

Evaporative Cooling & Thermalization of bosonic cold quantum gases

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Introduction & Motivation

Evaporative Cooling: What? Why? What is it Good For?

Different Models

Amsterdam Group (1996)
(atomic hydrogen)

MIT Group (1994-1996)
(alkali atoms)

Heidelberg Group (2018-2020)

Summary & Outlook

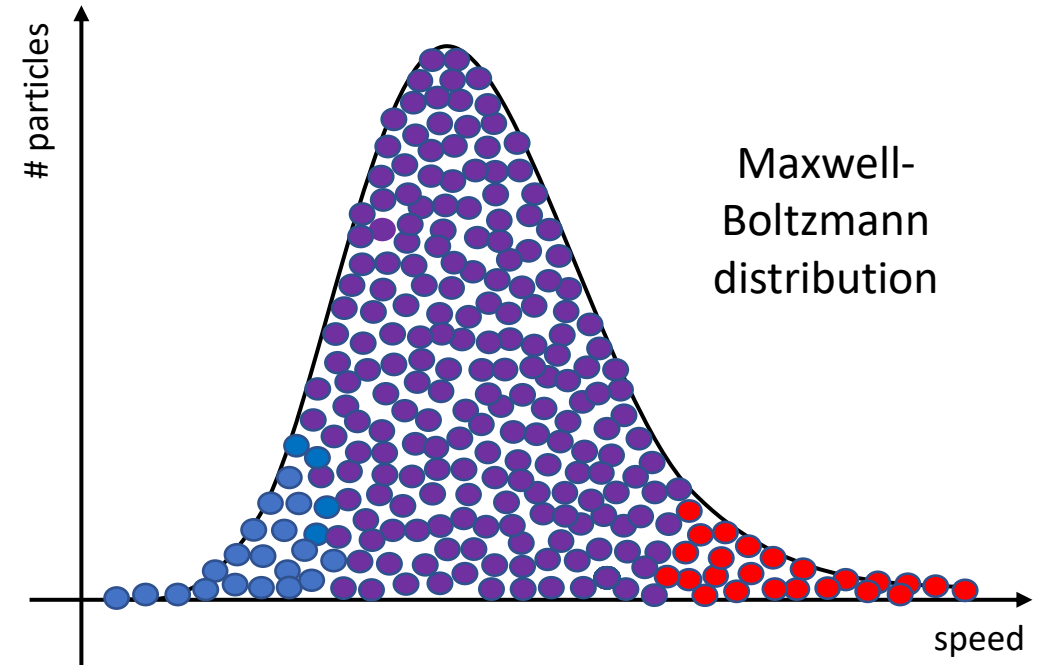
References

What is Evaporative Cooling?

Evaporative Cooling
of trapped atoms

Temperatures ($< 1\mu\text{K}$)
generated in atom traps

10^{-12}



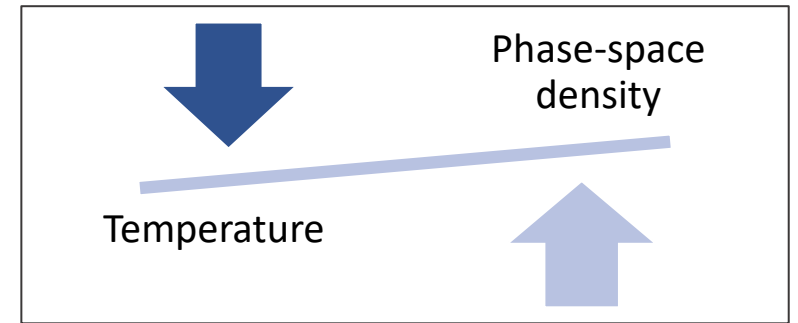
Maxwell-
Boltzmann
distribution

Evaporating neutrons

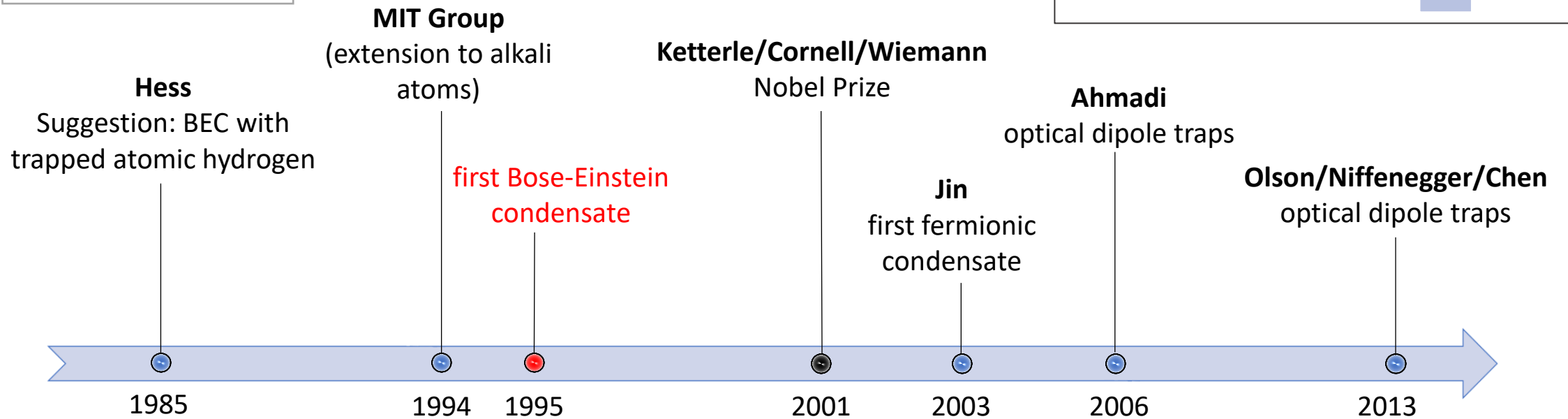
eV

10^6

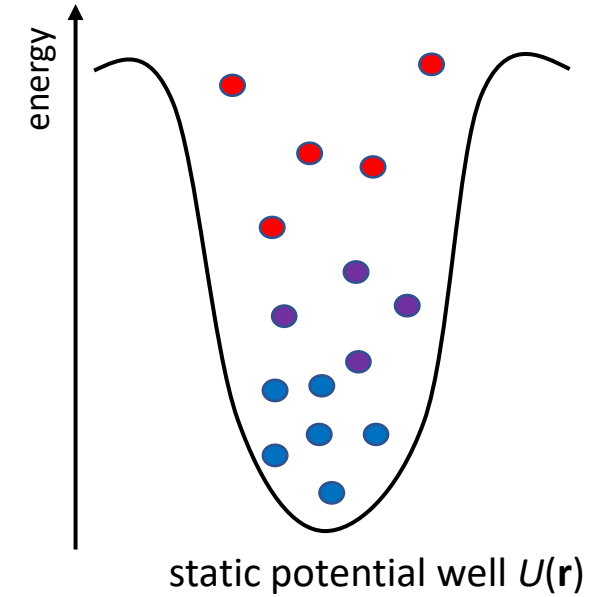
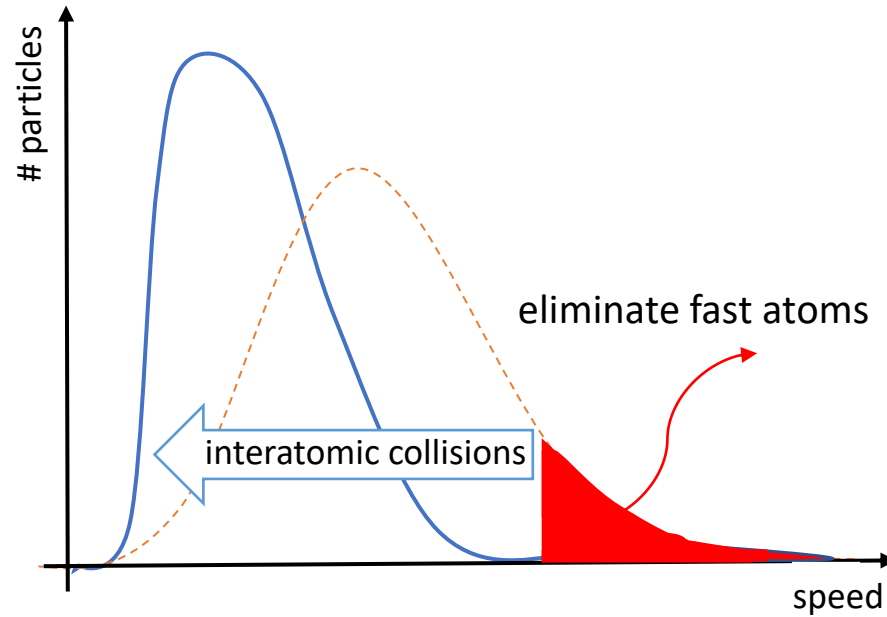
Why Evaporative Cooling and **what** is it good for?



