Magnetic excitations in solids are traditionally investigated with inelastic neutron scattering. This technique has led to a better understanding of magnetism in general and shaped the thinking of physicists in terms of magnons as the magnetic quasiparticles present within a solid. It is important that the interaction of neutrons with the magnetic moment is well understood and can be approximated by a function linear in spin operators.

One might expect that x rays are not suited for the study of magnetic excitations, as photons, contrary to neutrons, do not carry a magnetic spin and therefore cannot directly excite single magnetic excitations. Recent resonant inelastic x-ray scattering (RIXS) experiments see clear dispersing magnetic excitations [1–4]. More high quality data are expected due to the experimental improvement in both brilliance and resolution [5,6]. For neutron scattering the magnetic dipole interaction between the neutron and electron spin is well understood. For RIXS the effective magnetic interaction is highly nontrivial. The optical dipole transition does not introduce spin-flip excitations. The magnetic excitations are a result of core-hole spin-orbit coupling and many-body interactions active in the resonant intermediate state [7–14].

Based on local cluster calculations de Groot et al. [7] realized that magnetic excitations are in principle possible. Luo et al. [8] showed that, within the fast collision approximation, it is possible to describe the RIXS spectra in terms of a low-energy scattering operator, which can excite single magnons. At the Cu $L_{2,3}$ edge this approximation allows one to describe the magnetic excitations including their momentum and polarization dependence [9,10]. In general, however, the RIXS spectra show not only a strong momentum and polarization dependence, but also a strong resonant energy dependence [1,11]. In order to include this, one has to take into account the interactions in the intermediate state, without neglecting the momentum dependence of the final state.

Within this Letter I present an effective low-energy operator for RIXS, focused on magnetic excitations. The idea of the derivation is not to make approximations to the Hamiltonian or to the Green functions used to evaluate the RIXS spectral function. Using symmetry arguments an exact solution for magnetic excitations can be obtained by factorizing the RIXS transition operator into symmetric polynomials of spin operators and fundamental x-ray absorption spectral functions [15].

I will start the derivation with the Kramers-Heisenberg formula for the double differential cross section:

$$\frac{\delta^2 \sigma}{\delta \Omega \delta \omega} \propto \lim_{\Gamma \to 0} \sum_i \left| \langle f | T_e \frac{i}{o} + E_i + i\Gamma/2 - H \frac{i}{o} \rangle \right|^2 \times \delta(\omega_f - \omega_i - E_i - E_f),$$

where $i$ ($f$) labels the set of initial (final) states, $E_i$ is the energy of state $|i\rangle$, $H$ is the Hamiltonian, and $\Gamma$ is the lifetime broadening, which, if all states are included in the Hamiltonian, goes to zero. In practice one only keeps the relevant states in the basis set of $H$. The influence of the neglected states is included by a possible state-dependent nonzero value of $\Gamma$. The photon energy and the polarization of the incoming (outgoing) photon is given by $\omega_{i(o)}$ and $e_{i(o)}$. $T_e$ is the optical transition operator given by the perturbation of the photon field on the system: $T_e = p \cdot A$, with $A$ the photon vector field and $p$ the electron momentum operator. The state $|i\rangle$ represents the ground state, for example, a magnetically ordered Neél state. The operator $T$ creates a core hole and adds a conduction electron to the system. The state given by $T|i\rangle$ is in general not an eigenstate of $H$ and it will fluctuate in time. The Green function $(\omega_i + E_i + i\Gamma/2 - H)^{-1}$ describes this propagation. A possible propagation path that would add a magnetic excitation to the system could be the flip of the core spin due to the core-hole spin-orbit coupling. Many other excitations are possible. After the Green function has
acted on the state \( |i\rangle \), the operator \( T^\dagger \) fills the core hole
and at the same time annihilates a valence electron. This entire process might leave the system in an excited state.

