

Dynamical Thermalization in the Quark-Meson Model

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From heavy ion collisions towards the QCD phase diagram: an equilibration process



baryon chemical potential

QCD phase diagram: an equilibrium concept
deconfinement + chiral phase transition

From heavy ion collisions towards the QCD phase diagram: an equilibration process



From heavy ion collisions towards the QCD phase diagram: an equilibration process











- d.o.f.: light quarks and mesons
- o chiral symmetry breaking
- phase diagram with 1st order & 2nd order/crossover transition

Jungnickel, Wetterich. PRD (1996) Birse. J. Phys. G: Nucl. Part. Phys. (1994) Petropoulos. J. Phys. G: Nucl.Part. Phys (1998) Berges, Jungnickel, Wetterich.Int. J. Mod. Phys. A (2003) Schaefer, Pirner. arXiv nucl-th/9903003 (1999)



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$$S[\bar{\psi},\psi,\sigma,\pi] = \int_{x} \left[\bar{\psi} \left[i\gamma^{\mu}\partial_{\mu} - m_{\psi} \right] \psi - \frac{g}{N_{f}} \bar{\psi} \left[\sigma + i\gamma_{5}\tau^{\alpha}\pi^{\alpha} \right] \psi \right]$$
$$+ \frac{1}{2} \left[\partial_{\mu}\sigma\partial^{\mu}\sigma + \partial_{\mu}\pi\partial^{\mu}\pi \right] - \frac{1}{2}m^{2} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right] - \frac{\lambda}{4!N} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right]^{2} \right]$$

u & d quark

$$S[\bar{\psi},\psi,\sigma,\pi] = \int_{x} \left[\left. \bar{\psi} \left[i\gamma^{\mu}\partial_{\mu} - m_{\psi} \right] \psi - \frac{g}{N_{f}} \bar{\psi} \left[\sigma + i\gamma_{5}\tau^{\alpha}\pi^{\alpha} \right] \psi \right. \\ \left. + \frac{1}{2} \left[\partial_{\mu}\sigma\partial^{\mu}\sigma + \partial_{\mu}\pi\partial^{\mu}\pi \right] - \frac{1}{2}m^{2} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right] - \frac{\lambda}{4!N} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right]^{2} \right]$$

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sigma meson & pions

$$u \& d \text{ quark} \qquad \text{Yukawa coupling}$$

$$S[\bar{\psi}, \psi, \sigma, \pi] = \int_{x} \left[\bar{\psi} [i\gamma^{\mu}\partial_{\mu} - m_{\psi}] \psi - \frac{g}{N_{f}} \bar{\psi} [\sigma + i\gamma_{5}\tau^{\alpha}\pi^{\alpha}] \psi + \frac{1}{2} [\partial_{\mu}\sigma\partial^{\mu}\sigma + \partial_{\mu}\pi\partial^{\mu}\pi] - \frac{1}{2}m^{2} [\sigma^{2} + \pi^{\alpha}\pi^{\alpha}] - \frac{\lambda}{4!N} [\sigma^{2} + \pi^{\alpha}\pi^{\alpha}]^{2} \right]$$

sigma meson & pions

The 2PI effective action is a practical tool to study thermalization.



Berges. AIP Conference Proc. (2004) Borsányi. arXiv hep-ph/0512308 (2005)

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Numerical solution of the equations of motion

- o symmetries: spatial homogeneity & isotropy
- o propagator decomposition:



o iterative real-time evolution



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Real-time evolution of the macroscopic field



Real-time evolution of the macroscopic field



(1) Thermal equilibrium is a time-translation invariant state.

o time-translation invariance implies

$$G(t, t', |\mathbf{p}|) \rightsquigarrow G(\omega, |\mathbf{p}|)$$
in general depending
independent of $t + t'$
on $t + t'$ and $t - t'$
independent of $t + t'$
here is something

o temporal Wigner transformation:

$$\rho(t, t', |\mathbf{p}|) \rightarrow \rho(X^{0}, \omega, |\mathbf{p}|)$$
center-of-mass time
$$X^{0} = \frac{t+t'}{2}$$
frequency

The two-point functions become time-translation invariant.



The two-point functions become time-translation invariant.



