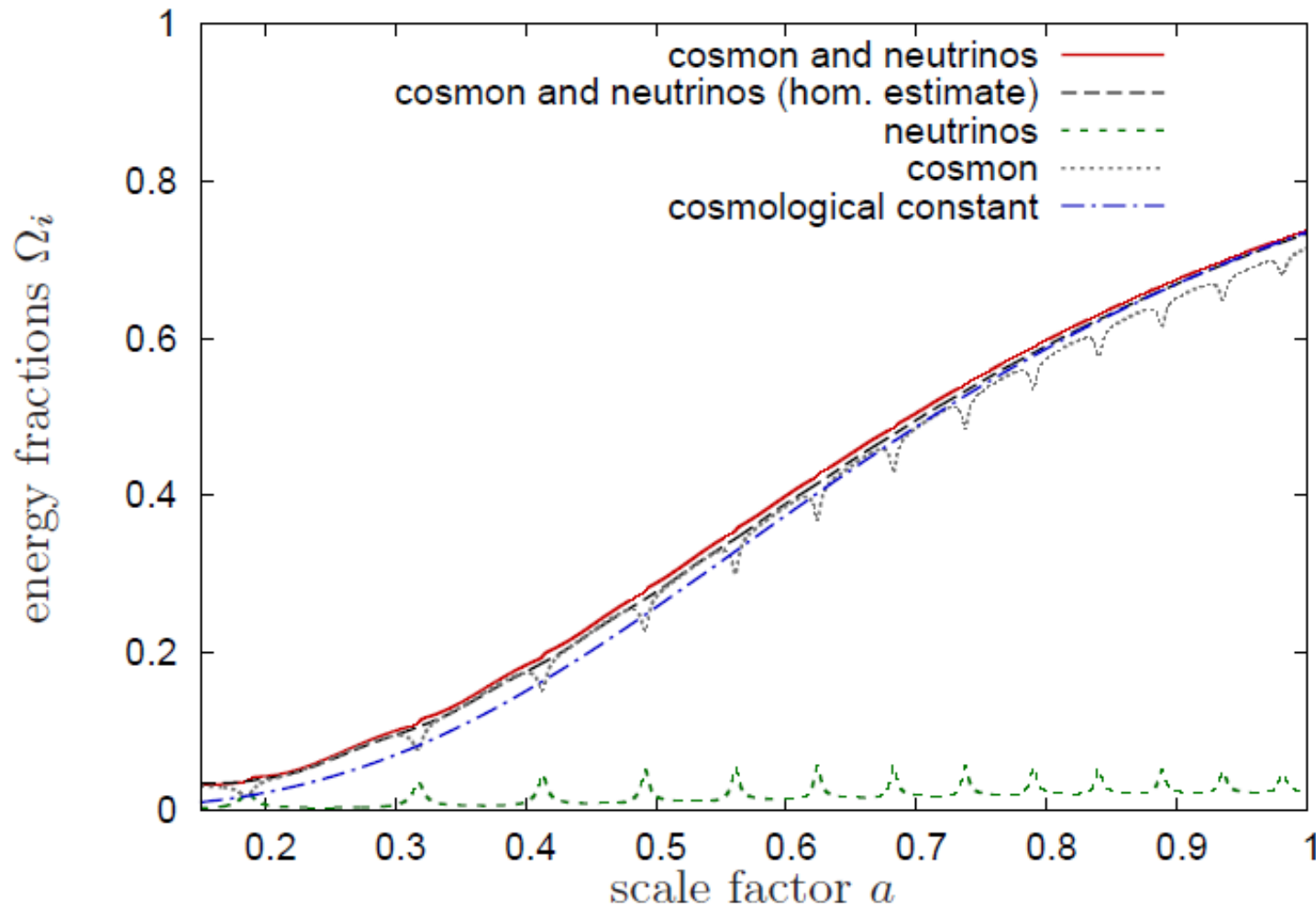


large m_ν

small m_ν

Casas, Pettorino,...