A cool history ...



Basic assumption:
Sufficient ergodicity
 Example:
 ergodic single-particle motion



$$\rho(\varepsilon) \equiv (2\pi\hbar)^{-3} \int d\mathbf{r} d\mathbf{p} \delta[\varepsilon - U(\mathbf{r}) - p^2/2m] = \frac{2\pi(2m)^{3/2}}{(2\pi\hbar)^3} \int_{U(\mathbf{r}) \leq \varepsilon} d\mathbf{r} \sqrt{\varepsilon - U(\mathbf{r})}$$

$$\rho(\varepsilon) = A_{PL} \varepsilon^{1/2+\delta}$$

Truncated energy distribution

$$f(\varepsilon) = \sum_{l=1}^{\infty} z^l \exp(-l \varepsilon / k T) \theta(\varepsilon_t - \varepsilon)$$



$$f(\varepsilon) = z e^{-\varepsilon / k T} \theta(\varepsilon_t - \varepsilon)$$

with $N = z \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon / k T}$

Reminder: distribution function

$$f(\varepsilon) = \frac{1}{z^{-1} \exp(-\varepsilon / k T) - 1}$$
$$= \sum_{l=1}^{\infty} z^l \exp(-l \varepsilon / k T)$$

fugacity: $z = \exp(\mu / k T)$

$$N = \int d\varepsilon \rho(\varepsilon) f(\varepsilon)$$

Canonical partition function

$$N = z \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon/kT} = n_0 \Lambda^3 \zeta$$



$$\zeta = (2\pi\hbar)^{-3} \int d\mathbf{p} d\mathbf{r} e^{-H(\mathbf{r},\mathbf{p})/kT} \theta[\varepsilon_t - H(\mathbf{r},\mathbf{p})]$$

$$z = n_0 \Lambda^3$$

$$\Lambda = [2\pi\hbar^2/mkT]^{1/2}$$

$$\zeta = \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon/kT}$$

$$H(\mathbf{r},\mathbf{p}) = U(\mathbf{r}) + p^2/2m$$

Density distribution

$$n(\mathbf{r}) = \underbrace{n_0 e^{-U(\mathbf{r})/KT}}_{= n_\infty(\mathbf{r})} P\left(\frac{3}{2}, \eta_t(\mathbf{r})\right)$$

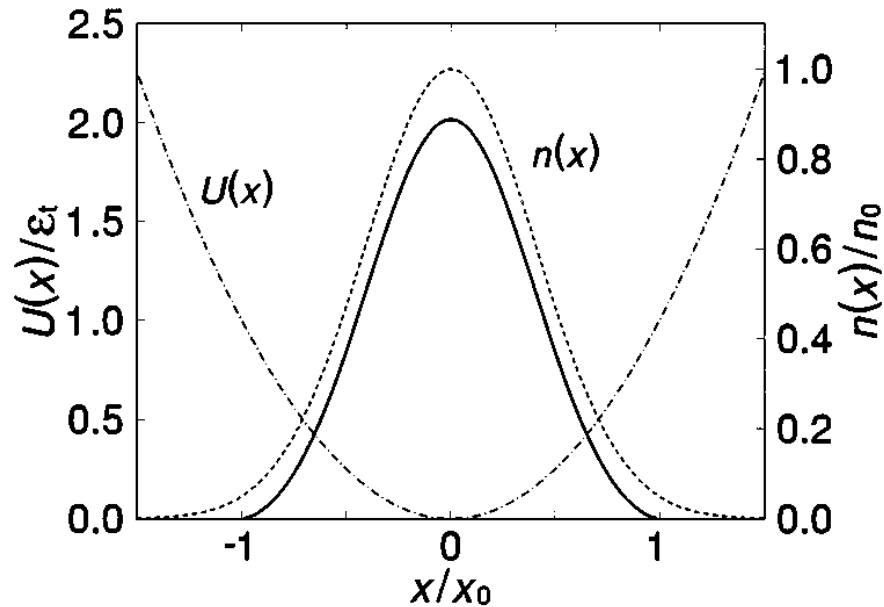


Figure: Density distribution, [4]

$$N = \int dr n(\mathbf{r})$$

$$\eta_t(\mathbf{r}) \equiv (\varepsilon_t - U(\mathbf{r}))/kT$$

$$P\left(\frac{3}{2}, \eta_t(\mathbf{r})\right) = \sqrt{\eta_t} - 2\sqrt{\eta_t/\pi} \exp(-\eta_t)$$

Reference Volume

$$V_e = N/n_0 = \Lambda^3 \zeta = \Lambda^3 \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon/kT}$$

Power-law traps: $\zeta = A_{PL} \int_0^{\varepsilon_t} d\varepsilon \varepsilon^{1/2+\delta} e^{-\varepsilon/kT} = \zeta_\infty P\left(\frac{3}{2} + \delta, \eta\right)$

$$V_e = \Lambda^3 \zeta_\infty P\left(\frac{3}{2} + \delta, \eta\right)$$



$$V_e \propto T^\delta \quad \text{for } \eta \rightarrow \infty$$

$$\zeta_\infty = A_{PL} [kT]^{3/2+\delta} \Gamma\left(\frac{3}{2} + \delta\right)$$

Internal energy

$$E = n_0 \Lambda^3 \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon/kT} = NkT^2 \frac{1}{\zeta} \frac{\partial \zeta}{\partial T} = \left(\frac{3}{2} + \tilde{\gamma} \right) NkT$$