Using \( \delta(\omega + E_i - E_f) \propto \text{Im}[\lim_{\epsilon \to 0^+} (\omega + E_i - E_f + i\Gamma/2)^{-1}] \) one can introduce the following notation:

\[
\frac{\delta^2 \sigma}{\delta \Omega \delta \omega} = -\text{Im}[\chi(\omega)] \chi(\omega) = \lim_{\epsilon \to 0^+} \langle i| R^{e_i,e_f}_{\omega_i} T^\dagger (\omega + E_i + i\Gamma/2 - H) R^{e_i,e_f}_{\omega_i} |i\rangle, \tag{2}
\]

with \( \omega = \omega_i - \omega_e \), and

\[
R^{e_i,e_f}_{\omega_i} = T^\dagger \frac{1}{\omega_i + E_i + i\Gamma/2 - H} T_{e_i}. \tag{3}
\]

The operator \( R^{e_i,e_f}_{\omega_i} \) is the low-energy scattering operator. The operator both creates and annihilates a core hole, leaving the system in a low-energy excited state. The \( \omega_i \) dependence of \( R^{e_i,e_f}_{\omega_i} \) describes the true resonant nature of RIXS. The Green function \((\omega + E_i + i\Gamma/2 - H)^{-1}\) in Eq. (2) describes how these low-energy excitations, for example, a spin-flip, propagate through the sample.

It is useful to factorize the momentum dependence of \( R^{e_i,e_f}_{\omega_i} \). The photon field \( A \) can be expanded around each atom at site \( r_j \). One should take into account that \( A \) changes phase when one changes lattice position. For photon fields described by a plane wave the phase shift is given by a simple exponential:

\[
T_{e} = \mathbf{p} \cdot \mathbf{A} = \sum_j e^{i\mathbf{k} \cdot r_j} \mathbf{p}_j \cdot A_j = \sum_j e^{i\mathbf{k} \cdot r_j} T_{j,e}. \tag{4}
\]

where the sum is over all atoms, \( \mathbf{k} \) is the photon wave vector, \( r_j \) is the position of atom \( j \), and \( \mathbf{p}_j \) (\( A_j \)) is the momentum operator (photon vector field) expanded around atom \( j \).

\( T_{j,e} (T^\dagger_{j',e'}) \) creates (annihilates) a core hole at site \( j \) (\( j' \)). For core level spectroscopy one can assume that the core hole does not hop from one site to another. The site where the core hole is created is thus the same as the site where the core hole is annihilated. Inserting this in the definition of \( R^{e_i,e_f}_{\omega_i} \) yields

\[
R^{e_i,e_f}_{\omega_i} = \sum_{j,j'} e^{i(k \cdot r_j - k \cdot r_j')} T^\dagger_{j',e'} \frac{1}{\omega_j + E_i + i\Gamma/2 - H} T_{j,e_i},
\]

\[
= \sum_j e^{i(q \cdot r_j)} T^\dagger_{j,e} \frac{1}{\omega_j + E_i + i\Gamma/2 - H} T_{j,e_i},
\]

\[
= \sum_j e^{i(q \cdot r_j)} R^{e_i,e_f}_{\omega_i} = R^{e_i,e_f}_{\omega_i,q}.
\tag{5}
\]

with \( q = k_i - k_o \).

Before factorizing the effective scattering operator \( R^{e_i,e_f}_{\omega_i,q} \) into spin operators and fundamental x-ray absorption spectral functions, I will address a few general properties of \( R^{e_i,e_f}_{\omega_i,q} \). It is interesting to note that the conductivity tensor at x-ray energies is defined such that \( \epsilon^*_{\sigma} \cdot \mathbf{\sigma} \cdot \epsilon_i = \langle i|R^{e_i,e_f}_{\omega_i,q}|i\rangle \). The absorption for a given polarization is proportional to \( -\text{Im}[\epsilon^*_{\sigma} \cdot \mathbf{\sigma} \cdot \epsilon_i] \) at \( q = 0 \). In order to calculate the inelastic scattering between state \( |i\rangle \) and state \( |f\rangle \), one needs to evaluate \( \langle f|R^{e_i,e_f}_{\omega_i,q}|i\rangle \). Using that \( 2\langle f|R^{e_i,e_f}_{\omega_i,q}|i\rangle = \langle f + i|R^{e_i,e_f}_{\omega_i,q}|i\rangle + \langle i+f|R^{e_i,e_f}_{\omega_i,q}|i\rangle \) one realizes that the RIXS transition probability for making excitations from state \( |i\rangle \) to state \( |f\rangle \) is determined by x-ray absorption spectral functions of the initial state, the final state, and linear combinations of these two states. For magnetic excitations \( |i\rangle \) could be a state with spin-down, \( |f\rangle \) a state with spin-up. The real and complex linear combinations are states with rotated spin directions. The fundamental spectral functions describe the dependence of the x-ray absorption on the magnetization direction of a given system. For magnetic excitations the RIXS transition probability between state \( |i\rangle \) and state \( |f\rangle \) is thus given by some linear combination of fundamental spectral functions. Below I will derive this dependence exactly with the use of symmetry arguments.