(2) Thermal eq. as state with thermal particle distributions.

o thermal initial density matrix implies fluctuation-dissipation relation:

$$F_{\rm eq}(\omega, |\mathbf{p}|) = -i\left(\frac{1}{2} + n_{\rm th}(\omega)\right)\rho_{\rm eq}(\omega, |\mathbf{p}|)$$

o effective particle number:

$$n(\omega, |\mathbf{p}|) = i \frac{F(\omega, |\mathbf{p}|)}{\rho(\omega, |\mathbf{p}|)} - \frac{1}{2}$$

o in thermal equilibrium:

$$n(\omega, |\mathbf{p}|) \to n_{\mathrm{BE/FD}}(\omega) = \frac{1}{e^{\beta\omega} \mp 1}$$
 with $\beta = 1/T$

Determination of the thermalization temperature using the Bose-Einstein and Fermi-Dirac distribution



Particle masses from spectral functions by dispersion relation



o particle mass from peak position:

$$m(|\mathbf{p}|) = \sqrt{\omega_{\text{peak}}^2(|\mathbf{p}|^2) - |\mathbf{p}|^2}$$

o physical mass at zero momentum



Particle masses from spectral functions: Breit-Wigner fit



m_{ψ}^{bare}	13,00	23,40	52,00
m _σ	241,65	228,15	211,95
m _q	205,20	191,70	184,95
f_{π}	91,80	82,35	71,55
T_{th}	148,50	133,65	118,80

A step forward in describing the thermalizing of the QGP in a heavy ion collision

We were able to

- o include non-equilibrium dynamics
- o observe the approach of thermal equilibrium
- o determine the physical mass spectrum

Next steps:

- o non-zero baryon-chemical potential
- o expanding box size
- o scaling behavior around critical point

Phase diagram of the quark-meson model

$$\begin{split} S[\bar{\psi},\psi,\sigma,\pi] &= \int_{x} \left[\bar{\psi} \left[i\gamma^{\mu}\partial_{\mu} - \gamma_{\psi} \right] \psi - \frac{g}{N_{f}} \bar{\psi} \left[\sigma + i\gamma_{5}\tau^{\alpha}\pi^{\alpha} \right] \psi \right. \\ &\left. + \frac{1}{2} \left[\partial_{\mu}\sigma\partial^{\mu}\sigma + \partial_{\mu}\pi^{\alpha}\partial^{\mu}\pi^{\alpha} \right] - \frac{1}{2}m^{2} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right] - \frac{\lambda}{4!N} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right]^{2} \right] \\ T \\ &\left. \begin{array}{c} \text{chiral symmetric} \\ 2^{\text{nd}} \text{ order} & \phi = 0 \\ \end{array} \right] \\ &\left. \begin{array}{c} \text{chiral symmetric} \\ 1^{\text{st}} \text{ order} \\ \phi \neq 0 \end{array} \right] \\ &\left. \begin{array}{c} \text{summatric} \\ 1^{\text{st}} \text{ order} \\ SU(2)_{L} \times SU(2)_{R} \sim O(4) \\ \end{array} \right] \\ &\left. \begin{array}{c} \text{summatric} \\ SU(2)_{L} \times SU(2)_{R} \sim O(4) \\ \end{array} \right] \\ \end{array}$$

$$\begin{split} S[\bar{\psi},\psi,\sigma,\pi] &= \int_{x} \left[\bar{\psi} \left[i\gamma^{\mu}\partial_{\mu} - \underbrace{m_{\psi}}_{N_{f}} \psi - \frac{g}{N_{f}} \bar{\psi} \left[\sigma + i\gamma_{5}\tau^{\alpha}\pi^{\alpha} \right] \psi \right. \\ &\left. + \frac{1}{2} \left[\partial_{\mu}\sigma\partial^{\mu}\sigma + \partial_{\mu}\pi^{\alpha}\partial^{\mu}\pi^{\alpha} \right] - \frac{1}{2}m^{2} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right] - \frac{\lambda}{4!N} \left[\sigma^{2} + \pi^{\alpha}\pi^{\alpha} \right]^{2} \right] \\ T & \left[\begin{array}{c} \text{chiral symmetric} \\ \text{crossover} & \phi = 0 \\ & & \\ & & \\ \end{array} \right] \\ &\left. \begin{array}{c} \text{chiral symmetric} \\ \text{chiral broken} \\ \phi \neq 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ & & \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ \end{array} \right] \\ \left. \begin{array}{c} \phi &= 0 \\ \end{array} \right]$$