Power-law traps: $E = E_\infty R \left(\frac{3}{2} + \delta, \eta \right)$

$$dE = C_{\varepsilon_t} dT + \mu_{\varepsilon_t} dN$$

$$C_{\varepsilon_t} = \left(\frac{3}{2} + \tilde{\gamma} + T(\partial \tilde{\gamma} / \partial T)_{\varepsilon_t} \right) Nk \quad \mu_{\varepsilon_t} = \left(\frac{3}{2} + \tilde{\gamma} \right) kT$$

$$\zeta = \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) e^{-\varepsilon/kT} = V_e / \Lambda^3$$

$$\tilde{\gamma} = \left(\frac{\partial \ln V_e}{\partial \ln T} \right)_{\varepsilon_t}$$

$$R(a, \eta) \equiv P(a+1, \eta) / P(a, \eta)$$

$$E_\infty = \left(\frac{3}{2} + \delta \right) NkT$$

Kinetic equation

Boltzmann equation:
$$\left(\frac{\mathbf{p}}{m} \cdot \nabla_{\mathbf{r}} - \nabla_{\mathbf{r}} U \cdot \nabla_{\mathbf{p}} + \frac{\partial}{\partial t}\right) f(\mathbf{r}, \mathbf{p}) = \mathbf{c}(\mathbf{r}, \mathbf{p})$$

collision integral:
$$\mathbf{c}(\mathbf{r}, \mathbf{p}_4) = \frac{\sigma}{(2\pi\hbar)^3 2\pi m} \int d^3 p_3 d\Omega' q \{ (f(\mathbf{r}, \mathbf{p}_1) f(\mathbf{r}, \mathbf{p}_2) - f(\mathbf{r}, \mathbf{p}_3) f(\mathbf{r}, \mathbf{p}_4)) \}$$

sufficient
 ergodicity

$$f(\mathbf{r}, \mathbf{p}) = \int d\varepsilon \delta(U(\mathbf{r}) + p^2/2m - \varepsilon) f(\varepsilon)$$

$$\rho(\varepsilon_4) \dot{f}(\varepsilon_4) = \frac{m\sigma}{\pi^2 \hbar^2} \int d\varepsilon_1 d\varepsilon_2 d\varepsilon_3 \delta(\varepsilon_1 + \varepsilon_2 - \varepsilon_3 - \varepsilon_4) \rho(\min[\varepsilon_1, \varepsilon_2, \varepsilon_3, \varepsilon_4]) \{ f(\varepsilon_1) f(\varepsilon_2) - f(\varepsilon_3) f(\varepsilon_4) \}$$

Numerical solution
 of the kinetic equation

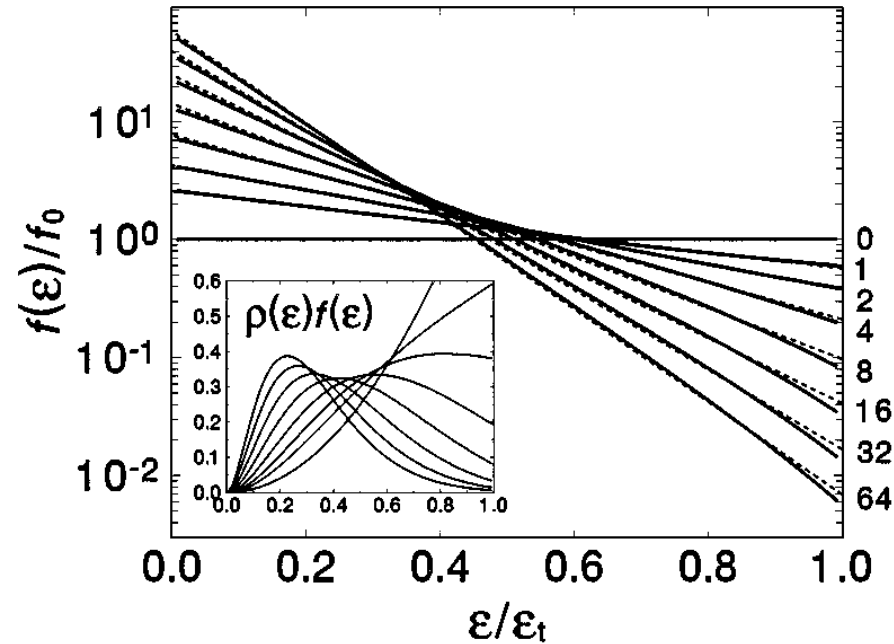


Figure: Evolution of the distribution function $f(\epsilon)$, [4]

$$\rho(\epsilon_4)\dot{f}(\epsilon_4) = \frac{m\sigma}{\pi^2\hbar^2} \int d\epsilon_1 d\epsilon_2 d\epsilon_3 \delta(\epsilon_1 + \epsilon_2 - \epsilon_3 - \epsilon_4) \rho(\min[\epsilon_1, \epsilon_2, \epsilon_3, \epsilon_4]) \{f(\epsilon_1)f(\epsilon_2) - f(\epsilon_3)f(\epsilon_4)\}$$

Evaporation Rate

$$\begin{aligned}\dot{N}_{ev} &= - \int_{\varepsilon_t}^{\infty} d\varepsilon_4 \rho(\varepsilon_4) \dot{f}(\varepsilon_4) \\ &= - \frac{m\sigma}{\pi^2 \hbar^2} \int_0^{\varepsilon_t} d\varepsilon_3 \int_{\varepsilon_3}^{\varepsilon_t} d\varepsilon_2 \int_{\varepsilon_3 + \varepsilon_t - \varepsilon_2}^{\varepsilon_t} d\varepsilon_1 \rho(\varepsilon_3) f(\varepsilon_1) f(\varepsilon_2) \\ &= -n_0^2 \bar{v} \sigma e^{-\eta} V_{ev}\end{aligned}$$

$$\varepsilon_4 > \varepsilon_t > \varepsilon_1, \varepsilon_2$$

$$\varepsilon_3 = \varepsilon_1 + \varepsilon_2 - \varepsilon_4$$

$$\bar{v} \equiv (8kT/\pi m)^{1/2}$$

$$V_{ev} = \frac{\Lambda^3}{kT} \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) \left((\varepsilon_t - \varepsilon - kT) e^{-\varepsilon/kT} + kT e^{-\varepsilon_t/kT} \right)$$

Kinetic equation:
$$\rho(\varepsilon_4) \dot{f}(\varepsilon_4) = \frac{m\sigma}{\pi^2 \hbar^2} \int d\varepsilon_1 d\varepsilon_2 d\varepsilon_3 \delta(\varepsilon_1 + \varepsilon_2 - \varepsilon_3 - \varepsilon_4) \rho(\min[\varepsilon_1, \varepsilon_2, \varepsilon_3, \varepsilon_4]) \{f(\varepsilon_1) f(\varepsilon_2) - f(\varepsilon_3) f(\varepsilon_4)\}$$

Loss of internal energy

$$\dot{E} = \dot{E}_{ev} + \dot{E}_t$$

$$\begin{aligned} \dot{E} = \dot{E}_{ev} &= - \int_{\varepsilon_t}^{\infty} d\varepsilon_4 \varepsilon_4 \rho(\varepsilon_4) \dot{f}(\varepsilon_4) \\ &= \dot{N}_{ev} (\varepsilon_t + (1 - X_{ev}/V_{ev})kT) \end{aligned}$$

with
$$X_{ev} = \frac{\Lambda^3}{kT} \int_0^{\varepsilon_t} d\varepsilon \rho(\varepsilon) [kT e^{-\varepsilon/kT} - (\varepsilon_t - \varepsilon + kT) e^{-\varepsilon_t/kT}]$$

forced evaporation

$$\dot{E}_t = \varepsilon_t \rho(\varepsilon_t) f(\varepsilon_t) \dot{\varepsilon}_t = \varepsilon_t \dot{N}_t$$

