Detection of metastable electronic states by Penning trap mass spectrometry

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State-of-the-art optical clocks¹ achieve precisions of 10⁻¹⁸ or better using ensembles of atoms in optical lattices^{2,3} or individual ions in radio-frequency traps^{4,5}. Promising candidates for use in atomic clocks are highly charged ions⁶ (HCIs) and nuclear transitions⁷, which are largely insensitive to external perturbations and reach wavelengths beyond the optical range⁸ that are accessible to frequency combs⁹. However, insufficiently accurate atomic structure calculations hinder the identification of suitable transitions in HCIs. Here we report the observation of a long-lived metastable electronic state in an HCI by measuring the mass difference between the ground and excited states in rhenium, providing a non-destructive, direct determination of an electronic excitation energy. The result is in agreement with advanced calculations. We use the high-precision Penning trap mass spectrometer PENTATRAP to measure the cyclotron frequency ratio of the ground state to the metastable state of the ion with a precision of 10⁻¹¹-an improvement by a factor of ten compared with previous measurements^{10,11}. With a lifetime of about 130 days, the potential soft-X-ray frequency reference at 4.96 × 10¹⁶ hertz (corresponding to a transition energy of 202 electronvolts) has a linewidth of only 5×10^{-8} hertz and one of the highest electronic quality factors (10²⁴) measured experimentally so far. The low uncertainty of our method will enable searches for further soft-X-ray clock transitions^{8,12} in HCIs, which are required for precision studies of fundamental physics⁶.

Modern clocks and frequency standards range from ensembles of neutral particles trapped in optical lattice clocks^{5,13} to individual, singly charged ions confined in Paul traps¹⁴. With a fractional frequency accuracy of 10⁻¹⁸, such clocks enable stringent tests of fundamental symmetries (for example, Lorentz invariance¹⁵), geodetic measurements¹⁶ and searches for new physics¹⁷ and dark matter¹⁸. The transitions used as frequency references typically have long lifetimes, of the order of seconds, yielding sub-hertz linewidths; a recent example is the Yb⁺ clock^{15,19}. Optical clocks use variations of the Ramsey method, driving such forbidden transitions through stimulated absorption and emission much faster than the natural transition rate, but maintaining the very long coherence times needed for the interrogation schemes owing to their small spontaneous emission rates¹. One promising species for use in the next generation of clocks is HCIs⁶ because their compact size in comparison with atoms makes them less sensitive to external field fluctuations. Several transitions have been proposed to feature a high sensitivity to a variation of fundamental constants^{20,21}.

Although electronic binding energies in HCIs typically amount to several kiloelectronvolts²² and inter-shell transitions usually appear in the X-ray region, there are also intra-shell fine and hyperfine transitions in the optical and ultraviolet range²³⁻²⁷. Furthermore, some HCIs

feature level crossings^{6,28} with associated optical transitions. Most of these transitions are electric dipole (E1)-forbidden, and many are of the magnetic dipole (M1) type, with lifetimes of the order of milliseconds, but some are highly forbidden and can have extremely long lifetimes of up to millions of years¹⁷, as predicted theoretically. A few of these transitions with lifetimes ranging from milliseconds to seconds have been found and investigated using storage rings²⁹ and ion traps^{30,31}, but so far no method has enabled a direct observation of the excitation energy of extremely long-lived metastable states.

It is difficult to theoretically predict such electronic energies in HCIs. Calculations suffer from difficulties related to strong relativistic contributions and complex correlations of several active electrons in open shells. Moreover, experimental identification of such transitions is challenging because their long lifetimes leads to sub-hertz linewidths and therefore requires very precise application of the Ritz–Rydberg method³² to other, accurately known transitions to establish the searching range to be explored with narrow-linewidth spectroscopy lasers. Additionally, rough calculations with the flexible atomic code³³ can be used to estimate the energy of transitions.