For magnetic excitations one can restrict the basis set of \( R^{e_i,e_f}_{\omega_i} \) to the ground state and all states with all possible spin excitations from the ground state. Within this basis one can use the theorem of operator equivalence as introduced by Stevens [16] for the description of crystal fields in rare-earth compounds. Any operator acting in spin space only can be written as a polynomial of spin operators. \( R^{e_i,e_f}_{\omega_i,j} = P(S) \), where \( P \) remains to be determined.

The terms in \( P \) are restricted by symmetry relations. I will first assume spherical symmetry and later branch down to the possible crystal symmetries. In general \( R^{e_i,e_f}_{\omega_i} \) must be a scalar. In spherical symmetry \( R^{e_i,e_f}_{\omega_i,j} \) can only depend on the angle between \( \epsilon_i \) and \( \epsilon^*_{\sigma} \). Operators of the form \( \epsilon^*_{\sigma} \cdot \epsilon_i \), \( \epsilon^*_{\sigma} \times \epsilon_i \cdot S \), \( (\epsilon^*_{\sigma} \cdot S)(\epsilon_i \cdot S) \), \( (\epsilon^*_{\sigma} \cdot S)(\epsilon_i \cdot S) \), \( \epsilon^*_{\sigma} \cdot \epsilon_i \) are allowed.

The prefactors of these different symmetry-allowed terms can be obtained using the notion that the RIXS spectral function for zero energy loss should reproduce the elastic scattering. The equation for the elastic scattering follows from the Kramers-Heisenberg equation by restricting the possible excitations to the ground state:

\[
\chi(q, \omega \to 0) = \lim_{\epsilon \to 0^+} \langle i|R^{e_i,e_f}_{\omega_i,q}|i\rangle \left( \frac{1}{\omega + E_i + i\Gamma/2 - H} \right) \langle i|R^{e_i,e_f}_{\omega_i,q}|i\rangle \Rightarrow \frac{\delta \sigma}{\delta \Omega} \approx |\langle i|R^{e_i,e_f}_{\omega_i,q}|i\rangle|^2. \tag{6}
\]

At the same time, for elastic scattering one can take advantage of the optical theorem which states that the elastic scattering is related to the x-ray absorption spectral function [17]. The elastically scattered signal is proportional to \( |\epsilon^*_{\sigma} \cdot \mathbf{\sigma} \cdot \epsilon_i|^2 \), confirming the relation between \( R^{e_i,e_f}_{\omega_i,q} \) and the conductivity tensor. Hannon et al. [18] related the elastic intensity to the magnetization direction; this can
be used to determine the prefactors for the inelastic scattering. The elastic scattering is given by [18,19]
\[
\langle i | R^{e,e_o}_{\omega j} | i \rangle = \sigma^{(0)} e_i \cdot e_o + \sigma^{(1)} e_i \cdot e_o^* \cdot m_j + \sigma^{(2)} \left( (e_i \cdot m_j)(e_o^* \cdot m_j) - \frac{1}{3} e_i \cdot e_o^* \right),
\]
where \( \sigma^{(0)} \) is the numerical value of the complex isotropic spectral function, \( \sigma^{(1)} \) and \( \sigma^{(2)} \) are the complex, fundamental, XMCD and XMLD spectral functions, respectively, and \( m_j \) is a unit vector in the direction of magnetization. The operator \( R^{e,e_o}_{\omega j} \) is given in terms of symmetric spin operators as
\[
R^{e,e_o}_{\omega j} = \sigma^{(0)} e_i \cdot e_o + \frac{\sigma^{(1)}}{s} e_o^* \cdot e_i \cdot S_j + \frac{\sigma^{(2)}}{s(2s - 1)} \times \left( e_i \cdot S_j e_o^* \cdot S_j + e_o^* \cdot S_j e_i \cdot S_j - \frac{2}{3} e_i \cdot e_o^* S_j^2 \right),
\]
where \( S_j \) is the spin operator acting at site \( j \) and \( s \) the expectation value \( \langle S_j^2 \rangle = 3s(s + 1) \). For real crystals the local point group has to be included. This leads to a branching of the fundamental spectral functions [15] and polynomials of higher orders in \( S \), up to an order of \( 2s \) [19]. Equation (8) is the main result of this Letter and an exact form of the RIXS transition operator for magnetic excitations truncated to single site transitions. It leads to beautifully simple selection rules: One can measure single spin-flip transitions with cross polarized light for spins in the plane of the polarizations. The operator quadratic in \( S \) can lead to single \( (\Delta S = 1) \) and double \( (\Delta S = 2) \) spin-flip transitions, as well as contributions to the elastic line. For \( S = 1 \) systems, \( \sigma^{(2)} \) is zero by symmetry.