Comparison of results

$$\dot{E} = C\dot{T} + \mu\dot{N}$$

differential equations

$$\dot{T} = \frac{\dot{E}_{ev} - \mu\dot{N}_{ev}}{C}$$

$$\dot{N} = \dot{N}_{ev}$$

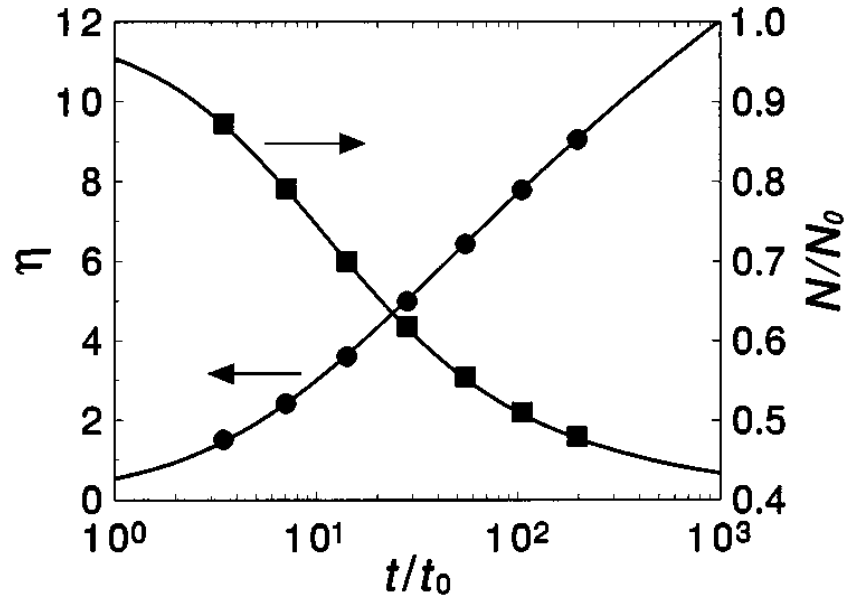


Figure: Truncation parameter η and fraction of atoms remaining in the trap N/N_0 as a function of reduced time t/t_0 , [4]


$$\dot{E} = \dot{E}_{ev} + E_t$$

$$\dot{E}_t = \varepsilon_t \rho(\varepsilon_t) f(\varepsilon_t) \dot{\varepsilon}_t = \varepsilon_t \dot{N}_t$$

$$\dot{N} = \dot{N}_{ev} + \dot{N}_t$$

Relaxation & Heating

$$\dot{N}_{rel} = - \int d^3r G(\mathbf{r}) n^2(\mathbf{r})$$


$$\tau_{rel}^{-1} = n_0 G V_{2e}/V_e$$

$$\dot{E}_{rel} = \dot{N}_{rel} \left(\frac{3}{2} + \tilde{\gamma}_2 \right) kT$$

$$\tau_{rel}^{-1} = -(\dot{N}_{rel}/N)$$

$$V_{2e} = \int d^3r (n(\mathbf{r})/n_0)^2$$

$$\tilde{\gamma}_2 = (T/(2V_{2e})) \partial V_{2e} / \partial T$$

Thermalization ratio

$$\dot{E}_{ev} + \dot{E}_{rel} = \dot{N}_{ev} \left(\eta + (1 - X_{ev}/V_{ev}) + \left(\frac{3}{2} + \tilde{\gamma}_2 \right) / R \right) kT$$

thermalisation ratio: $R = \frac{\bar{v}\sigma V_{ev}}{G V_{2e}} e^{-\eta}$

$$\dot{N}_{ev} + \dot{N}_{rel} = \dot{N}_{ev} (1 + 1/R)$$

$$\dot{E}_{ev} = \dot{N}_{ev} (\varepsilon_t + (1 - X_{ev}/V_{ev}) kT)$$

$$\dot{E}_{rel} = \dot{N}_{rel} \left(\frac{3}{2} + \tilde{\gamma}_2 \right) kT$$

$$R = \dot{N}_{ev} / \dot{N}_{rel}$$

$$\begin{aligned} \tau_{ev}^{-1} &= -(\dot{N}_{ev}/N) \\ &= n_0 \bar{v}\sigma e^{-\eta} V_{ev} \end{aligned}$$

Cooling atomic hydrogen

$$kT^* = \frac{\pi m G^2}{16\sigma^2}$$

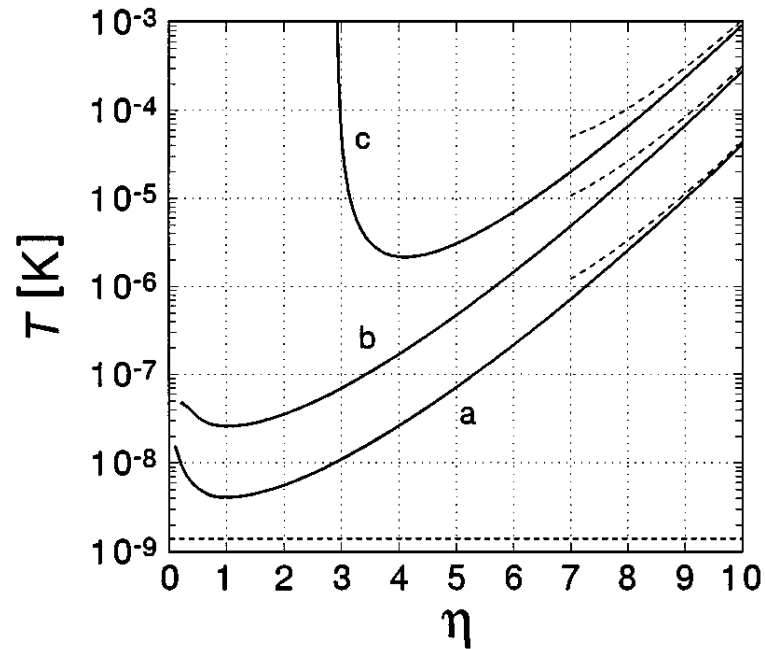


Figure: Characteristic temperatures of H in a harmonic trap as a function of η , [4]


$$G \cong 10^{-15} \text{cm}^3 \text{s}^{-1}$$

$$a \cong 0.072 \text{nm}$$

$$T^* \cong 1.4 \text{nK}$$

Scaling Laws

$$\alpha = \frac{d(\ln T)}{d(\ln N)} = \frac{\dot{T}/T}{\dot{N}/N}$$



$$\alpha = \frac{\eta + \kappa}{\delta + 3/2} - 1$$

SCALING LAWS FOR EVAPORATIVE COOLING IN
A d -DIMENSIONAL POTENTIAL $U(r) \propto r^{d/\delta}$

Quantity	Exponent , x
Number of atoms, N	1
Temperature, T	α
Volume, V	$\delta\alpha$
Density, n	$1 - \delta\alpha$
Phase-space density, D	$1 - \alpha(\delta + 3/2)$
Elastic collision rate, $n\sigma v$	$1 - \alpha(\delta - 1/2)$

[5]

$$\kappa \equiv 1 - X_{ev}/V_{ev}$$

Runaway Evaporation

$$\frac{d(n\sigma v)}{dt} / n\sigma v = \frac{1}{\tau_{el}} \left(\frac{\alpha(\delta - 1/2) - 1}{\lambda} - \frac{1}{R} \right)$$

$$R \geq R_{min} = \frac{\lambda}{\alpha(\delta - 1/2) - 1}$$

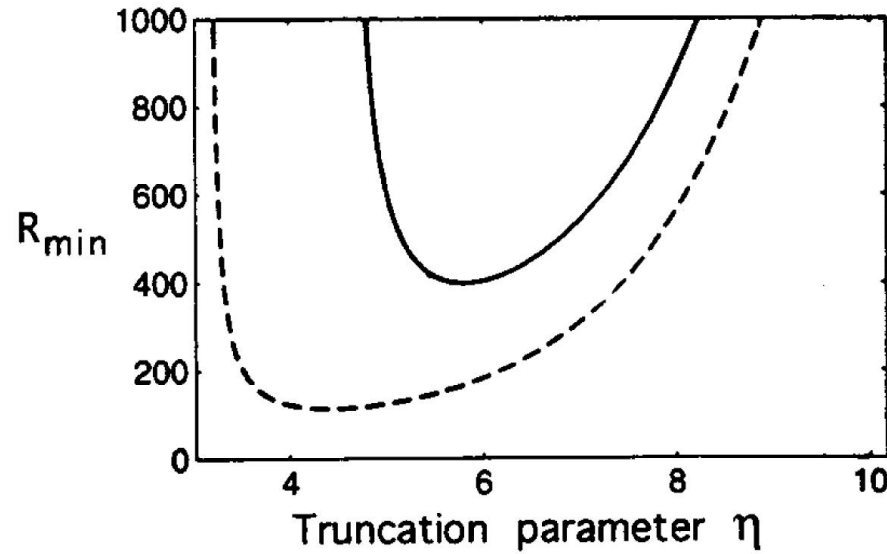


Figure: The minimum ratio R_{min} versus the truncation parameter η , [5]