Here we demonstrate how high-precision Penning trap mass spectrometry directly identifies a suitable clock transition in HCIs by

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Fig. 1 | **Results of the Re measurements at PENTATRAP.** All error bars indicate 1 σ uncertainty; for details see text. Left, three ¹⁸⁷Re²⁹⁺ ions (ion 1, blue; ion 2, red; ion 3, blue) are loaded from the top into the trap stack. For each measurement trap, the potential ϕ of the neighbouring traps is nominally identical; that is, the potential of trap 2 is also applied in trap 4. The magnetic field points along the direction of the trap axis. Centre, by shifting the ions one trap down or up after a cyclotron frequency determination, we obtain measurements with ion 1

(blue) and ion 2 (red) in trap 2 and with ion 2 (red) and ion 3 (second blue ion) in trap 3. Here, the ion 2 is in the ground state (red) and the other two (blue) are in the metastable electronic state. Right, all ratios (n = 54) determined over seven measurement campaigns (divided by the dashed lines) display the stability of the system. The results for trap 2 (filled symbols) and trap 3 (empty symbols) show a similar behaviour. The final weighted mean is shown in red.

determining the mass difference of a ¹⁸⁷Re²⁹⁺ ion in the ground state and a metastable state to a precision below 2 eV or -500 THz. A relative mass measurement of the two HCl states with an unprecedented precision of 1×10^{-11} is achieved by determining the cyclotron frequency $v_c = qB/(2\pi m)$ of the HCl with mass *m* and charge *q* in a strong magnetic field ($B \approx 7$ T) and a weak electrostatic harmonic potential of the Penning trap. The cyclotron frequency is derived by measuring the ion trap frequencies (modified cyclotron frequency, $v_+ \approx 16$ MHz; axial frequency, $v_z \approx 700$ kHz; magnetron frequency, $v_- \approx 10$ kHz) and applying the invariance theorem³⁴ $v_c^2 = v_+^2 + v_z^2 + v_-^2$.

Penning trap mass spectrometer PENTATRAP

This work was carried out using the high-precision Penning trap mass spectrometer PENTATRAP at the Max-Planck-Institut für Kernphysik in Heidelberg. HCIs produced in the commercial electron beam ion trap DreEBIT³⁵ using the MIVOC technique³⁶ are extracted in 1- μ s-long bunches with a kinetic energy of a few kiloelectronvolts per charge, selected according to their charge-to-mass ratio, *q/m*, by means of a 90° dipole magnet, and sent into the Penning traps. Prior to the trapping of the ions, their kinetic energy is reduced to a few electronvolts per charge by appropriately timed pulsed potentials applied to two cylindrical drift tubes. The 4-K cold bore of the superconducting magnet houses five cylindrical Penning traps^{37,38}. Two of them (traps 2 and 3; see Fig. 1) are used to measure the trap frequencies of the ions of interest. Traps 1 and 4 serve to store ions, whereas trap 5 will allow monitoring fluctuations of the trap potentials and the magnetic field in the future. To reduce temporal variations of the magnetic field in the traps, the temperature in the laboratory is kept constant at a level of 0.1 K per day. Furthermore, the level of liquid helium and the helium pressure inside the magnet cold bore are stabilized at a level of a fraction of a millimetre and 20 µbar, respectively. These measures reduce fractional changes of the magnetic field in the measurement traps to values of less than a few parts in 10¹⁰ per hour, resulting in a cyclotron frequency drift of only a few millihertz per hour at $v_c = 16$ MHz. Because the magnetic sactively shielded with a shielding factor of 50, the fractional fluctuation of the magnetic field in the trap due to the fluctuation of the stray magnetic field does not exceed 3 parts in 10¹¹.

The measurement procedure of the cyclotron frequency ratio of two different ion states consists of the preparatory and the main phase. During the preparatory phase, three ions in the two states are first loaded into the three innermost traps (ion 1 in trap 2 and ion 3 in trap 4 being in the same state—for example, the ground state—whereas ion 2 in trap 3 being in the other state). The desired ion states are confirmed by a rough determination of their respective cyclotron frequencies; if they are not in the desired state, ions are reloaded. After that, their trap motion amplitudes are reduced (the ions are 'cooled') by coupling the magnetron and cyclotron motions to the axial motion, which in turn is brought into thermal equilibrium with a tank circuit having a temperature of around 6 K. The resonance frequency of the tank circuit is approximately equal to that of the axial motion. The axial, magnetron and cyclotron amplitudes of cooled ¹⁸⁷Re²⁹⁺ ions are approximately