In order to clarify the method I present RIXS spectra at the \( L_{2,3} \) edge of samples containing \( \text{Cu}^{2+} \) in \( D_{4h} \) symmetry and \( \text{Ni}^{2+} \) in \( O_h \) symmetry. I will use linearized spin-wave theory for a Heisenberg model on a 1D chain, a 2D square, and a 3D cubic lattice with nearest neighbor interactions. Linear spin-wave theory assumes local ordered moments. For perfect one-dimensional samples the ground state is not ordered, and for \( S = 1/2 \) systems the magnetic excitations are two spinon excitations [20]. It is often more transparent to write \( R^{e,e_o}_{\omega j} \) as the inner product of two polarization vectors and a \( 3 \times 3 \) tensor. In such a matrix notation, \( R^{e,e_o}_{\omega j} \) for \( \text{Cu}^{2+} \), a \( S = 1/2 \) system, in tetragonal symmetry becomes
\[
R^{e,e_o}_{\omega j} = e_o^* \cdot \left( \begin{array}{ccc}
\sigma^{(0)}_{\alpha\beta} & 2S_x \sigma^{(1)}_{\alpha\beta} & -2S_y \sigma^{(1)}_{\alpha\beta} \\
-2S_y \sigma^{(1)}_{\alpha\beta} & \sigma^{(0)}_{\alpha\beta} & 2S_x \sigma^{(1)}_{\alpha\beta} \\
2S_x \sigma^{(1)}_{\alpha\beta} & -2S_y \sigma^{(1)}_{\alpha\beta} & \sigma^{(0)}_{\alpha\beta}
\end{array} \right) \cdot e_i.
\]

The fundamental spectra of \( \text{Cu}^{2+} \) determining the RIXS transition at the \( L_{2,3} \) edge can be seen in Fig. 1(a). They show a striking feature: the \( \sigma^{(0)}_{11} \) and \( \sigma^{(1)}_{11} \) spectra are zero. This is a direct consequence of having only one hole with \( x^2-y^2 \) symmetry in which one cannot excite a \( p \) electron with \( z \) polarized light. With RIXS one cannot measure spin-flip excitations for fully aligned spins with \( S_z = \pm 1/2 \) oriented perpendicularly to the \( d_{x^2-y^2} \) orbital [9]. As shown recently, direct spin-flip scattering is allowed in all other situations [10]. For real systems single magnon excitations will always be measurable as \( S = 1/2 \) fully aligned spins never exist in a solid.

Knowing the transition probability one can calculate the RIXS spectral function, using, for example, linearized spin-wave theory [20]. In Figs. 1(c)–1(e) I show the spectral function as one would measure with RIXS in the cuprates. One finds that the intensity goes to zero at \( \Gamma \) and diverges at the antiferromagnetic Bragg peak. This is a well-known behavior for collective excitations [20]. The calculations for a two-dimensional square lattice are in good agreement with resent measurements on \( \text{La}_2\text{CuO}_4 \) [4].

For \( \text{Ni}^{2+} \) in cubic symmetry (a \( S = 1 \) system) the resonant inelastic scattering transition matrix becomes.