$$\dot{N} = -Nn_0\sigma\bar{v}\eta e^{-\eta} = -\frac{N}{\tau_{ev}}$$

$$\lambda = \tau_{ev} / \tau_{el}$$

$$1/\tau_{el} = n_0\sigma\bar{v}\sqrt{2}$$

Quantity	Exponent, x
$n\sigma v$	$1 - \alpha(\delta - 1/2)$

Runaway Evaporation

$$\beta = 100\tau_{el} \frac{d}{dt} (\log_{10} D)$$

$$= \frac{100}{\ln 10} \left(\frac{\alpha(\delta + 3/2) - 1}{\lambda} - \frac{1}{R} \right)$$

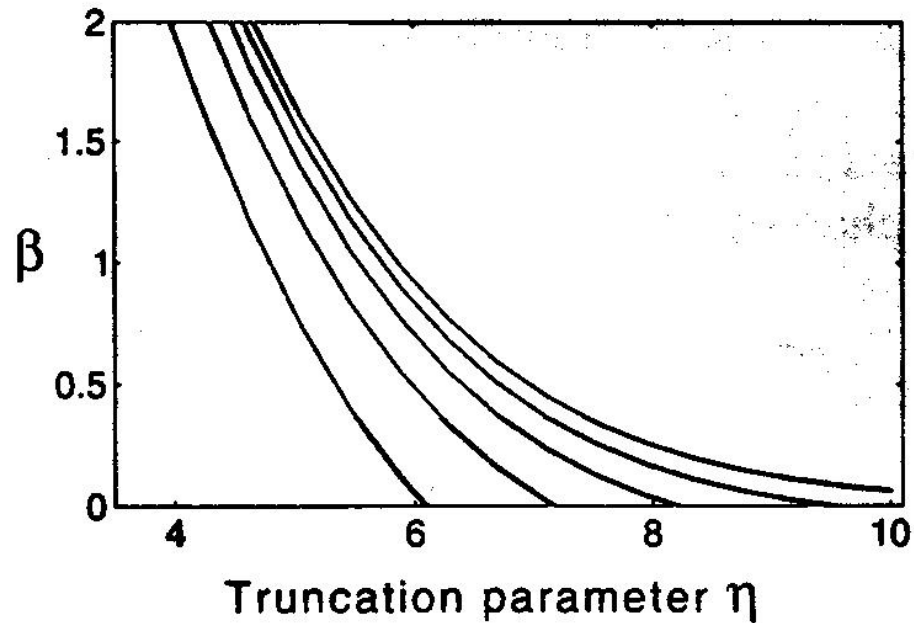


Figure: Logarithmic phase-space density increase β per 100 elastic collision times, [5]

Quantity	Exponent, x
D	$1 - \alpha(\delta + 3/2)$

Maximizing Phase-Space Density

$$\gamma = -\frac{d(\ln D)}{d(\ln N)} = \frac{\alpha(\delta + 3/2)}{1 + \lambda/R} - 1$$

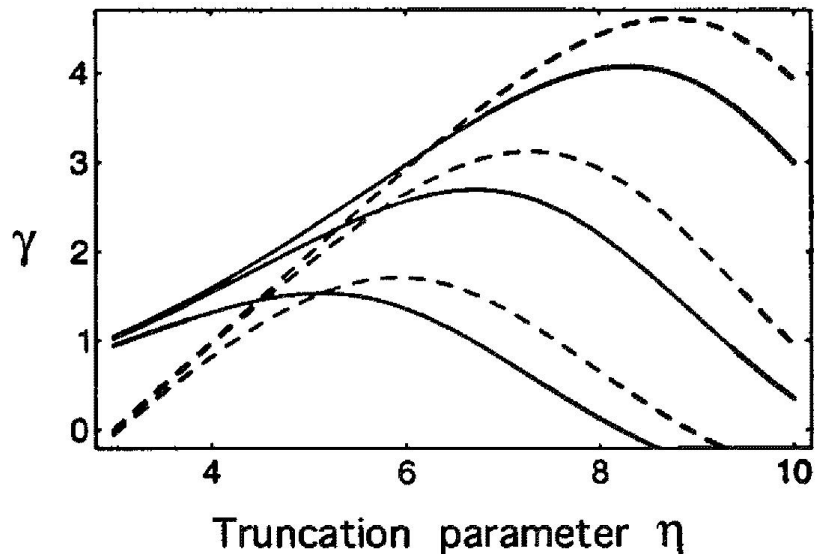
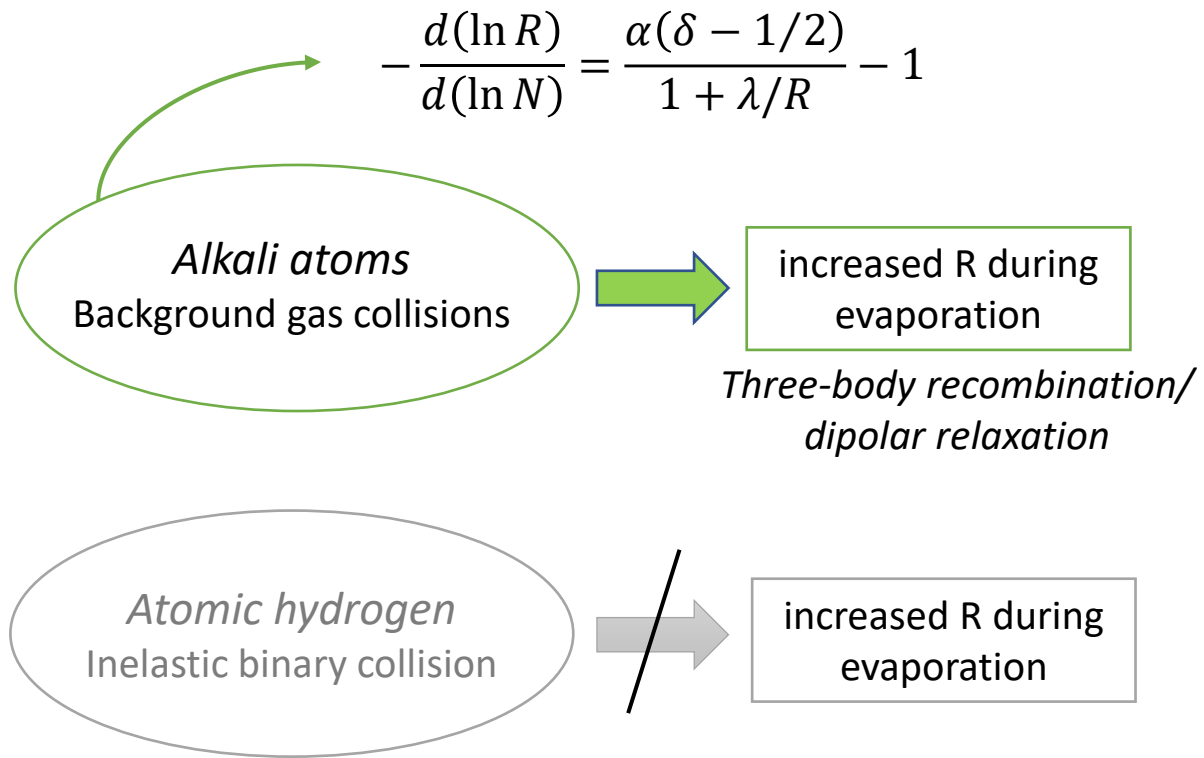