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10 µm, 2 µm and 2 µm, respectively. Great care is taken to prepare only a single ion of interest in each trap, because the presence of another undesired ion in the trap would disturb the motion of the ion of interest and hence alter its motional frequencies. The main phase is devoted to the measurement of the ion trap frequencies in traps 2 and 3. The reduced cyclotron and axial frequencies are simultaneously measured by means of the pulse-and-phase³⁹ and dip⁴⁰ techniques, respectively. This minimizes systematic shifts arising from changes in the external fields compared with sequential measurements of the trap frequencies. The measurement cycle consists of a set of sub-measurements. First, the cyclotron motion is excited to an amplitude of approximately 10 µm with a subsequent measurement of its phase (reference phase). It is followed by the re-cooling of all three motions. After that, the cyclotron motion is again excited to the same amplitude and is allowed to freely evolve its phase for 40 s during the subsequent measurement (measurement phase). During the phase evolution time of 40 s, the axial frequency is measured with the dip method. The measurement cycle is ended by re-cooling all ion motions. Because the relative mass difference between the ground and metastable states is at the level of 10^{-9} , it is sufficient to measure the smallest trap frequency-the magnetron frequency-once a day with a moderate precision for the determination of the cyclotron frequency ratio. Ten measurement cycles constitute a measurement run. A unique feature of PENTATRAP is that during each run, frequency measurements are performed simultaneously in synchronized traps-for instance, on ion 1 in trap 2 (upper blue ion in Fig. 1) and ion 2 (red) in trap 3-for approximately 12 min. After that, the ion species are swapped between traps 2 and 3 by moving the three ions adiabatically one trap up. Then, a measurement run is carried out with ion 2 in trap 2 and ion 3 (lower blue ion) in trap 3. Lastly, the ion species are swapped back by moving the three ions one trap down again. After each change of the configuration of ions in the traps, the ion motions are cooled for 20 s. In this way, one alternately determines the cyclotron frequencies of ions in the ground and metastable states in each measurement trap. This measurement sequence is repeated until the measurement is stopped, given that-even though the vacuum allows storage times of several hours to days-ions are then lost owing to charge-exchange reactions with background gas. If determination of the metastable state is no longer possible, the traps are emptied and a new set of ions is loaded.

Energy of the metastable state

To obtain the cyclotron frequency ratio of the ions in the ground and metastable states, the polynomial method described, for instance, in refs. ^{10,11,41} is applied in the following way. We treat the two measurement traps independently. The temporal variation of the magnetic field-and hence the cyclotron frequency-is approximated with a low-order polynomial, as shown in the middle plots of Fig. 1. This assumption is based on our experience with the magnetic field evolution over a scale of a few hours. The full set of measured cyclotron frequencies is divided into groups. The group length must be as short as possible, such that it can be described by a low-order polynomial, but must contain substantially more data points than the polynomial degrees of freedom. Thus, each group is chosen to be approximately 2 h long and to contain ten cyclotron frequency points (five points correspond to the ion in the ground state and five to the ion in the metastable state); see middle plots of Fig. 1. We use third-grade polynomials because this is the lowest order that has at least one inflection point. Data points from ions in both the metastable and the ground state are fitted with the same polynomial using global fitting parameters. The polynomial for the data points from the ion in the ground state is scaled with an additional fitting parameter R, which corresponds to the frequency ratio. This yields three quantities: (1) the frequency ratio R, (2) its uncertainty ΔR and (3) the reduced χ^2 . If $\chi^2 > 1$, we scale the uncertainty of the ratio by χ^2 . The final ratio R is obtained as a weighted mean of the frequency ratios from all groups and measurement traps. Its statistical uncertainty ΔR is the larger of the internal and external errors⁴²; see right side of Fig. 1. A variation of the polynomial order (second, third and fourth) results in an increase of the statistical uncertainty of the final ratio by ~10%.