Wigner transformation

Computation of spectral functions in spatial Fourier and temporal Wigner space

o Definition of the temporal Wigner transformation:

$$\rho(X^{0}, \omega, |\mathbf{p}|) = \int_{-2X^{0}}^{2X^{0}} ds \ e^{i\omega s} \rho\left(X^{0} + \frac{s}{2}, X^{0} - \frac{s}{2}, |\mathbf{p}|\right)$$
with relative time $s = t - t'$,
center-of-mass time $X^{0} = \frac{t + t'}{2}$

$$\rho(t, t', |\mathbf{p}|) \rightarrow \rho(X^{0}, \omega, |\mathbf{p}|)$$
spectral function in terms of
center-of-mass time and frequency

t'

2PI effective action techniques

Schwinger-Keldysh contour for initial value problems

o expectation value:

von Neumann equation

with
$$\rho(t) = U_{t,t_0} \rho(t_0) U_{t_0,t}$$

o only need initial density matrix:

Schwinger-Keldysh contour

 $\langle \mathcal{O}(t) \rangle = \frac{\operatorname{Tr}[\rho(t)\mathcal{O}]}{\operatorname{Tr}[\rho(t)]}$

$$\langle \mathcal{O}(t) \rangle = \frac{\operatorname{Tr} \left[\rho(t_0) \ U_{t_0,t} \mathcal{O} U_{t,t_0} \right]}{\operatorname{Tr} \left[\rho(t_0) \right]}$$

$$\stackrel{t_0}{\longleftrightarrow} \operatorname{Re}(t)$$

o generating functional:

$$Z[J, R; \rho] = \mathsf{Tr}\Big[\rho(t_0) \ T_{\mathcal{C}} \ e^{iJ\cdot\varphi + \frac{i}{2}\varphi \cdot R \cdot \varphi}\Big]_{\text{source terms}}\Big]$$









$\begin{array}{l} 2\mathsf{PI} \mbox{ effective action} \\ \Gamma[\phi, G, \Delta] \end{array} = S[\phi] + \begin{array}{l} 1\mbox{-loop quantum} \\ \mbox{ corrections} \end{array} + 2\mathsf{PI} \mbox{ diagrams} \\ \mbox{ corrections} \end{array}$ $\Gamma[\phi, G, \Delta] = S[\phi] + \frac{i}{2} \mathrm{Tr} \ \ln\left[G^{-1}\right] + \frac{i}{2} \mathrm{Tr} \ \left[G^{-1}_{\mathrm{cl}}(\phi)G\right] \end{array}$

$$-i\mathrm{Tr}\ln\left[\Delta^{-1}\right] - i\mathrm{Tr}\left[\Delta_{\mathrm{cl}}^{-1}(\phi)\Delta\right]$$



$$\begin{bmatrix} \Box_x + M^2(x;\phi) \end{bmatrix} G(x,y) = -i \int_z \left[\Sigma(x,z;\phi,G) \right] G(z,y) - i\delta(x-y)$$
 effective mass

evolution equations for ϕ , G, Δ

• Spatial homogeneity and isotropy $G(x,y) \to G(t,t',|\mathbf{p}|)$

o Boson sector: $\langle \sigma \rangle \neq 0, \ \langle \pi \rangle = 0$

 $G \rightarrow \text{longitudinal } (\sigma) + \text{transverse } (\pi) \text{ direction}$

• Fermion sector:

 $\Delta \rightarrow \text{Lorentz components } S, 0, V, T$

• Propagator decomposition:

$$G(x,y) = F(x,y) + \frac{i}{2}\rho(x,y) \operatorname{sgn}(x^0 - y^0)$$

statistical function spectral function

Linda Shen | Institute for Theoretical Physics | Heidelberg

evolution equations for ϕ , G, Δ

coupled integro-differential equations for

$$F^{\phi}_{\sigma}(x^{0}, y^{0}, |\mathbf{p}|), \ F^{\phi}_{\pi}(x^{0}, y^{0}, |\mathbf{p}|) \qquad \text{real, symmetric} \\ \rho^{\phi}_{\sigma}(x^{0}, y^{0}, |\mathbf{p}|), \ \rho^{\phi}_{\pi}(x^{0}, y^{0}, |\mathbf{p}|) \qquad \text{real, antisymmetric}$$