Figure: Efficiency parameter γ versus the truncation parameter η , [5]



Nonlinear boson diffusion equation (NBDE)

$$\frac{\partial n}{\partial t} = -\frac{\partial}{\partial \varepsilon} \left(vn(1+n) + n \frac{\partial D}{\partial \varepsilon} \right) + \frac{\partial^2}{\partial \varepsilon^2} (Dn)$$

in the limit of constant transport coefficients v, D : $\frac{\partial n}{\partial t} = -v \frac{\partial}{\partial \varepsilon} (n(1+n)) + D \frac{\partial^2 n}{\partial \varepsilon^2}$



$$n(\varepsilon, t) = -\frac{D}{v} \frac{\partial}{\partial \varepsilon} \ln Z(\varepsilon, t) - \frac{1}{2} = -\frac{D}{v} \frac{1}{Z} \frac{\partial Z}{\partial \varepsilon} - \frac{1}{2}$$

$$n_{eq}(\varepsilon) = \frac{1}{e^{(\varepsilon-\mu)/T} - 1}$$

$$T = -D/v$$

linear diffusion equation:

$$\frac{\partial}{\partial t} Z(\varepsilon, t) = D \frac{\partial^2}{\partial \varepsilon^2} Z(\varepsilon, t)$$

Free solutions

$$Z_{free}(\varepsilon, t) = a(t) \int_{-\infty}^{+\infty} G_{free}(\varepsilon, x, t) F(x) dx$$

$$\text{with } G_{free}(\varepsilon, x, t) = \exp\left(-\frac{(\varepsilon - x)^2}{4Dt}\right) \quad F(x) = \exp\left(-\frac{1}{2D}\left(vx + 2v \underbrace{\int_0^x n_i(y) dy}_{= A_i(x)}\right)\right)$$

Inclusion of a singularity at $x = \mu \dots$

$$\mu' = \frac{D}{v} \ln(z^{-1} - \exp(-\varepsilon_i/T))$$

$$z = \exp(\mu/T)$$

Exact solutions with boundary conditions

$$Z(\varepsilon, t) = \int_0^\infty G(\varepsilon, x, t) F(x + \mu) dx$$

with $G(\varepsilon, x, t) = G_{free}(\varepsilon - \mu, x, t) - G_{free}(\varepsilon - \mu, -x, t)$

truncated thermal equilibrium distribution

$$n_i(\varepsilon) = \frac{1}{e^{(\varepsilon - \mu)/T} - 1} \theta(1 - \varepsilon/\varepsilon_i)$$



$$n(\varepsilon, t) = \frac{1}{\exp\left(\frac{\varepsilon - \mu}{T}\right) L(\varepsilon, t) - 1}$$

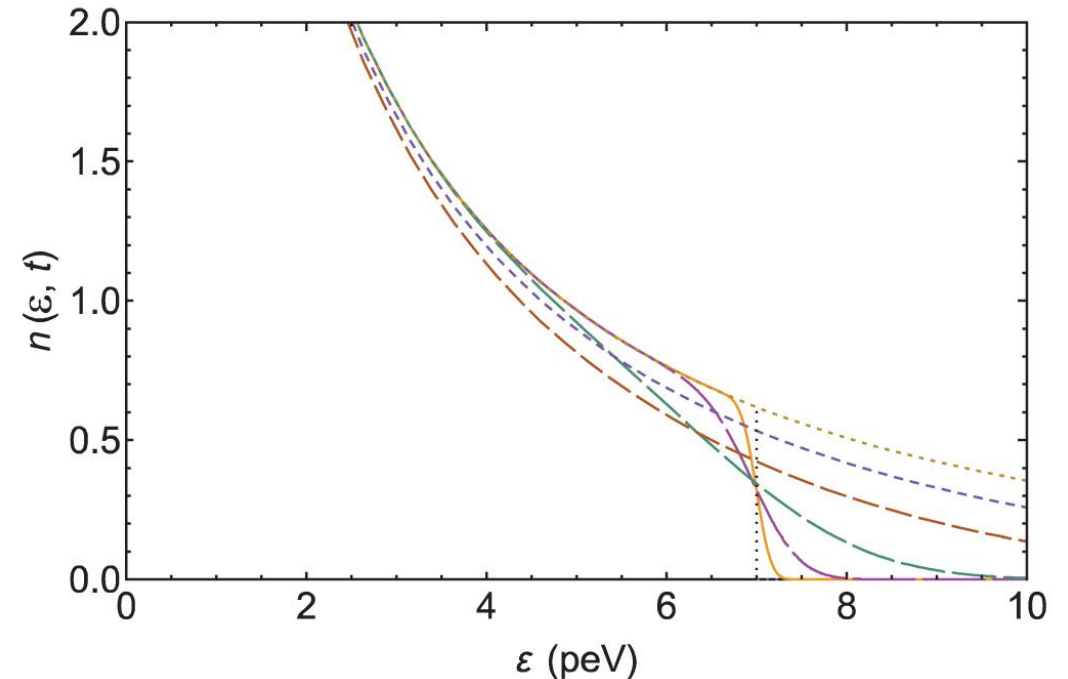


Figure: Equilibration of a finite Bose system, transport coefficients: $D = 8 \times 10^3 \text{peV}^2 \text{s}^{-1}$, $v = -1 \times 10^3 \text{peVs}^{-1}$, $T = -D/v = 8 \text{peV} \cong 93 \text{nK}$ (const.)
 time evolution: $t = 0.001, 0.01, 0.1, 1, 4$ and 40ms (decreasing dash lengths), [13]

Relaxation-time approximation

$$\partial n_{rel}/\partial t = (n_{eq} - n_{rel})/\tau_{eq}$$

$$n_{rel}(\varepsilon, t) = n_i(\varepsilon) e^{-t/\tau_{eq}} + n_{eq}(\varepsilon)(1 - e^{-t/\tau_{eq}})$$