Evolution of dark energy similar to Λ CDM



Compatibility with observations and possible tests

- Realistic inflation model
- Almost same prediction for radiation, matter, and Dark Energy domination as Λ CDM
- Presence of small fraction of Early Dark Energy
- Large neutrino lumps

conclusions (2)

- Variable gravity cosmologies can give a simple and realistic description of Universe
- Compatible with tests of equivalence principle and bounds on variation of fundamental couplings if nucleon and electron masses are proportional to variable Planck mass
- Cosmon dependence of ratio neutrino mass/ electron mass can explain why Universe makes a transition to Dark Energy domination **now**
- **characteristic signal : neutrino lumps**

end

Inflation

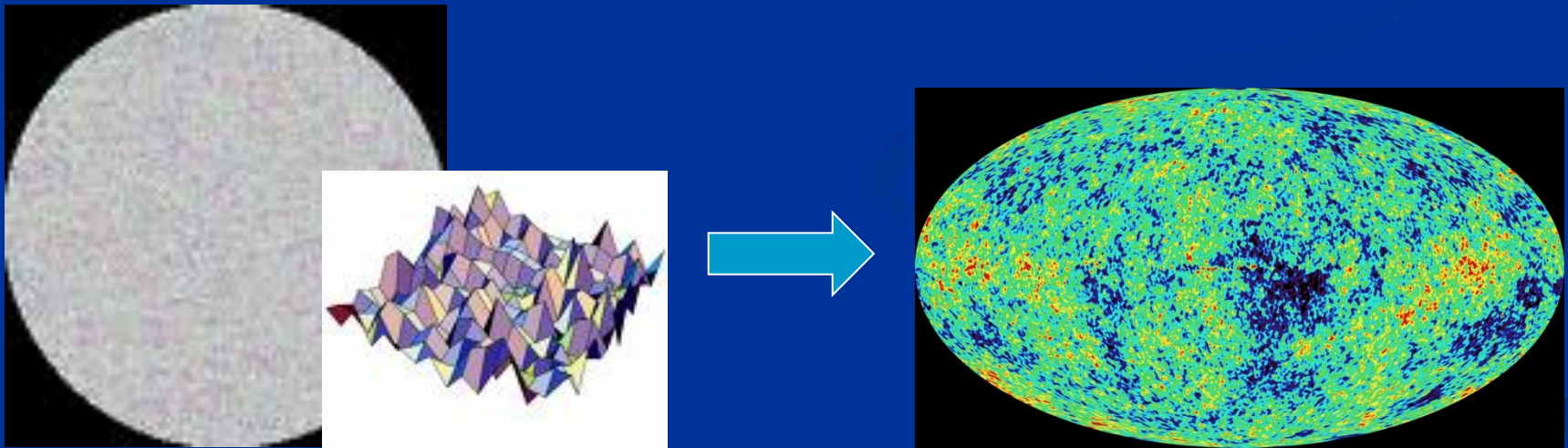
solution for small χ : inflationary epoch

kinetial characterized by
anomalous dimension σ

$$B = b \left(\frac{\mu}{\chi} \right)^\sigma = \left(\frac{m}{\chi} \right)^\sigma$$

Primordial fluctuations

- inflaton field : χ
- primordial fluctuations of inflaton become observable in cosmic microwave background