The data were blindly analysed independently by two people, each using separately developed software. Both analyses yield similar external errors of 8×10^{-12} and internal errors of 7×10^{-12} , resulting in a Birge ratio of 1.14. The two weighted means differ by 4×10^{-12} . Thus, the combined final ratio is

$$R - 1 = 1.161(10)_{\text{stat}} \times 10^{-9}$$

(All reported uncertainties are 1σ .) The uniqueness of the considered ¹⁸⁷Re²⁹⁺ ions in the two electron configuration states is that the fractional difference in their masses is only 10^{-9} . Uncertainties due to systematic effects such as image charge shift, relativistic shift and higher-order magnetic and electric field (see, for example, ref. ⁴³) variations can be neglected. For these uncertainties to be at the level of 10% of the statistical uncertainty (10^{-12}), the cyclotron frequencies would have to be shifted by at least 10 kHz, which is excluded considering the present known performance of PENTATRAP. Therefore, the systematic uncertainties in the final ratio are well below the statistical uncertainty and hence can be neglected.

The ground and metastable states in ¹⁸⁷Re²⁹⁺ belong to the Kr 4*d*¹⁰¹S₀ and 4*d*⁹ 4*f*¹³H₅ electron configurations, respectively. Because the metastable state can only decay to the ground state—by a highly forbidden electric triacontadipole (E5) transition—its estimated lifetime is -130 d. (We note that whereas optical transitions with similarly high multipolarities may feature much longer lifetimes⁶, the high transition energy, together with hyperfine quenching, yields a lifetime in this regime.) Owing to repeated and fast processes of electron impact excitation followed by radiative decay inside the electron beam ion trap, low-lying metastable states and the ground state are roughly equally populated. In this case, the metastable ion fraction detected in PENTATRAP is approximately 50%. For the determination of the energy of the metastable state, seven measurement campaigns with three ions each were performed over the course of 12 days, during which not a single decay was detected.

From the final ratio, the energy of the metastable state with respect to the ground state can be calculated using $\Delta E_{\rm Re} = m(^{187}{\rm Re}^{29+})(R-1)c^2$ (*c*, speed of light in vacuum). The uncertainty of the ion mass enters the total uncertainty reduced by a factor of (R-1), and must be known to only $\Delta m/m \approx 10^{-4}$ to become negligible. Because the mass of the 29 removed electrons and their binding energies are well below that limit, we can simply use the neutral mass of ¹⁸⁷Re for the calculation, which gives $\Delta E_{\rm Re} = 202.2(17)$ eV.

Calculations of the energy difference

The high charge state and the complexity of the open 4*d* and 4*f* subshells calls for state-of-the-art theoretical methods to match the experimental accuracy. We apply three different fully relativistic approaches, namely, the multiconfiguration Dirac–Hartree–Fock (MCDHF) method^{44,45} in two different implementations and the configuration interaction method employing Kohn–Sham orbitals, as implemented by the many-body script language Quanty⁴⁶. The calculations also help to identify the observed metastable state. The first such state could be the 4*d*⁹4*f*⁸ P₀ level with an energy of -195 eV (see Fig. 2). This level may decay only to the ground state by a highly forbidden two-photon transition. However, ¹⁸⁷Re has a nuclear spin of *I* = 5/2 and thus a magnetic moment that couples this ³P₀ level to the nearby ³P₁ level, which can decay to the ground state by an E1 transition. The ³P₀ state thus acquires part of the probability of this allowed transition, a phenomenon called hyperfine quenching⁴⁷⁻⁵⁰. Following ref. ⁴⁷ and using the



Fig. 2|**The 4***d*¹⁰**ground state and relevant 4***d*⁹**4***f***excited electronic states of the**¹⁸⁷**Re**²⁹⁺**ion.** Experimental result (shaded area) and theoretical values obtained using MCDHF approaches in two different implementations (MCDHF 1 and 2) and a configuration-interaction calculation (Quanty). All error bars indicate 1*o* uncertainty. The level structure is taken from the MCDHF 1 calculations. The lifetimes *τ* of the levels of interest are denoted and the main decay processes (hyperfine-induced/quenched and E5) are stated.