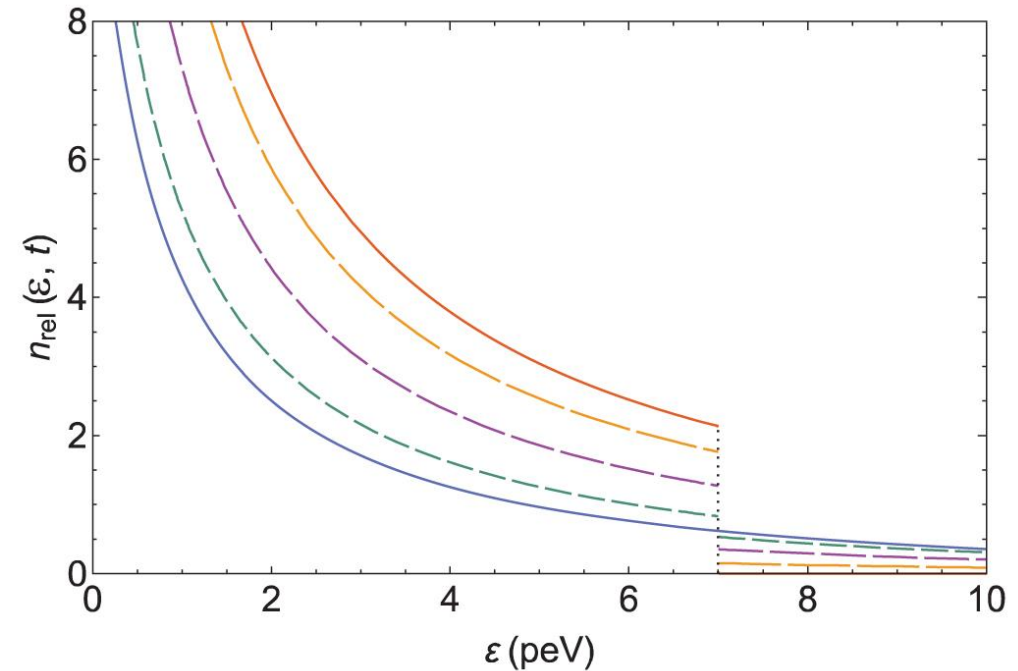


Figure: Evaporative cooling in a bosonic system, $T_i = 20 \text{ peV} \cong 232 \text{ nK}$ (upper solid curve), $T_f = 8 \text{ peV} \cong 93 \text{ nK}$ (lower solid curve), time evolution: $t = 1, 3$ and 7 ms (decreasing dash lengths), [13]

Nonlinear boson diffusion equation

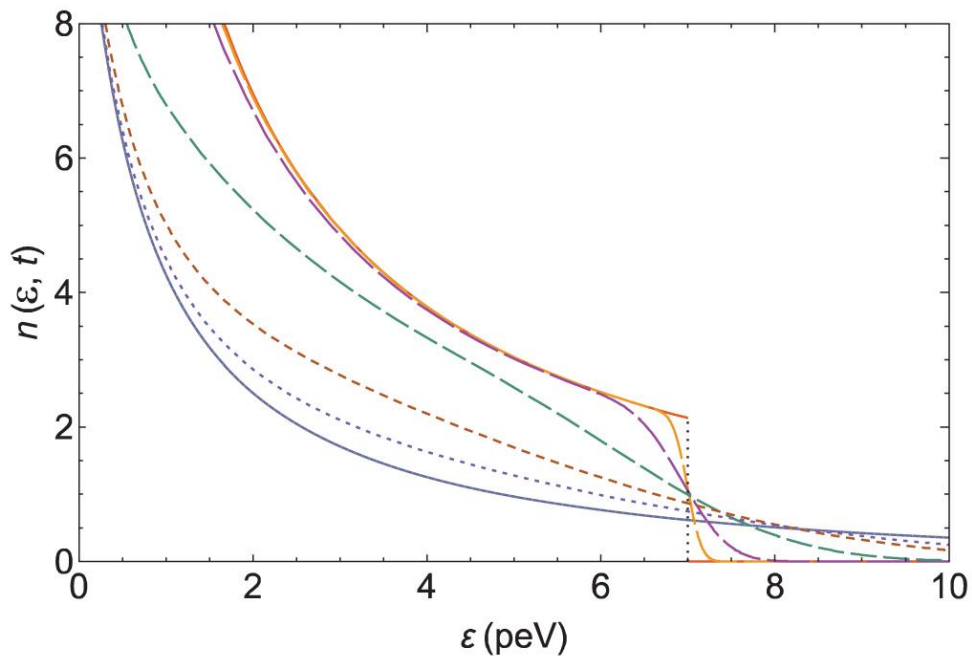


Figure: Evaporative cooling in a bosonic system, $T_i = 20$ peV $\cong 232$ nK (upper solid curve), $T_f = 8$ peV $\cong 93$ nK (lower solid curve), time evolution: $t = 0.001, 0.01, 0.1, 0.4$ and 0.8 ms (decreasing dash lengths), [13]

Relaxation-time approximation

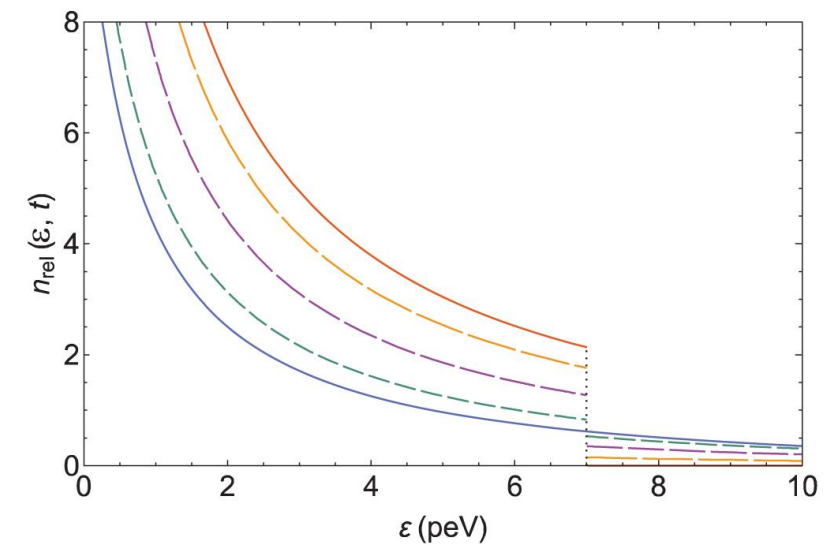


Figure: Evaporative cooling in a bosonic system, $T_i = 20$ peV $\cong 232$ nK (upper solid curve), $T_f = 8$ peV $\cong 93$ nK (lower solid curve), time evolution: $t = 1, 3$ and 7 ms (decreasing dash lengths), [13]

Time-dependent entropy

$$S(t) = \int_0^{\infty} g(\varepsilon) [\ln(1 + n(\varepsilon, t)) + n(\varepsilon, t) \ln(1 + 1/n(\varepsilon, t))] d\varepsilon$$