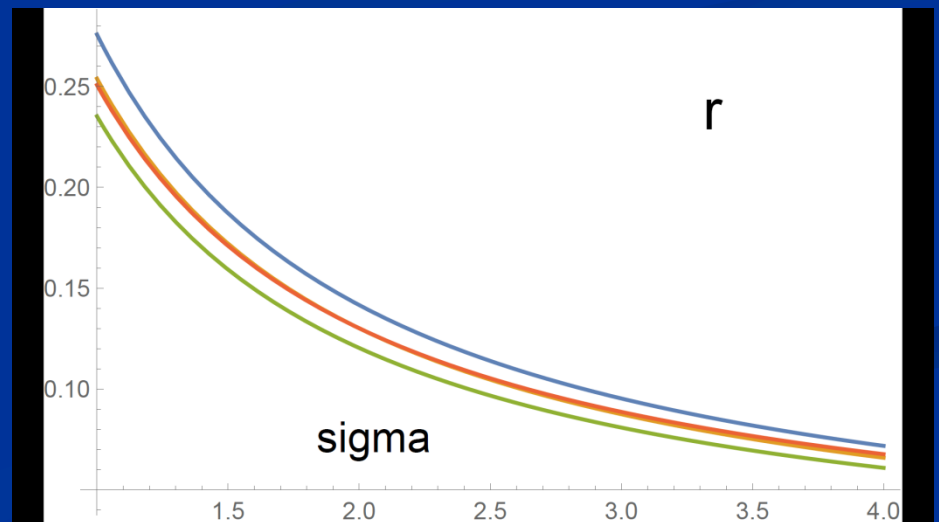
Anomalous dimension determines spectrum of primordial fluctuations

$$r = \frac{0.26}{\sigma}$$

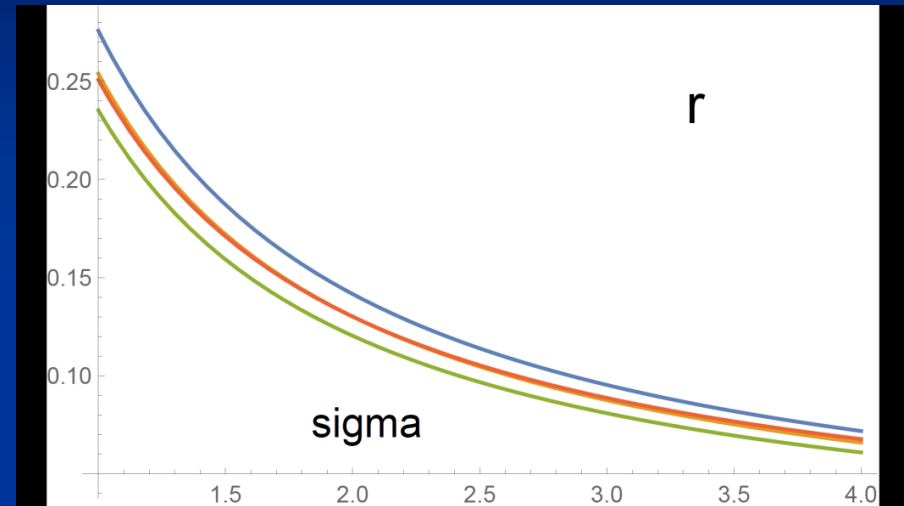
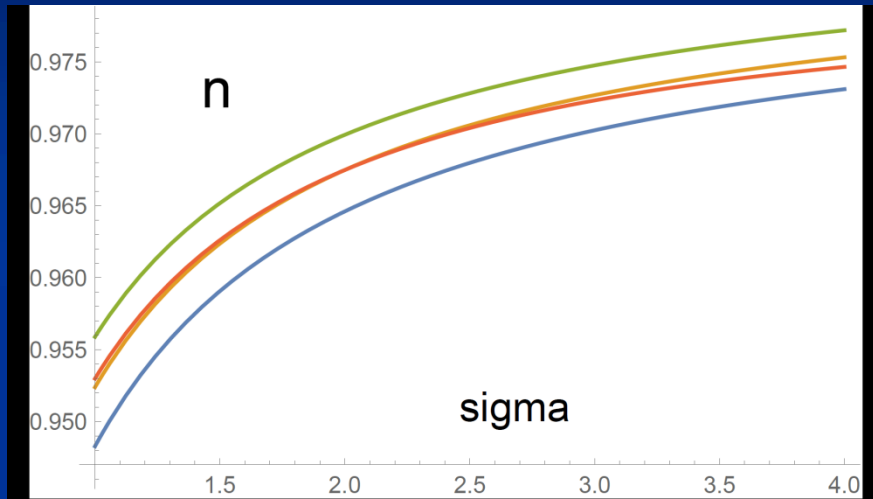
$$n = 1 - \frac{0.065}{\sigma} \cdot \left(1 + \frac{\sigma - 2}{4}\right)$$

spectral index n

tensor amplitude r



relation between n and r



$$r = 8.19 (1 - n) - 0.1365$$

Amplitude of density fluctuations

small because of logarithmic running
near UV fixed point !