![FIG. 1 (color online). Left: Fundamental x-ray absorption spectra that enter into the RIXS transition operator as energy dependent complex matrix elements calculated for (a) Cu\(^{2+}\) and (b) Ni\(^{2+}\). Right: The Cu\(^{2+}\) and Ni\(^{2+}\) one magnon (c)–(e) and Ni\(^{2+}\) two magnon (f)–(h) RIXS spectral function, calculated using linear spin-wave theory for a 1D chain (c),(f), a 2D square (d),(g), and a 3D cubic (e),(h) Heisenberg model in energy loss units of \( zSJ \) (number of neighbors \( \times \) spin \( \times \) exchange constant).](https://example.com/figure1.png)
The numerical values of $\sigma$ at the $L_{2,3}$ edge for Ni$^{2+}$ are plotted in Fig. 1(b). There are four fundamental spectra as the XMLD ($\sigma^{(2)}$) spectra branch to two different representations ($\sigma^{(2)}_{\alpha \beta}$ and $\sigma^{(2)}_{\alpha \gamma}$). In order to separate the different contributions one can use different scattering geometries or different resonant energies. One should realize that interference terms between the different channels also have to be considered. The fundamental x-ray absorption spectra are well known and can be calculated with quite good accuracy, simplifying the disentanglement of the different scattering channels.

In Figs. 1(c)–1(h), I show the one (panels (c)–(e)) and two (panels (f)–(h)) magnon intensity as one could measure with RIXS in Ni$^{2+}$ samples. For real geometries one would measure a linear combination of the two spectral functions depending on resonance energy and polarization as discussed above. For the single magnon spectral function only a single peak is seen at every momentum. For the two magnon spectral function a band is observed with the position operator has a simple form that allows one to determine selection rules depending on the polarization of the incoming and outgoing light. RIXS measurements can provide us with detailed information on both the magnons and the incoherent spectral weight, which contains information on the momentum dependent interactions of magnons with themselves and other degrees of freedom in the system. The RIXS cross section at the TM $L_{2,3}$ edge is large so that the technique can be used to measure small samples, thin films, or multilayers, making it possible to measure magnetic excitations in a whole new class of materials.

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\[ R_{\alpha \gamma}^{(0)\alpha \beta} = \epsilon_{\alpha} \cdot \begin{pmatrix} \sigma^{(0)}_{\alpha \beta} + 2 \left( S_{\alpha}^{2} - \frac{1}{3} S_{\gamma}^{2} \right) \sigma^{(2)}_{\alpha \beta} & S_{\alpha} \sigma^{(1)}_{\alpha \beta} + (S_{\alpha} S_{\gamma} + S_{\gamma} S_{\beta}) \sigma^{(2)}_{\alpha \beta} & -S_{\alpha} \sigma^{(1)}_{\alpha \beta} + (S_{\alpha} S_{\gamma} + S_{\gamma} S_{\beta}) \sigma^{(2)}_{\alpha \beta} \\ -S_{\alpha} \sigma^{(1)}_{\alpha \beta} + (S_{\alpha} S_{\gamma} + S_{\gamma} S_{\beta}) \sigma^{(2)}_{\alpha \beta} & \sigma^{(0)}_{\alpha \beta} + 2 \left( S_{\beta}^{2} - \frac{1}{3} S_{\gamma}^{2} \right) \sigma^{(2)}_{\alpha \beta} & S_{\beta} \sigma^{(1)}_{\alpha \beta} + (S_{\beta} S_{\gamma} + S_{\gamma} S_{\alpha}) \sigma^{(2)}_{\alpha \beta} \\ S_{\gamma} \sigma^{(1)}_{\alpha \beta} + (S_{\gamma} S_{\alpha} + S_{\alpha} S_{\beta}) \sigma^{(2)}_{\alpha \beta} & -S_{\gamma} \sigma^{(1)}_{\alpha \beta} + (S_{\gamma} S_{\alpha} + S_{\alpha} S_{\beta}) \sigma^{(2)}_{\alpha \beta} & \sigma^{(0)}_{\alpha \beta} + 2 \left( S_{\gamma}^{2} - \frac{1}{3} S_{\gamma}^{2} \right) \sigma^{(2)}_{\alpha \beta} \end{pmatrix} \cdot \epsilon_{\beta}. \]