Power-law: $g(\varepsilon) = g_0 \sqrt{\varepsilon}$

$$g_0 = (2m)^{3/2} V / (4\pi^2)$$

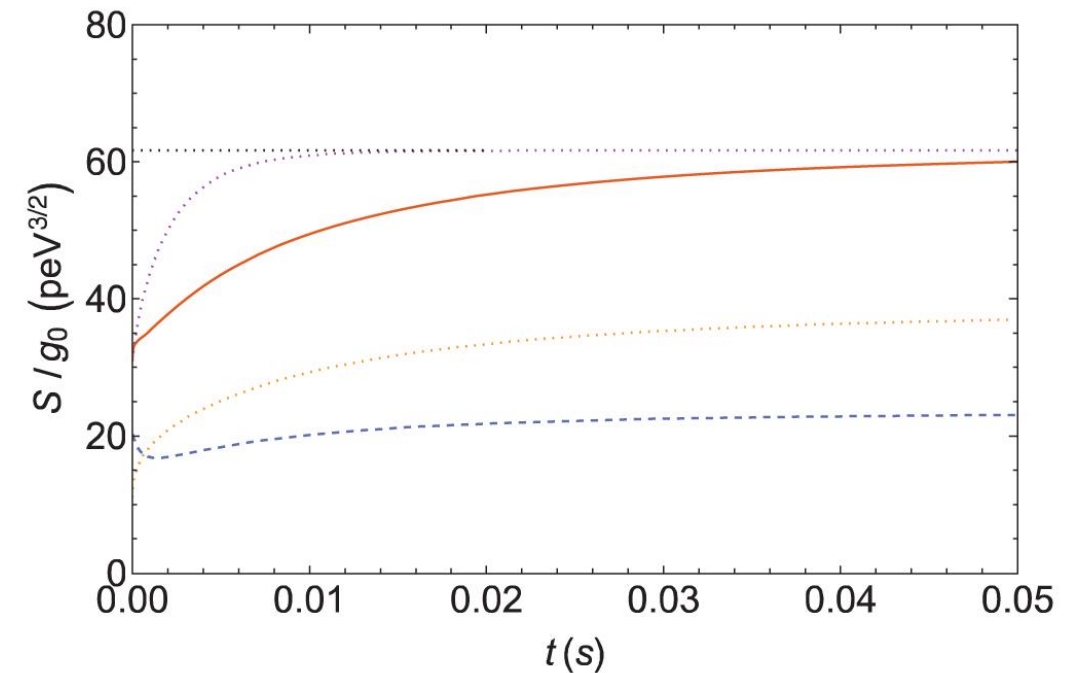
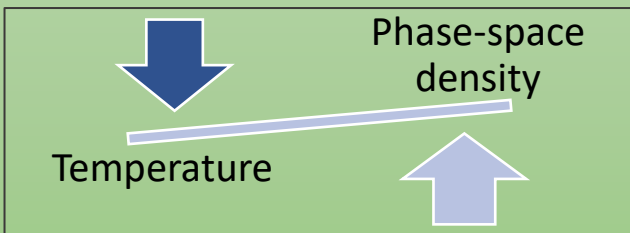
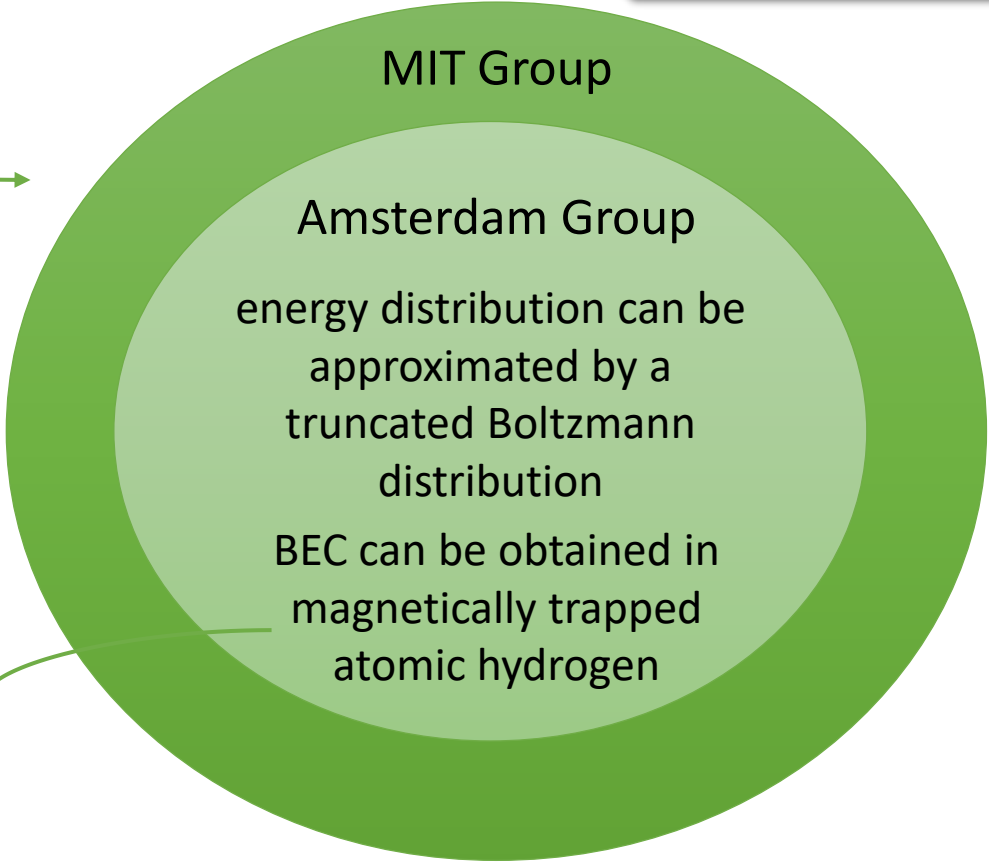


Figure: Time evolution of the entropy $S(t)/g_0$ in an equilibrating Bose system, [13]

Evaporative cooling



Heidelberg Group
boundary conditions at the singularity for physically meaningful solutions
Calculation of the time-dependent entropy



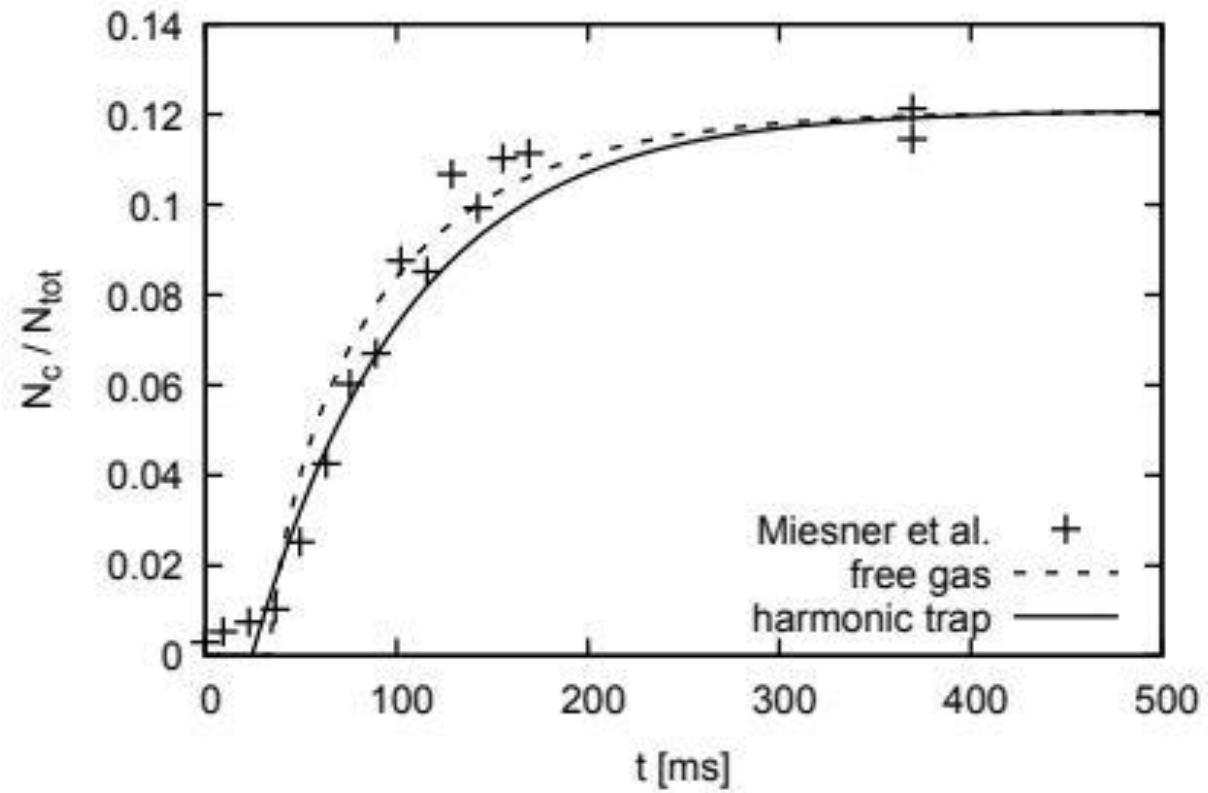


Figure: Comparison with data using different density of states, data from Miesner et al., Science, 279, 1005 (1998)

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