$$\mathcal{A} = \frac{(N+3)^3}{4} e^{-2c_t}$$

$$c_t = \ln \left(\frac{m}{\mu} \right) = 14.1. \quad \sigma=1$$

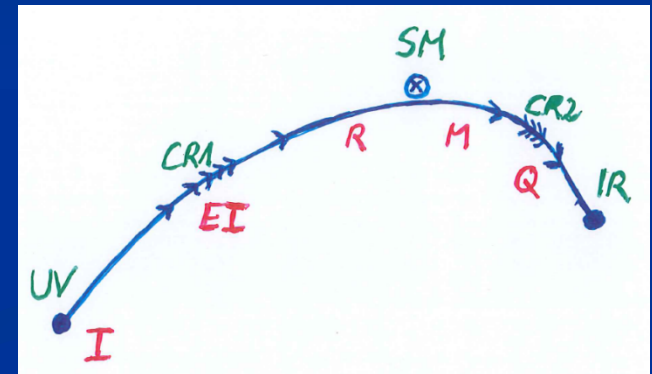
$$\frac{m}{\mu} = \frac{(N+3)^{\frac{3}{2}}}{2\sqrt{\mathcal{A}}} = 1.32 \cdot 10^6 \left(\frac{N}{60} \right)^{\frac{3}{2}}$$

$$B^{-1} - \frac{\kappa}{\sigma} \ln B = \kappa \left[\ln \left(\frac{\chi}{\mu} \right) - c_t \right] = \kappa \ln \left(\frac{\chi}{m} \right)$$

N : number of e – foldings at horizon crossing

Origin of mass

- UV fixed point : scale symmetry unbroken
all particles are massless
- IR fixed point :
scale symmetry spontaneously broken,
massive particles , massless dilaton
- crossover : explicit mass scale μ important
- approximate SM fixed point : approximate scale symmetry
spontaneously broken, massive particles , almost massless
cosmon, tiny cosmon potential



On shell graviton propagator

$$G^{-1} = \sqrt{g} \left\{ \frac{M^2}{4} \left(-D^2 + \frac{2R}{3} \right) - \frac{V}{2} \right\}$$

on shell :

(for solution of field equations)

$$R = \frac{4V}{M^2}$$

homogenous isotropic metric,
conformal time

$$g_{\mu\nu} = a^2(\eta) \delta_{\mu\nu} \quad \mathcal{H} = \frac{\partial \ln a}{\partial \eta}$$

inverse graviton
propagator in
de Sitter space

$$a^{-2} \left(-D^2 + \frac{R}{6} \right) a^2 = \frac{1}{a^2} (\partial_\eta^2 + 2\mathcal{H}\partial_\eta + \vec{q}^2)$$

milder instability, not tachyonic, absent for
cosmologies close to de Sitter space

IR – instability for graviton fluctuations

problem solved ?

- yes for primordial cosmic fluctuations (on shell)
- no for quantum gravity (off shell)
- Computation of effective action is an off-shell problem.
- example : one needs the effective potential for the Higgs field in the vicinity of its minimum (off shell), not only at the minimum (on shell)

Quantum gravity with scalar field

M^2 and V depend on scalar field χ

$$M^2 = c_1 + c_2 \chi^2$$

$$V = d_1 + d_2 \chi^2 + d_3 \chi^4$$

question : behavior of V for $\chi \rightarrow \infty$

- $d_3 \neq 0$ excluded!
- $d_3 < 0$ unstable potential
- $d_3 > 0$ instability of graviton propagator