 $F_{S}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|), \ F_{V}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|), \ F_{T}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|) \quad \text{real, symmetric} \\ \rho_{S}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|), \ \rho_{V}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|), \ \rho_{T}^{\psi}(x^{0}, y^{0}, |\mathbf{p}|) \quad \text{real, antisymmetric}$

$$F_0^{\psi}(x^0, y^0, |\mathbf{p}|) \qquad \text{imaginary, antisymmetric} \\ \rho_0^{\psi}(x^0, y^0, |\mathbf{p}|) \qquad \text{imaginary, symmetric} \end{cases}$$

$$\sigma(t)$$

evolution equations for $\phi,~G,~\Delta$

coupled integro-differential equations like

$$\begin{bmatrix} \partial_t^2 + |\mathbf{p}|^2 + M_{\sigma}^2(t) \end{bmatrix} F_{\sigma}(t, t', |\mathbf{p}|) = -\int_{t_0}^t dt'' A_{\sigma}(t, t'', |\mathbf{p}|) F_{\sigma}(t'', t', |\mathbf{p}|) + \int_{t_0}^{t'} dt'' C_{\sigma}(t, t'', |\mathbf{p}|) \rho_{\sigma}(t'', t', |\mathbf{p}|)$$

$$\begin{split} i\partial_t F_S(t,t',|\mathbf{p}|) &= -i|\mathbf{p}| \ F_T(t,t',|\mathbf{p}|) + M_{\psi}(t)F_0(t,t',|\mathbf{p}|) \\ &+ \int_{t_0}^t \mathrm{d}t'' \Big[A_S(t,t'',|\mathbf{p}|) \ F_0(t'',t',|\mathbf{p}|) + A_0(t,t'',|\mathbf{p}|) \ F_S(t'',t',|\mathbf{p}|) \\ &+ iA_V(t,t'',|\mathbf{p}|) \ F_T(t'',t',|\mathbf{p}|) - iA_T(t,t'',|\mathbf{p}|) \ F_V(t'',t',|\mathbf{p}|) \Big] \\ &+ \int_{t_0}^{t'} \mathrm{d}t'' \Big[- C_S(t,t'',|\mathbf{p}|) \ \rho_0(t'',t',|\mathbf{p}|) - C_0(t,t'',|\mathbf{p}|) \ \rho_S(t'',t',|\mathbf{p}|) \\ &- iC_V(t,t'',|\mathbf{p}|) \ \rho_T(t'',t',|\mathbf{p}|) + iC_T(t,t'',|\mathbf{p}|) \ \rho_V(t'',t',|\mathbf{p}|) \Big], \end{split}$$

Discretized evolution equations

$$\rho_{\sigma}(i+1,j) = 2\rho_{\sigma}(i,j) - \rho_{\sigma}(i-1,j) - dt^{2} \Big[|\mathbf{p}|^{2} + M^{2}_{\sigma}(t) \Big] \rho_{\sigma}(i,j) - dt^{3} \left[\frac{1}{2} A_{\sigma}(i,i)\rho_{\sigma}(i,j) + \sum_{l=i+1}^{j-1} A_{\sigma}(i,l)\rho_{\sigma}(l,j) + \frac{1}{2} A_{\sigma}(i,j)\rho_{\sigma}(j,j) \right]$$

$$\rho_T(i+1,j) = \rho_T(i-1,j) + 2 dt \left[|\mathbf{p}| \rho_S(i,j) - M_{\psi}(t) \rho_V(i,j) \right] - 4 dt^2 \left[\frac{1}{2} A_S(i,i) \rho_V(i,j) + \sum_{l=i+1}^{j-1} A_S(i,l) \rho_V(l,j) + \frac{1}{2} A_S(i,j) \rho_V(j,j) + \dots \right]$$

Numerical Set-up

Quench in the 1^{st} time step



Input parameters

parameter	value	
λ	90.0	
m^2	-0.008	
$m_{oldsymbol{\psi}}$	0.18	
g	5.0	



Input parameters in MeV converted by using $m_{\pi} = 135 \text{ MeV}$

Parameter	Value in MeV	
λ	90,0	
m ²	-23,3	
m _ψ	23,4	
g	5,0	

Numerical Results

Bose-Einstein distribution



Particle masses from spectral functions: Breit-Wigner fit



Results in MeV converted by using $m_{\pi} = 135 \text{ MeV}$

$m_{\psi}^{\ bare}$	13,00	23,40	52,00
m _σ	241,65	228,15	211,95
m _q	205,20	191,70	184,95
f_{π}	91,80	82,35	71,55
T_{th}	148,50	133,65	118,80