MCDFGME code⁵¹, we estimate a lifetime of 0.7 s, which is too short to be observed. The observed state must then be the next metastable level, $4d^94f^3H_5$, which–neglecting quenching–can decay to the ground state only by an E5 transition with a lifetime of -239 d. Decays to the levels just below–that is, to the 3P_0 , 3P_1 and 3P_2 states–have very low probabilities because of their high multipolarities (M5, E4 and M3, respectively) and small photon energies. The 3H_5 state is also subject to hyperfine quenching; for example, its lifetime with a coupled atomic and nuclear angular momentum of F = 7/2 reduces to -124 d. This corresponds to a width-to-transition energy ratio of 3×10^{-25} , enabling very-high-precision measurements. The states with F = 9/2 and F = 11/2live 128 d, and other states coupled to more distant fine-structure levels have even longer lifetimes.

In the Quanty calculations of the transition energies, the relativistic Dirac Hamiltonian includes the Coulomb and Breit interactions between all electrons. The Fock space is spanned by multi-Slater-determinant states constructed from relativistic Kohn-Sham single-electron states, obtained from the density functional code FPLO⁵², using the local spin density functional of ref. 53. Within this calculation we explicitly include shells with principal quantum numbers $n < n_{max} = 7$. To extrapolate to $n_{\text{max}} = \infty$, we compare results for calculations with n < 7, n < 6 and n < 5. Allowing quantum fluctuations within the *n*=4 shells, that is, including configurations with holes in the 4s-4d shells and additional electrons in the 4f shell, we calculate the energies of the $4d^94f$ excited states in a first approximation. Allowing for a maximum of three electrons in the 4f shell suffices to calculate the excitation energy with the required accuracy. Next, we extend the configuration space to allow electrons to scatter between the *n*=4, 5 and 6 shells, where at most three holes are excited. By successively adding further configurations, we can extrapolate the excitation energy of the ³H₅ metastable state to be between 202.41 eV and 203.26 eV.

In the MCDHF calculations, we optimize not only the mixing coefficients of the configurations but also the radial single-electron wave functions by self-consistently solving the corresponding radial Dirac equations. Quantum electrodynamics corrections to the excitation energy are estimated by the model potential method⁵⁴ and by computing the self-energy shift of the 4*d* and 4*f* valence electrons using effective potentials, which account for screening by the core electrons. One of the MCDHF calculations (MCDHF1) employs MCDFGME code⁵¹, including full relaxation of all spectroscopic orbitals, as well as single and double excitations from all n=4 orbitals to the free single-electron states up to 5d, with a result of 202.1(27) eV. In the other computation (MCDHF2), using GRASP2018⁵⁵, we generate the set of configurations with single and double excitations from the n=4 states up to 9h, with the virtual orbitals optimized layer by layer. Subsequently, the effect of triple electron exchanges is accounted for in a configuration interaction approach. The convergence of the results is monitored while systematically expanding the configuration set, allowing us to estimate the uncertainty of the calculations and providing an extrapolated value of 202.2(5) eV.

Conclusion

Figure 2 shows a comparison of the three theoretical values with the experimental one. As a crosscheck, we also performed frequency ratio measurements (with less statistics) of the same metastable state in Os^{30+} , which is isoelectronic to Re^{29+} . We obtained $\Delta E_{os} = 207(3)$ eV. As the electronic binding energy roughly scales with Z^2 (*Z*, atomic number), this higher energy is explained by the additional proton in Os (*Z* = 76) and the experimental result is again in agreement with the theoretical predictions, which are not explicitly given.

In summary, we have demonstrated a method of determining the excitation energies of extremely long-lived metastable states in HCls that yields realistic measurement times if the metastable fraction in the atomic or ionic sample is at least 10% and the lifetime is longer than a few hours. In principle, with the precision achieved here for Re ions, it would also be possible to detect nuclear transitions with energies as low as 5 eV if the abundance of the isomeric nuclear state in the ions is comparable to that of the ground state.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41586-020-2221-0.

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Data availability

The datasets analysed in this study are available from the corresponding author.

Code availability

The experimental data were analysed using OriginLab and a self-written analysis script, which is available from the corresponding author. The Quanty code and its documentation are available from http://www. quanty.org. MCDHF 1 is described in ref.⁵¹ and MCDHF 2 in ref.⁵⁵.

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Competing interests The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to R.X.S. or S.E. **Peer review information** *Nature* thanks Jens Dilling, Marianna Safronova and the other, anonymous, reviewer(s) for their contribution to the peer review of this work. **Reprints and permissions information** is available at http://www.nature.com/reprints.